## **INS FROM KARUK COUNTRY IN FAR NORTHERN CALIFORNIA**

Karuk Tribe

Summer 2011

64236 Second Avenue Happy Camp, CA 96039 Toll Free (800) 505-2785 Phone: (530) 493-1600 Fax: (530) 493-5322

www.karuk.us

3.607 Members

**Notice of Election** 

#### **SUBJECT MATTER OF ELECTION:**

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CHAIRPERSON: 4 Year Term, PAID POSITION: 2011-2015

Candidates will be the two individuals that receive the most votes in the August 2 Primary.

SECRETARY/TREASURER: 4 Year Term: 2011-2015

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ORLEANS DISTRICT MEMBER AT LARGE: 4 Year Term:

2011-2015

<mark>Basketweaver's Karuk Tribal</mark> Gathering

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6th Annual 15th Annual Reunion! July 23rd, 2011

At the River Park! See Page 6

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#### Election Committee of the Karuk Tribe



Karuk Voters Registration Office P.O. Box 815 Happy Camp, CA 96039

## **Notice of Election**

NOTICE IS HEREBY GIVEN that on <u>Tuesday</u>, November 1, 2011, the Karuk Tribe will conduct a General Election for the Chairperson, Secretary/Treasurer, and Orleans District Member at Large positions. Candidate packets will be available at Tribal Offices in Yreka, Happy Camp, and Orleans on Friday, July 1, 2011.

**POLLING PLACES** will be open from **7 AM to 7 PM** in Yreka at 1519 South Oregon Street-Clinic, in Happy Camp at 64236 Second Avenue-Multipurpose Room, and in Orleans at 39051 Highway 96-Community Room.

TO BE ELIGIBLE TO VOTE you must be an enrolled member of the Karuk Tribe, who is eighteen years old, and has registered with the Karuk Voter's Registration Office (you may register to vote before the election or at the polling place on Election Day).

#### **SUBJECT MATTER OF ELECTION:**

CHAIRPERSON: 4 Year Term, PAID POSITION: 2011-2015

Candidates will be the two individuals that receive the most votes in the August 2 Primary.

SECRETARY/TREASURER: 4 Year Term: 2011-2015

Candidates will be the two individuals that receive the most votes in the August 2 Primary.

ORLEANS DISTRICT MEMBER AT LARGE: 4 Year Term: 2011-2015

**ABSENTEE BALLOTS.** Requests for absentee ballots must be submitted in writing with a current return address **and must be received no later than Tuesday, October 18, 2011**. Contact the Election Committee at (800) 505-2785, or visit <a href="www.karuk.us/">www.karuk.us/</a> to obtain required form(s).

<u>CANDIDATES:</u> Must submit their completed candidate packet and pay the \$50 processing fee to the Karuk Election Committee by <u>Wednesday, August 31, 2011 at 5pm</u>. An appointment must be arranged in advance with the Human Resources Office in Happy Camp to have fingerprints taken and submit to a urine drug screening test <u>PRIOR to 5pm, Wednesday August 31, 2011</u>.

For more information we encourage you to contact the Election Committee at: (800) 50-KARUK

## **Notes from the Secretary/Treasurer:**

Florrine Super, Tribal Council Secretary/Treasurer



yukii, I will write a brief Astatement to get information out to the tribal members, staff, and community. Side note: In May my son Ivan turned 4 years old and my son Issac turned 6 months.

#### TRIBAL COUNCIL SECRETARY/TREASURER **QUARTERLY REPORT**

#### Youth Leadership—New Council

Our new Karuk Youth Leadership Council consists of the following youth:

- Skyler McNeal, Male Co-Chair
- Summer Goodwin, Female Co-Chair
- Krista Reynolds, Vice-Chair
- Sinead Talley, Secretary/Treasurer
- Geena Talley, Member at Large
- Jared Wilder, Member at Large
- David Burlew II, Member at Large
- Jolie-Ann Super, Member at Large
- Laura Croy, Member at Large

The goal of the Karuk Youth Council is to provide input and feedback on all key aspects regarding our youth. We are very thankful for these young people who have stepped up to improve their community. They all represent what is possible when youth are given a voice at the decision-making table.

**RECRUITMENT:** We are always looking for Youth Advisors. A youth advisor helps children along the path to adulthood. Youth Advisors are role models that will engage and support activities sponsored by the youth council. They will oversee and attend meetings. For a detailed list of responsibilities please contact me.

#### **Cultural Classes—**

Family Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts and crafts (basket making, drum making, regalia, and jewelry). Contact me for further information! Please drop in and enjoy this opportunity to learn and teach.

Cultural Class—Look for flyers or look on our Karuk Website for time and dates!

Yreka parents have formed a demonstration brush dance group. We demonstrate our brush dance for schools and community functions. The group consists of 5 to 11 year olds. They have all become very good singers and dancers. If you would like to be a part of this group please contact me. We are always looking for men to help our young boys.

#### **Karuk Tribe Foster Home:**

Preserve Our Culture....Open your heart to an Indian child

We are looking for Karuk foster families or people who can: Ensure the child maintains their connection with the Karuk community by using culturally appropriate services. Understand the importance of the child's bond with their natural and extended family. Meet the needs of your own family while sharing your family with the child(ren) placed in your home.

If you would like to offer your home and family and become a foster family, please contact our Karuk Social Services Department. To apply, you need to complete and submit a foster family application and submit to a background check. A home evaluation will be completed by our social service department.

Check out our webpage regarding Indian Child Welfare at www.karuk.us

#### Karuk Booster Club: To our Youth—Your success is our goal!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!

We are here to help all the Extracurricular activities our Karuk children are involved in. Please contact Chairman Arch Super for more information. If you need assistance, submit a written request to Arch Super. Provide what activity, cost of activity, and contact information for you and the organization your child is joining, and who will participate. Please note that we can assist when funding is available. So please volunteer with upcoming fundraisers or have your own fundraiser to help support your Karuk Booster Club.

#### **Contacting your Karuk Tribal Secretary/Treasurer:**

Please look on our karuk.us website for more information on upcoming events and reports on different committees that I will report on for you. If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk. us with a note saying you would like to receive tribal information. Florrine Super



## **Administrative Programs and Compliance**

Erin Hillman, Director

hanks to the great grant writing skills of Tribal Members Suzanne Burcell and Jaclyn Goodwin, we were awarded the Orleans Health Clinic project funds through the Department of Housing and Urban Development, 2010 Indian Community Development Block Grant program. The proposed 4,700 square foot facility will alleviate overcrowding and solve office space needs for the clinic and social services programs in Orleans. Our project kick off meeting is set for May 20 and will be a coordinated effort involving Indian Health Services, Karuk Programs: Administration, Construction, Housing, Health, and the Department of Natural Resources.

In January, we worked with Suzanne Burcell and Meghan Rocha of the Humboldt State University Indian Economic Development Department to develop a plan and funding proposal for an Emergency Preparedness department. When funded, this would be a brand new department for the Tribe, with two new positions, an Emergency Preparedness Coordinator and Geographic Information Systems Technician. The three major components of the plan are to 1) establish a functioning emergency preparedness department, 2) develop staff and data capacity with training in incident command systems and GIS mapping, and 3) revise, enhance and test the Tribe's Emergency Operations Plan. This proposal has been structured in such a way that the Tribe may submit it to one funder or several.

Since last summer, I have been serving as a steering committee member for the Siskiyou County Hazard Mitigation Planning process. The committee has identified critical facilities, finalized goals of the plan, and implemented the public outreach campaign. Tribal participation in the planning is critical, as we are able to advocate for the needs of our communities in Siskiyou County and through this process, partnerships are developed. The Tribe will host the Siskiyou County Office of Emergency Services public meeting on June 1st in Happy Camp at the Senior Nutrition Site.

On a sad note, in March we said farewell to Tribal Member Emilio Tripp

who had been our Education Program Coordinator since 2009. Although we do miss him, we wish him the best in his new position as a Fisheries Biologist with the Yurok Tribe.

Primary Election Chairperson Secretary/Treasurer **Tuesday August 2, 2011** 



## **Quarterly Staffing Update**

Sara Spence, Human Resources Manager



This update covers **February** through May.

**Robert Rohde** was hired on 2/8 as a Fiscal Assistant with the Department of Natural Resources in Orleans.

Leaf (Chook Chook) Hillman was rehired on 3/10 for his seasonal Water Quality Technician position in Somes Bar.

Ashley Myers was hired 3/25 as the Orleans Library Assistant, she will be covered by Genine Morris who will be on call to fill in as needed for this grant funded, temporary project.

Ducayne "Duke" Arwood was hired on 4/5 as the Education Program Coordinator; he is filling the vacancy created by **Emilio Tripp's** resignation in March.

Carlotta Whitecrane was hired on 4/18 as the Grant Writer/Resource Developer. She will be working in the Happy Camp office assisting with program grant writing needs.

Isha Goodwin was hired on 4/29 to be the Temporary Part Time Receptionist in the Orleans Medical Clinic.

Dr. John Bardonner, DDS was rehired on 5/26 as the Clinic Dentist in the Yreka Clinic again serving the patients of that area.

**Delila Super** left her position as Patient Referral Clerk with the Yreka Clinic on 4/28; her position will be filled by existing employee Michelle Charlesworth.

Leslie Alford left her position as Data Entry Clerk/Certified Medical Coder with the Yreka Clinic on 5/20 as did *Alana Brown* who left her position as Medical Assistant on 5/25.

Be sure to visit the Tribal Website to view job openings at www.karuk. us/jobs/ on a WEEKLY basis if you are looking for employment or contracting opportunities as that is the first place we post positions and they change constantly and quickly. Thank you!



## **Grants Department Update**

Jaclyn Goodwin, Grantwriter/Resource Developer

ukîi!! may know in

October 2010 the Tribe submitted a grant proposal to the Department of Housing and Urban Development-Indian Community Development Block Grant for a new Health and Wellness Center, to be developed adjacent to the Senior Nutrition and Family Learning Center in Orleans. We are happy to announce we were awarded \$595,000 for this project! We would like to thank the many Tribal employees and the community who provided us with information and assistance on this proposal—we were well supported!

As of March, Sue Burcell is no longer working for us. She is now working full time for the Hoopa Education Department. To replace Sue we have brought on a new Grant Writer, Carlotta Whitecrane:

The projects we are currently working on include:

- Department of Housing and Urban Development-Indian Community Development Block Grant—we are developing a project for a new clinic in Happy Camp. This proposal will be submitted by June 15th, 2011.
- California State Department-Community Services Block Grant Community Action Plan—Every two years we have to provide an updated Community Action Plan for our CSBG funding. These funds are dedicated to our low-income population. A draft of the plan will be available for public comments on June 15th, 2011.
- Culture & Language Class Funding: we are currently planning and researching funding opportunities for our on-going culture and language revitalization efforts.
- ANA Environmental Regulatory Enhancement: this proposal will be due in the beginning of 2012, we are starting to develop a project now so it will be ready to go!

Grants submitted since the last newsletter include:

- Administration for Native Americans—Preservation & Maintenance-Esther Martinez Initiative— a project focused on Immersion Teaching Techniques with supporting activities to promote and encourage speaking the Karuk Language.
- IMLS Basic Library Services—A proposal in support of the Karuk People's Center Library for a grant in the amount of \$7,000. This will provide funding for basic library services such as staffing, books, and story-telling events.
- IMLS Native American/Native Hawaiian Program-A proposal to support the enhancement of the People's Center through capacity building, development of collections care and management, strategic

planning, and other support services.

- CSD CSBG Target Initiatives-\$100,000-Youth/Education Funding
- Department of Labor-Employment & Training Administration, Trade Adjustment Assistance Community College & Career Training-Collaborative partner with College of the Redwoods and various other colleges and Tribal organizations.
- Letter of Inquiry to the California Endowment for Strategic Planning in the Health Program-\$12,000.

If you have any questions, comments or concerns please feel free to call the grants office at (530) 493-1600 ext. 2021 or e-mail Jaclyn Goodwin at jaclyngoodwin@karuk.us or Carley Whitecrane at cwhitecrane@karuk.us. We would love to hear your ideas or suggestions for funding opportunities or potential projects. Yôotva!

### Welcome Carly Whitecrane!

vukii!! My name is Carley Whitecrane and I have been hired

as a grantwriter/ resource developer. My husband is Joshua Saxon-Whitecrane, Karuk Tribal Member. He is the grandson of Zona Ferris of Orleans and son of Elaine Stevens. I am a Southern Chevenne Tribal Member born in Clinton, Oklahoma but raised in Tempe, Arizona. We have recently moved back to the area from Casa Grande, AZ with our children, 5 yr old son Kade Thomas & twin 1 ½ yr old girls Kiera &



Carley, Joshua, Kade, Kiera and Karmen

Karmen. I received my degree from HSU and minor from ITEPP under Sue Burcell. I also worked at K'ima:w Medical Center as a Quality Improvement Coordinator.

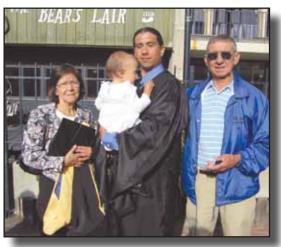
My husband and I would like thank the Happy Camp Community, Karuk Council and Tribe for bringing us back to Karuk Country!!! Yootva!!

## Kyle Nelson Earns Dual Masters from UC Berkeley

Karuk tribal member, Kyle Nelson, graduated this May with dual master's degrees in social work and public health from U.C. Berkeley. Kyle grew up in Weaverville, CA and graduated from High School in 1989. He worked as a laborer for 14

years before falling to alcohol/drugs. Ten years ago, Kyle found recovery in a Native men's treatment center where he became inspired by Native professionals and he learned to value his heritage and education. With newfound strength and direction, he enrolled in community college and went on to graduate with honors from Sonoma State University in 2008 with a BA in psychology. He was then accepted to graduate school at U.C. Berkeley where he focused on Native American topics in community health including cultural revitalization as mental health and substance abuse prevention. Kyle is strongly committed to working and advocating for the health and wellness of our Native communities and hopes to work in rural Northern CA Indian country.

Kyle has three daughters and attributes his educational success to the support of his family and community: "I could not have got this far without the love and support of my family and especially my children and my wife, Maura. I want to take this opportunity to thank my parents, John & Arvada Nelson (Karuk) and Karen (Maidu/Paiute) & Steve Simmons. I also want to thank my brothers, Vince and Pat, Uncle David Nelson & Millie, all my other aunts, uncles and relatives, and the Lawe family for your prayers and support over the years. I also want to express my appreciation for the educational support and assistance from the tribe; especially Jennifer Goodwin and Ashlee King. Thank you!"



L-R: Karuk Tribal members Arvada Nelson, baby Oma, Kyle Nelson, and Kyle's father, John Nelson.

Congratulations On Your Achievements Kyle!



## Happy Birthday Isabela!



Happy 1st Birthday on May 1, 2011 to Isabela Ayita Sanchez. We love you Little Momma! Lots of love from Mommy, Daddy, and all of your family!

Isabela is the daughter of Vincent & Maria Sanchez of Redding and her grandparents are José & Flo Lopez of Happy Camp

## **Karuk People's Center News and Review**

pring 2011 Basketweavers Gathering

Hélène Rouvier, People's Center Coordinator

Weavers from near and far attended the Spring 2011 Basketweavers Gathering April 29th - May1st at the Happy Camp Tribal Complex. Activities were funded by the National Endowment for the Arts and the Karuk Tribe Indigenous Basketweavers program. New this year was a class for less experienced basketweavers, and Friday night pot luck (venison stew, chili, soups and salads, dessert). Field trips were held Saturday

morning for gathering willow, and Sunday morning for hazel. The weather was sunny and warm (for a change), and weavers spent the days sharing their art and renewing friendships. The Fall gathering will be held October 2011, and will feature a raffle of high quality hand crafted items. If you are interested in donating to this raffle, please contact the People's Center at 530-493-1600 x 2202.











#### Karuk Gift Shop and Museum

The gift shop is now online! Please visit http://www.karuk.us/giftshop/ to view the product selection. At the gift shop we also have a selection of new and used books, jewelry, chocolates, clothing, and other hand crafted items.

The Tribal Historic Preservation Office is starting the process of copying all archaeological records and survey reports from within Karuk areas of interest. These records are contained in three separate information centers through Northern California and reference hundreds of studies. The THPO will be adding this information to the GIS digital mapping project for more accurate review of projects in Siskiyou, Humboldt, and Jefferson counties.

The Panamnik and Happy Camp tribal libraries are being upgraded with funding from the Institute for Museum and Library Services. Library assistants Ashley Myers and Yukon Sakota are working with consultant Adrienne Harling, and are weeding the current collection in preparation for new acquisitions. The library collection will focus on Karuk, Native, and regional materials, both fiction and non-fiction; it will also include a young reader section. Target date for opening at the Panamnik Library is early August, please stay tuned for details. We will also be holding storytelling events at both sites this summer.

I am continuing to ask for help with a large number of historical photographs with little information (who, when, where, and so forth). The People's Center is

requesting any information you may have on the following

two photographs. Please contact me at hrouvier@karuk.us, Your help is greatly appreciated.

Yôotva!

Please help us identify these and other old photos!





## It's Not All About the Language Program

Ruth Rouvier, Language Program Coordinator

The Karuk people have been working to restore their language for decades, beginning long before there was a Tribal Language Program. Elders taught the language at schools on the River in the 1970s; Native students at HSU developed curriculum and other materials; Karuk youth worked with elders through the AICLS Master-Apprentice program; and the Karuk Language Restoration Committee formed in 1988. The stories of people acting on their own initiative to teach, learn and record the language – some well-known, others not so much – are endless.

These community-based efforts continue today. Sometimes the Language Program does take the lead, as in the case of the Master-Apprentice Documentation Project. However, there are many other instances of people working independently, or in partnership with another organization such as a school or non-profit. This grass-roots commitment to restoring the language, and the enthusiasm of the people involved, is vital to the progress that we are all making to ensure a vibrant future for the Karuk language and culture.

Here are some of the innovative ways Karuk people are working to sustain the language.



#### Language Classes

Although sometimes I am asked for advice or teaching materials, these efforts are mostly independent of the Language Program.

Yreka: The Yreka Unified High School District offers a once-weekly Karuk language class, taught by Florrine Super and Vina Smith. The class has over 20 students enrolled.

**Happy Camp:** Franklin Thom volunteers his time twice a month to teach students



at Happy Camp Elementary School. Tia Tiraterra also introduces the Karuk language to her Head Start students – though she says sometimes they already know quite a lot! Both Tia and Franklin receive support from Mercedes DaCosta.

McKinleyville: Julian Lang continues his immersion Karuk language class. He –and his students – report great progress!

**Orleans:** The KTJUSD provides classes, taught by Phil Albers, for students at Orleans Elementary School.

#### **Facebook**

Hoopa Valley High School students have recently formed a Karuk language chat group.

#### Language in the Home

Many families use the language at home with their young children, with support from recordings or elder speakers.

Of course, these are just of few of the ways Karuk people are working to restore their language. Please tell me what I missed! If you know of a person or organization that should be on this list, write or call me and I will include it in the next newsletter.

# KARUK TRIBE TERO SPONSORS FOOD SAFETY Training

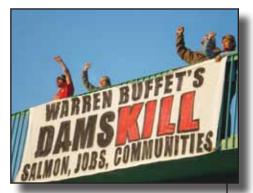
The Karuk Tribe TERO has sponsored the Food Safety Handlers Certification training in Orleans and Happy Camp. The training fee of \$89.00 was paid for by TERO funds. Over 50 Tribal and community members attended the training and received a Food Handler's Safety Certification card that certifies them to work with food for five years and is nationally recognized. The course trainer, Mr. Mike Whipple, stated that the communities of Orleans and Happy Camp may have the most certified Food Handlers per capita in the entire state! This means healthy, safe communities!

Yreka tribal members were also invited to take the class at the local Public Health office with their fee paid by TERO as well. There have been many who have partaken of this Dion Wood, TERO Director

opportunity and there is still a chance for you to get your food safety certification!

If you are a tribal member living in Yreka or along the I-5 corridor and can make it to the Public Health office for the training, contact TERO Director, Dion Wood to make arrangements for you to take the class and get the national five-year certification. The one-day class is usually held the first week of each month. The TERO office will pay for tribal members to attend either the June, July or August class but space is limited and TERO will no longer pay the fee after August. If you have any questions please contact TERO at 800-505-2785 ext 2030.

## **KLAMATH DAM REMOVAL UPDATE**



Klamath Activists protest at Warren Buffett's shareholder meeting in Omaha, 2009

The clock is ticking on the Klamath Restoration Agreements. The Karuk Tribe has worked feverishly for vears on an effort to raze the lower four Klamath River dams. The dams, owned by PacifiCorp (a company owned by billionaire investor Warren Buffet), deny salmon access to hundreds of miles of spawning and rearing habitat and severely degrade water quality. Last year, after years of protests, lawsuits, and negotiation, the Tribe along with numerous other stakeholders signed the Klamath Basin Restoration Agreement and the Klamath Hydroelectric Settlement Agreement. Together, the two Agreements represent a plan to remove the lower four dams, balance water use between agriculture and fisheries, and invest millions in habitat restoration from the Klamath's headwaters to the sea.

There is however a catch. Before the Agreements can be fully implemented, the Secretary of Interior, after review of an Environmental Impact Statement must formally determine whether or not dam removal will 1) advance salmon restoration and 2) be in the public interest. And before the Secretary can issue his determination, congress must approve the Agreements.

"At times it seems like there are still a

Craig Tucker, Klamath Coordinator

lot of hoops to jump through, however the effort has come a long ways since that first trip to Scotland in 2004 to protest Scottish Power, (previous owner of the dams)," said Karuk DNR Director Leaf Hillman.

Hillman adds, "With the weight of over 40 stakeholders behind the Agreements, including PacifiCorp, California, Oregon, Karuk, Klamath, and Yurok Tribes, and a host of environmental and farm groups, the reality of dam removal is closer than ever."

The draft Environmental Impact Statement is due out in September and the necessary legislation is expected to be introduced this summer. These are two places where all interested individuals can comment and lend their voice to the cause.

For updates and information go to www.klamathrestoration.org or contact the Tribe's Klamath Coordinator, Craig Tucker, at ctucker@karuk.us

## **Mentoring Our Youth**

Clarence Barger, Community Health Representative

eing a mentor for a young **D**Native American is very rewarding. On January 27, 2011 Lisa Jordan asked if I would mentor her for her Senior Project at Etna High School in Etna, California.

Roxanne Strangefeld of Circles of Care was the person who connected us.

Lisa's idea was to learn how to play Native American Flute in the hopes to play for Native American tribes in the future.

I was very excited to have a chance to influence this young person's life for the future. I remembered not having a chance like that in my life. Missing the opportunity to have a mentor and not finishing high school; left me with doubtful thoughts and a dubious future that plagued me for quite some time in the years to come. Overcoming these obstacles was difficult for me. I was in the United States Marine Corps during Vietnam. Since the Marine Corps and Vietnam I have accomplished many different projects; finished high school and attended a number of upper level schools. I came to realize how important it is to help our youth and give them positive role models so that they can have successful and happy lives.

A most important moment though was when Lisa experienced a devastating experience for her. It was a blessing to be in the right place at the right time and give some gentle words of wisdom and support for Lisa.

Lisa's first responsibility was to purchase a Native American Flute. I told her about High Spirits a company in Oregon. She purchased a Cedar flute and we began learning together soon thereafter.

Lisa was faithful in her practice and in a very short time because of her ability to work hard, she performed well for her Senior Project.

I could only be proud of her. She was always aware of her surroundings and remained professional in her attitude at all times.

My hope is that these positive experiences will remain useful throughout

the rest of her life and remind her that no matter what, she can do whatever she wants to do!

Clarence Barger

#### Lisa Jordan wanted to say a few words herself...

"Having the opportunity to work with Clarence Barger as a mentor for my Senior Project was definitely an honor. Clarence's experience in teaching and playing music made learning to play the NAF both entertaining and thorough. He and his wife Cyndi were very helpful and supportive by teaching me to play, providing an audience, and preparing me for my presentation. I always looked forward to meetings and lessons with Clarence and Cyndi. Thank you both for always being available, opening up your home to me, and making my Senior Project a wonderful experience."

Lisa Jordan

## KARUK TRIBAL FLAG 10 YEARS OLD

2011 is the year our Tribal Flag is ten years old! Back in 2001 the Council was asked if we could hold a contest for the design of a tribal flag. At that time many Tribes already had their own flag and we were asked to donate our tribal flag to the Smithsonian Native American Museum and to the flag collection at the federal office at the Department of Interior. Several conference gatherings displayed tribal flags as well so the Karuk tribe was not able to participate.

KARUK

The Tribal Council at that time authorized a contest and over 42 designs were submitted by tribal members. The Tribal Council narrowed the designs down to the top four and after that a color copy of the four designs were mailed out to the membership for a final vote. Over 365 tribal members voted on the winning design. One of the biggest voter turnout ever! Tribal member Lonna Dexter's

design was chosen and she won \$500 for her winning design.

Lonna's design was inspired through her participation at the ceremonies at Panamnik where she saw an eagle flying in circles above the river and she also saw a bear playing in the river across from the dance grounds. Her idea of placing yellow stripes in the flag represents the color of fire and the sparks that inspires us and the three eagle feathers in a circle represents a continuum of divine communication from the Creator. The basket

Dion Wood, TERO Director

from the Creator. The basket designs along the sides are similar to the friendship design one can weave into a basket and the red represents the blood that unites us. It is no wonder why her design was chosen!

Since that summer in 2001 the Tribal Flag design has been widely distributed in

many ways from official flags with trim to stickers to temporary tattoos to blankets, t-shirts and many other items. You can see it on display at the Department of Interior headquarters, the Tribal Nations Flag display at Crazy Horse Monument and also at the Smithsonian. We are proud to have a Tribal Flag that unites us and that has so much meaning! Congratulations to the Karuk Triba and Happy 10th Birthday Karuk Tribal Flag!!

## Karuk Tribal Reunion Hosts "Just Move It" at the Health Fair

Just Move it in Indian Country is a theme adopted by Michelle Obama to get Indians and other people exercising. The Karuk Tribal Health and Human Services Program has developed a plan to get people moving now and climax it at the Tribal Reunion on July 23, 2011. There will be a "Just Move It Olympics" for children and teens ages 3-18 years, and then there will be Zumba Dancing. A T-shirt will be given to those who do the Zumba Dance at the Tribal Reunion. Classes are being planned in Yreka, Happy Camp, and Orleans.

The Karuk Tribal Health and Human Service program is sponsoring an exercise challenge to children and teens ages 3-18 years. The goal is to get children to begin practicing now for a competition at the Karuk Tribal Reunion, July 23, 2011 at the River Park in Happy Camp.

Lessie Aubrey, Director of Health & Human Services



#### First, second and third place winners will receive a medal.

Ages 3 – 5 Years: ..... Kick ball the farthest/ 50 yard dash

Ages 6 – 8 Years: ...... 50 yard dash/most jumping jacks/most sit-ups

Ages 9-12 Years: ...... Hula Hoop Contest /100 Yard dash / baseball

throw

Ages 13 – 15 Years: ..... 3 legged race / basketball dribble contest / girls/boys push-ups

 $\underline{Ages~16-18}$  Years: ..... Girl and boy stand up –fall down-push-up (up/downs) and girl

and boy 100 yard dash/50 yard and 3 legged races.

#### All boys and girls ages 3 - 18 years are eligible to participate.

For more information please contact Lessie, Vickie or Patti at 493-1600 extension 2042, 2134 or 2115, or you may contact Annie at 842-1097.



## **Education Department News Update**

Ducayne "Duke" Arwood, Program Coordinator

A yukii, My name is Ducayne "Duke" Arwood. I am the new education program coordinator for the Karuk Tribe. I have been working in this position since April 5, 2011. I have been working on many projects since I started working here. Many of you may have received a phone call from me this last month or two asking what grade your child is in.

I am in the process of mailing out the Karuk Tribe higher education grant applications. If I missed you and you are enrolling into college for the up coming year of 2011-2012, you can contact me at duarwood@karuk.us, (800) 505-2785 x-2034, or (530) 493-1600 x-2034 and I will mail you the application for the higher education grant. The higher education grant application is also on our www.karuk.us web page under the

loria Bee Turley,

**J**65, of La Grande,

history in Happy Camp. She

worked many years in a

veneer plant on the green end

and later became a clipper

operator. In the '70s, Gloria

and her family moved to

Eastern Oregon, where she

departments tab, scroll down near the bottom and click on tribal education. The forms are all there. You can call or email me if you have any questions. The deadline for the application is July 29, 2011.

We have a tutoring program that is in need of tutors. If you have the time and are willing to tutor I would appreciate you getting in contact with me. Also, if you have a child that is in need of a tutor to help with their studies I will try and help find a tutor for your child. I am currently seeking tutors in the Yreka service area. As with most of our programs there is a limited budget and this will be on a first come first serve basis.

There will be an education booth at the Tribal Reunion that will have the educational programs available. I

have been to a few Title VII meetings for parents of Indian students. These groups are important to make sure that the schools are using the money according to Title VII regulations. If you have the time these groups could always use more parents participating to ensure our students are getting the help they need in the schools.

I am continuously receiving scholarship announcements and attend meetings that concern youth employment and education. I just got back from a meeting in Klamath Falls where the U.S. Forest Service is offering several scholarships for students entering specific fields. If you have any question concerning the education department please contact me and I will get an answer to you as soon as I can. Yootva.

## In Loving Memory



## Gloria Bee Turley

continued her mill work with Boise Cascade until she retired in 2006.

She loved the

died Feb. 2, 2010 at her home outdoors and in her in La Grande, Or.. younger years she did things such as flying, Gloria was born Sept. waterskiing, horseback 13, 1944, to Alvin A. and riding, wind surfing, hiking Bessie (Bennett) Orcutt Sr. in and camping. She loved Dunsmuir, Calif. She graduated swimming. She loved her from Happy Camp High School children and family and in Happy Camp, Calif. spent a lot of time with her Gloria married and children, grandchildren and began her family and work

> Gloria is survived by her brother, Wally Orcutt and his wife, Wanda; sister, Arlene Stewart; and brother, Alvin Orcutt and his wife, Karen.

great-grandchildren.





ary passed away in Happy Camp on Thursday, April 7, 2011.

Gary was born in Eureka, Calif. on Jan. 1, 1948.

Gary was preceded in death by his father and mother, Leroy and Louise Rails; his son Gary Paul Rails Jr.; his sisters Susie Rails and Bonnie Morton: his brother Thomas Morton; his nephews Mitchell Morton and Thomas Morton Jr.; and his grandparents William and Bessie Tripp and Roy and Gladys Rails.

Gary is survived by his son Troy and daughter Twila and grandson; his brother Duke and sister-in-law Gen; his brother Chuck and sister-inlaw Lucy; his brother Walt and sister-in-law Carol; his

sister Delma and brotherin-law Odus; his nephews and nieces: Debbie, Terry, Jamie, Derek, Chad, Charlie, Frankie, Davie, Buffey, Gary Glenn, Tory, Toni, Jeff, Wendy, Wade, Wally, Vernon and Barry; cousins: Karen Sue, Littleman, Bill, Jake and Phillip Tripp; Bart and Vick Starritt and Detsy Rogers; Carol and Bucky, Don Warren, Merlin, David, Amos, Brian and Phillip Tripp; Jason, Julian, Jerome and Jeanna Lang; Bobby, John and Roberta Garrison: and Bernadette and Bernard Lowry Jr.; and best friends Ben Camerano and Robert Garrison Sr. and many more family members and friends.



#### Karuk Tribal TANF Program

#### **Mission Statement**

To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.

The Karuk Tribe can only provide TANF services and assistance to eligible needy Karuk tribal members and their descendants, eligible needy federally recognized Indians, eligible needy Alaska Natives, and eligible needy individuals on the California judgment roll, and their children (excluding Quartz Valley) who reside within the approved service area of Siskiyou County. KTTP services and assistance will be provided to eligible needy Karuk tribal members and their descendants who reside within the approved service area of the northeastern corner of Humboldt County.

#### **Happy Camp Office Staff:**

Daniel Pratt, Director

**Alphonso Colegrove,** *Program Development Manager* 

Cecilia Arwood, Fiscal Technician,

Elsa Goodwin, Administrative Assistant

**Lisa Aubrey,** Family Services Specialist.

#### **Happy Camp TANF Office**

64101 Second Avenue Happy Camp, CA (530) 493-2040

The Happy Camp site office has been very busy with the teen nurturing parenting and the AOD education class. The TANF clients colored 143 eggs and donated them for the Easter Celebration in Happy Camp CA.

We are looking for child care providers, if interested please contact Lisa Aubrey (530) 493-2040 Ext. 6003.



#### <u>Yreka Office Staff:</u>

Michelle Kerr, Family Services Specialist

Maria Applewhite, Family Services Specialist Assistant

Janelle Jackson Reed, Family Services Specialist Assistant

**REL Bailey,** Receptionist

#### **Yreka Site Hours:**

Monday – Friday 8-12 and 1-5, after 3 by appointment only.

#### **Yreka TANF Office**

1107 South Main Street Yreka, CA 96097

The Yreka TANF site staff has been very busy this spring traveling to yearly trainings and meetings, while maintaining their current case load of fifty. In April, we conducted a Mother's Day incentive with a turnout of ten clients. The staff, clients and their families made picture frames, gift boxes and beaded earrings.

In June we will be conducting a Father's Day Incentive. The Yreka TANF realizes not all households have a two-parent family; therefore, all TANF clients are welcome to attend these incentives.

We are in the process of adding cultural classes and parenting classes to our program. If anyone has input feel free to contact our office.

#### Orleans Office Staff:

Clarence Hostler, Family Services Specialist Irene Miranda, Family Service Specialist Assistant

#### **Orleans TANF Office**

39051 Highway 96 Orleans, CA 95556 (530) 627-3680

KTTP's Orleans site office is located in the rear office space of the Tribal Clinic. Services are proved for eligible Karuk Tribal Members and/or Karuk Tribal Documented Descendents. Eligible applicants received a range of monetary and nonmonetary services that assist the client to ending dependence on Federal Cash Aid.

Clarence Hostler is currently providing AOD classes to all three areas and he also will be holding traditional sweats in Happy Camp behind the museum so if you need more information please contact him at the number above.



All three offices have been busy this last year, we have been collaborating with different entities within the tribe to better serve our clients which has been very successful and we look forward to the coming year to provide more services.

## Karuk Tribal Members Lead Project Uniting **Over 258 Tribal Child Care Programs**

Dion Wood, TERO/Child Care Director

The Tribal Child Care Technical Assistance Center (TriTac) operated by the Native American Management Services (NAMS) company out of Reston, Virginia contacted their

former employee Dion Wood (now the Tribe's TERO / Child Care Director) through his participation in the National Indian Child Care Association (NICCA) to coordinate a project that would demonstrate the uniting of over 258 Tribal Child Care programs through making of a quilt to celebrate the 20th anniversary of federal Tribal Child Care funding through the federal Child Care and Development Block Grant (CCDBG) now known as Child Care Development Fund (CCDF) administered by the Office of Child Care in the Administration for Children and Families bureau (ACF) of the Health and Human Services (HHS) department of the US Government.

Dion enlisted his sister, tribal member Darlene Colston, his mother, Margene Pons and her sister, Beverly Rose to take on the project. They were all previously enlisted in 2001 to construct a Tribal Child Care quilt and it turned out so beautiful and is so respected that the federal Office of Child Care and TriTac wanted to have another one made to celebrate the 20th Anniversary of CCDF. Once it was all agreed that they would construct another quilt, Darlene was inspired with the design and then the process began. TriTac sent Darlene, Margene and Beverly to the 19th Annual National Tribal Child Care Conference in Anaheim, CA to set up a table to have all the tribal grantees design a quilt block. After the conference, all the blocks were gathered and additional blocks were mailed in from Tribes who were not able to attend the conference. Through the following year, the quilt was assembled and it was unveiled and presented at the 20th Annual National Tribal Child Care

Conference in Minneapolis, MN.

No words can describe the amount of energy, work and love that went into the making of the latest Tribal Child



Tribal Child Care Qult: Left - Right: Dion Wood, Dion's mother Margene Pons, his aunt Beverly Rose & his sister Darlene Colston.

Care quilt. It took well over 1000 hours to complete its construction. The quilt has 258 Tribes represented in the form of a quilt block from throughout Indian Country. Those Tribes who did not submit their designed quilt blocks are represented with their names printed on a block so that all the Tribes would be symbolically united. The quilt measures 10 feet 3 inches tall by 12 feet 9 inches wide! It was truly a labor of love and everyone involved did an outstanding job. The 20th Anniversary CCDF Quilt will be displayed at all future Tribal Child Care conferences. It was also discussed to have it on display at the ACF Tribal Consultation meetings in Washington DC in the future. A huge "Congratulation" goes out to tribal members Dion Wood and Darlene Colston, their mother Margene and their Aunt Beverly for doing this work that will inspire tribal child care programs and the federal government for years to come! Yootva for making the Karuk Tribe shine! This is something definitely to be proud of!!

The quilt block for the Karuk Tribe is a representation of the Tribe's seal with the addition of a bear cub playing in the grass, smelling flowers with a butterfly and rainbow added to symbolize the youth and innocence and beauty of our tribal children. Our quilt block is found on the large hand, middle finger looking like a ring on that hand. The overall design depicts an adult hand reaching out to a child's hand with the inspiration and knowledge flowing down from the Creator through symbolic sacred eagle feathers and the sun.



## **Karuk Tribe Represents Indian Country And United States At 2011 World Forum**

Recently, TERO/Child Care Director Dion Wood and Council Member Alvis "Bud" Johnson attended the 2011 World Forum on Early Care and Education in Honolulu, Hawaii.

The Karuk Tribe has been a major leader in the early childhood arena with the Child Care Director spearheading the formulation of the Tribal Child Care Association of California (TCCAC) where he is the Vice-Chair, and also the National Indian Child Care Association (NICCA) where he is also the Vice-Chair of that organization. NICCA has entered into the World Forum bringing representatives from Indian Country in the USA to the global level. There were 76 Nations represented at the World

Forum and even more counting Tribal Nations. It was eve opening to learn of the battles of other countries who are trying to better the lives of children. It was also humbling to meet other warriors fighting extreme circumstances for children from other nations around the world.

The local Hawaiian Early Childhood programs hosted the NICCA representatives to a fascinating tour and visit to their school, Alu Like Inc. where they were treated with a traditional Hawaiian greeting of singing welcome and the gift of lei's and a lunch with traditional foods. NICCA representatives also visited another Hawaiian School

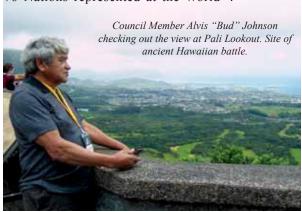
> "Aha Punana Leo" where their traditions and language are taught to pre-schoolers up to High Schoolers along with the regular academics. Once again the visitors were treated to a traditional Hawaiian welcome ceremony and a traditional lunch. The visit to the school was awe inspiring to see the youngsters speaking Hawaiian and being taught the Hawaiian language. The passion of the school administrators was amazing!



Dion Wood, TERO/Child Care Director

'National Indian Child Care Association representatives and Alvis "Bud" Johnson, Dion Wood and host Lani Kakeikini from native Hawaiian school, Alu Like Inc. stand in front of statue of King Kamehameha, Unifier of the Hawaiian Islands, at 2011 World Forum on Early Care and Education in Honolulu, HI

There were many new acquaintances and new friends made from the world over. These contacts will prove beneficial in the days and years to come. The Karuk Tribal Council has supported the work of our Child Care Director, Dion Wood and looks forward to innovative ideas and initiatives to be implemented through the child care program and through the forum of the Tribal Child Care Association of California and the National Indian Child Care Association to benefit Karuk children and families.



## Happy 63<sup>d</sup> Anniversary Viola & Julio Silva!

Happy 63rd Anniversary to Viola And Julio Silva. They were married on May 15th 1948.

Anniversaries are very special, especially for Viola And Julio. They have six children- Frank, Armand, Cynthia, Melvin, Tim, and André Silva, They have a very big family with 80 grandkids, great-grandkids and foster kids.

Submitted by Lisa Schamehorn



We all love you! "Happy Anniversary"

## Karuk Head Start Update

Patty Brown, Director

he Karuk Head Start only has 4 weeks of school until our programs close for the summer! Both centers have been busy preparing the children through engaging activities to support school readiness and planning for the end of the year celebration.

The Yreka center has undergone a lot of staffing changes in the past few months. After many years of dedicated service, Betty Robinson is no longer working as our cook in Yreka. We appreciate her commitment to the program and the loving care she took to make sure the children, families, and staff was taken care of. Leona Peters has done an outstanding job as the new cook in Yreka, having big shoes to fill. Tamara Alexander, the morning teacher assistant in Yreka moved out of the area and will be missed. We welcome Janessa Jerry, the new morning teacher assistant who is blending right in and look forward to her contributions to our program. After going through the interview process for a cook's aide and bus monitor position in Yreka, two new part time positions, we are pleased to welcome Dolores Davis as the part time cook's aide to help Leona in the kitchen. Our new bus monitor is Rhi Wilson, a parent of the Yreka Head Start program. Rhi is also a child care provider and will bring her experience to our children and families. Even during the challenges that come with the changes, our staff continues to hold together and a big Yootva goes to Marlene, Nichole, Josie, Rana, and Leona for supporting each other to make sure the program maintained the standards of quality the children and families deserve.

Our children in Yreka enjoyed the Karuk Youth Dancers who demonstrated the Brush Dance and sang Karuk songs. Frank Thom visits the school regularly to share Karuk language, stories, and culture. The Happy Camp children are consistently visited by Daniel Goodwin who shares language and culture activities with the children. Our teachers support language, song, and culture on a daily basis through every day activities.

Both centers provide rich and multiple opportunities and experiences for children to discover and explore the world around them, including bringing in community workers like the Police Department, Fire Department, Ambulance, and Smokey the Bear, as well as visiting the Post Office. The children learn a lot through these handson experiences.

**We encourage you** to check out the **HEAD START ANNUAL REPORT** which is available at http://www.karuk.us/

Yreka children and families had a fun education experience by attending "Science Night" at the center. It was well attended and everyone had an opportunity to participate in science experiments and took home easy to do science experiments to do with the children at home.

In Happy Camp we have opened up our center every Tuesday afternoon for a Teen Parenting class. We have a core group of six young parents who are learning all kinds of information about being a parent and how to take care of their baby.

The Director and Marlene Rodriguez, Center Supervisor for Yreka attended the Johnson and Johnson Health Care Institute in St. Louis, MO, a comprehensive and high quality training on how to support our parents in better health practices for their children. We were both certified to present this information as a health education workshop for our staff and parents and plan to implement this in the coming school year.

Education remains a priority for our teachers and program staff with several close to receiving their AA degree. In addition to college coursework, our committed staff continues to attend

workshops and trainings focusing on quality practices to support children and families.

We have a hardworking Policy Council who has actively supported the Karuk Head Start in approving new policies, funding opportunities, travel, a change to the quorum by-law, new mission statement, service delivery plans, parent, and employee issues. Two of the Policy Council members participated in the lengthy interviews held recently at the Office of Head Start Triennial review.

The Office of Head Start just completed the Triennial Review for our Head Start program the first week of May. There were seven reviewers who spent the week going over every aspect of our program extensively. Donna Goodwin-Sanchez, along with the Director and with our Happy Camp staff were interviewed as well as provided documentation to support compliance with the regulations as set forth by the Office of Head Start. We were reminded of how many strengths our program offers during this process. I would like to add another big YOOTVA for our staff, policy council, parents, KCDC Board, and Tribal Council for their participation in the review.

We are now recruiting for eligible students (3 years old by December 2) for the 2011-2012 school year and applications are available at both of the Karuk Head Start centers, Karuk Tribal clinics, and Happy Camp Administration Office. Completed applications can be returned to the Happy Camp Head Start at 632 Jacobs Way, Happy Camp, CA. 96039.



## Childrens Mental Health Awareness Day The Naa Vúra Yéeshiip Sons Together We Grow

The Naa Vúra Yéeshiip Sons of Tradition Boys Group sponsored in part by Karuk Circles of Care marked National Children's Mental Health Awareness Day with the kick-off of the 'Together We Grow' Community Garden Project for the community and the elders of our tribe. The event was attended by several members of the Sons of Tradition and invited guests from the community, Jose Rodriguez, Lorelie Lopez, Thelma Sloan and Maria Rodriguez.

We were later joined in the effort by Emmitt and Candi Randazzo for extra help filling the boxes.

While they enjoyed their lunches, Thelma spoke to the group about raising gardens when she was a child, Pow Wows and the Farmer's Almanac planting guide. After lunch, homemade cupcakes were shared, hand delivered by the baker herself, Maria.

The group formally thanked Phil Albers Sr., and Richard Black for their contribution to the Community Garden which included leveling the ground for the garden, laying a water pipe to water the future garden, and delivering the soil to the garden site. The group was very excited to get

Circles of Care Sons of Tradition Karuk Elders

Karuk Elders Naa Vúra YéeShiib







started after lunch so they literally ran to the garden-site and filled the garden-boxes with the soil for over forty-five minutes before they (the boys group) needed to return to school.

Rivkah Barmore, Youth Coordinator/Case Manager

As a part of The Sons of Tradition Community Service component, the group will continue to work on the garden throughout the summer and distribute the harvested vegetables to the elders in the community, and others, who may enjoy the bounty.

We would like to offer a special thank-you to Tribal Council Member Sonny Davis, who couldn't attend the Children's Mental Health Awareness Day event and kick-off to the garden, but who took time to give a Karuk blessing to the ground where the garden is located. Also, a special acknowledgement to Charles Kaiser for volunteering to make the garden boxes and working tirelessly to complete them for the Children's Mental Health Awareness Day, Sons of Tradition, Elder's Community Garden event.

## STATISTICS ABOUT RAPE AND SEXUAL ASSAULT

Tanya Busby, Administrative Assistant/ Pikyav Program Coordinator

- Every 2 minutes, somewhere in America, someone is sexually assaulted.
- ♦ 82.8% of rapes committed by an intimate partner are not reported to the police.
- ♦ 35% of college men who voluntarily participated in psychological research conducted at several universities indicated they might commit a rape if they knew they could get away with it.
- Around the world, at least 1 in every 3 women has been beaten, coerced into sex, or otherwise abused in her lifetime. Most often the abuser is a member of her own family.
- ♦ 20% to 25% of college women in the United States experience attempted or completed rape during their college career.
- ♦ In 2005-2006, there were an average annual 232,010 victims of rape, attempted rape, or sexual assault.
- ♦ About 44% of rape victims are under age 18, and 80% are under age 30.
- The health care costs for intimate partner rape, domestic abuse and stalking exceed \$5.8 billion each year. Nearly \$4.1 billion of which is for direct medical and mental health care services.

## Memorable Experiences for Orleans 8th Graders

by Bari Talley



Alyssa Allgier, NaTessa Donahue and Geena Talley at our nation's Capitol

n April 16, Orleans Elementary students Alyssa Allgier, Na-Tessa Donahue and Geena Talley, left the River to travel to the Sacramento airport. On the 17th, the group, which included their teacher Kim Hyde and advisor/ parent Bari Talley, flew to Washington, D.C., for an 8th Grade Trip to remember.

The girls enjoyed many typical tourist activities; like walking and dining al fresco in DuPont Circle, touring the National Mall and Smithsonian Museums by bicycle, navigating the city by metro, and shopping at the Georgetown and Pentagon City Malls.

"What surprised me the most was all of the different languages I heard being spoken," said teacher Kim Hyde.

Other highlights included a visit with Senator Barbara Boxer's Aide, Joaquin Esquivel, and touring the Library of Congress and Capitol buildings.

Remarkably, the group was also invited to visit with senior staff at the Federal Communications Commission (FCC) Office of Native Affairs and Policy. Students wore Native basket caps and necklaces to meet with the honorable Geoffrey Blackwell, Chief, Irene Flannery, Deputy Chief, and Daniel Rumelt, Senior Policy Advisor.

The FCC staff were incredibly hospitable, and took 2 ½ hours to provide a tour of the building, meet with the group, and host a friendly luncheon, where the students received a lot of positive attention.

The group discussed lack of critical services in Orleans, such as high speed internet/broadband, cell service, and reliable phone service; as well as the safety issues and educational impact these missing resources have on the community.

> "What surprised me the most was all of the different languages I heard being spoken," said teacher Kim Hyde.

It was a very empowering experience for our future leaders to feel heard and be so respectfully received by the office that's dedicated to helping resolve these problems.



Geoffrey Blackwell, NaTessa Donahue, Kim Hyde, Alyssa Allgier, Bari Talley and Geena Talley at the FCC Headquarters



Natessa Donahue, Joaquin Esquivel, Geena Talley and Alyssa Allier in Barbara Boxer's Office

The Orleans 8th Grade group received an additional unexpected treat- an invitation by Daniel Rumelt and his wife Kathie Klass (who, incidentally, works for the USDA Telecommunications Department) for dinner at the National Press Club where they are long-time members. The National Press Club displays an impressive collection of historic photographs, and again, the students' Native caps and necklaces inspired notice amongst patrons who were from all over the world. After dinner, Dan Rumelt hosted an auto tour around town, including Thomas Sweet Ice Cream, National Cathedral, Pentagon Memorial, Air Force Memorial, and Japanese War Memorial, which were beautifully lit and impressive at night.

"The hotel was great to come back to after walking/touring all day. It was fun to meet other junior high students visiting D.C. and just hang out," said NaTessa Donahue.

The group was happily exhausted and ready to get back to the west coast on Saturday, April 23<sup>rd</sup> around midnight. Upon return home, the River was a welcome site to the travelers, but the memories of this journey will last a lifetime. Thanks to support by the school, parents, community and the Karuk Tribe in helping make this trip possible.

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## Weaving and Wellness Conference Grad

Grant Gilkison



Josa Talley, NaTessa Donahue, Alyssa Allgier, Ashley Allgier and Sinéad Talley at the welcoming ceremonies

The Northern California ■ Indian Development Council (NCIDC), along with local Tribes and various partnering programs hosted a Community Health and Wellness Summit entitled Weaving Wellness in Native Communities held March 31 – April 2, 2011 at the Blue Lake Casino and Hotel. The summit was an opportunity for the Native American community to come together to begin developing sustainable wellness plans for individuals and Tribal communities. Participants worked together to access tools, training and support to address issues of mutual concern to help empower them to assist their communities to create the change they envision based upon the culture and traditions of their Tribes.

Our tribal communities are experiencing an inordinate amount of grief due to drug addiction, poverty, and violence. This conference was an important opportunity to work with other native communities in exploring ways and learning tools to help bring about healing and healthy communities.

The wellness of our communities is a critical issue to our sustainability. Karuk communities are experiencing



Alyssa Allgier, Ashley Allgier, and NaTessa Donahue at the Blue Lake Hotel

generational cycles of violence, drug addiction and poverty. Learning ways to combat those negative barriers to having a good life will help our youth and families in the future.

"It was healthy to focus on the state of wellness in our communities and how we can help. It was also good to meet and network with other

tribal folks from other communities," said Bari Talley.

The conference was a fun team building/bonding experience for the Karuk youth and adults who participated. Karuk Youth Council and videography



Jared Wilder, Geena Talley, Sinéad Talley and Ashley Allgier working at Youth Film Editing Workshop, facilitated by Humboldt Access

team members, Skyler McNeal, Laura Croy, Jared Wilder, Tessa Donahue, Ashley Allgier, Alysa Allgier, Sinead Talley, Geena Talley and Josa Talley gained valuable training and leadership skills from attendance at the Wellness Summit. Building collaboration of native communities and native youth to help our communities steer toward healthier lifestyles was the focus.

"I had a great time at the conference! My favorite part was the Humboldt Access workshop because I got some really good tips on editing and creating videos from them." – Geena Talley

"It was really fun. My favorite part was video taping everyone because I like to operate the camera and all equipment."-Alyssa Allgier

Thanks to NCIDC and Karuk Tribe for hosting and supporting this important conference.

# Cobell v. Salazar Indian Trust Settlement

#### **Class Action Lawsuit**

There is a proposed Settlement in Cobell v. Salazar, a class action lawsuit about individual Indian land held in trust by the federal government.

On December 21, 2010, The United States District Court for the District of Columbia granted preliminary approval to the Settlement. On December 8, 2010, President Obama signed legislation approving the Settlement and authorizing \$3.4 billion in funds.

You may be a part of this Settlement with certain rights in this Settlement if you are an:

- ☑ Individual Indian Money ("IIM") account holder (even if the account is currently not active or open),
- ☑ Individual Indian who has or had an ownership interest in land held in trust or in restricted status,
- ☑ Heir to a deceased IIM account holder or individual landowner.

For more information visit http://www.cobellsettlement.com/where forms, information, and videos are available.

#### Questions?

Call Toll-Free: 1-800-961-6109 Email: Info@IndianTrust.com By Mail: Indian Trust Settlement P.O. Box 9577

Dublin, OH 43017-4877

## **Karuk Tribe Supports Denim Day**

**April 27, 2011** 

uring the month of April, CALCASA observes Denim Day California. This day protests an Italian Supreme Court decision that overturned a rape conviction. The Court decided the female plaintiff could not have possibly been raped because she was wearing tight jean pants, and the defendant could not have removed her pants without her assistance and thus consent.



Denim Day California has sent a message that there is **NEVER a reason or excuse to** sexually assault someone

Tanya Busby, Administrative Assistant/ Pikyav Program Coordinator

After the ruling, female Italian parliamentarians wore jeans in protest, and in solidarity, this protest was followed by California's Senate and Assembly. Since the 1990s, Denim Day California has sent a message that there is never a reason or excuse to sexually assault someone. This year's Denim Day CA event took place on Wednesday April 27, 2011 on the West Steps of the State Capitol.







Karuk Tribal employees & council members support Denim Day

## Low Income Assistance Programs (LIA)

1.800.505.2785 or 530.493.1600 Ext. 2025 - Robert Attebery LIAP Administrator **Apply Now for the Low Income Assistance Programs** 

#### **Community Services and Development (CSD):**

This program provides assistance for low income families with food, shelter, transportation, health and safety issues.

#### Low Income Heating Energy **Assistance Program (LIHEAP)**

This program provides energy assistance to eligible enrolled Karuk Tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.

#### **CARE Program:**

Provides a discount on your utility bill.

#### **Bureau of Indian Affairs** Programs (BIA):

Applicant must apply concurrently for financial assistance from other agencies in the service area.

#### **General Assistance:**

This program provides low income families with food and/ or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).

#### **Adult Services:**

Adult care assistance provides non-medical care for eligible adult Indians.

#### **GAWEP - General Assistance Work Experience Program**

Helps enrolled Federal Recognized Tribal members who reside in the Tribe's Service Area to become more employable while receiving an incentive payment.

For information or assistance, call Robert Attebery at 800-505-2785 or (530) 493-1600 ext. 2025



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#### **Or Current Resident**

#### Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence.

#### **Karuk Tribal Council**

Spring, 2011

Arch Super, 2007-2011 Chairman

Michael Thom, 2010-2014
Vice-Chairman

Florrine Super, 2007-2011 Secretary/Treasurer

Crispen McAllister, 2010-2014 Member at Large, Yreka

Florence Conrad, 2007-2011

Member at Large, Orleans

Alvis Johnson, 2008-2012

Member at Large, Happy Camp

Wilverna Reece, 2008-2012

Member at Large, Happy Camp

Charron "Sonny" Davis, 2009-2013

Member at Large, Yreka

**Dora Bernal,** 2010-2013

Member at Large, Orleans



#### **Mission Statement**

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.



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