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Karuk Tribe

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www.karuk.us

Karuk Tribe's Quarterly Newsmagazine

3,572 Tribal Members

OFFICIAL Election Results General Election, November 3, 2009

The following results are the official results of the November 3, 2009 General Election. There were a total of 239 ballots cast in the Election of which 13 were deemed invalid.

The Orleans District Candidate was deemed ineligible. A Special Election for the Orleans District Representative will be held entirely by mail-in vote.

See page 3 for more details.

Charron "Sonny" Davis

Yreka District

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Total Votes...... 134

Daniel Hunt

Yreka District

Yreka......15
Happy Camp......10
Orleans......15

Absentee42

Total Votes.....82



Chairman Arch Super's Corner

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). Yaxa, tapas yaas araara piit Obama (look, new Top Leader Obama). Koovura pa tapas yaas araaras, Obama karu mukyaavichvans, takunikyaavicyvuit puxxich (all the tribal leaders, Obama and his workers, they are working hard. Xari xas vuram taay nukyaavichvuti, ahooti karu. (and then a lot we work and travel).

Reunion in August. We had a very good turn out. The details of the reunion were displayed and reported in the last newsletter. We always encourage tribal members to come one, come all to our annual reunions. It's always good to see old friends, family and familiar faces.

September I attended the Census 2010, Tribal Leaders Training, Consultation session in Oroville, CA with Ms Amanda Rhoades,

Enrollment clerk. The session mainly informed us of the importance of being counted in the 2010 Census. There is a lot of funding through the federal government that is based on the count of Tribal Members. We ask everyone to participate in the 2010 Census. If anyone has questions and concerns, please feel free to get in touch with staff and/or the Enrollment Department. Erin Hillman, Contract and Compliance Officer and I attended a CAL EMA (Emergency Management Agency) consultation in Corning, CA. The consultation communicated services and resources to Tribes from State funding. KCDC and the KTHA staff and I have met with the Siskiyou Biomass Utilization Group (SBUG). SBUG is working with County agencies and governments to consolidate services and possibly ban together as a large consortium to apply for funding that will benefit our local and county fire safety and future of our forest. We will continue to collaborate with SBUG to determine if the Tribe can assist or be involved in any manner.

ctober The Gaming Committee has met in the past couple of months. We do have a couple of ideas on the table. We will be meeting with the Department of Interior (DOI) in Washington DC to see if we can get our lands determination. There had been controversy with the DOI and the National Indian Gaming Commission (NIGC), now the discussion will be with the Tribe and DOI. We are also seeking other options for our venture with Gaming. We hope to report further details in the next newsletter. April Attebury, Tribal Court Administrator and I continue to attend the Tribal Courts (NCTCC) meetings within the consortium districts of Redding, Yreka, Happy Camp, Hupa, Klamath, and Smith River. Our Courts

continue to seek funding for the Consortium in which we were successfully awarded two grants for Violence Against Women. Robert Goodwin, Self



Chairman Super & Dolores Voyles, Enrollment Specialist

Governance Coordinator, Scott Quinn, Lands/Roads Manager, Daniel Pratt and Alphonso Colegrove, TANF, Dion Wood, TERO Director and I attended the *Annual NCAI Conference in Palm Springs, CA*. There was a lot of tribal business, tribal leaders and staffers in attendance. We had legislative review and was able to meet with federal staff. It was important for us to continue to meet with legislators to move the Tribe's issue and agenda forward. We also had our annual *California Associations of Tribal Governments* (CATG) Meeting and met with Larry Echohawk, Assistant Secretary of Indian Affairs and his staffers. It was a great turn out with many California Tribes. It showed Tribal interest with my issues we have in California. Daniel Pratt and Alphonso Colegrove from TANF and I attended a

ACF/TANF 2009 Regional workshop in San Francisco, CA. The workshop was very good. There was a lot of administrative staff and tribal leaders in attendance. We were informed and educated about the intense and full service for TANF for tribal people. Tribal leaders did have a lot of questions about how TANF operates. They also had concerns about complete and improved services and funding for the TANF programs.

Florrine Super, tribal staff and youth supporters had an excellent turn out for this year's *Annual Youth Conference in Yreka*, *CA*. Some tribal Council, Elders and parents participated with our Youth on current youth issues and recommendation for education and information for the challenges our youth face in local society.

Tovember The super event of the year was the Tribal invitation to meet *President Barack* Obama in Washington DC. Obama had promised to meet with tribal leaders on an annual basis and this was his first meeting with us. He had addressed the tribal leaders on his commitment to work with tribal issues and concerns. This initial invitation is the beginning of continued efforts to manage relations with tribal and federal governments. I look forward to working with President Obama's administrative staff throughout the coming year and hope to have great reports back to our membership. Tribal Council and Self Governance Coordinator Robert Goodwin held Fishing Ordinance **Public Hearings** in the communities of Orleans, Happy Camp and Yreka. Tribal Council had approved a Fishing



Election Committee of the Karuk Tribe

Karuk Voters Registration Office P.O. Box 815 Happy Camp, CA 96039

Notice of Special Election

NOTICE IS HEREBY GIVEN: that the Karuk Tribe will conduct a Special Tribal Election. This Special Election will be conducted entirely by Absentee Ballot once candidates have been deemed eligible.

If you voted in the Regular Election on November 3, 2009, or if you are already registered you will automatically receive an Absentee Ballot by mail.

TO BE ELIGIBLE TO VOTE: you must be an enrolled member of the Karuk Tribe, who is eighteen years old, and has registered with the Karuk Voter's Registration Office (you may register to vote before the election).

SUBJECT MATTER OF ELECTION:

MEMBER AT LARGE (Orleans District) 4-YEAR TERM 2009-2013

<u>ABSENTEE BALLOTS:</u> If you are not currently registered to vote, contact the Voter's Registration Office and request necessary form(s). If you register to vote PRIOR to the mailing of the ballots, you will automatically receive a ballot. If you register to vote AFTER mailing of the ballots, you will need to request an Absentee Ballot.

All requests for absentee ballots must contain the requestor's signature and the requestor's identity must be verified by one of the following three methods:

- 1. by a notary public; or
- 2. by two eligible voters of the Karuk Tribe; or
- 3. by providing a copy of a State, Federal, or Tribal ID card with a signature.

It is highly recommended that absentee ballot requests be received by the Voter's Registration Office in a timely manner for those members who live outside the Aboriginal Territory due to the amount of time it takes for the mail to reach Happy Camp. No phone calls or faxes will be accepted according to the Tribal Election Ordinance, Section 16, B.

Send Absentee Ballot Request to:

Karuk Voters Registration Office P.O. Box 815 Happy Camp, CA 96039

<u>CANDIDATES:</u> Candidate packets will be available on January 4, 2010 at 8am. Candidate packets will be due back to the Karuk Election Committee by February 1, 2010 at 5pm.

Chairman's Corner - Continued from previous page...

Ordinance for the Karuk Tribe. The ordinance is in semi-draft form, which means that we plan and encourage membership participation and input. A Natural Resources Committee will be selected and appointment to govern and manage Tribal Fishing Rights and we strongly encourage any tribal member that is interested in being part of the committee to apply. You are welcome at any time to get in touch with the Tribe for further details. The Fishing Ordinance is very important for us in pursuing fishing rights for the Tribe.

The Chairman and Tribal Council will be quite busy throughout the coming months with government to government relations with the Federal, State, County

and Local governments. There have been many changes with the *Obama administration* and there will be constant and continued meetings. The *Klamath River Dam and Mining* issues are ongoing and we encourage members to contact our staff for update information. The office of Vice Chairmanship is up in 2010 and we encourage members to seek and select candidates. It is very important to be registered to *VOTE*. Your vote for Tribal Leadership is very important as well as voting for Local, County, State and National Leadership. It would be great to get as many votes from the Karuk Tribe to show that we have a voice. My office is an open door policy, please call, email, write or come and see me. We encourage and *welcome Tribal Membership* to be part of our monthly meetings and special events and services.



Notes From The Secretary

Florrine Super, Council Secretary



Please look in the next newsmagazine for a full report on news and events such as the 2009 Youth Leadership Conference from your Karuk Tribal Secretary.







Administrative Programs & Compliance News

Erin Hillman, Director

September 30, 2009, the end of the fiscal year has now come and gone and we are busy preparing for the next audit. In my office we are organizing and reporting on 79 open grants. The Tribe has seen an increase in the number of grants since last year due in part to several awards of American Recovery and Reinvestment Act funding, or ARRA for short. I am happy to say that with the hiring of two new departmental staff members, I was able to transfer back the oversight responsibilities for several important grant awards to the proper departments.

In October we welcomed Helene Rouvier to the Tribe as the new Peoples Center Director. Helene was previously employed with the Wiyot Tribe as the Cultural Director and Tribal Historic Preservation Officer. Her background includes a Bachelors Degree in Anthropology (with honors) from UC Berkeley. She went right to work at the museum, diving into the grant files and organizing the archive room and inventory of the center. She is currently working on many projects including implementing the recommendations of the museum assessment report, cleaning cases, and inventory; grant deliverables and organizing a meeting of the People's Center Advisory Committee.

In other news, after months of searching for a replacement for Jennifer Goodwin, we have hired Tribal Member Emilio Tripp. Emilio's first day of full time work was on November 23. He is a 2009 graduate of Humboldt State



University with a B.S. in Cellular/Molecular Biology and Minors in Chemistry, Native American Studies and Art Studio. Emilio is a Karuk Language Apprentice in the Master/Apprentice program and the son of David and Jan Tripp of Somes Bar California.

With the Education Department Director position vacant Florrine Super, Roxanne Strangfeld, Robert Attebery and I took advantage of the opportunity to travel as chaperones for 16 Karuk students to Humboldt State University. On November 3 we drove to Arcata for the American Indian College Motivation Day on the campus the following day. The students who participated came from Yreka, Happy Camp, Somes Bar and Orleans; the majority of these students were on the Youth Leadership Council, others are part of the Indian club at Happy Camp High School. The students and Chaperones had a good time. All of the students represented our Tribe well on this trip. I am very proud of our young Tribal Members and am glad that I went on this trip with them.

Late September and early October was the time for a lot of travel for me. In September, the Chairman and I attended a two day Tribal Summit on Tribal Emergency Management and Homeland Security. This was the first meeting of its kind in California. All 109 Federally Recognized Tribes were invited. Many, but not all Tribes attended, along with agencies such as FEMA, Homeland Security, CAL EMA (California Emergency Management Agency), IHS, BIA, EPA, HUD, Intertribal Council of California, BIA, BOR, California Volunteers, Cal Fire and several law enforcement agencies.

The goal of the summit was to provide information on training and resources that are currently available to Tribes, to provide a forum for Tribes to speak to shortfalls in state and federal government resources and collaborations and to complete an Emergency Management Capabilities Assessment. This tool identifies the Tribe's knowledge of emergency management, National Response Framework (NRF), National Incident Management System (NIMS), preparedness, response, resources and challenges. The assessment information will be used for the development of a Tribal Emergency Management Framework.

The Tribal participation at the summit was honest and constructive as we sought to make state and federal agencies aware of the many challenges that Tribes face. Although there is still a considerable amount of defensiveness coming from higher level State Representatives, at the staff level there is an encouraging willingness to work together.

Locally we are continuing to make progress in Siskiyou County. Also in September, Council Member Florence Conrad and I attended a one day FEMA workshop for Senior Officials sponsored by the Siskiyou County Office of Emergency Services. The workshop covered all hazards preparedness and the roles of leaders in pre incident planning, incident response and post incident responsibilities. Local law enforcement, public health and the county Board of Supervisors were involved in this workshop.

The last of September and early days of October I was dispatched to San Francisco and Washington DC. Robert A. Goodwin (Self Governance), Earl Crosby (Department of Natural Resources), Sami Difuntorum (Housing) and I met with staff members of Senator Diane Feinstein and Senator Barbara Boxer to educate them on issues affecting the Karuk Tribe in Fire Ecology, Renewable Energy and Health Care. Our travel then took us to Washington DC where we had several meetings over three days We met with staff members from each of the following: Senators' Feinstein and Boxer, Indian Health Service, Congressmen Wally Herger and Mike Thompson, Speaker Nancy Pelosi, the House Select Committee on Energy Independence and Global Warming, the USDA Forest Service and National Indian Gaming Committee. It is crucial that we continue to educate our legislative representatives about issues that affect our Tribe, decisions that impact our future are happening every day, and we cannot afford for these decisions to be made uninformed.

Last, but not least, I want to express my appreciation to Pihneftuuf Elston for providing assistance to the Education Department while we conducted our search to



Pihneftuuf Elston

replace Jennifer Goodwin. Pihneftuuf is a Tribal Member who is a junior at Happy Camp High School. He came in every day after school to try to keep up on the paperwork and phone calls during one of the busiest times of the year for the Department- scholarship award time! In addition to dealing with his high school schedule, he is on the Indian Club and in

his spare time he is taking Emergency Medical Technician (EMT) training, going out with the Happy Camp Volunteer Ambulance on their calls. Pihneftuuf is planning on becoming a California Highway Patrolman one day and I am certain that with his level of dedication he will be successful. Yootva Pihneftuuf!



ANA Awards \$924,178 Grant to KCDC for Training in Wildland Fire Prevention and Suppression

The Administration for Native Americans (ANA) recently awarded a two-year Social and Economic Development Strategies (SEDS) grant totaling \$924,178 to the Karuk Community Development

Corporation (KCDC) to build the Karuk Tribe's capacity to prevent and fight wildland fires. The envisioned Karuk Wildland Fire Prevention & Suppression Workforce Development Project not only will prepare Tribal members for culturally appropriate, economically viable, and environmentally sustainable employment and contracting opportunities within the Karuk Ancestral



Territory, but also will protect the health and safety of the 3,000-plus people who live along the Klamath, Scott, and Salmon Rivers. Over the past several years, many area residents have been forced to evacuate their homes due to the dangers of fire and smoke inhalation—and every year lives are lost in the sometimes futile efforts to contain fires burning out of control for lack of attention to forest fuels buildup.

The new workforce development project will attract workers of all ages whose aptitudes and interests are aligned with the Tribe's traditional land stewardship practices—Tribal and other community members who enjoy outdoor, physical labor that requires knowledge of the natural environment, as well as the natural and unnatural forces that threaten it. According to 2008 Wildland Fire Statistics, although California's 5,812 fires were just 7.26% of the total fires last year, the state's 1,339,839 acres burned were 25.5% of the total acres burned in the nation—the largest in California's history (National Interagency Fire Center, December 31, 2008). The smaller number of fires and larger acreage burned attest to the severity of these fires,

which often burn out of control because the steep mountain terrain—combined with extreme smoke conditions—pose too great a threat for both on-theground and aerial firefighters.



Statewide, the USDA Forest Service spent more

than \$900 million to fight California wildfires in 2008, and state agencies contributed another \$1 billion. In addition to the loss of several firefighters' lives, the cost of fire suppression in National Forests within the

Karuk Ancestral Territory in 2008 exceeded \$170

million and severely damaged ecosystem health. Although the human health costs of recent fires have not been determined, data from local health clinics indicate they are rising rapidly; in fact, data from Tribal



health clinics indicate that 2008 visits for fire-related respiratory problems were 2.67 times 2007 visits, fire-related headaches also more than doubled, and other symptoms caused by poor air quality and low blood oxygen levels (e.g., malaise and fatigue) increased by 18.5%.

At this time, the need for a well-trained workforce to prevent wildland fires by reducing forest fuel loads (e.g., through brushing, thinning, and prescribed burns), as well as to fight wildland fires, far outstrips the available labor force. Working in partnership with the KCDC, the Tribe's Department of Natural Resources has developed a forest fuels reduction crew of about 20 members, who also fight fires seasonally under contract with multiple federal agencies. In addition to requiring rigorous training and certification for new crew members, fire prevention and suppression require ongoing training and certification of existing crews. With the recently awarded ANA-SEDS grant, the Karuk Tribe will be uniquely positioned to respond to federal and state contracting opportunities, restoring and preserving ancient land stewardship traditions while exercising its inherent right of self-governance.

Over the next two years, KCDC-operated Community Computer/Distance Learning Centers will assist some 100 Tribal members in becoming certified as Firefighter I or II. In addition to offering College of the Siskiyous (COS) courses on-site and via live-feed videoconference to Karuk and other trainees at the Centers in Happy Camp, Orleans, and Yreka, the Karuk Wildland Fire Prevention & Suppression Workforce Development Project will partner with the U.S. Forest

Grants Department News

The Grants Office has been busy wrapping up summer projects and planning for the months ahead. In addition to our current activities, in November our office moved back to the Administration Building; we are now located next door to Sara Spence in Human Resources.

In the past few months, the Tribe has been awarded a grant from:

 Northern Sierra Rural Health Network (NSRHN) through a formula allocation to Provider Members, which include the Karuk Health and Human Services program. We received \$1,875 in compensation to offset a portion of health care services provided in 2008 to indigent consumers.

Grants submitted since the last newsletter:

- Hester Dillon, with Lessie Aubrey, completed the Fiscal Year 2010 Year Three Non-Competing HRSA Community Health Centers renewal application in the amount of \$669,818. HRSA funding provides support to each of our communities through behavioral health, eligibility, and patient assistance staffing; medical & dental supplies; after hours care; lab expenses; and prescription costs.
- Hester & Jaclyn Goodwin assisted Vickie Simmons in submitting the Tribe's FY 2010 application to the Special Diabetes Program for Indians (SDPI) in the amount of \$157,554. If funded, this program will provide diabetic patients with prevention education and treatment assistance. In the coming year, additional pre-diabetic prevention activities are also planned that will expand to include the Karuk

language, elders, and Head Start children & families.

At the end of October, Jaclyn attended an Administration for Native Americans (ANA) Project Development Training in Sacramento. There are three program areas ANA provides funding for: Language Preservation, Social and Economic Development Strategies (SEDS), and Environmental Regulatory Enhancement. We are currently receiving funding for a Language Preservation grant and a SEDS grant; we are considering developing a proposal for Environmental Regulatory Enhancement. The training emphasized starting early on developing a project plan, and also really pin-pointing the problem to be addressed. This helps to create clarity throughout the proposal and also ensures that you have something to measure so you know whether or not your project is succeeding in its goal. Another highlight of the training was developing relationships and partnerships within the community and also with other agencies and people outside of the community. This is a key component to continued success because it encourages support, which is very important, especially when these funds are only for a short project period, usually 1-3 years. Jaclyn found the training very helpful and looks forward to using this information for future funding opportunities.

We continue to work on the following projects and grants: youth program funding, strategic planning, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext. 2021.

Continued from previous page...

Service to provide local training for forest- and fire-related contractors who are required to be certified annually to work in the National Forests. The Karuk Tribe will recruit, train, hire, promote and retain its own members as employees on existing forest fuels reduction and firefighting crews and also will assist Tribal members in securing employment with other public (federal and state) agencies.

Working in partnership with federal and state agencies—and public school/community college districts—the Karuk Tribe also will assist community members in pursuing forest- and fire-related self-employment as contractors and private entrepreneurs. Technical assistance and small business financing will be provided to eligible businesses

by the Karuk Community Loan Fund, a Native CDFI, which also supports private enterprise development in the mid-Klamath River region. By leveraging and expanding the services provided through the KCDC, its three Distance Learning Centers, the Tribal Employment Rights Office, TANF and Low-Income Assistance Programs, local public schools and community colleges, Karuk Community Loan Fund (a Native CDFI), and a host of other community partners, the Karuk Tribe will retrain/train its members to protect and preserve the beautifully forested mountains and river valleys within the Karuk Aboriginal Territory.



If you are interested in training preparatory to forest- or fire-related employment or contracting opportunities, contact Emma Lee Johnson at the Happy Camp Community Computer Center, 530-493 5213, or emmaleejohnson@karuk.us.



Klamath Dam Removal Agreement Finalized

S. Craig Tucker, Ph.D., Klamath Coordinator

On September 30, 2009, the Karuk Tribe and over two dozen other parties released the Klamath Hydroelectric Settlement Agreement which calls for the removal of the lower four fish killing Klamath River dams. All parties represented in the negotiations must now make a formal decision to sign the proposal by mid January.

After years of protests, lawsuits, and battles in various regulatory arenas, the Tribe, PacifiCorp, and over two dozen other parties began negotiating the KHSA in earnest in the fall of 2008. The KHSA provides a roadmap by which settlement parties will work together to navigate the regulatory processes posed by environmental laws such as the Endangered Species Act and National Environmental Policy Act, the same laws that dam builders must contend with. The KHSA targets 2020 as the date for dam removal which allows enough time to complete these necessary environmental reviews and collect \$200 million to help fund the removal from ratepayers – a bargain compared to the alternative costs of relicensing the project which would have likely exceeded \$500 million.

In addition, approval for dam removal requires a science based review by Secretary of Interior Ken Salazaar to determine if dam removal is indeed safe and that it can be done for less than \$450 million – about twice the amount of previous rough estimates for removal. As noted above, \$200 million would be paid by PacifiCorp ratepayers and additional costs, not to exceed \$450 million, from a California Water Bond. Klamath dam removal funds are part of the Water Bond just approved for the November 2010 ballot by the state legislature. If the bond measure fails and dam removal costs are estimated to be greater than \$200 million, other funding mechanisms from California are possible.

The KHSA is one of two agreements that together form a blueprint for restoring the Klamath from its headwaters to the sea. The companion Klamath Basin Restoration Agreement, or KBRA, was released in January 2008 and provides for increased river flows by limiting agricultural water use in the Upper Klamath Basin and funds nearly \$800 million in fisheries restoration throughout the basin. In exchange, irrigators get increased water reliability and power rate assistance.

Together, these agreements describe the largest dam removal and watershed restoration effort ever attempted.

It is likely that the two agreements will be signed together in January and then proponents must pass federal legislation to authorize implementation. The

Karuk Tribal Council will be making a formal decision as to whether or not sign the agreements in December. Similarly, the Yurok, Hoopa, and Klamath Tribes are considering the agreements as are commercial and sport fishing groups, affected county governments, and a host of environmental groups. PacifiCorp, the United States Department of Interior, and the Governors of California and Oregon have signaled their willingness to sign already.

Although there are many remaining hurdles that must be cleared before the deconstruction begins, these agreements represent one of the most meaningful and tangible steps towards the restoration of Karuk aboriginal territory ever. The Karuk Tribe's Department of Natural Resources is committed to seeing this effort through to the very end and will continue to provide leadership in what has become a regional effort involving a diverse coalition of partners including neighboring Tribes, farmers, and fishermen.



JC Boyle Dam

Because the parties likely to sign on to the Agreements represent almost all of the Basin's key stakeholders, including the dam owner, most groups involved believe that dam removal is nearly assured despite the remaining hurdles. Still, Tribal members as well as others who care about the future of salmon will need to continue to contact their congressmen and urge support for the pending Agreements. We may not be finished with the protests and lawsuits either. After all, the walls of oppression never fall by their own volition and we won't stop until the Klamath flows freely.

For more information on the KBRA and KHSA or to find out how you can get involved in the effort, contact Klamath Coordinator Craig Tucker at ctucker@karuk. us. We will soon sponsor a website devoted solely to the agreements, a link to the new site will be found at www. karuk.us so keep an eye out for it!



Thank you

I would like to take a moment to acknowledge those close to my heart and express my deepest gratitude for the care and compassion shown to my family during a very hard time.

My sister, Marge Huston and nephew Roger Ainsworth passed away this past year. When word was received, our family was devastated and began planning accordingly. However, there were many people by our side that assisted us, that I would like to acknowledge.

I would like to thank David and Cecilia Arwood for all that you did, you gave so graciously from your hearts and I will always be thankful. I would like

to thank Roy Arwood and JJ Reed for bringing Roger home to Ti Bar.

I would like to acknowledge a special family in Seiad Valley CA who my sister loved very much. Alonzo and Marsha Jackson will always hold a very special place in my heart.

To my immediate family; my wife -Kathleen Davis, my sons -Michael Davis and Davey Davis and to our extended Davis family, THANK YOU for all you did and continually do to support each other.

With all my heart, Charron "Sonny" Davis

Karuk Carving Speaks Volumes



Tribal member Larry Swearingen has created this carving in his spare time over several years. The carving is from cedar that is over 640 years old which was previously in a fire. Larry created this piece to bring history to form and story to make good medicine for a rare and well-aged piece of cedar. It stands 3' high, 3'7' wide and is 6" thick.

The carving is being offered first through the newsmagazine to tribal families for \$5,000 before being shown and sold through a gallery,

If you are interested in purchasing this carving, please contact Larry & Wanda at wandaswearingen@live.com.

Karuk Tribe Housing News

Ann Escobar, Tenant Relations Officer

The Karuk Tribe Housing Authority "KTHA" is pleased to announce that our Executive Director Sami Jo Difuntorum was invited to attend the Tribal Nations Conference held in Washington, DC on November 5, 2009. Sami was asked to speak on behalf of the Native American Indian Housing Council (NAIHC) which represents Native American housing and community development issues. (Attached is the news release that was sent out in Washington, DC.) Tribal Leader Verna Reece also attending the conference held in Washington, DC. Once again the KTHA Housing Committee and staff would like to thank Sami for her continued hard work and dedication to the KTHA. Sami is well known throughout Indian Country for her knowledge and expertise of the Native American Housing and Self Determination Act "NAHASDA". Sami not only represents the Karuk Tribe on a national level but she speaks for all Native Americans. She has dedicated a lot of her own time and knowledge to help Indian Country in the Housing area. YOOTVA SAMI JO DIFUNTORUM!!

Other good news from KTHA; KTHA has applied for competitive economic stimulus (ARRA) funds and was awarded \$2,936,850.00. With this money KTHA was able to use the funds for energy efficiency upgrades to KTHA units; installing metal roofs on 17 Happy Camp units, installation of 17 energy star heater pumps in 17 Happy Camp units, installation of 20 energy star heat pumps in Orleans units and 31 tank less water heaters in 31 Happy Camp units, 20 Orleans units and 30 Yreka units. KTHA has applied for a second grant proposal in the amount of \$2,607,560.00 which funds will be used for new construction if funded.

Our construction department has been very busy this year, we would like to take this time to give a big thank you to Sami Difuntorum, Richard Black, Steve Mitchell and Tina Sherburn for all their hard work and dedication for their time on the construction activities that have taken place, without the teamwork of these individuals our new construction projects would not have happened.

Some of the projects that they have put countless hours on are; HVAC placements in 63 rental apartments in Yreka, exterior painting of 20 units in Orleans, window replacements in all three communities, Happy Camp elders ramps, 3 new home construction in Yreka, 3 new home construction in Orleans, and the KTHA warehouse & Karuk Tribe Data Center rehabilitation in Happy Camp, these are

just to name a few of the projects that our Construction

department has been working on. VERY BUSY, KEEP UP THE GOOD WORK!



K T H A currently manages

187 units of affordable housing on Tribal land, with plans to build more houses in all three of the housing communities in Yreka, Orleans and Happy Camp. KTHA would like to encourage tribal members who are in need of affordable housing to submit a Housing application. There is no application deadline; you can apply at any time. KTHA has several housing based programs available.

KTHA has completed building 3 new Lease Purchase homes in Yreka and are building 3 Lease Purchase homes in Orleans. The Yreka units are one and two bedrooms with alternative energy components; Orleans units will be one two-bedroom and two three-bedroom and will also have alternative energy components. Interested low income Tribal members who are first time homebuyers are encouraged to apply.

Ashlee King handles all applications for housing assistance needs (i.e., Student Rent voucher program, Elder Voucher program, Low Income Rentals, Lease with Purchase Option, Low Interest Home Loans, Home Replacement Grants, Rehabilitation program, etc.). If you would like more information on any of our Housing Programs please feel free to contact Ashlee at (530) 493-5434 ext: 108.

Yootva and Suvanik!

KARUK TRIBE HOUSING AUTHORITY WAITING LIST

If you have applied for housing, please ensure that your application is updated with any changes that may occur. It is very important that you keep your contact information up to date at all times. You may check the status of your application by contacting;

Ashlee King

(530) 493-5434 ext: 108 P.O. Box 1159, Happy Camp, CA 96039



NAIHC Board Member Sami Jo Difuntorum Attends White House Tribal Nations Conference in Washington, DC

FOR IMMEDIATE RELEASE

Contact: April Hale at 202-454-0946 or ahale@naihc.net NAIHC Attends White House Tribal Nations Conference in Washington, DC Housing and community development recommendations presented.

WASHINGTON—November 5, 2009—The National American Indian Housing Council (NAIHC) Board Member Sami Jo Difuntorum attended the White House Tribal Nations Conference today in Washington, DC, to represent Native American housing and



Sami Jo and Mellor Willie
- Executive Director of the
National American Indian
Housing Council



Sami Jo and Verna Reece at the Open House Reception at the grand opening of the National Congress of American Indians Tribal Nations Embassy

community development issues. President Barack Obama fulfilled his promise to Indian Country by inviting a representative from every federally recognized tribe to attend the conference, and share their recommendations on issues important to Indian Country.

Offering nearly 45 minutes of his time this morning, President Obama expressed his dedication and commitment to upholding the U.S. treaty obligations with tribal nations. He said today's summit is not just lip service but rather the beginning of meaningful partnerships with tribes. To a chorus of applause that echoed through the Department of Interior auditorium President Obama said, "You will not be forgotten as long as I am in the White House."

"This is a historic time for all tribal nations. I am honored to present the housing needs to President Obama on behalf of Indian Country," said Difuntorum, also the executive director of the Karuk Housing Authority in California. "As many tribal members know, housing conditions in our communities are substandard. There needs to be a thorough assessment of the conditions and strategic solutions put forth on a national level, starting with the support of the Obama Administration."

recommends to the Administration that it create and oversee an interagency Native American Housing Task Force made up of Federal agencies and tribal entities to enhance the Federal programs and services in housing development of Native American communities.

"There is multitude of infrastructure needs when building homes on Indian lands – plumbing, electricity, roads – which require cooperation and communication with a number of different Federal agencies and departments," Difuntorum said. "We need to enhance the process to expedite housing development and quickly move Native American people into safe, affordable and healthy homes."

NAIHC also recommends that the Administration support all efforts to ensure that the Native American Housing Assistance and Self-Determination Act reaches its full potential for all Indian tribes. NAIHC urges that Indian housing and community development be included in any discussions on economic development in Indian Country.



Page II



People's Center News

Helene Rouvier, People's Center Coordinator

Yav peethivishasupah Happy Holidays Avukîi Hello

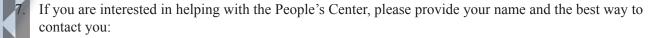
I began work as your new People's Center Coordinator October 1st, and have been busy organizing records, cleaning the collections storage area, and managing the grants that fund Center activities. Now that I have my head somewhat above water, my

first priority is to meet community members and to make the People's Center into something that works for you. So please feel free to contact me or stop by to chat. Or you can clip the following short questionnaire and send to me at: Helene Rouvier, P.O. Box 1016, Happy Camp, CA 96039. You may also email me at hrouvier@karuk.us



People's Center Community Feedback/Suggestions:

- 1. What programs and activities would you like to see at the People's Center?
- 2. Do you have ideas for exhibitions at the People's Center?
- 3. What needs to be improved at the People's Center?
- 4. What do you like at the People's Center?
- 5. How can the People's Center best serve all Karuk tribal communities?
- 6. Do you have ideas for improving the gift shop?

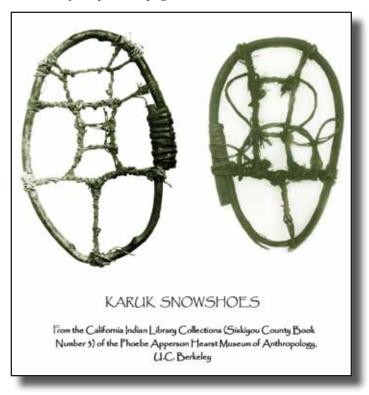




Several existing grants have tasks to complete. Documentation/consultation grant for NAGPRA is funding visits to museums for repatriation, testing of selected objects for contamination, and development of policies and procedures for returned items. Travel to southern California, San Francisco Bay Area, and possibly back east is expected to view collections before filing claims. These collections also include sacred items and those of cultural patrimony for Center collection and tribal use. (The wolfskin at the Phoebe Hearst Museum is one example.)



Continued from previous page...



The Museum Programming grant from IMLS funds classes and the semi annual basketweavers gatherings. With funding from this and other grants, I also plan to offer additional men's and women's culture classes. I am also looking into a separate IMLS museum services grant to cover the costs of cataloguing the collection, exhibit design and fabrication, and some new display cases. This grant could also provide training and equipment for such museum practices such as integrated pest management and climate control.

Karuk basketry is also supported by a Folk and Traditional Arts grant from the National Endowment for the Arts. This budget also directly funds the basket classes and gatherings.

Historic Preservation Grant allowed the Tribe to start the process of nominating Tishannik to the National Register of Historic Places. While most of the data and report have been completed, I reviewing and revisiting to make the case as strong as possible. We may want to nominate

for both its historical value, but also as a "traditional cultural property."

Of course, I am looking at several other grants to fund operations and salaries here at the People's Center. Of particular interest (and my tenure with the Wiyot Tribe) is the development of a Tribal Historic Preservation Office. This provides ongoing non competitive funding, but most important a strong tribal voice in any development that may affect cultural resources. Other grants support Karuk artists and community education.

Together with growing the "museum" in the People's Center, I would like to build a thorough reference library for Karuk research. This will include contemporary as well as historical books, tapes, etc. Materials could also be available for loan to Orleans and Yreka. Although space and funding will need to be addressed, these challenges can be resolved. Again, any and all suggestions are welcome. Notable recent publication (soon to be available at the gift shop) is "Medicine Trails: A Life in Many Worlds" by Mavis McCovey and John F. Salter.

Finally, the gift shop will soon host an on line store. We also seek to support and showcase (and sell) Karuk art. I encourage any artists to stop by and talk with Center staff.

Karuk People's Center and Museum





Language and History on the River

an interview!

The Karuk

Voices oral

history project

Ruth Rouvier, Language Coordinator

Karuk Voices

Elders, don't be surprised if a teenager comes up to you with video camera in hand and asks for



Travis Ward counts down before an interview

is in full swing, and more than twenty Tribal youth from Orleans, Happy Camp and Yreka

attended the first training in Happy Camp on November 1st. They learned about planning and conducting interviews, and practiced recording with a variety of



Reuben Whiting is interviewed by his teammates video cameras and microphones.

Over the next few months these young men and women will meet with elders and record their stories and memories, and then present their work at a Film Festival in the spring. In addition to critical financial support from Karuk Tribal TERO, and a generous equipment donation from College of the Siskiyous,



Eli Hensher-Aubrey practices filming in bright light

the project is being supported by parents as well as staff and volunteers from the Orleans and Happy Camp Computer Centers, the Naa Vura Yeeshiip program, Behavioral Health and Tribal Court

The Karuk Voices youth filmmakers are also getting some help with this project from the Karuk Language Documentation participants, especially apprentices Crystal Richardson and Florrine Super. Crystal is sharing her knowledge of working with elders and creating documentary films that reflect a Native perspective, and Florrine is working with the Yreka youth to help them plan their interviews and then supporting them as they edit their footage into finished films.

Language Documentation

Now in its second year, the Master-Apprentice Language Documentation project has fourteen

participants in seven teams, with the newest team living outside of Portland! The participants have progressed tremendously since the project started. Apprentices have mastered a variety of recording devices



Trainer Laura Grant looks on as participants review their footage

Banana" - to much

longer pieces on

gathering kishvuuf

or willow sticks.

and other traditional

activities. They have

also made audio

recordings that Susan

and videography skills, and are now valiantly diving in to the confusing world of video editing. Masters and apprentices together have planned and produced a number of language videos, ranging from short demonstrations - "How to Peel a



Master speakers Lucille Albers and Vina Smith chat in Karuk with

Gehr will soon begin adding to the Karuk Chairman Arch Super Online Dictionary, which can be found at dictionary.

karuk.org. Participants are becoming more comfortable speaking Karuk with each other, and I can count on hearing Karuk conversation at our gatherings, whether they be trainings, Speakers' Circles, meetings or language classes.



Trainer Kate Hedges helps Florrine Super with her video project

Working Together

The Language Program is working with other tribal and community programs to bring language opportunities to a wider audience. Currently, we are working with the

Quarterly Staffing Update

Sara Spence, Human Resources Manager

This update covers August through November.

Keri Kerr resigned from her position as Yreka Dental

Receptionist on 9/18; that position was assumed by Gina Allen on 9/10.

Alana Brown will be transferring into to the position of Medical Assistant at the Yreka Clinic; Rel Bailey was hired on 10/30 to fill the Yreka Medical Receptionist vacancy created by this transfer.

Helene Rouvier was hired on 10/1 as the People's Center Coordinator...this position has been vacant for quite sometime and we look forward to her contributions to the Center.

Robert Super was hired back on 10/3 as a part time Social Services Transporter. This is a new position added to the budget.

Roxanne Strangfeld was hired on 10/5 as the Youth Coordinator/Case Manager for the Tribal Court Program. This is a new position in that department which is grant funded.

Drew Difuntorum was hired on 10/8 to work

as a Roads Maintenance Worker with the Land and Transportation Department; we continue to recruit for the Lead Roads Maintenance Worker position.

Richard Schoen, DDS was hired on 10/15 as Dentist in the Yreka Clinic. He is a new addition to the Dental team in that Clinic.

Yukon Sakota was hired on 10/20 as the Part Time Sales Clerk in the People's Center Gift Shop, she will work with the existing clerk, Chris Denton, in that shop.

Emilio Tripp was hired on 10/23 as the Education Program Coordinator; he worked part-time along with Pihneftuuf Elston until he assumes his role full time at the end of November

Fabian Alvarado was hired on 10/27 as the Orleans Family Nurse Practitioner. He will be slowly assuming the role which will be vacated by Dr. Michael Willett in that clinic. Keep your eye out for a full write up on Fabian

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

Continued from previous page...

Naa Vura Yeeshiip, Head Start and Education Programs and the Circles of Care to support language and cultural opportunities for Tribal youth. Future plans include integrating the Karuk language into diabetes prevention and awareness, working with natural resource experts to improve and expand the Online Dictionary, developing a language assessment for Karuk language teachers, and coordinating with the People's Center for conservation of

language recordings and presentation of these materials

in People's Center exhibits.

Language Classes in Happy Camp:

Karuk People's Center Wednesdays at 4:00 to 5:30 pm

Language Classes in Yreka:

Yreka Tribal Housing Office Tuesdays at 6:00 to - 8:00 pm





Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator



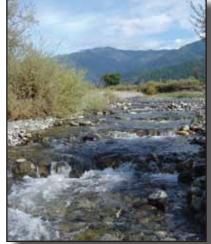
Fish Biology & Water Quality Experiments. Orleans Elementary School 6th-8th graders took a field trip to the mouth of Camp Creek on September 17, 2009. Jillienne Bishop, Mid Klamath Watershed Council (MKWC) Education

at the Fall Salmon Survey Training at Oak Bottom River Access on the Salmon River. Students learned data collection

protocols and fish identification, as well as tried on gear for future surveys. Orleans 6th

and 8th grade students did salmon surveys on lower Camp Creek from the hatchery to the

stewardship into practice!





Coordinator, organized the habitat restoration activity. I provided waders and boots for the students to work in the creek. MKWC personnel Charles Wickman and Will



Harling, along with AmeriCorps volunteer Emily Davis, worked with students to enhance the creek mouth habitat for



salmoninds returning to spawn. Students built wing dams with rocks



from the creek to raise the water

level and planted willow cuttings to provide shade in the future.

On October 7, 2009 Jillienne Bishop and I chaperoned Orleans Elementary 6th and 8th graders





mouth of the creek. Jillienne Bishop and I led students

on the surveys. We surveyed on October 21, 28, and November 4. It was exciting to see fish making redds

near the mouth of Camp Creek where students had built

wing dams to enhance the habitat. Good work, Orleans

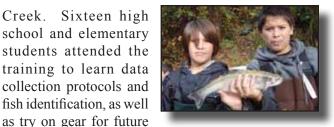
6th-8th graders—thanks for putting environmental

Happy Camp students attended a Fall Salmon Survey Training on October 16 at the Forest Service office and the mouth of Indian





Creek. Sixteen high school and elementary students attended the training to learn data collection protocols and fish identification, as well



surveys. Happy Camp High School students surveyed on October 23 and Happy Camp Elementary students

surveyed on November 6. Students surveyed a quarter mile stretch of Indian Creek. Alan



Crockett, Forest Service, Crystal Castle and Danielle Murphy, AmeriCorps volunteers, assisted us by leading the surveys.

> Native Plants/ Ethnobotany Studies/Noxious Weeds. I have been working with Ramona Taylor, Department of Natural Resources, and Nancy Bailey, MKWC, to improve the Native Plant Demonstration Garden (also known as the Daryl "Day Pay" Memorial Park) in Orleans. Purposes of the Garden are to

1) increase awareness about traditional, ecological management practices (including use of fire), 2) increase awareness about traditional and current native plant uses, 3) promote collaboration, community involvement and research, and 4) provide a friendly and restful environment for visitors.

One of the improvements in the Garden is more native plants. On November 3 Nancy Bailey and I coordinated a work party in the Garden. Volunteers from MKWC and the community planted about 20 species of native plants, including some new to the Garden, such as bear grass. We also started an experiment: propagating cuttings from prince's pine, a native plant with medicinal value. We hope to see some well-rooted prince's pine in the spring time!

Other Projects. My son, Casey, has been collecting insect "pets" and wanted to share them with his friends at pre-school. Since we had learned so much about the crickets and katydids we caught and kept in a "cricket house" (plastic box with vented lid), I had plenty of



information to teach a lesson on crickets and katydids at Orleans Headstart on October 20. Although they can be pests inside your house if they find things to chew on, they help the environment by eating decaying plant material. Another interesting fact is that they chirp by rubbing their wings together and their chirping is often dependent on the temperature.

For more information about the Environmental Education Program, e-mail Jeanette Quinn at jouinn@ karuk.us, or call 530-627-3446.

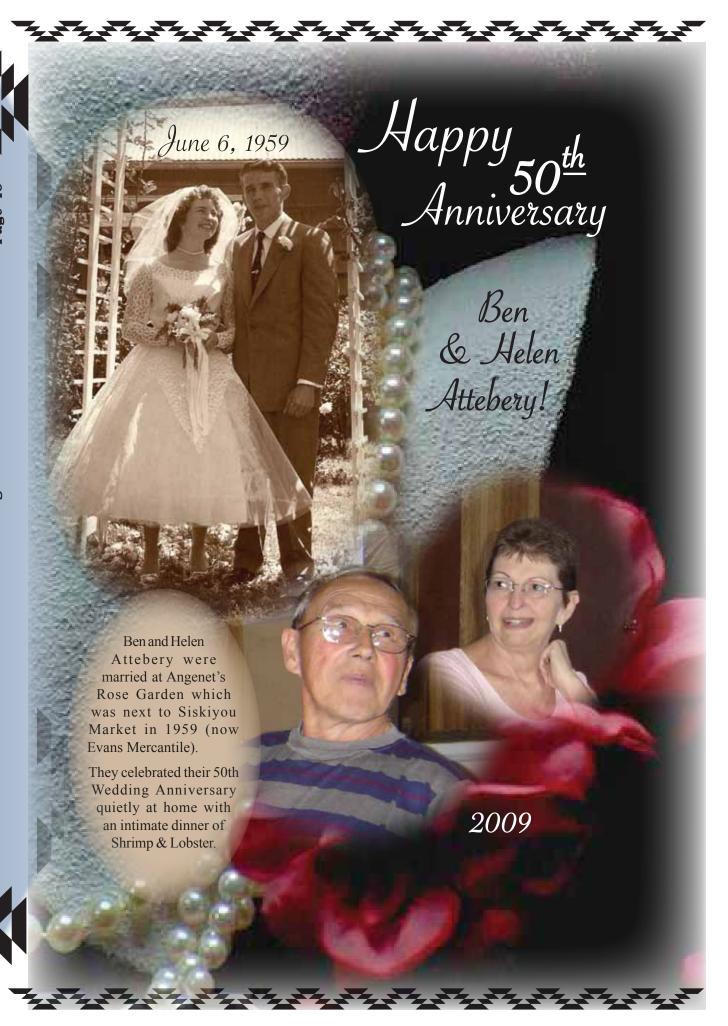
Newsmagazine Article Submissions

If you have news, articles or events you would like placed in this newsmagazine, please submit your information to Sara Spence, News Articles, PO Box 1016, Happy Camp, CA 96039. Or you may email articles and/or photos to sspence@karuk.us or to Rosie Bley at rbley@karuk.us.

All submissions must include your name and address. No anonymous articles will be accepted, however you may request that your name not be published or appear in the newsmagazine.

Article deadlines are: February 15, 2010 for the winter issue, May 15, 2010 for the spring issue and August 15, 2010 for the summer issue.





Senior Center Program News and Events

Babbie Peterson, Senior Center Director

Quilters Fundraising Event With Cycle Oregon

We were very fortunate to have community volunteers help us at the Cycle Oregon Event – they were Kristen King, Anna Myers, Dillon Myers, Kenny



Peugh, Dwayne Peterson, Tom Volunteer Kristen King

and Lynda Bouse that were community Volunteers

- Tom and Lynda are from the Orleans Volunteer Fire Department and we had quilters from 'By the River Stitchers' – Marion Lollich,



Volunteer Anna Myers

Martha McLaughlin, Lorna Mathews, Jeanerette Jacups-Johnny, Erma Marshal, Nancy Simmons, René Stauffer, Bettesue Peugh,



Volunteers René Stauffer & Nancy Simmons

JoAnne Rosenbach, and Babbie Peterson.

We are thankful for all the help at other fund raising events by the rest of our quilters. This has been a great experience working with the 'Green Team' at the Cycle Oregon event and learning about compostable cups, plates and eating utensils... an easy way to be earth friendly.

The quilting group that meets at the senior center

here in Orleans is working to get a long arm quilting machine that will be housed at Panamnik Center for the



group to use. This is a volunteer activity that our Orleans Cook, JoAnne Rosenbach, has been doing for a number of years - opening up the center on one Saturday a month for people to come in to sew. We

also have

volunteers in Willow Creek that open up the Willow Creek Family Resource Center once a month to sew. We have people from Happy Camp, Orleans, Weitchpec, Hoopa, and Willow



Creek that come. They are mostly seniors - it is a fun group and I go when I can. The Orleans Volunteer Fire Department has let the group be umbrellaed under their non-profit so that we can write a grant to try to get funding to purchase the long arm quilting machine - which cost about \$10,000. To date, we have banked \$2,399.75 with our fiscal agent (the Orleans Fire Department) with money we have earned from the Cycle Oregon event and our own donations and fund raising.

Twice a year our group has a quilting retreat that starts on a Friday evening and goes until Sunday afternoon - with fabric vendors on site. Our next one is in February at Orleans. For more information on any of these activities, call Babbie at 530-627-3056.

New Years Eve Sepior Ball!

The Senior Center Program is planning a New Years Eve Senior Ball. This gala event is being put on in coordination with the Happy Camp Family Resource Center with funding from the Mental Health Services Act, the Modoc-Siskiyou Community Action Agency, the Area Agency on Aging PSA-2, and The Older American's Act Title VI. This event will be held at the Karuk Community Room in Happy Camp (the gym) – more information will be available closer to the date. We hope seniors will come for dinner and dancing to 'Senior Era" music this New Years Eve in Happy Camp.

This is a drug and alcohol free event.



Karuk Head Start News

The air is crisp and the colors of fall are beginning to show signs of the coming winter. Time sure flies when you are filling it with daily responsibilities of our own families, home, and work.

The Karuk Head Start is off to a busy and productive year largely because of the hard work, efforts, and commitment of our staff. The teachers have been focusing on fine and gross motor skills, friendship, spatial awareness, as well as creative fall themed activities. Health, Safety, and Nutrition are a daily part of each center discussions. Happy Camp children enjoyed a "magical" experience with pumpkin seeds, a "magical bird" and a "magic chant" for pumpkins to appear-and they did! The Yreka children visited the pumpkin patch, Greenhorn Park, Meadowlark, and Adult Day Care.



Both centers have completed the required screenings (hearing, vision, dental) and assessments for each child. Home visits have been completed as well. Parent conferences are being held in Yreka currently and Happy Camp the first of December.

Culture and language is part of the daily activities for both centers. The children are learning new words and songs every day. Sonny Davis came to the Happy Camp center to practice language with the children and David Arwood visited and shared his drumming. They also ate Acorn soup, made by Jimmie Goodwin. Vina and Florrine visited the children and shared language and Franklin Thom is visiting once a week to provide language, sing, and drum. The children are enjoying it and are recognizing some of the Karuk language being used. Tamara shared regalia and basket weaving with the children in Yreka. I am impressed with the dedication of both center staff to incorporate culture in fun and meaningful ways. We welcome anyone who wishes to share Karuk culture with our children. Just call the center

to make arrangements with the teachers, Tia, Marlene, and Nichole.



Parent involvement continues to be successful this year. The teachers plan fun and inviting activities for the families to enjoy

their time with their child as well as listening to the needs of the family. Happy Camp had a family day at River Park, and a budget workshop provided by Eddie Davenport. Yreka is having a 4 part series on positive discipline. We will be providing additional information on the upcoming workshops and activities as soon as they are scheduled.

Bea Fisher, our local specialist, provided Program Governance, time management, and team work training in October for our staff. This was valuable information and an opportunity to understand our roles and responsibilities to the program. Sarah Abono-Vice Chair was also in attendance.

Both centers recently voted in new Policy Council members for the 2009/2010 school year. Two representatives from each class and one alternate will be providing input to many aspects of the program operations. Welcome letters will be sent out this week. We wish to thank Marsha Jackson-Chair, Sarah Abono-Vice Chair, Austin Titus-Secretary, Byron McLane-Yreka Community member for their dedication in supporting the grant opportunities and program decisions for quality improvements. We will be having our first meeting in Yreka in December.



We held our first Health Advisory Board meeting with Donna, Karen Daniels (Tribal Health), Patty Leal (Siskiyou Public Health) and myself to identify and discuss the needs of the children and families in our program. Many ideas were shared about how to meet compliance issues as well as

provide practical solutions for service to the program. This was a successful beginning and we are looking forward to future collaborations with Tribal Health.



Continued from previous page...

The Director, Patty, has been busy planning for the many funded grant opportunities Karuk Head Start received this fall. The Quality Improvement grant funds will be used to upgrade the children's bathroom in Happy Camp to meet ADA requirements and fund post baccalaureate courses for the staff. The one time Permanent Base Funding grant will be used to hire a bus monitor/aide for the Happy Camp center, and expand the program from a four day program to a five day program. The extra day will be for four year old children with a pre-k school readiness focus. This will begin on January 4, 2010. The One Time Program Improvement grant funds will be used to purchase a new bus for the Yreka center as well as remodel the old housing building with the addition of a big new playground.



The Director also attended the State Tribal Work Group held in Sacramento in September as an alternate for Dion Wood. The meeting is to support the process of collaboration and equal opportunities for Tribes with the State of California Early Childhood Division. Additionally, the director was a presenter at the State of California Resource and Referral agency retreat this past October with Dion Wood, Regina Weston (SCCC), and Ann Bonnitto (CHRIB). Successful collaborations with other agencies were the focus of the workshop and well received by those in attendance.

The Director recently attended a meeting in Orleans with Dion Wood to discuss the issues and concerns of community members in regard to the lack of childcare. There was a lot of discussion on the needs and potential solutions.

The Head Start program and TANF program will be collaborating to provide TANF clients with opportunities and activities to support their

commitments and learning experience.

Our program remains at full enrollment, but are continuing to accept applications as we are mandated to stay at full enrollment at all times. The staff has done a great job of filling those spots when families move.

We are still looking to hire a bus driver for the Happy Camp center. Please contact Sara Spence for more information.



Happy Birthday Cháas!

Cháas Supahan T. Linwood turned 4 on August 15th and he wants everyone to know! **Happy Birthday!**



Photography and Design by Nisha Supahan





Quinntin Alexander Kirchoff

Born: 10-31-09 **Weight:** 9lbs

Length: 21 inches

Proud Parents: Jenni-Rose Nelson and Tommy

Kirchoff

Grandparents: Aaron Nelson and Wendy Comingdeer--Tom and Penny Kirchoff

Alieciah Rochelle Donahue

Born: 9-9-09

Weight: 8 pounds 15 ounces

Length: 21 inches long

Parents: Asa Donahue and Janelle Reed of Yreka

Paternal Grandfather: Dennis Donahue, Sr. of Somesbar

Paternal Grandmother: Angela Rose of Yreka

Maternal Grandparents: Ron and Robyn Reed of Somesbar





Photography and Design by Nisha Supahan

Tasia Violet Linwood

Nisha Supahan and Toby Linwood would like to announce the birth of their daughter Tasia Violet Linwood who is from the Karuk and Okanogan Tribes. "Violet" is after her Great Great Great Aunt Violet Super.

Tasia's Great- Grandmother is Jeanerette Jacops Johnny and her Grandfather is Terry Supahan.

Naomi Nicole McAllister



Born: Onalaska, WA **Weight:** 6lbs. 10oz.

Length: 19 1/2"

Father: Crispen King

McAllister

Mother: Ashley Nicole

McAllister

Paternal Grandparents: Jeff and Shirley McAllister

Naomi is in a baby basket weaved by her Great-Great Grandmother Grace Davis.

Keira Brianna Black



Parents: Ben and Katlin Black

Born: July 15th 2009 **Weight:** 6lbs 15 oz **Length:** 19 1/2"



Paternal Grandparents: Floyd and Linda Black of Oroville, CA. and Debbie O'Dell of Chico, CA

Maternal Grandmother: Marie Black of Happy Camp

Happy Camp Community Computer Center Director Moves On

Rosię Bley

It is with a mixture of happiness and sadness that I have resigned as director of the Happy Camp Community Computer and Distance Learning Center after five years. I resigned to spend more time with my family, especially with my son Andrew, who is a high school senior and will be

moving away to college when he graduates in June. I also wish to rebuild my home-based desktop publishing business, and to pursue my interest in becoming a more dedicated Christ follower.

I began as director of the computer center in 2004. The Computer Center's success during my tenure was mainly due to a committed and professional team of employees; partners Happy Camp High School, Siskiyou Union High School District, the Karuk Tribe, the KCDC, and College of the Siskiyous; and past and current funders California Consumer Protection Foundation, California Wellness Foundation, Learn & Serve America and the Administration for Native Americans.

What makes a truly exceptional organization are dedicated people. These include KCDC CFO Jim Berry; the Center's IT professional Kelly Worcester, (who hand-built all existing



Above: Happy Camp Computer Center in 2004

HCCCC Window's desktop machines and keeps the computers and network running); Chris Kleemen, the Tribe's IT professional, who has always been central to the Center's success; current acting director Emma Lee Johnson;



2006 - Kelly Worcester and volunteer Andrew Bley assemble all custom built desktop computers for the Center as Mercedes Worcester & Jim Burcell look on.

our College of the Siskiyous evening proctor, Bob Kupaa Smith; former employees Jeanette Quinn, Gerry Canning, and Jim Burcell, AND the incomparable grantwriting skills, professional assistance and training by KCDC founding Executive Director and brainchild of the computer center,

Rosie Bley, Former Center Director



Suzanne Burcell, teaching a small business class at the Happy Camp Computer Center

Karuk Tribal Member Suzanne M. Burcell.

Also, as director I was very aware of how the Karuk Tribe went above and beyond to include all non-Native American community members along the river in grant funded services targeted for Tribal members and descendents.

The Happy Camp Community Computer Center continues to flourish in the capable hands of current staff. This is evident in the direction Emma Lee Johnson is taking the center by adding new partnerships with Siskiyou Training and Employment Program (STEP), Siskiyou Workforce Development Department, Karuk Tribal TANF, Yreka Adult



Above: Happy Camp Computer Center in 2009



Emma Lee Johnson

School who has a new addendum site located across the parking lot from the Center at Jefferson High, a renewed partnership with College of the Siskiyous and a new grant from the Administration for Native Americans for workforce development training (see pages 10 and 11).

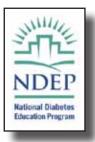
I will continue to produce the Karuk Tribal Newsmagazine as long as the Tribe wishes me to. Also, I can sincerely say that

working on this newsmagazine is one of the highlights of my career and I appreciate the opportunity to be a part of this labor of love.

Thank you to everyone who supported me in my role as center director. The Happy Camp Community Computer and Distance Learning Center is a vital resource to the community and I am confident it will develop into a model and innovative learning facility recognized by educators throughout the country.

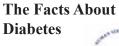
Below: Happy Camp Computer Center in 2009





America's Seventh Leading Cause of Death

By the National Diabetes Education Program Submitted by Vicki Simmons







What is diabetes?

Diabetes is a group of diseases marked by high levels of blood glucose resulting from defects in insulin production, insulin action, or both. Diabetes can lead to serious complications and premature death, but people with diabetes can take steps to manage the disease and lower the risk of complications.

How many Americans have diabetes and prediabetes?*

- 23.6 million Americans have diabetes 7.8 percent of the U.S. population. Of these, 5.7 million do not know they have the disease.
- Each year, about 1.6 million people ages 20 or older are diagnosed with diabetes.
- The number of people diagnosed with diabetes has risen from 1.5 million in 1958 to 17.9 million in 2007, an increase of epidemic proportions.
- It is estimated that 57 million adults aged 20 and older have pre-diabetes. Pre-diabetes is a condition where blood glucose levels are higher than normal but not high enough to be called diabetes. Studies have shown that by losing weight and increasing physical activity people can prevent or delay pre-diabetes from progressing to diabetes.

What is the prevalence of diabetes by type?

- Type 1 (previously called insulin-dependent or juvenile-onset) diabetes accounts for 5 to 10 percent of all diagnosed cases of diabetes.
- Type 2 (previously called non-insulin-dependent or adult-onset) diabetes accounts for 90 to 95 percent of all diagnosed cases of diabetes. Type 2 diabetes is increasingly being diagnosed in children and adolescents

What is the prevalence of diabetes by race/ethnicity?*

Non-Hispanic Whites

• 14.9 million; 9.8 percent of all non-Hispanic whites aged 20 and older have diagnosed and undiagnosed diabetes

African Americans

• 3.7 million; 14.7 percent of all non-Hispanic blacks

- aged 20 and older have diagnosed and undiagnosed diabetes.
- Non-Hispanic blacks are about 1.8 times more likely to have diabetes as non-Hispanic whites aged 20 and older.

Hispanics/Latinos

- 10.4 percent of Hispanics/Latinos ages 20 or older have diagnosed diabetes.
- Among Hispanics/Latinos, diabetes prevalence rates are 8.2 percent for Cubans, 11.9 percent for Mexican Americans, and 12.6 percent for Puerto Ricans.

American Indians and Alaska Natives

- About 16.5 percent of American Indians and Alaska Natives aged 20 years and older who are served by the Indian Health Service have diagnosed diabetes.
- Diabetes rates vary -- among Alaska Native adults (6.0%) to American Indians in southern Arizona (29.3%).

Asian Americans and Pacific Islanders

• The rate of diagnosed diabetes in Asian Americans is 7.5 percent. However, prevalence data for diabetes among Pacific Islanders is limited.

How many deaths are linked to diabetes?*

- Diabetes is the seventh leading cause of death listed on U.S. death certificates.
- Cardiovascular disease is the leading cause of death among people with diabetes — about 68 percent die of heart disease or stroke.
- The overall risk for death among people with diabetes is about double that of people without diabetes.

Treating Diabetes*

- Diabetes can lead to serious complications, such as blindness, kidney damage, cardiovascular disease, and lower-limb amputations, but people with diabetes can lower the occurrence of these and other diabetes complications by controlling blood glucose, blood pressure, and blood lipids.
- Many people with type 2 diabetes can manage their blood glucose by following a healthy meal plan and exercise program, losing excess weight, and taking oral medication. Some people with type 2 diabetes may also need insulin to manage their blood glucose.

Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

IHS Contract Health Services (CHS) is Not an Entitlement Program and Not Everyone is Eligible!

CHS Eligibility Requirements:

- Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
- 2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE. A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.

Nobody Said You Had to LIKE it!

Vickie Simmons, GPRA Coordinator

Okay ladies, it's time to talk about paps and mammos. Nobody said you were going to like them, but they are necessary. The Indian Health Service's recommended minimum testing for women ages 21 to 64 years is to have one Pap screen every three years. Your health care provider may ask that you come in more frequently depending on your risk factor. Getting a regular Pap test may save your life. It can find early signs of cervical cancer. Caught early, the chance of a cure is high.

Mammography screenings are recommended for women 50 through 64 years of age every two years. Some women with a family history of breast cancer or with a history of abnormal screening results may need mammograms at an earlier age. Your doctor would be able to help you with that decision. A mammogram plus a clinical breast exam are the best methods for detecting early breast cancer.

These tests can often be very unpopular and dreaded. But, the woman who performed my mammo this week said that she loves coming to work everyday, because she helps save

lives. Make her day and make an appointment! It will be doing something good for you and your family.





Child Passenger Safety

Your child is important to us!

Kristen King, Community Health Representative in Orleans, and Karen Daniels, RN in Happy Camp, recently attended the National Child Passenger Safety Certification Training in Sacramento. They have successfully passed the course and are Certified Car Seat Technicians. Clarence Barger, Community Health Representative in Yreka, took his recertification class in Livermore and is also a Certified Car Seat Technician. What this means to our communities that each of our major service areas has a person that can assist parents or other caregivers to safely install car seats and boosters in their vehicles.

The current recommendations are for you to keep your child in a rear-facing car convertible car seat to the maximum rear-facing weight limit on your particular car seat. California Vehicle Restraint Laws require each child in the vehicle to be properly restrained in a Child Passenger Restraint System in the back seat until at least 6 years of age or under 60 pounds. The National Highway Traffic

Safety Administration recommends that children 12 and under should ride in the back seat properly restrained for age, height, and weight.

The Karuk Tribe through the Outreach Department has a limited number of car seats and booster seats available for those Tribal persons who may not have one for their child.



Maclaren USA Recalls to Repair Strollers Following **Fingertip Amputations**

Firm's Recall Hotline: (877) 688-2326 CPSC Recall Hotline: (800) 638-2772

WASHINGTON, D.C. - The U.S. Consumer Product Safety Commission, in cooperation with the firm named below, today announced a voluntary recall of the following consumer product. Consumers should stop using

recalled products immediately unless otherwise instructed.

Description: This recall involves all Maclaren single and double umbrella strollers. The word "Maclaren" is printed on the stroller. The affected models included Volo, Triumph, Quest Sport, Quest Mod, Techno XT, Techno XLR, Twin Triumph, Twin Techno and Easy Traveller.

Distributor: Maclaren USA, Inc., of South Norwalk, Conn.

Hazard: The stroller's hinge mechanism poses a fingertip amputation and laceration hazard to the child when the consumer is unfolding/opening the stroller.

Incidents/Injuries: The firm has received 15 reports of children placing their finger in the stroller's hinge mechanism, resulting in 12 reports of fingertip amputations in the United States.

Sold at: Babies"R"Us, Target and other juvenile product and mass merchandise retailers nationwide from 1999

through November 2009 for between \$100 and \$360. Manufactured in: China

Remedy: Consumers should immediately stop using these recalled strollers and contact Maclaren USA to receive a free repair kit.

Consumer Contact: For additional information, contact Maclaren USA toll-free at (877) 688-2326 between 8 a.m. and 5 p.m. ET Monday through Friday or visit the firm's Web site at www.maclaren.us/recall

To see this recall on CPSC's web site, including pictures of the recalled product, please go to: http://www.cpsc.gov/cpscpub/prerel/prhtml10/10033.html





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Let us know if you've changed your Address!

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number so we may be able to continue sending Tribal news and other correspondence



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2009

Arch Super, 2007-2011 Chairman

Leaf Hillman, 2006-2010 Vice-Chairman

Florrine Super, 2007-2011 Secretary

Leeon Hillman, 2006-2010

Florence Conrad, 2007-2011 Member at Large, Orleans

Alvis Johnson, 2008-2012 Member at Large, Happy Camp

Wilverna Reece, 2008-2012

Member at Large, Happy Camp

Charron "Sonny" Davis, 2009-2013

Member at Large, Yreka

Roy Arwood, 2009-2010 Interim Member at Large

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