

64236 Second Avenue Happy Camp, CA 96039

(800) 505-2785 (800-50Karuk)

3,574 Tribal Members

### www.karuk.us

Karuk Tribe's Quarterly Newsmagazine Annual Karuk Tribal Reunior

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More Photos



"Hold Onto Our Heritage" Chimi (let's) ikriivka (hold onto) koovura (all) pa'ararakuuphaveenati (our Indian ways)

### **Chairman Arch Super's Corner**

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). Hitihan nitaptiheesh pa Karuk ararahih. (all the time I'm learning the Karuk language). Hitihan tani tapkuup koovura pa Karuk araaras takun itaptiheesh pa Karuk ararahih, yootva. (all the time, I like all the Karuk people, they are learning the Karuk language, thank you.

**ay** I had rallied with Mr. Craig Tucker (Klamath Coordinator), Mollie White (DNR staff) and some other representatives on the river for the Dam Settlement in Omaha Nebraska. The rally was a peaceful informative demonstration to stockholders of Berkshire Hathaway. Flyers and two testimonial speeches were given to the stockholders. The past two and three years of negotiations and demonstrations have been very good for the stand taken on Dam Removal.

Robert Goodwin (Self Governance Director) and I attended our quarterly BIA / Tribal Budget Advisory Council (TBAC) in Arlington, VA. Our budgets with the federal government are still on the cut backs. President Barack Obama is still in the process of appointing new staff to the official office of the Indian Affairs. We can only hope and encourage the federal government to continue to fulfill their trust responsibilities to tribal nations.

Tribal Council and the KTHA Committee held a joint training session in Redding. The session was productive to create a defined understanding of the rules, regulations and responsibilities of the KTHA and the Tribe.

We had our regular meeting with the Northern California Tribal Courts Consortium (NCTCC) in Klamath. April Attebury (Court Administrator) and our in-house attorney, Ms. Stephanie Dolan was in attendance. The consortium is continually striving to support and enhance each courts operation.

I attended the annual meeting/banquet for the Northern California Tribal Transportation Coalition (NCTTC) in Eureka with Mr. Scott Quinn (Lands/Transportation Director) and Ms. Sandi Tripp (Assistant L/T). The banquet was great, food was grand and the area representatives and work we do with the coastal region is very good for our tribal relations with other governments and agencies.

The California Association of Tribal Governments (CATG) held its quarterly meeting in Sacramento, Mr. Robert Goodwin and Ms. Carrie Davis (Assistant SG) were in attendance. CATG has many issues that they focus on that involve decision makers for the State of California. The association is working with twenty five other California tribes to voice our concerns to the State legislators. Scott Quinn, Robert Goodwin, Carrie Davis and I attended a consultation hearing with the Federal and State BIA regarding the Carcieri vs



Salazar, in Sacramento. The Carcieri case involves the Narragansett Tribe in Rhode Island, putting land into trust; being a recognized tribe according to the 1934 Indian Regulation Act (IRA); and the State of Rhode Island challenging any Indian Gaming venture with the Narragansett Tribe. The case is now involving all tribes throughout the US. The case is complicated and it will be followed and addressed with the Karuk Tribe and many other tribes that can be affected with this Carcieri case.

**Use** We have put together a committee to work with and enhance the Tribal Web page. If there are any ideas and suggestions among tribal members, please feel free to get in touch with the administration office.

The Tribal Council and the KTHA committee held a continued Board training in Crescent City. Our interaction and relations will be more clearly communicated.

Craig Tucker, Robert Goodwin, Councilman Sonny Davis, Roy Arwood and I have attended the Klamath Basin Restoration Agreement (KBRA) Meetings in Chiloquin, Oregon. We are trying to complete the draft of the Agreement in Principle (AIP). There is a plan with the tribes on the river, the Klamath Tribe, Karuk, Yurok, possibly the Hoopa, some of the farmers and other interest groups. The issue is very controversial with some members of the tribe, some of Siskiyou County, Pacificorp and other anti-dam removal opponents. As we move forward with this issue, time will only tell our fate. If anyone ever has questions, please get in touch with our offices.

**ugust** Tribal administrative staff and DNR staff met with Region 5 Forester in Orleans. We are working with our Use Permit with the Forest Service for the Katimiin area, including the work station and the tribal ceremonial site. We are looking for some possible land transfer into the Tribes name. We will seek more land around the area from the federal government. We would like to manage the area, including A'uuyich (Sugar Loaf) and Ishi Pishi. With consultation and negotiation with the Tribe and the Forest Service we hope to get additional land base and services.

ww.karuk.us

Scott Quinn, councilmen Sonny Davis and I attended the Indian Reservation Roads Program Coordinating Committee (IRRPCC) meeting in Reno Nevada. The committee strives to insure the funding source for tribal roads. Our local tribes are working very hard for lands, transportation and roads.

**verall**, tribal business and relations have been very busy in the past few months. We would like to work on our Talking Circles in Yreka, it seems to be very informative for our communities. We hope to start again in September and we will continue to have them monthly. We hope to start Talking Circles in Happy Camp and Orleans. It is community generated, so if our communities get in touch with us, we can start one in each community.

For Casino and Gaming update, Robert Goodwin and I met with the National Indian Gaming Commission Gaming Attorney, Mr. John Hay. We still have the issues with the NIGC and the Department of Interior (DOI) agreeing on the fate of Indian gaming. DOI is still limiting tribes in gaming. It will be up to our tribe to make contact with DOI and solicit our need for economic development and support for the Karuk Tribe. It is always a challenge, but we will continue to put our best foot forward.

As always, I encourage tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.



### Attention Karuk Members and Descendants!

We want everyone to be sure to fill out their 2010 United States Census forms when it comes time. They will either send them or come to your house to fill them out. If your household has mixed races and Karuk members put Karuk Indian first in the head of household spot because that's what they go by is what you list first. The government uses the census information to plan for the future of our country. Remember Karuk First on your 2010 US Census. If you know someone that is Indian and not enrolled tell them to put down Indian in the first spot because you don't have to be enrolled or even be in a recognized Tribe to be counted as American Indian. If you have any questions about the 2010 US Census please call Dolores at 1-800-505-2785 ex: 2028.

Sincerely, Arch Super, Karuk Tribal Chairman

# Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/ or photos to sspence@karuk.us or to Rosie Bley at rbley@ karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines are: <u>November 15, 2009</u> for the fall issue, February 15, 2010 for the Winter Issue, May 15, 2010 for the Spring Issue and August 15, 2010 for the Summer Issue.





# **Notes From the Secretary**

Florrine Super, Council Secretary

Ayukii, Here is my report from Karuk Country. Since the beginning of the year we have continually looked into our budgets, programs, and staff. We will strive to provide quality services with less money. Staff and council have taken on more job duties so services are not disrupted. Here is how the following programs are continuing to service our membership:



*Side note:* Ivan "Ishnur" Super, my son, is learning so much. He turned 2 years old on May 9th.

### TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

### Karuk Youth Leadership Conference

Tentative Date: October 23-24, 2009 Where: Yreka CA For more information contact me or the Karuk Youth Leadership Council

# aruk Tribe Senior Tribal Youth Advisory Council -- 14 years +

CHAIRPERSON: Aja Conrad VICE CHAIR: Skyler Mc Neal SECRETARY: Laura Croy TREASURER: Lashanda Siaz MEMBER AT LARGE: Tyler Conrad and Winona Croy





### aruk Tribe Junior Tribal Youth Advisory Council -- 10 years – 13 years

CHAIRPERSON: Carlos Rodriguez VICE CHAIR: Rueben Escobar SECRETARY: Cierra Brinker MEMBER AT LARGE: Chris Super and Thunder Thom

# Elders- Honor our Elders, They show us the way in life.

Council hears from their elders. It was nice to see some of our Karuk elders attend our Yreka Council Meeting. It was great to hear their concerns. If we don't hear from them we don't know what we are doing well or not so well. After discussion with our elders, our goal is to work with housing staff to provide assistance to these who need help with their words and other housing concerns. I am

those who need help with their yards and other housing concerns. I am happy to be part of the planning to make sure their concerns are handled.

I am also working on providing a more comfortable elder's room so they can gathering and enjoy each other's company. This is located at the new Yreka Community building.

Our Language program has provided talking circle so they can speak and hear our Karuk Language. Those who participated seem to really enjoy this activity.

We will continue to work on different programs that involve our elders.



### Cultural Classes—Now Available in Yreka from 1pm-3pm

Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts



and crafts (basket making, drum making, regalia, and jewelry). Contact me for further information!

\*\*Yootva (Thank you) Sonia (Donahue) Black for covering for me while I was traveling for work.





### Karuk Tribe Foster Home:

Preserve Our Culture....Open your heart to an Indian child.

We are looking for Karuk foster families or people who can: Ensure the child maintains their connection with the Karuk Community by



using culturally appropriate services. Understand the importance of the child's bond with their natural and extended family. Meet the needs of your own family while sharing your family with the child(ren) placed in your home.

If you would like to offer your home and family and become a foster family, Please contact our Karuk Social Services Department. To apply you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare-www.karuk.us

### Karuk Booster Club: We need your support so we can support our kids in sports!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!

We are here to help all the Extra-curricular activities our Karuk children are involved in. Please contact Chairman Arch Super for more information.

# *Volunteers do not necessarily have the time; they just have the heart. ~Elizabeth Andrew*

Bringing good people and good causes together is what Karuks do! Arch and I, as Booster Club committee members, offer our sincerest thanks to those who

donated their time at the 2009 Siskiyou Golden Fair Indian T a c o B o o t h. We receive n o government funding to help our youth in





sports and we rely on the generosity of our membership and friends of the tribe. YOOTVA!

### **Nontacting your Karuk Tribal Secretary:**

If you would like additional information and/ or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information. Florrine Super.

**November 3, 2009** 

Two - Council Members at Large For more information, go to www.karuk.us



### **Administrative Programs & Compliance News**

Erin Hillman, Director of Administrative Programs & Compliance

With the passing of the American Recovery and Reinvestment Act (ARRA), many opportunities have been presented to the Tribe for funding. In total, the Tribal Administrative and Health Programs submitted a total of \$1,711,8562 in fifty one (51) separate proposals. Of the proposals that have been submitted, so far twenty two (22) have been funded for a total of \$1,985,862. Of these applications, ten (10) were for ARRA funding (\$7,498,525) and of those seven were funded for \$1,898,525. The programs that funded the Tribe include Health Resources Services Administration (HRSA), Department of Justice (DOJ), Head Start, Indian Health Services and the Bureau of Indian Affairs. We will be notified in November on two of the larger grants we submitted, one for a new health clinic and the other, a third wing for our administration building. Keep your fingers crossed!

For one of our smaller grants, a Community Action Plan is required every two years. We submitted our Community Action Plan on time to the State of California Department of Community Services and Development for federal funds that are passed through the state. The Karuk Tribe uses this funding for safety net services and programs like tutoring, culture and basket weaving classes, the youth leadership conference and the senior nutrition program.

Many of you responded to our request for completion of a survey that was mailed to Tribal Members in April, eighty five to be exact. That is an impressive number if you consider that we weren't able to offer any incentive and that usually our response to this type of survey is around 30-50 people. This survey is a very important component of the Community Action Plan. If you would like a copy of the final document, it is available on the Tribe's website at www.karuk.us. Many thanks go out to those that responded and also to Sue Burcell, a Tribal Member and the Associate Director of the Indian Economic and Community Development Office at Humboldt State University who proof read and edited our draft plan.

The annual audit went well for this department. There were no compliance findings on any reports or drawdown's of the grant programs. Currently we are administering 65 grants and contracts for funding that supports Tribal programs.

In August we welcomed Jaclyn Goodwin, Tribal Member and recent graduate of University of California at Davis as our newest grant writer. Jaclyn works two days per week, training under Rick Hill and Hester Dillon. She has a Bachelors Degree in Communications and a minor in Native American studies. She grew up in Happy Camp and graduated from Happy Camp High School. She will be replacing Rick Hill as the part time grant writer on October 1st when he makes his move to the Karuk Community Development Corporation. In her first six days working here, she submitted her first grant proposal to support a Language Program project.

Jennifer Goodwin, Education Coordinator has moved into the big wide world of higher education, literally. Jennifer's last day of employment with the Tribe was August 3. She began her journey toward a bachelor's degree at Shasta College on August 17. Although we will miss her smiling face and the great contributions she made to the Tribe as the Education Coordinator and as a basket weaver, we are very proud that she has made this decision to further her own education. We look forward to the day that she returns to the River.

On March 19, I attended the Regional Collaboration and Tribal Partnerships conference, hosted by the Hoopa Tribe. Representatives from state and federal agencies, including CAL EMA and FEMA participated as well as Robert Holden from NCAI (National Congress of American Indians), and Nadine Bailey from State Senator Sam Aanestad's office, United Indian Health Service, Northern California Indian Development Council (NCIDC) and Hoopa and Yurok Tribes all came together to develop the tribal and non tribal collaborative partnerships necessary to create, expand, and sustain homeland security regionalization initiatives. We spent about half of the day reviewing a presentation by the Western **Community Policy Institute on disaster preparedness** and then broke out into mixed groups to review threats and risks, policies, vulnerabilities, critical infrastructure and key resources on Indian lands. Later in the afternoon we separated into groups that were defined by our state, federal or tribal affiliations.

As a part of the Tribal group, we told the outside agencies things that they did not know about us but should, how our tribal governments are structured and give them a general idea of the types of resources we have available in an emergency. In turn the agencies gave us similar information.

Through this fire season we have continued to communicate with Hoopa and Yurok Tribe emergency services departments. We all attended planning meetings with United Indian Health, Humboldt County Public Health and North Coast Unified Air Quality Control district in Arcata and by conference call to get a head start on preparations for fire season. Fortunately, this years fire season in our area has not been as active as 2008, but if this changes we are prepared to provide assistance to our communities.

### Karuk Wins Legislative Victory Over Dredge Miners

S. Craig Tucker, Ph.D., Klamath Coordinator

On August 6, 2009, Governor Schwarzenegger signed a bill to temporarily ban the destructive form of recreational gold mining known as suction dredging. The Karuk Tribe collaborated with Senator Pat Wiggins on writing the bill and led a coalition effort to shepard it through the legislature.

With its signing, the bill places an immediate moratorium on all suction dredge mining until the California Department of Fish and Game develops and implements new suction dredge regulations that are protective of fisheries and water quality. The bill attracted broad bi-partisan support and passed both houses of the legislature with a 2/3 majority.

"We've been working to protect our fisheries from destructive mining practices for 150 years," said Bob Goodwin, Karuk Self Governance Coordinator. "This law requires the state use the best available science in determining where and when hobby miners can operate their dredges without harming our fisheries. Until then, no dredging will be allowed in California."

The Tribe hopes that at the end of the rule making process, the size of dredges will be limited and critical habitats and spawning areas for threatened species will be off limits while allowing dredgers access to areas less vital for the survival of at-risk species.

This recent struggle over dredge mining started in 1997 when Coho salmon were added to the state and federal endangered species list. At that point California Fish and Game Department regulations required that mining rules be re-examined. They were not. In 2005,

the Karuk Tribe sued the Department which admitted that a rule change was in order.

"In 2006 we actually proposed some modest restrictions limited to the Klamath Basin. The Department agreed, but the New 49ers and other local mining groups intervened and blocked implementation of the settlement," explains Goodwin.

The judge did order the Department to go through a public rule making process consistent with the California Environmental Quality Act (CEQA) by June 2008. However, the Department failed to comply with the court order.

"We kept trying to get the money in the Department's budget, but the New 49ers kept lobbying against it. We had little recourse other than legislating the ban to protect our fishery," concluded Goodwin.

Dredging is also a public health issue because it remobilizes toxic mercury left behind by 19th century gold miners. According to Elizabeth (Izzy) Martin, Executive Director of the Sierra Fund, "Dredges suck up mercury buried in river sediment and remobilizes that mercury in our river and streams. This creates a significant health threat to subsistence fishermen, pregnant women and children as well as wildlife."

Although the moratorium does spare rivers from dredges, other forms of mining are unaffected and miners will still have access to their claims.

#### What is a Dredge?

Suction dredges are powered by gas or diesel engines that are mounted on floating pontoons in the river. Attached to the engine is a powerful vacuum hose which the dredger uses to suction up the gravel and sand (sediment) from the bottom of the river. The material passes through a sluice box where heavier gold particles can settle into a series of riffles. The rest of the gravel is simply dumped back into the river. Often this reintroduces mercury left over from historic mining operations to the water column, threatening communities downstream and getting into the human food chain. Depending on size, location and density of these machines they can turn a clear running mountain stream into a murky watercourse unfit for swimming.



Karuk Housing News



Sami Jo Difuntorum, Executive Director



The Karuk Tribe Housing Authority construction department is busy, busy. We received 1.2 million dollars in non-competitive funds through the American Recovery and Reinvestment Act of 2009 "ARRA". With these funds we have installed vinyl clad windows on units in three communities; and removed monitor stoves and electric wall heaters in 63 apartments. The new heating/cooling system consists of energy efficient heat pumps and includes solar water heating systems.

KTHA received notice that we were successful in our first competitive "ARRA" grant. We will receive 2.9 million dollars that will also be used for energy efficient upgrades in our Orleans and Happy Camp units. We will replace the existing heating and cooling

systems with energy efficient heat pumps. We are also installing tankless water heaters in the single family homes in three communities and installing metal roofs on the 17 single family homes in Happy Camp.

KTHA is using Indian Housing Block Grant funds to install ramps in the Happy Camp Elder community; rehabilitate the former Karuk Building Center; and paint the exterior of the 20 single family homes in Orleans.

KTHA contracted to build three single family homes in Yreka, California. The homes include solar water heaters, wood laminate floors, and a few other upgrades. All three homes are complete.

KTHA initiated contract to build three single family homes in Orleans, California. The homes will include ground source heat pumps and some interior finish upgrades.



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Above and Right: Living room and kitchen of one of the new homes in Yreka Housing

In addition to the numerous construction projects, KTHA awarded \$160,000 in student rent voucher assistance to 43students.

Many thanks to the KTHA construction department: Richard Black, Steve Mitchell, and Tina Sherburn for their dedication and hard work.





View from behind one of the new homes in Yreka Housing

### Call for Lease/Purchase of Karuk Housing

The Karuk Tribe Housing Authority has just completed construction on three new homes in the Yreka area. Two of the homes have two bedrooms and two bathrooms; the third is a one bedroom, one bathroom. All three have

vaulted ceilings, beautiful wood laminate flooring throughout with slate entryways, oak cabinetry, energy efficient stainless steel appliances in the kitchen, front loading washing machines, solar water heaters and central heat and air with ceiling fans in the bedrooms and living room. All three of the homes have large yards and fabulous views. These homes will be made available to Tribal Members for lease/purchase. The Housing Authority is also currently constructing three more homes in the Orleans area. For more information call Ashlee King @ 493-5434 ext. 108.

> **Right:** Executive Director Sami Jo Difuntorum, Operations Manager Ann Escobar, and Construction Manager Richard Black in front of one of the Yreka homes.





### Looking to Start or Expand a Business? Need a Short-Term Emergency Loan? KARUK COMMUNITY LOAN FUND has money to loan that may be able to help you!

KCLF has innovative programs to help low and medium income

people, both Tribal and non-Tribal. Currently we have Business loan capital available for the Klamath River area as we are trying to assist those in the down-river area of Siskiyou County with funds to start or expand their business. We have already made one loan and have three other business owners working on their loans. Money is limited, so if you have any interest in starting or expanding your business, call KCLF for more information.

The Emergency Loan Program (ELP) is to help people with a small loan if they have an emergency that's a little more than they can handle. Guidelines include automatic payroll deduction from the employer and a payback schedule not to exceed six months. Other guidelines apply. If you are in a tough spot and need a hand to get over the hump, give us a call – maybe we can help!

KCLF held a class at the Happy Camp Community Computer Center on August 6th that focused on credit, qualifying for a loan and other money matters. If you missed the class but would be interested in attending one, give us a call!

KCLF is planning a class soon on Business Planning and Development that will include start-up,

marketing and management basics. If you have thoughts about starting a business and would like to discuss what steps to take to make it happen, call KCLF. KCLF has purchased a special software package that includes QuickBooks Simple Start and Learning Accounting Essentials. We have a limited number of them available. Topics include basic fundamentals of accounting and bookkeeping including using QuickBooks Simple Start which will help you with setting up accounts, billing and invoicing, paying bills, and managing your business. We will make these special packages from Intuit QuickBooks available to those who attend our classes. Call if you are interested so we can set up a class at a convenient time.

Here are some websites to help with financing, debt, taxes, and other good stuff:

- Taxes: Irs.gov (to calculate withholding, track refunds or tax tips and deductions)
- Turbotax.intuit.com (tax preparation software)
- Annualcreditreport.com (the only free credit report site recognized by the Federal Trade Commission)
- Nolo.com (for templates and instructions on many legal issues)
- savingforcollege.com (research college plans)

Eddie Davenport, Executive Director, 530-493-2558

# **Quarterly Staffing Update**

Sara Spence, Human Resources Manager



This update covers May through August (plus some miscellaneous updates I missed in previous articles). We currently have 152 employees on staff.

Rick Hill reduced his hours to part time on 4/20 and

Jaclyn Goodwin was hired on 8/3 to begin working in that office. 10/1 Rick will transfer to KCDC full time and Jaclyn will increase her hours to 4 days per week. More information on Jaclyn can be found in this edition.

Toni Lynn Downey resigned from her Public Health Nurse position on 5/29 and existing employee Karen Daniels has assumed those duties. June Ochoa resigned from her position as Medical Assistant at the Yreka Clinic on 6/26; that position was replaced with a Licensed Vocational Nurse and Donald Banhart started in that capacity on 6/30.

Jennifer Goodwin resigned from her position as Education Program Coordinator on 7/31 and we continue to recruit for that position. Pihneftuuf Elston has been helping out part time to keep on top of everything in that office.

April Gayle was hired on 8/11 to help out at the DNR Front Desk and to provide custodial services part time.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!



### Support Grows for Native Language Revitalization

Ruth Rouvier, Language Program Coordinator





If you live in Orleans, Happy Camp or Yreka you may have heard about the Youth Karuk Language Classes. These classes were held once or twice a week in each community. Tamara Alexander, the Language Program's Summer Youth Assistant, taught most of the classes in Yreka and Happy

Camp, with guest appearances by Jennifer



Goodwin and David Arwood in Happy Camp. Phil Albers taught the class in Orleans. The final count for Orleans isn't in, but nearly 85 youth attended class at least once in Happy Camp or Yreka. The classes were very successful, and

the Language Program would like to especially thank Carrie Davis, Dion Wood and Jennifer Goodwin, and all the parents who attended class with their children. Yôotva!

We also had a great turnout at the Speakers' Circle at the Tribal Reunion. Many out-of-town guests stopped by to listen or participate, and everyone had a good time chatting and telling stories. A few of the adult children of Karuk speakers told stories about hearing their parents and grandparents speaking Karuk when they were young, and thinking that Karuk must let you say very funny things because everyone was always laughing!



The Language Documentation Project continues to grow. We now have eight Apprentices working with six Master Speakers, with project participants hailing from Fortuna, McKinleyville, Happy Camp, Fort Jones, Weed, Yreka and Talent, Oregon. The distances involved make for some



complications, but it is worth it to have such a great group of language activists.

At our July workshop, Terry Supahan led a series of discussions about the reasons for doing language documentation, and overcoming the challenges involved in



language revitalization. Later, Don East of Yreka Community Television and Orion Canning taught the teams and other community members how to make high-quality recordings. To help with this, soon each team will receive a fancy new wireless microphone, which will allow the Master Speakers greater mobility during recording sessions. Six of these microphone systems, one for each team, were donated to the Language Program by Shure, Inc., a major microphone manufacturer. We are extremely grateful to Shure, and especially to Davida Rochman, for this donation.



The next Karuk language workshop, conducted by Professor Andrew Garrett of UC Berkeley, will be held September 26-27 in Happy Camp.

In other news, AB 544, the American Indian Language Teacher Credential bill that I wrote about in the last newsletter, is almost law. It passed by unanimous vote in both the California State Assembly and the Senate, and was delivered to Governor Schwarzenegger's desk on September 2. By the time you read this, it should be official! This will make it much simpler for public schools to hire teachers of American Indian languages. Tribes, linguists and language educators will need to work together closely to make sure the teachers have the training they need to be successful in the classroom and make the most of the great opportunity.

# The Future Of Public Transit In The Klamath River Corridor

If increased public bus service were available throughout the Klamath River Corridor, would you or a family member use it? That's the question Karuk Tribal officials have been posing during community

Is this in our future?

Ruth Rouvier, Language Program Coordinator

meetings, on-line discussions, and direct mail surveys. Its all part of a Caltrans-funded Transit Feasibility Study slated for completion later this fall.

While overall reaction to the project has been positive, Tribal Transportation Manager Sandi Tripp, believes many members still have yet to be heard from. "Its clear from the community meetings and surveys that there are many unmet transportation needs in Happy Camp, Orleans, and Somes Bar. Such needs could be as simple as trips into town for grocery shopping; inter-community runs between Orleans and Happy Camp; or long runs into Yreka, Medford, or Eureka. The bottom line is that unless area residents tell us about their needs and preferences, the likelihood of designing a successful transit program is limited."

The project team has met with representatives of the Yurok Tribe and K-T Net, operator of a public bus linking Weitchpec and Willow Creek, and S.T.A.G.E the public transit service operated by Siskiyou County. Although each bus service differs somewhat in their approach, all are united on one point; a clear need to improve public transportation options throughout the Klamath River Corridor.

KT-Net currently works with the Yurok Tribe and provides transit service that connects their ridership to a public transit service connection in Willow Creek that then travels to the coast two times daily. There is high probability that the transit service that currently stops in Weitchpec can be expanded to begin providing service to riders in the Somes Bar and Orleans areas.

The S.T.A.G.E, operates a twice weekly public transit service linking Happy Camp with Yreka. According to a S.T.A.G.E spokesperson, ridership has been growing significantly in recent months, with some trips even including standees. This confirms the viability of local bus service. This service is likely to expand to more trips per day and days per week.

The project team knows that if you live along the River, travel is a fundamental aspect of daily life. Whether it involves accessing key services such as healthcare or education, or traveling out-of-the-area for shopping, limited transportation options impact our daily lives. In addition to basic quality of life issues, reliable and affordable transportation options can open up an array of employment and training opportunities.

To learn more about the project or to provide comments contact Sandi Tripp at (530) 627-9355 or access the on-line mobility needs survey at www.karuk.us.

# "Karuk Voices" Oral History Project



Jeanne Burrer

**66 E** very community has a memory of itself. Neither an archive nor an authoritative record ...but a living history, an awareness of a collective identity woven of a thousand stories." (Center for Digital Storytelling, http://www.storycenter.org/index1.html)

Beginning in October, up to twenty Karuk youth will learn how to make an Oral History video and then work with Tribal Elders to record their stories and memories. At the end of the project in May 2010 these young people will share their recordings with the community, and

deposit them with the People's Center so that they will be available for future generations.

Tribal Elder Jeanne Burrer and filmmaker Mark Oliver will be working with the Language Program and the Youth Leadership Council on this project. The first training will take place in mid-October. If you would like to be involved in the project, please contact Ruth Rouvier at (530) 493-1600, ext. 2205.

# **Grants Department Update**

Jaclyn Goodwin, Grantwiter

Ayukii, my name is Jaclyn Goodwin. I am excited to announce that I was recently hired as the part-time grant writer for the tribe. In June 2009 I graduated from the University of California Davis with my Bachelor of Arts in Communication and a minor in Native American Studies. I am currently taking a grant writing course online through Humboldt State University with Sue Burcell. I look forward to helping our tribe with new funding opportunities and learning more from the vast channel of knowledge we have within the tribe.



The Grants Office remains busy and productive. In the past few months the Tribe has been awarded grants from:

- The Health Resources and Services Administration (HRSA) Increased Demand for Services (IDS) funding in the amount of \$143,613, which will assist in maintaining staffing for the Health and Human Services program.
- HRSA Capital Improvement Program (CIP) funding in the amount of \$386,815, which will provide a Happy Camp-based IT Data Center to support each of our communities, as well as medical records storage renovation and clinic expansion in Yreka.
- The Blue Shield Foundation in the amount of \$40,000, which will provide uncompensated care reimbursement, staff training & development, IT infrastructure, and medical supplies to the Health and Human Services program.
- ARRA funds and other Maintenance & Improvement funding from the Indian Health Service (IHS) in the amount of \$365,000, which will renovate the HVAC systems in the Happy Camp medical and dental clinics.
- IHS funding in the amount of \$17,000, which will provide additional medical equipment to support the Health and Human Services program.

### Grants submitted since the last newsletter:

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- HRSA CIP grant in the amount of \$386,815, discussed above.
- Indian Community Development Block Grant (ICDBG) to the U.S. Department of Housing and Urban Development in the amount of \$605,000. This year's grant, if funded, will provide program space for the Education Department, Low-Income Assistance Program, and Tribal TANF program.
- HRSA Facility Investment Program (FIP) grant in the amount of \$4,910,343.35. This grant, made possible through ARRA funding, was written to build a new health clinic and wellness center in Happy Camp. If funded, the Tribe's medical, dental, and behavioral health services will be centralized in one location. Additionally, fitness space and wellness programs will be offered to patients.
- Two proposals to Karuk TANF to support eco-cultural youth outdoor & camping activities. One proposal, in the amount of \$5,000, will cover the unmet balance needed to carry out a grant already received through the Stewardship Council. The other proposal, in the amount of \$15,000, will support eco-cultural youth camping activities that teach traditional life skills, outdoor education, and promote positive behavior.
- Northern Sierra Rural Health Network application; funding will be allocated through a formula to Provider Members, which include the Karuk Health and Human Services program. Funding distributed will reimburse a portion of health care services provided in 2008 to indigent consumers.
- Shasta Regional Community Foundation grant in the amount of \$9,999.01. This grant, if funded, will support the acquisition of digital media equipment that will be housed at the Yreka Computer Center and utilized by many programs, including: Language, Paths to Prosperity, Youth Council, and Education.

We continue to work on the following projects and grants: youth program funding, strategic planning, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

# Special Recognition Award Presented to Karuk Tribal Member Suzanne M. Burcell at the Karuk Tribal Reunion

Erin Hillman presented a plaque on

"We wanted to

behalf of the Karuk

Tribe to Suzanne

Burcell at the Karuk Tribal Reunion.

take this opportunity

to recognize one of

our Karuk Tribal

Members in the

audience who over



Council Chairman, Arch Super and Suzanne Burcell

the years has made outstanding contributions to the Tribe as an employee, consultant and as an individual.

In June of 1995 she became the Founding Executive Director of the Karuk Community Development Corporation. During that time her vision and grant writing abilities provided the stability for that entity to blossom.

She then moved on to become the Karuk Tribe's Chief of Staff for two years where she worked diligently to promote professional development activities for Tribal staff and wrote several grants including the HUD Indian Community Development Block Grant, funding that built the Peoples Center Museum.

Although she left the Tribe in 2000, she has

continued to provide support and guidance to the Karuk Community Development Corporation and other Tribal staff, providing valuable training to our grant writers as they continue the pursuit of a better future for our Tribal Members.

In the past few years she has written numerous grant applications for the Tribe that have been funded, including an Administration for Native American SEDS grant that funded three years of support for the Happy Camp Computer Center, a Rural Housing and Urban Development grant that will fund a new facility for offices, and funding for the Karuk Community Loan Fund, a financial institution that offers loan opportunities that counteract predatory lending practices, makes loans more obtainable for Tribal Members and provides financial education.

Now, as the Associate Director of the Indian Economic and Community Development Office for Economic, Community and Business Development at Humboldt State University, Sue is always encouraging, never discouraging. She continues to support the higher education goals of Tribal Members.

For this and everything else that she does in her spare time, and so she knows that her contributions do not go unnoticed, we present this plaque to Sue Burcell with our gratitude for her years of service. "



L-R: Joe Garcia, NCAI President; Carrie Davis, Self Governance Assistant; Larry Echohawk, Assistant Secretary for Indian Affairs

### National Congress of American Indians & Karuk Tribe

### Carrie Davis, Self Governance Assistant

National Congress of American Indians (NCAI) was founded in 1944. NCAI has been working to inform the public and Congress on the governmental rights of American Indians and Alaska Natives. NCAI has over 250 member Tribes from thorughout the United States. The Karuk Tribe has been a part of NCAI for several years and has used this organization to be informed on what legislative issues are affecting Native American Indians. NCAI has many different workgroups working on individual issues. I am proud to say that the Karuk Tribe has an active roll in a very important one. For the last few years Chairman Arch Super has been a voting delegate and

now Robert Goodwin alternate voting delegate for the BIA Tribal Budget Advisory Council (TBAC). This is a work group that BIA staff and Tribal Chairpersons work together to determine where money is needed for Indian Country. They have to work on budgets 2-3 years in advance and it is not easy. Only one Tribal Chairperson is allowed to be a voting delegate from each region and Chairman Super has been the Pacific Regional Chairperson delegate for several years. When these two participate in these meeting they are not only speaking for the Karuk Tribe but for all the Tribes in the Pacific Region. This is not an easy job because all Tribes have issues that are different from each other. In August of 2009 I was sent to one of these meeting for the first time since both Chairman Super and Mr. Goodwin were not able to attend. It was at this time I was able to see first hand how the meetings work and what a great opportunity that we are given by having our Tribe participate in these meetings. I was able to speak with Joe A. Garcia, President of NCAI and Larry Echohawk, Assistant Secretary for Indian Affairs personally. I just want to give a big thank you to Mr. Super and Mr. Goodwin for their hard work in not letting the people making decisions for Indian Country forget the people back home.



### **Department of Natural Resources Environmental Education Program**

by Jeanette Quinn, Environmental Education Coordinator

**Fish Biology & Water Quality Experiments.** In July I assisted Jillienne Bishop, Environmental Education Coordinator for Mid Klamath Watershed Council, with two macroinvertebrate classes. The first class was for Happy Camp Family Resource Center's summer camp program for children aged 5-10. The event took place at River Park in Happy Camp. We collected macroinvertebrates from the mouth of Indian

Creek in Happy Camp and the Klamath River (just above the mouth of Indian Creek) for a comparative study of



water quality. The second class was for Mid Klamath

Watershed Council's Summer Youth Program in Orleans. Jillienne collected macroinvertebrates from the Klamath River (near the Orleans Bridge) and students collected macroinvertebrates from Camp Creek in Orleans.

I gave the children



a brief overview



macroinvertebrate life cycles and Jillienne discussed pollution

tolerance and water

q u a l i t y indications of the macroinvertebrates for both classes. We then separated the children into two groups; one group examined



macroinvertebrates from the Klamath River and the other group examined macroinvertebrates from the respective creek. Children identified the insects with our help and then tallied the numbers of each species. The numbers and species of macroinvertbrates from the creeks clearly indicated excellent water quality, while the numbers and species of macroinvertebrates from the Klamath River clearly indicated poor water quality.



Andrew Bley provided us with much needed assistance in setting up all our buckets and equipment for the macroinvertebrate class in Happy Camp.

Students who went to Camp Creek also enjoyed

snorkeling in the creek to identify juvenile fish.

Native Plants/Ethnobotany/ Noxious Weeds. In July I also assisted Jillienne Bishop with Mid Klamath Watershed Council's

Summer Youth Program during a class on native plants in Orleans. Guest presenter Jocelynn Rudig shared native



plant specimens with children and engaged them in learning about local native plants during the morning. In the afternoon children visited the Native Plant Demonstration Garden for a scavenger hunt,

tour of the Garden and watering transplanted native plants. Thanks to Fred Burcell and Monty Mollier, Karuk Tribe Maintenance, who oversaw the installation of water line into the Garden in mid-July, we were able to fill our watering buckets right in the Garden, instead of packing water all the way from the Clinic!

Other Projects. In May, just before school let out, I took Mrs. Magarian's Special Day Class students from Happy Camp Elementary School on a nature walk to River Park in Happy Camp.



Students listened for and watched birds in and around

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the pond. Students also learned about plants and various other animals that live in the park.

At the end of May I taught an owl pellet

dissection lesson in Mr. Bley's 5th grade class at Happy Camp Elementary School. Students dissected owl pellets to discover what types of animals the owls had eaten. Since owls have no teeth, they swallow large chunks of their prey (e.g. birds, frogs, mice, moles, shrews). The undigested portions of their meal (bones, feathers, teeth, fur) are formed into a pellet,

which the owl regurgitates before its next meal. Owl pellets give a good example of the food chain and the ecology of owl habitat.





**Outdoor School**. At the end of August, I assisted Junction Elementary with Outdoor School at Dillon Creek Campground. Students rotated through 3

stations each morning for 3 days, then ate lunch and went swimming in the afternoon before heading home. What a great way to begin the school year!

On the first day of Outdoor School I co-taught the Aquatic Insects station with Jillienne Bishop. We gave students a brief overview of aquatic insect life

cycles and value as indicators of water quality, and then helped students collect samples of aquatic insects from Dillon Creek, which they compared with insects from the Klamath River. Students were able to view some of the insect specimens under the dissecting



I also assisted Mr. Rickel, 7th and 8th grade Science

teacher at Happy Camp Elementary School, with frog dissections for his two classes at the end of May.



microscope, including stonefly and caddis fly larvae.

On the second day of

Outdoor School I was assigned the job of



Photographer, so I was able to visit all the stations to take pictures: Juvenile Fish ID and Habitat Restoration, Animal Tracks and Scat, and Shelter Building.

On the third day, I led the Native Plants station. Students first went on a scavenger hunt for plant parts, including leaves, fruit and bark. Next students made leaf rubbings with some of the leaves they collected. We also collected oak galls and viewed the undersides of



fern fronds through the dissecting microscope to see the sori (reproductive structures that produce spores) in detail.









For more information about the Environmental E d u c a t i o n Program, e-mail Jeanette Quinn at jquinn@ karuk.us, or call 530-627-3446.



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### SENIOR CENTER NEWS

Babbie Peterson, Senior Center Director



This past quarter has been really busy for us in the Senior Center Program – we signed up to get youth workers through a program with NCIDC – we had Ashley Myers work at our Orleans site and Dillon Myers work at our Happy Camp site for the summer – We Love Help!

This summer was time to re-apply for some of our grant funding – so that always takes a little time to get done – plus the year end of other grants requires reports on how the money was spent – how many people were served and what kinds of community

partnerships we had to provide the services. I always love to brag about our CHR department – they do so much for all of our families no matter what age – They are my HEROS! We also have had partners with NCIDC, Happy Camp Family Resource Center, Debbie and Marsha from HICAP out of Redding – (Debbie came to our meal site in Happy Camp and Marsha came to the Health Fair), Senior Legal Service also out of Redding, The 'by the river stichers' quilting guild at our Orleans site (we will be doing trash pick up for the Cycle Oregon event Sept. 14 &15 - we could use any



help we can get). The acupuncture group and AA group also at our Orleans site. I am sure I left someone out – but it is impressive to see our community organizations working together.



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I am pleased to announce we have a new volunteer for our Happy Camp site; Mercedes Dacosta will be volunteering to be an activity coordinator. Please make her feel welcome when she comes around asking seniors in the Happy Camp area what types of activities they would be interested in doing. I am excited to see this happening at our Happy Camp site.

We have found with our program the most successful senior activities are lead by volunteers  $\sim$ Thank you  $\sim$  To all who do community service work!

Above is a quilt top by Babbie from the last Quilter's Retreat in Orleans last month - Quilters are doing fund raising to buy a long arm quilting machine. This is an example of activities in the senior centers that volunteers are doing.
Right: Another volunteer project is the Orleans Community Garden, by Kim & Mike Davis, who also deliver the harvest to seniors.



### **VOLUNTEERING TIME**

There are times when you volunteer your time and it never ends. Things are then taken for granted which wouldn't be that bad if you have time. There are people that stand up and help whenever needed. I know there are people that are always working hard to make things succeed. I don't need give out names, I'm sure. Just take a look around when things are happening. You will see these people are there to make a difference in a person's life or even a community. I personally would like to thank all of them for their time and effort to make our community Florence Conrad, Council Member

stand out. If you happen to see a person working hard trying to help out stop and thank them. I'm sure that they would appreciate it with a smile in return. I think if this happens more people would volunteer once they know that they are really making a difference. All three of our communities need some more people to step up and help their community. Again thanks to all people that volunteer their time to help out when needed.

# **Election Committee Reminder**

We have two Tribal Council positions open which are one Member at Large position from Yreka and one in Orleans. We are waiting for background checks on these candidates before we can actually give candidate names for each area. If you are a registered voter please remember to request your absentee ballot by September 30th in order to get it out and back in time. We will still have three polling areas in the three Districts and you could also register at the polling place. We only have 592 Registered Voters. We have over 3,000 eligible voters if they register. Please exercise your right and make a difference and come and vote.

Thank you, The Election Committee

# Eligible Voters!!! Be Informed

Mercedes Dacosta, Concerned Tribal Member

Are you aware of the newly **amended election ordinance dated February 26,2009** dividing us by voting districts? Should there be no eligible candidate running in any given district where a seat is open, another candidate may be elected to fill the vacancy.

In addition, <u>Section 10, item E</u> states "Any registered voter who does not vote in the previous years general election shall be required to re-register" Editor's Note: Members can register to vote at the polling place on election day if they did not vote the prior year. *See article above regarding elections* 

Section 16 item A. states "Absentee ballots shall be mailed to enrolled registered voters when so requested in writing by that voter. The requirements shall be the same as all enrolled, registered voters".

These must be sent back in the envelope provided by the election committee to be valid.

Write to the Election Committee, P.O. Box 815, Happy Camp, California 96039, or call (530) 493-1600 and request a copy of the new ordinance.

Regardless of your district, register to vote. United and Informed <u>WE</u> Can Affect A Change......

Also, I would like to appeal to voters to assist those (elders, those who cannot read, or drive etc.) in registering and getting people to the polls.

*Love is Something you and I must have, because our spirits feed upon it*. *Chief Dan George Coast Salish 1899-1981.* 



# Karuk Social Services Update

Joseph E. Snapp, MSW, CSAC III, Director

Due to budget constraints, we have lost a counselor position in the Yreka area. Tanya Busby is now managing the Driving Under the Influence program as well as counseling.

The Driving Under the Influence program is now fully licensed to provide services in Happy Camp, Yreka and at the Quartz Valley Indian Reservation.

Mace DeLorme is providing domestic violence counseling in Orleans and Happy Camp as well as drug/alcohol counseling.

My tasks are to oversee all substance abuse programs; provide recovery groups; individual counseling; and domestic violence groups.

When comparing our program with other substance abuse recovery programs across the nation, evidence shows that we are severely understaffed. We simply do not have the manpower to effectively deliver evidence based recovery materials as they were designed to be facilitated. Recovery models now require providers to engage the clients in recovery activities four to five hours per day and three to four days per week.

We also have a large homeless population that includes substance abusers who have burned all of their bridges and parolees. A transitional living facility could help with this problem as well as economic development.



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page courtesy Judy Bushy















#### Photo courtesy Judy Bushy

# Dunk Tank Paybacks

Dousing a favorite (or least favorite) Karuk Tribal Member or employee means having some good clean fun!

Council Member Verna Reece looks nervous... We can see why below!



Above: Erin Hillman, Program Compliance Director is laughing at some kids lined up to douse her. Below: I think the boys had the last laugh as Erin falls! courtesy Sara Spence

Right: Photo courtesy Carrie Davis

Photo courtesy Bah

Peterson

Council Chairman Arch Super calmly waiting to cool off







Drew

pro!

Difuntorum

drops like a

Photo courtesy Tina Sherburn

Thank you to everyone

who shared these great

photos!

Human

Resources

Manager Sara

Spence seems

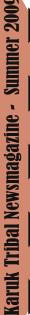
Photo courtesy Tina Sherburn

to have had

enough!

Does Council Member Florence Conrad look a bit worried...? Photo courtesy Judy Bushy





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Just Staying Cool on the Waterslide! Sign Ups for Fun Run



Photos courtesy Carrie Davis





# Heather Peterson Marries Troy Argo

Heather Peterson, daughter of Dwayne and Babbie Peterson of Orleans, CAmarried Troy Argo, son of Scot Argo of Reno, NV and Annette Argo of Denver CO - on December 31, 2008 in Las Vegas Nevada. In attendance at the wedding were Heather's parents, Troy's parents, and brother.

Heather flew in from Japan the day before her wedding, the couple honeymooned in Vegas and she flew back to Japan and he flew back to Colorado.

Heather and Troy met in Yokosuka, Japan while in the Navy on the USS Blue Ridge. Troy returned home from his service in the Navy to Denver, CO in November, 2008 where the couple will make their

home. Heather returned home June 2009.

They will both be finishing there education in Colorado - Troy is majoring in History, going for his masters degree and has plans to be a teacher, and Heather is majoring in Culinary Arts. They will both be finishing their education in Colorado.

"Two Hearts, One Love" Maria & Vincent Sanchez



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Mother & father of the bride, Flo and Jose Lopez



Maria Lopez and Vincent Sanchez married on May 31, 2009 in Mt. Shasta, CA. They make their home in Redding , CA.

> Vincent Graduated from Humboldt State University, with a degree in Social Work, he is currently working in Redding as a Facility Manager for Open Line Group Homes, Inc.

> Maria is working for an assisted living facility, in Redding, CA as an Resident Assistant.

**Photo at left:** L-R Family Kids: Michael Sanchez, Robert Ray Goodwin, Javier Lopez, Maria Lopez-Sanchez, Veronique Sanchez, Daniela Sanchez, Jaclyn Goodwin. All are enrolled Karuk Tribal Members and registered voters (except the youngest who's not old enough to vote).





Maria and her brother Javier Lopez



Uncle Bob Goodwin kissing his neice Maria

### Best In The West! Matt Whitehouse



Matt Whitehouse was on a team called Nor Cal Outlawz that took first place in the state for the Men's E League Slow Pitch tournament that was in Sacramento, CA on 8/1/09. By winning that tournament their entry fee was paid so they could participate in the first, 2009 "E" Western National Championship Tournament that took place in Sparks, NV on 8/29-30/09. There were 36 teams that participated and the Outlawz played a total of six games and won first place and were undefeated. Their team picture will be in the ASA Hall Of Fame, located in Oklahoma, for one year. Matt earned All Tournament, Batting Championship, with a batting average of 720, and MVP, so his Dad and I can truly say that he is the Best In The West and we are very proud of him.

Russell and Pattigail Whitehouse

Achviivich Arwood



Siskiyou Daily News Wed Jun 03, 2009 Happy Camp, Calif. -

Happy Camp's Aja Conrad is one of the top senior athletes graduating from local high schools. Today's Siskiyou Sensation, Conrad's been a skilled

and highly honored athlete over the last four years at Happy Camp High School.

She's going out on top, earning valedictorian honors for the class of 2009 downriver. Bound for UC Berkeley, Conrad wants to study sports medicine.

- ★ Name: Aja Noel Conrad
- ★ Parents: Shawnna Conrad and Slate Boykin
- ★ My town: Somes Bar
- Sports: Basketball (4 years), volleyball (4 years), softball (3 years), track (2 years)
- Coaches: John Kufner, Nikki Hokanson, and Sal Tello
- ★ Favorite sport: Football
- ★ Sports Hero: Michael Jordan
- ★ Best athlete I've ever faced and why: Sanna Jarvinen from Butte Valley in basketball. She's

just a talented player; I actually played with her in the Chico All-Star game which was pretty fun.

- ★ Worst sports injury: I split my hand open between two fingers in the beginning of a basketball playoff game. I finished the game with about 20 points (14 after injury), 17 rebounds and five steals, and went to the hospital for five stitches afterwards.
- ★ Motto: "Hakuna Matata!"

Siskiyou Sensation! Aja Conrad

- ★ Fav food: My mom's lemon chicken
- ★ Fav. high school memory: Going to the North Section Championship game in Chico for basketball
- ★ Most important thing learned in high school: Not to be "a procrastinating sloth."
- ★ Hero in life: My Gram-Cracker, Florence Conrad
- ★ If I could be a famous historical figure it would be: Albert Einstein because he was a genius, and he had cool hair.
- ★ Fav. downloads: Lots of music; I'm a big fan of Collie Buddz and all the Marley's
- ★ Future goals: Graduating from college (accepted at UC Berkeley) and becoming a doctor in Sports Medicine
- ★ Ten years from now: I'll be: Fixing up athletes
- ★ Clever parting words: "Shake and bake!"



### Karuk Tribal Head Start News

Patty Brown, Head Start Program Director

A lot has happened since the last year. Our Happy Camp teacher, Tia, had a beautiful baby girl at the end of April. Many thanks to the Happy Camp staff for stepping up to provide a continued quality classroom experience for the children.

The year was filled with many opportunities for the teaching staff to participate in quality conferences and workshops to enhance and support their lesson



planning and enrich the inside and outside of the classroom. All of the teachers and teacher assistants have received or are in the process of receiving early childhood teaching credentials. They are to be commended for continuing to take college courses and show dedication to their profession. We have an active

Policy Council who has worked hard to update information, procedures, and many grant proposals this year. Using a webcam approach this year has proved to be successful and has allowed Policy Council members the ability to meet simultaneously in Yreka and Happy Camp. We appreciate their commitment and vision for our program.

I attended a variety of conferences and workshops representing the Head Start program as well as collaborations with the early learning community in Siskiyou County. SECT Siskiyou Early Childhood Team is composed of agency leaders providing services to children and families; LPC- Local Planning Council provides support by offering, stipends for college units and through the workshops and conferences in collaboration with and information. The



DTF-Dental Task Force includes Public Health, First 5, and other early childhood leaders to support the challenges and issues surrounding the lack of dental care for children and families, SCCC-Siskiyou Childcare Council provides support through offering workshops and educational materials for our children and will be lending support in collaboration

with Dion Wood's CCDF program in establishing a resource and lending library for families at the Happy Camp and Yreka Head Start.

The Yreka staff attended the end of year Early

Childhood recognition dinner held at the Miner's Inn on May 8 was a successful event honoring the child care providers in Siskiyou County. The theme was "Once Upon a Time" and participants were encouraged to dress



up as their favorite storybook character. The director was the mouse in "If You Give a Mouse a Cookie" The Yreka staff came as the "Wizard of Oz" and took first place for

t h e m e . Marlene w a s Dorothy, Nichole was the Wicked Witch of the West (green face and



all), Josie was the (laughing) Cowardly Lion, Tamara was the Tin Man, Rana was the Scarecrow, and Betty was "Aunty Em." They were a hit! Tamara told a story about how the "slug" came to be in Karuk and English. She was amazing and represented the Karuk Tribe well and we are very proud of her.

We ended the school year with well attended celebrations in Happy Camp and Yreka and appreciate



the many families and extended family members who came to show their support. Summer continued to be a very busy time with completing grant opportunities and the Risk Management Meeting at the end of July. Office of Head Start,(Arch and Florrine by phone),tribal council, KCDC members, policy council

representatives, Bea Fisher, our local specialist, Donna and myself were participants and found to be in compliance with no findings. This is a testimony to the hard work of all involved to make the Head Start program successful.

Dion Wood's program was the driving force behind the successful Kindercamp held at Happy Camp Elementary School August 17-22. Collaboration with the elementary school and staff, Head Start (Tia was the teacher and AmeriCorps aide Sarah) and books, backpacks provided by the local FRC worked together to create a wonderful model to transition new kindergarten children.



The entire staff attended a pre-service hosted by the Yurok Tribe in Klamath River at the end of August. This gave an opportunity to come together as a staff and with other Tribal Head Start programs to share ideas, learn and remember important information and prepare our minds to begin the new school year.

We welcome back our hardworking staff

# Future Head Start Students



### **Taylor Renee Harrison**

Born: April 22, 2009 8lbs, 6oz, 21 1/2" Parents: Marvin Harrison Jr. and Bridget Harrison Grandparents: Marvin Harrison and Kim Feverhelm

### **Trenton Layne Carpenter**

Born: July 11, 2009 8lbs, 9 oz, 21" Banner Thunderbird Hospital, Glendale, AZ Parents: Travis & Jordana Carpenter Grandmother: Rondi (Hockaday) Johnson of Glendale, AZ Great Grandparents: Ronald (Red) & Glenda Hockaday of Yrel





# **Julius Maurice Applewhite**

Our family is proud to announce the newest addition to the Miranda Family!!! Born: May 7, 2009 7 lbs 11 oz and 19 inches long Julius joins big brother Devon and lil' cousin Baby Dew

#### Head Start News, continued ...

members; Donna, Tia, Elke, Nell, Marlene, Nichole, Tamara, Josie, Rana, Betty, and Barbara and AmeriCorps Sarah and we say goodbye to Denise West, Happy Camp bus driver as she is moving on to pursue a new and exciting business opportunity. This means

we are currently looking for a new bus driver. The position will remain open until filled with a qualified driver.

Current enrollment is full at both centers but we will continue to accept applications as families move. We are mandated to stay at full enrollment at all times.

Everyone at the Head Start centers is preparing for the new school year by getting the classrooms,

materials, orientations, and home visits ready. It takes a lot of hard work and effort to make sure that everything is in place to serve the children and the families and the staff is to be commended for their commitment to quality.

There is no question about the heartfelt appreciation

I have for the continued support and acceptance of the transition and changes that came with a new administrator, organizational structure and new teacher. The year started off at an incredible pace with a sizable learning curve, and with the support, encouragement and direction of the Tribal Council, KCDC board, Fiscal department, Administration, staff and community I am confident that this new school

year will bring more quality and success for the Karuk Head Start program.





# Danae Clark Earns Masters in Library and Information Science

Danae\Nicole Clark graduated in December 2008 with a Master's Degree in Library and Information Science from San Jose State University, and joined her class for commencement on May 16, 2009. Danae plans to become a children's librarian. In 2005 she earned her Bachelor's Degree in Sociology from Sonoma State University. Her parents are Dave and Diane Clark, and she is the Great-granddaughter of Jeff and Nellie Aubrey.

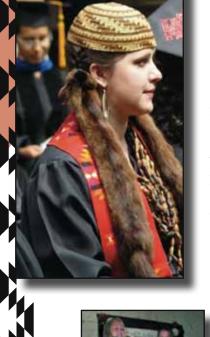
# Waylon Lenk Begins Earning His Masters of Fine Arts Degree

Waylon Lenk, who earned a Bachelor of Arts last year with a double major in German Studies and Theater, will begin a three year program in August for a Masters of Fine Arts degree in Dramaturgy. He'll be attending Stony Brook University, on Long Island, New York. Waylon is currently living in Ashland, Oregon with his parents Karen Young-Lenk and Marty Lenk.



### Neva Lenk Graduates from University of Oregon

Proudly wearing her ceremonial regalia, Neva Louise Clara Lenk has graduated from the University of Oregon with a Bachelor of Science Degree. She was part of the first graduating class of the new Department of Ethnic Studies. A week after graduation she started classes in the UO's College of Education where she will earn a Masters of Education degree and a teaching credential over the next 15 months of intense studies. Neva was awarded a Sapsik'walá grant through the Department of Indian Education to help her finance these advanced studies. Since the third grade, Neva has never faltered in her desire to become an elementary teacher and for the past 10 years, she has focused that goal toward teaching Native kids. Her parents are Karen Young-Lenk and Marty Lenk, of Ashland, Oregon.



### Happy Camp Elementary Grads

Brenda Rose Ann Harrison receives her 8th grade diploma from Tamara Barnett, HCES Board Member. Proud parents are Dorcas & Hawkeye Harrison Eighth Grade Graduates from Happy Camp Elementary School 2009. Clayton Tuttle , Brenda Harrison & Ben Harrison



### **Outstanding Karuk Students Honored With Gates Millennium Foundation Scholarships**



# Pateisha Juileanna Ferris

Pateisha Julieanna Ferris is the great granddaughter of Karuk Tribal Member Zona Ferris, the granddaughter of Dwayne and Patricia Ferris and Merv and Laura George, Sr. Her parents are Merv and Poppy George, jr.

Pateisha Ferris was honored by receiving a prestigious award from the Bill Gates Foundation and will be receiving full tuition to college. Pateisha



Ferris was one of the 1000 students selected among more than 20,000 thousand applicants nation wide that had applied. The scholarship was established in 1999 by the Bill and Melinda Gates Foundation to promote academic excellence and provide financial support for outstanding minority students.

Pateisha was recognized for her academic performance, athletics, community involvement, and a strong commitment to her culture. Pateisha has participated in the Karuk Jump Dance since she was 2 years old by assisting her grandparents. She

danced each year from the age of 11 and worked her way to Medicine Girl. She was also honored to represent the Hupa Jump Dance. She was an honor student in High School and was also honored by being awarded 2 HDN Stars in softball.

### Karuk Tribal Member Aja Noel Conrad

Our family and friends are proud to announce the graduation of Aja Noel Conrad from Happy Camp High School class of 2009. She graduated with the honor of Valedictorian of her class. Aja has received the Gates Millennium Foundation Scholarship, Bank of America Scholarship, International Arts Award, Gibbons Family Scholarship and several other honors. She is currently attending the University of California, UC Berkeley. Our family is proud of her achievements and continues to be amazed by the strength and dedication that Aja has toward her goals in life. She is a beautiful woman full of spirit and ambition to follow her dreams.



Aja Noel Conrad Happy Camp High School Class Of 2009

NNOUNCING

raduation



### Jaclyn Goodwin Graduates UC Davis

Jaclyn L. Goodwin, Karuk Tribal Member and daughter of Elsa and Robert A. Goodwin graduated from the University of California, Davis on June 20, 2009. She graduated with a Bachelor of Arts Degree in Communications with a minor in Native American Studies. During her four years at U.C. Davis she also worked on campus with the motor vehicle and licensing department to make extra money during the school year. She made the coveted "Deans List" 3 times during her studies and



maintained a 3.44 GPA throughout her time at the school. She spent her summers working for the U.S.F.S as a fire fighter both on their Happy Camp Crew 2 hand crew, and on Engine 26.

Her parents are very proud of her. She was the valedictorian of both her 8th grade and 12th grade classes; she has always been a great student. She has always helped those around her and has been a great example for other Native students out there. She received recognition from the Tribal Council at the June Council meeting. She is very grateful for the education and housing assistance she received while going to school.

Jaclyn gives special thanks to our former Education Director, Jennifer Goodwin, she was there for her as a friend and a resource. While she worked to put herself through school, the Karuk Tribe was there for her and the amount of money they were able to provide ensured her success. It made things much easier to budget her summer earnings towards tuition and educational materials. She wants to be able to give back to the Karuk Tribe.

She recently accepted a very important assignment with the Karuk Tribe. She is now proudly one of the Tribe's grant writers. It is only a part time job now but she hopes that with training and experience, her value will prove itself. The Tribe does receive funding from many sources but the grants they receive give it the ability to provide resources to many Tribal members that wouldn't get help from any other source.

We, her parents, look forward to our daughter's continued success and we also thank the Karuk Tribe for helping our daughter, and us, with the financial support that today's education costs require.

Yootva!

# The BIG 02's!



# Happy 2<sup>nd</sup> Birthday Dewey Sregon

We Love You Very Much! Love, Your Family

# Happy 2<sup>nd</sup> Birthday Ivan Super

2 years old on May 9, 2009 Lots of love from your mom, dad, grandparents, aunts, and uncles.



ww.karuk.us





Eugene and Lorelei Super

Together Forever...

Our father, grandpa and great-grandpa went to be with the Lord on October 24, 2008. Grandpa Eugene was a loving, caring and funny man. He always had a joke to tell or something funny to say. He was always making you laugh.

He loved to hunt, fish and ride around in the woods. He worked at the mill with is dad Emmett Super for many years, plus was a logger, and he coached baseball. He had a way of making each and every one of us feel special even though there were so many of us. He encouraged all of his grandchildren to participate in sports and he was always our number one fan and never missed a game.

He was always sneaking a smoke every time Gram's back was turned, and if it was turned too long, it might even be a beer. Although Grandpa was so easy going, you never wanted to mess with him or not listen or you might get the mean finger. He taught his family never to take life too serious and to live it to the fullest. We will never forget his jokes and the fun times we shared with him. He will be forever in our hearts.

**Lovelei Super** January 13, 1941 - Fugust 9, 2009

Our family is sad to announce the death of the heart and soul of our family "Lorelei Super." Lorelei went to be with the Lord and her husband Eugene Super on August 9, 2009. Lorelei was loved by all who knew her. She was always willing to lend a helping hand whenever she was needed.

She worked for many years at the Forest Service in Yreka and served on Tribal Council and the Karuk Tribe Housing Authority Board. She was a devoted mother of four, grandmother to many and lots of great grandchildren... around 47 and counting. Wherever she seemed to go, she was always grandma to someone, whether they were related or not. She loved to fish, help with youth activities and watch her grandchildren and great-grandchildren grow. She was always willing to share her words of wisdom that became the patterns of our footsteps. She touched, inspired and made a great impact on many lives. She will be greatly missed by all and will live forever in our hearts. We will never forget that big smile and that red lipstick that became her mark.



Lorelei Super



### **Contract Health Services (CHS)**

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is <u>Not</u> an Entitlement Program, and Not Everyone is Eligible! Know Your Status Before Obtaining Services.

### CHS Eligibility Requirements:

- 1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
- 2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

**IHS/CHS coverage is for emergent, life-threatening** <u>situations only!</u> Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

### **Re**ferral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE. A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

### IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

### Alternate Resource:

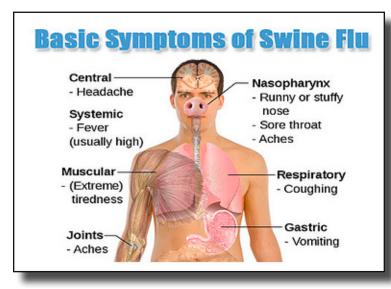
CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/ TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

### **Pregnant/Prenatal Care:**

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

### Happy 100<sup>th</sup> Birthday Thelma Dyer!





Why so many names? Swine flu is similar to flu seen in pigs, but you cannot get it from pigs or from eating pork. It is also called novel flu. This means it is a new strain of influenza which has never been seen before. Finally it is called H1N1. This refers to its genetic makeup which determines how it makes people sick, how it is spread, and how a vaccine to prevent its spread can be developed.

How is it spread? It travels from person to person. The organism lives in respiratory droplets that are released when a person that is infected sneezes, coughs, or has a runny nose. The person infected usually comes into direct contact with these droplets in the air. This method of transmission can be effectively stopped by coming no closer than 5-7 feet to a person that has the flu. Masks are also effective.

You can also get infected if you touch droplets that have landed on surfaces and then touch your own nose or eyes. The droplets can remain infectious for several hours. This method of transmission can be stopped by washing your hands after coming in contact with infected surfaces. It is important to keep bedside tables and surfaces in the bathroom clean if there is someone with flu in the house.

#### It is not spread by water.

What are the symptoms? Fever and body aches are the most common symptoms. Other symptoms include cold-like problems – runny nose, sore throat, cough, headaches, chills and fatigue. Although the virus affects mainly the lungs and sinuses, many people also have diarrhea and vomiting. How serious is it? Most people recover without needing medical treatment. It is less serious than the seasonal flu that is seen every winter. But there have been hospitalizations and deaths from this flu.

How is it different than seasonal flu? The most important difference is that the people who get seriously ill are usually children, young people, or pregnant women. The annual seasonal flu is most serious in the elderly.

What should I do if I get sick? Stay home until at least 24 hours after your fever stops. Avoid contact with others. Cover your mouth when you sneeze or cough. Wash your hands if you have touched your eyes or mouth. Alcoholbased sanitizer are as effective as soap.

Can flu be treated? In hospitalized cases, or certain high risk persons, medication can be used. Call the doctor's office for advice before coming in – during an epidemic they may just call in medication for you rather than running the risk of spreading the disease in the office. If you go to the office, they may ask you to wear a mask and stay distant from other patients.

Will there be a vaccination available? Most likely there will be one available soon and it will probably involve two shots. You will still need a different immunization for this winter's seasonal flu.

Special note: Children that have the flu should not take aspirin or over the counter products that contain aspirin (such as Pepto Bismol). Aspirin use in children with the flu can cause serious liver problems.







Happy Camp, CA 96039-1016

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# Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence



### **Mission Statement**

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

### Karuk Tribal Council Summer, 2009

Arch Super, 2007-2011 Chairman

Leaf Hillman, 2006-2010 Vice-Chairman

Florrine Super, 2007-2011 Secretary

Leeon Hillman, 2006-2010 Treasurer

Roy Arwood, 2005-2009 Member at Large

Florence Conrad, 2007-2011 Member at Large

Alvis Johnson, 2008-2012 Member at Large

Wilverna Reece, 2008-2012 Member at Large

Charron 'Sonny' Davis, 2009 Member at Large Newsletter Production:

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### Editor:

Sara Spence

### Written By:

Karuk Tribal Members, Descendents, Families, & Tribal Staff

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