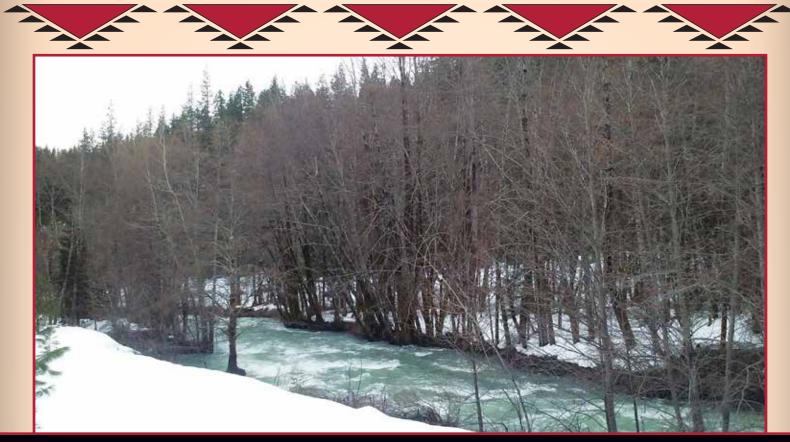


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Spring 2017



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AYŪKÎI Greetings from your Tribal Council



Russell Attebery Happy Camp Chairman TERM: Nov. 2015-Nov. 2019



Robert Super Yreka Vice-Chairman TERM: Nov. 2014-Nov. 2018



Michael Thom Happy Camp Secretary/Treasurer TERM: Nov. 2015-Nov. 2019



Alvis Johnson Happy Camp District Member at Large TERM: Nov. 2012-Nov. 2016



Joseph Waddell Happy Camp District Member at Large TERM: Nov. 2016-Nov. 2020



Josh Saxon Orleans District Member at Large TERM: Nov. 2013-Nov. 2017



Renee Stauffer Orleans District Member at Large Term: Nov. 15-Nov. 19



Arch Super Yreka District Member at Large TERM: Nov. 2013-Nov. 2017



Sonny Davis Yreka District Member at Large TERM: Nov. 2014-Nov. 2018



yukîi huut kich Tribal Members,

Rain Rock Casino Update

During the recent National Congress of American Indians meeting I was able to spend time with Ernie Stevens Jr., the National Indian Gaming Association Chairman. He was instrumental in helping the Karuk Tribe receive the determination to build our Rain Rock Casino. Ernie has been the National Indian Gaming Association Chairman for 16 years and has offered his services to ensure our casino is a success.

The recent winter weather has slowed the project a little. The construction crews are finishing up with the groundmoving portion and will soon be preparing to install a retaining wall, then on to the foundation for the casino building. The timeline for opening our doors is projected to be late 2017. You can view the casino construction progress on the Karuk website, www.karuk.us. Please contact our TERO office for job information and training opportunities as they become available.

National Congress of American Indians

During the recent National Congress of American Indians Meeting, I met with Congressmen and Senators regarding plans for the new Trump Administration coming in. Most importantly was a meeting with Congressman Jared Huffman concerning the land into trust legislation for ceremonial areas in Somes Bar and Orleans.

There were substantial discussions about Tribal Sovereignty, meeting all the physical infrastructure needs in Indian Country (Education, Housing, Health Care, Land to Trust, Etc.) I have been persistently saying that if this new administration wants to "Make America Great Again" any cuts in funding should come from funds awarded to foreign countries. The Federal Government should live up to the promises they made to the "First Americans."

Here is summary of how investing in Indian Country can make a stronger America:

Since the 1970's with the passage of federal policies reinforcing Indian Self-Governance and self-determination, Tribal Leaders have dramatically improved conditions throughout Indian Country in terms of health, education, and numerous aspects of physical infrastructure. However,



Chairman Russell Attebery and Ernie Stevens Jr. National Indian Gaming Association Chairman.

much of the potential for economic and infrastructure growth has stalled since 2010. This fiscal year (2018) Tribal Budget Request presents numerous opportunities for public investment in Indian Country by our partners in Congress and the new Administration.

Conclusion: Now is the time for public investments in Indian Country.

Modernizing Indian Country infrastructure and sustainability managing natural resources while ensuring the quality of human services, public safety and education system are all critical to strengthening Tribal and surrounding community economies. Indian Country has faced insufficient public investment for decades in Housing, Roads, Education, Criminal

Justice Systems, and Human Services. Now is the time to address this historic underinvestment in Indian Country.

It is truly an honor to serve the Karuk People. Feel free to call anytime at our Happy Camp administration Office (530)-493-1600 or any of our departments with any questions you may have.

Yôotva kura suva nik. Chairman Attebery 🗫





Karuk Voters Registration Office P.O. Box 815 Happy Camp, CA 96039

Ayukîi from the Karuk Tribe Election Committee!

Notice is hereby given that our 2017 General Election will be held on: Tuesday, November 7, 2017

The Karuk Tribal Election Committee was established for the purposes of: 1) conducting and supervising all Tribal Elections, regular or special, in accordance with the Election Ordinance; 2) deciding Election disputes; 3) enforcing the Election Ordinance; and 4) recommending to the Tribal Council such additional rules for the conduct of elections as may be necessary from time to time.

Please remember you do not need to come in to a polling place to cast your vote, you can always register through our Enrollment Department to receive an absentee ballot! You may contact the Enrollment Department for more information regarding absentee ballots at (530) 493-1600 ext. 2028/2039. Please remember to keep your address up to date in Enrollment!

The Karuk Tribe is currently accepting letters of interest from Enrolled Tribal Members for the Yreka, Orleans and Happy Camp Area to serve as alternates on the Election Committee. There are two seats available for four (4) year terms. Committee Meetings are held once a month in Happy Camp and each member will receive a \$75 stipend in consideration for their time, as well as mileage reimbursement if you should need to travel to Happy Camp for the meetings. Committee Members are expected to travel as necessary to attend meetings, trainings, and conferences out of the area. If you are interested, please submit an application for consideration to the Human Resources Department!

Meet our Election Committee Members!

Maggie Morrow, Chairman Dolores Voyles, Vice-Chairman Michelle Spence, Secretary Muriel Frederick, Member Charlene Naef, Member Romnay Beck, Member Barry Hockaday Sr., Member



Charlene Naef, Dolores Voyles, Muriel Frederick, Romnay Beck, Michelle Spence, Barry Hockaday Sr. Not present: Maggie Morrow

Ayukîi from the Karuk Community Development Corporation!

By Karen Derry

e have been very busy here at the Karuk Community Development Corporation (KCDC) and are working hard to move forward with economic development efforts that will support Tribal programs and provide employment for Tribal and community members.

In September of 2016 KCDC was awarded a grant from the BIA Division of Energy and Mineral Development (EMDP) for a feasibility study for biomass

and biofuel. The grant was written in collaboration with the Schatz Energy Resource Laboratory at Humboldt State University and we will be working with them on this project. They know our area well and have expertise in the area of green energy. We are currently waiting for the funding to arrive so we can begin the project. We are very excited about this project and look forward to the results of the study.

The Happy Camp Community Computer Center is funded by the KCDC through our income from the Amkuuf (smoke) Shop located in Yreka. The Computer Center offers GED study and testing, job skills classes, computer classes including Microsoft Word and Excel, and videoteleconferencing through the College of the Siskiyous. For more information please contact Frank Snider at (530) 493-1485.

KCDC also oversees the Karuk Head Start program for the Karuk Tribe. Head Start Program is one program with two center locations, one in Yreka and one in Happy Camp. We serve 60 children total, both native and non-native, with a staff of 12. We recently hired Priscilla Stack for the position of Director for

Head Start. Priscilla comes to us with a wealth of knowledge and we are excited to have her on board with us. With the new Head Start Standards going into effect in November of 2016 there are changes to the Head Start program and Priscilla has "hit the ground running." She



has been writing and re-writing policies and procedures to match the new standards, working with staff on their education plans, and insuring 45 and 90 day goals have been met for the children and much more.

For additional information or to welcome Priscilla please contact her at (530) 842-9225 or email her at pstack@ karuk.us.

We have purchased a commercial scale printer and are able to do large and small print jobs for a fee. As a community business in a rural location you can expect fees to be higher than a large scale operation in a larger city. According to the American Independent Business Alliance, on average, 48 percent of each purchase at local independent businesses is recirculated locally, compared to less than 14 percent of purchases at out of area or chain stores. So please remember, when you make a decision to purchase locally whether it be from a grocery store, electrician, or gift shop, you are helping your entire community and helping to keep someone employed.

For more information please contact us at (530) 493-1475 or email me at kderry@karuk.us.

The goal of KCDC is to strengthen, sustain, and diversify our tribal economy and to improve the quality of life in our communities. We strive to accomplish our goal by assisting new business start-up or expansion of current small businesses with business plans, searching out funding possibilities, brochures/flyers, and more. For more information please call us at (530) 493-1475.

Karuk Education Department

yukîi Students and Families! We hope you are enjoying the school year! The Education Department has been very busy within the past few months from hosting Financial Aid/Scholarship Nights to Traditional Regalia Necklace Classes!

We are excited to welcome our new Education Program Coordinator, Rose Butterfly! Rose graduated from the University of Washington with her Bachelor's Degree in Science. She then continued on to graduate school for her Master's Degree in Social Work from

Washington University in St. Louis, MO. She has spent 10 years in the education field and is very excited to be working with us!

Did you know the Education Department has a website? At www.karukeducation.us you can find important information regarding upcoming events, scholarship information, financial aid tips, provided services and more! You can now also subscribe to our E-Newsletter on our website which serves as a monthly reminder of important college and academic updates.

If you have any questions or would like additional information, please contact: Rose Butterfly, Education Program Coordinator rbutterfly@karuk.us or 530-493-1600 ext. 2034

Karuk Youth Leadership Council

The Education Department is proud to announce the Karuk Youth Leadership Council. The council is composed of 9th-12th grade tribal youth leaders within our Aboriginal Territory. The Karuk Youth Leadership Council provides a collective voice of tribal youth within our area in all matters that

concern them, promotes the development of future tribal leaders, and provides opportunities for school and community service projects.

The Karuk Youth Leadership Council has been busy fundraising for their educational and leadership end of the year trip and community service activities! Both Yreka and Happy Camp will be sponsoring Youth Basketball Clinics over Spring Break for K-8th grade students. The Karuk Youth Leadership Council will also be co-sponsoring Family Movie Nights and will be providing the Elders with a free community dinner!

If you are interested in being a representative for the Orleans, Happy Camp or Yreka communities, please contact the Karuk Education Department now!

UPCOMING EVENTS

- Family Movie Nights in Yreka, Happy Camp and Orleans Monthly
- College Tours
- Youth Conferences
- Youth Basketball Clinics
- Traditional Regalia Classes
- STEM Days
- Summer Tutoring Program
- And so much more!

Scholarships available at www.karukeducation.us



Low Income Assistance Programs (LIAP)

1.800.505.2785 or 530.493.1600 Ext. 2025 Jennifer Goodwin, LIAP Administrator Apply Now for the Low Income Assistance Programs

Low Income Home Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible enrolled Karuk Tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the Service Area.

Community Services and Development (CSD):

This program provides assistance for low income families with food, shelter, transportation, and health and safety issues. The applicant must reside in the Service Area, be income eligible, and a Karuk Tribal Member or Descendant.

Adult Services:

The Adult Services program is available to assist Elders seeking non-medical care such as chores, light housekeeping, meal prep. The providers must be certified or licensed. Back ground checks are also a requirement. Contact the LIAP Department if you are an elder in need of a care provider or are interested in becoming an adult care provider.

General Assistance (GA):

This program provides low income families and individuals with Food and/or Clothing, Shelter, Emergency Assistance (burn out, flood, destruction of home) and Burial Assistance. The applicant must reside in the Service Area, be an Enrolled Federally Recognized Tribal Member and not receiving public assistance. Benefits are adjusted depending on income received.

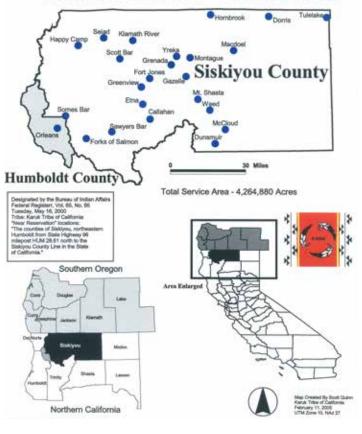
ATTENTION!

Apply for the CARE Program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application , please call and request the CARE Application be sent to you. Lets save on energy and our budgets!

Fraud?

With regards to the Low Income Assistance Programs, to report any type of fraud by vendors or otherwise, please notify this office immediately at: (530) 493-1600 Ext. 2025.

Karuk Tribe of California's "Near Reservation" Service Area





Píkyav Field Institute

The Karuk Department of Natural Resources' newly launched environmental education program is already able to report a number of accomplishments! First and foremost, we are delighted to announce three new and exceptionally qualified staff members: Grant Gilkison, Food Security Division Coordinator; Nicole Woodrow, K-12 Environmental Education Division Coordinator; and Bari Talley, Sípnuuk Division Coordinator. Bari is also leading our U.S. Department of Education funded project's environmental higher education and workforce development objectives.

Together with our partnering elementary and high schools, universities, federal agencies and the Mid Klamath Watershed Council, the Píkyav Field Institute expects to meet its goal of improving the academic performance and college and career readiness of our tribal youth. By offering our local students greater opportunities to experience and learn from the time-honored traditional knowledge, practice and belief systems of our ancestors, we are convinced they will learn exactly what they need to be the tribal leaders for future generations.



Happy Camp Elementary School students learn about native plants and specimen mounting.

Píkyav Lecture Series: April - May

April 12: 5 – 6:30 pm, Happy Camp, Old Gym

Sudden Oak Death: Geographic Distribution, Identification, Disease Trajectory and Prevention Speaker: Brendan Tweig, University of California Cooperative Extension

April 20: 4 – 5:30 pm, Orleans Community Room, Department of Natural Resources

Co-management as a Catalyst: Pathways to Post-Colonial Forestry in the Klamath Basin

Speaker: Sibyl Diver, Stanford University

&

De-centering Watersheds and Decolonizing Foodscapes:

Eco-cultural Approaches to Scale for Klamath Environmental Governance.

Speaker: Dan Sarna, U.C. Berkeley

April 21: 4 – 5:30 pm, Happy Camp, People's Center Museum

Collecting, **Collaborating**, **and Coming Home: A Talk about Karuk Baskets at Home and in Museums**. Speaker: Carolyn Smith, U.C. Berkeley

May 4: 4 – 5:30pm, Orleans Community Room, Department of Natural Resources

Mixed Methods in Data Analysis: Case Study of Community Food System Assessment

Speaker: Megan Mucioki

Please look for flyers announcing opportunities to share and learn about current issues that affect our natural resources, cultural heritage and traditional ecological knowledge. For more information, contact Lisa Hillman, (530) 627-3446, lisahillman@karuk.us

Ayukîi from the Enrollment Office,

There are currently 3,737 Enrolled Tribal Members and 4,391 Enrolled Descendants.



Mildred Grant *Chair*



Jeanerette Jacups-Johnny Vice Chair



Corina Alexander Secretary



Charlene Naef Member At Large



Robert Super Council Vice Chair

ur office offers an array of services

- Enrollment/Descendancy applications for the Enrollment Committee.
- Issue Tribal Verifications for enrolled Members and Descendants.
- Collect Census Data on all Tribal Member households (we do not release any personal information only non-identifying information). Please update your census with our office every three years.
- Process mail lists for Tribal Mailings; please make sure your address is up to date so you don't miss out on important mailings or the newsletter.
- Issue Free California Fishing License Applications.
- Create Family Trees.
- Issue ID cards.
- Issue DMV/Sales Tax Exemption forms to Tribal Members living on Trust Land.

Please feel free to contact our office at (800) 505-2785 Ext. 2028/2039. You can also reach us by email: rattebery@karuk.us and mspence@karuk.us

Yootva, Robert Attebery Enrollment Officer

Upcoming Event:

The 21st Annual Karuk Tribal Reunion will be held on July 22, 2017 at the Karuk Tribal Administration Complex in Happy Camp, CA.

Potential Changes to the Affordable Care Act

With the new year and a new President taking the reins, there has been much talk about how President Elect Trump may or may not change the Affordable Care Act. There have been many questions and concerns about a decrease of services, increase in payments and general confusion about what his intentions are for health care in general.

We have put together a small Primer to help answer some of the most frequently asked questions. If you have further questions, please don't hesitate to contact your clinic and ask to speak with someone who can help you understand some of the proposed changes. Keep in mind of course, these may (and probably will) change! This is our best guess at what may be happening in the coming months!

A. PRESIDENT-ELECT TRUMPS' STAND ON 6 KEY HEALTH CARE AREAS

Source: Kaiser Family Foundation (11-09-16) http://kff.org/health-reform/issue-brief/where-presidentelect-donald-trump-stands-on-six-health-careissues/#healthinsurance

1. Health Insurance and Cost

The Affordable Care Act (ACA) set new standards for virtually all private health plans, including a ban on barring pre-existing conditions and a requirement for private insurance plans to extend dependent coverage to the age of 26. The law also established new marketplaces for the sale of insurance to all individuals except undocumented immigrants, and created new subsidies for individual coverage.

President Elect Trump supports complete repeal of the ACA, including the directive that all individuals have to have coverage. In lieu of requiring insurers to provide coverage to everyone regardless of health status, he is suggesting that he would work with states to create high risk pools for individuals who have not maintained continuous coverage. In place of refundable premium tax credits, Trump would provide a tax deduction for the purchase of individual health insurance. He would promote competition between health plans by allowing insurers to sell plans across state lines. He supports the use of Health Savings Accounts (HSA), and specifically would allow tax-free transfer of HSAs to all heirs. Trump would also require price transparency from all hospitals, doctors, clinics and other providers so that consumers can see and shop for the best prices for health care procedures and other services.

2. Medicaid

President Elect Trump supports a Medicaid block-grant and a repeal of the ACA (including the Medicaid expansion). A block grant is a specific amount of money allocated by the federal government to the state governments to be allotted for specific programs (such as health care). He has said he would cover the low-income uninsured through Medicaid after repealing the ACA. The House Republican Plan, which is part of a larger package designed to replace the ACA and reduce federal spending for health care, would offer states a choice between a Medicaid per capita allotment or a block grant.

3. Medicare

President Elect Trump has stated that he wants to modernize Medicare. He has no stated position on whether to allow older adults ages 55 to 64 to buy in to Medicare. He supports repealing the ACA, which would presumably mean repealing the law's Medicare provisions. On the issue of prescription drug costs, Trump supports allowing safe reimportation of prescription drugs from other countries.

4. Prescription Drugs

President Elect Trump supports allowing importation of drugs from overseas that are safe and reliable but priced lower than in the U.S. He also supports greater price transparency from all health providers, especially for medical exams and procedures performed at doctors' offices, clinics, and hospitals, but does not specify whether this policy would also apply to retail prescription drugs, which typically are not considered services or procedures. *As an aside: If you are a Tribal Elder have not signed up for Medicare Part –D- which covers medication, please contact Debbie Bickford in Health and Human Services to assist you in*

signing up and taking care of the costs of this insurance.

5. Opioid Epidemic

President Elect Trump has indicated he will stop of the flow of illegal drugs into the country by building a wall on the U.S.-Mexican border and closing shipping loopholes that allow dangerous drugs to be mailed into the U.S. He would also enhance access to addiction services, end Medicaid policies that obstruct inpatient treatment, increase first responders' access to naloxone, lift the cap on the number of patients that providers can treat with recovery medicines, and expand incentives for state and local governments to use drug courts and mandated treatment to respond to the addiction crisis.

6. Reproductive Health

President Elect Trump has called for defunding Planned Parenthood if they continue to provide abortion and would redirect their funding to community health centers. He would also repeal the ACA, which would eliminate minimum scope of benefits standards such as maternity care in individual plans and coverage of no-cost preventive services such as contraceptives in private plans.

B. POTENTIAL MEDICAID CHANGES

Medicaid Block Grants Source: Kaiser Health News (11-9-2016) http://khn.org/news/millions-could-lose-medicaid-coverageunder-trump-plan/

One major change endorsed by both Trump and House Speaker Paul Ryan (R-Wis.) would transform Medicaid from an entitlement program into a block grant program. Here's the difference. In an entitlement program, coverage is guaranteed for everyone who's eligible. The federal government's commitment to help states cover costs is open-ended. The states' obligation is to cover certain groups of people and to provide specific benefits. Children and pregnant women who meet specific income criteria must be covered, for example.

That formula would change if federal funds flow to states through block grants. States would have more flexibility to run their Medicaid programs as they wish — including cutting benefits and eligibility. And proponents say it would allow the federal government to spend less on Medicaid and make states responsible for covering costs beyond their federal allotments.

Turning Medicaid into a block grant program has been discussed for more than 25 years, but the idea has always

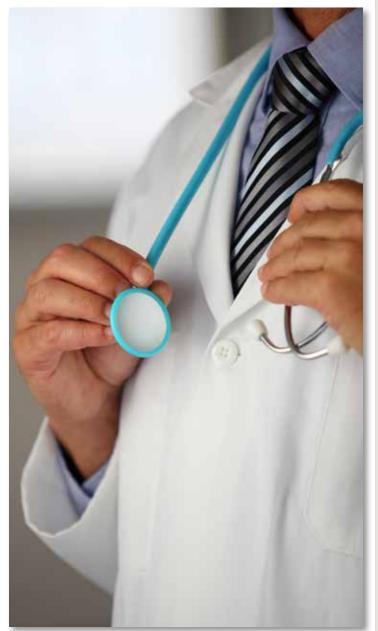
met resistance.

Medicaid Per Capita Cap

Another option to redefine Medicaid funding, similar to a block grant, is known as a per capita cap. States would be given a set amount of money per enrollee, which would increase each year but critics fear likely not keep up with rising health expenses. That method would help states better deal with growing enrollment because funding would rise too.

Children's Health Insurance Program

Any congressional changes to Medicaid next year would likely include negotiations about the Children's Health Insurance Program (CHIP), another federal-state program that provides coverage to youngsters whose families are slightly over the Medicaid eligibility. The program expires if not reauthorized by Sept. 30, 2017.



The People's Center Museum and Cultural Center

Project 562 Matika Wilbur and San Jose State Intern, Joey Montoya traveled the snow and rockbound Highway 96 to Karuk Country in mid January. Project 562 is documenting lives of federally recognized tribes to educate and shift the collective consciousness toward recognizing the complex variety of contemporary Native America. http://www.project562.com/The People's Center Advisory Committee (PCAC) suggested Karuk members who have contributed to the Tribe and community, and/ or good role models for youth: Wilverna Reece, Brittany Souza and Jaclyn Ownsbey for upriver, and Dennis "Beau" Donahue, Sinéad Talley and Leaf Hillman as downriver representatives. Matika and Joey were also able to interview Brian Tripp, recording/participating in the Arcata Women's March and interviewing on the Hoopa Reservation.

Karuk Intellection Property Rights – In early November, Karuk staff, including People's Center, Sípnuuk, DNR, Education, Law, and Council trained with Dr. Jane Anderson (NYU) and Maria Montenegro (WSU) on Traditional Knowledge License & Labels to customize for Karuk-specific and discussed ideas for how and when to use them.

People's Center Coordinator traveled with Sípnuuk Advisors, Leaf and Lisa Hillman, to the Field Museum in Chicago to meet with NAGPRA staff Helen Robbins and Emily Hayflick and Dr. Jane Anderson to explore the enactment of a pilot Traditional Knowledge (TK) License and Labels project.

The TK Labels project is revolutionary work developed by Kim Christen and Jane Anderson where Indigenous communities are customizing the labels to and using to them to communicate their wishes about how they would like their cultural heritage to be used. If high traffic access portals such as the Online Archive of California (OAC) made the option to Tribes to assign TK labels to their cultural materials in these large catalogs, those accessing this information would be able to make more informed decisions about how they use Tribal cultural materials, not simply defaulting to what is legally okay as per western Copyright laws, but having the choice to honor what is ethical and in alignment with Tribal laws. For more information about TK licenses and labels, see http://www. localcontexts.org/, Christen (2015), and Anderson and Christen (2013).

The Karuk Tribe, Adrienne Harling, Lisa Hillman, Leaf Hillman, Bari Talley and Angela McLaughlin submitted an article **Building Sípnuuk: A Digital Library, Archives and Museum for Indigenous Peoples** to Collection Management. This article includes Karuk history, discussion of indigenous intellectual property rights and the history of development of the Sípnuuk Digital Library Archives and Museum.

2015 NAGPRA Consultation/Documentation Grant

Peabody Museum of Archaeology and Ethnology)– 10/01/2015 to 11/30/2017. Karuk Team included female cultural mentor Wilverna Reece and female cultural practitioner Brittany Souza; male cultural mentor Leaf Hillman and male cultural practitioner Ben Saxon; Lisa Hillman People's Center Advisory Committee, and Bari Talley, People's Center Coordinator. Team traveled to the Peabody Museum on November 14-16 to meet with Patricia Capone, Museum Curator and Director of Research and Repatriation, Katy Mollerud, NAGPRA Regional Coordinator and Sandra Dong, NAGPRA Coordinator. The Team will meet to strategize our repatriation and documentation efforts over the next few months.

Cultural Dressmaking- Cultural Resource Fund – Pamukunyafusayêepsha vúra uum yâamach ukyâahahitih "Their good dresses were made pretty." Karuk participants of the traditional dressmaking project enjoyed a memorable abalone gathering fieldtrip in MacKerricher State Park near Fort Bragg, California on December 11, 2016, during lowtide. Angela McLaughlin, Alexis Rush and Autumn Allgier took the prize for the biggest haul, but all of enjoyed the experience and want to thank Kathy McCovey showing us where to go. It was great to have groups from all three tribal communities. Phil Albers promises to continue his abalone workshops and plans to hold one in Orleans soon.

Karuk Tribe Employment Opportunities

AVAILABLE POSITIONS

- Billing and Accounts Receivable Technician
- Student Service Coordinator Yreka, CA
- Self-Governance Director
- Clerical Technician I (on-call)
- People Center Coordinator
- KTHA Executive Director

- Mental Health Therapist II
- Clinic Transporter
- On-Call Roads Maintenance Worker,
- Tribal Cultural Monitor
- Clinic Physician Yreka Clinic
- TERO / Child Care Program Deputy Assistant

To view opened positions please go to www.karuk.us The Karuk Tribe's (TERO) Preference and Drug & Alcohol Policy apply. If selected applicants must successfully pass a drug screening test and be willing to submit to a criminal background check. Job descriptions are available online at: www.karuk.us or by contacting the Human Resources Department, Telephone (530) 493-1600 ext. 2010, Fax: (530) 493-5322, Email: dlbernal@karuk.us and/or vsimmons@karuk.us.

Employment Opportunities!

he Karuk Tribe may have the perfect position for you! Please check out our current employment opportunities at: www.karuk.us/index.php/jobs.

Employment Applications are available at all Tribal Offices and also our website listed above. The Karuk Tribe's TERO Preference and Drug & Alcohol Policy apply. If

selected, applicants must successfully pass a pre-employment drug screen and be willing to submit to a criminal background check. Applications may be hand delivered to any Tribal Office, faxed to (530) 493-5322 or mailed to:

Karuk Tribe ATTN: HR P.O. Box 1016 Happy Camp, CA 96039

Please contact Dora Bernal in Human Resources if you have any questions at (530) 493-1600 extension 2010 or via email at dlbernal@karuk.us.



The Karuk Tribe is on Facebook! Come find us at www.facebook.com/karukpeople for current employment opportunities, announcements and photos!

Karuk Tribe Housing Authority

Staffing Changes:

KTHA has had many staffing changes over the past several months. Longtime employees Erin Hillman, Steven Mitchell, and Richard Black left the Housing Authority in September 2016. They had all been with the Tribe and/ or Housing for nearly 20 years each; we wish them well in their new ventures! Sara Spence is serving as Interim Executive Director while we recruit.

Doug Goodwin was promoted from Construction Crew Lead Carpenter to Construction Manager. James Bearchild was promoted from Construction Crew Member I to Lead Carpenter. Steven Williams was hired as Construction Crew Member II. Rita Thom was hired as Tenant Relations Officer in Yreka. Mark Werder was hired as Maintenance Engineer in Yreka. Elsa Goodwin was hired as Tenant Relations Officer for Happy Camp and Orleans. Gustavo Gonzalez was hired as Chief Finance Officer. Jeanne L. Burrer and Darryl McBride were hired as On Call Wellness



Center Clerks in Yreka. Minnie Daniels, Marsha Farley, and Amber Craddock were hired as On Call Receptionists in Yreka. Vivian Jordan was hired as Part Time Tutor at the Yreka Education Center. Susanna Greeno was hired as Admissions / Loan Specialist after Ashlee King transferred to Tenant Relations Officer in Yreka. Jeannette Goodwin was hired as Payroll/Billing Clerk.

Board of Commissioners (BOC):

The BOC currently includes: Robert Super Chairman, Scott Quinn Vice Chairman, Charlene Naef Secretary, Dolores Voyles Treasurer, Joseph Waddell Council Housing Liaison, Sherile Grant Commissioner, and Teresa Valin Commissioner.

The BOC meetings rotate between the Happy Camp, Orleans, and Yreka KTHA offices. The Tenant meeting is usually held the first Monday of the month and is open to the public; the meeting begins at 10am with tenant issues heard in closed session at 1pm. Visit the Housing Department page on the Karuk Tribal website for the most recent dates and additional information on meeting agendas.

Karuk Homes I Construction- Yreka:

Twelve homes are complete with eighteen more to



be completed by August 1, 2017. You can see the huge amount of progress that has been made up on the hill above the KTHA Office on Apsuun. We are still accepting applications for these homes; contact Susanna Greeno for an application or more information.

Phase II Kahtishraam Wellness Center- Yreka:

You can see the progress on the second phase of the Kahtishraam Wellness Center project in Yreka. This will add space for the Computer Center to be relocated to that facility as well as add an exercise/activity room, additional bathrooms, a conference room upstairs, and a press box above the gym floor!

Resident Center- Happy Camp:

The bid opening for this project was held on February 2, five bids were received. Unfortunately all of them were significantly over budget. This is going to require some additional time to evaluate to see how we can proceed with the project which will provide a facility for the tenants in Happy Camp with a gymnasium/multipurpose room, bathrooms and showers, kitchen, computer lab, small exercise room, and office space.

One Bedroom Homes- Happy Camp:

Construction began February 20 on two sites on Second Avenue in Happy Camp. These will be our first one bedroom units to aide in the long waiting list of individuals and couples without children who need housing. These are being constructed by our in-house Construction Crew.

Home Replacements:

We currently have two home replacement projects

underway. One wrapped up with the homeowner moving into the unit in December, the second was just awarded to begin demolition and replacement with a manufactured home.

Legislative News:

Congress has not yet re-authorized NAHASDA. We continue to advocate



for Housing funding with our representatives to emphasize what an important program this is for our Tribal families.

Programs:

The Karuk Tribe Housing Authority currently offers the following programs: Low Income Rental Homes, Lease Purchase Homes, Elder Homes, Emergency Housing Rentals, First-Time Homebuyer Loans, Down Payment Assistance, Elder and Temporary Rent Vouchers, Student Rent Vouchers, Home Replacement, Rehabilitation & Weatherization Home Improvement Grants and Loans, and Home Improvement Loans. For more information visit our website at www.ktha.us/ or contact Susanna Greeno, 1-800-250-5811, Extension 3108 or susannagreeno@karuk.us







Áan Chúuphan

n 2011, the Karuk Tribe was awarded a grant from USDA Rural Development Community Connect Program that enabled the Tribe, in

cooperation with Siskiyou Telephone, to build fiber optic cable from Orleans to Somes Bar, and to build and install a new communications tower overlooking the community of Orleans with the goal of providing as many people as possible with low cost high speed internet services. From this Áan Chúuphan, which translates to "Talking Line" in Karuk, was born. It is the product of 4 years of preparation and construction which involved countless hours of tedious planning, filling out and sifting through tall stacks of paperwork.

The Áan Chúuphan tower located in Orleans, CA was erected in spring of 2015 and since that point bringing broadband to our rural communities has been realized. With hard work and determination from many people including the Karuk Information Technology Department/ Áan Chúuphan Team, Eric Cutright, Dale Josephson, Dennis Donahue, Kelly Worcester, Josh Hillman and Karyn Hook, were finally able to set a minimum goal of serving 80 customers and attempt to accomplish it. obstacles to overcome from the very beginning all the way to the customer installations. Eric Cutright, the Karuk IT Director, took the lead role in planning each phase and described the early phases as "frustratingly slow, requiring great dedication and stubbornness" while Dennis "Beau" Donahue would describe the customer installation process as "being a new challenge to overcome at each installation" and



The 80' Áan Chúuphan Tower, Orleans, CA

"It's never the same twice". Obstacles in the field ranged from trees and mountains obscuring the view of the tower to nipping customer pets and angry wasps guarding their nests. After hurdling all these obstacles, the Áan

> Chúuphan team has met and exceeded the 80 customer goal and currently has 98 subscribers with 9 anchor institution installs in and around Orleans. Future efforts will focus on improving services as well as installing and upgrading equipment to extend Áan Chúuphan's reach for new customers.

Áan Chúuphan team sends thanks to the supportive locals and a special thanks to Forest James of EnerTribe Inc. and Orleans community members Penny Eckert and Bari Talley. Without their work and support Áan Chúuphan would not have gotten off the ground.

The realization was not easy going as there were



Joshua Hillman installing equipment on Áan Chúuphan Tower, Orleans, CA

The Karuk Tribal Head Start is NOW RECRUITING for the 2017 /2018 school year for the Happy Camp and Yreka Head Start Center locations

Services provided include the following:

- Early learning opportunities fostering social, emotional, cognitive, and physical development
- Developmentally appropriate learning environment including school readiness activities
- Health, dental and vision Screening
- Bus Transportation to and from school within a 5 mile radius
- Parent and family support, family engagement activities
- Creative Curriculum-Preschool Learning Foundations Framework
- Field trips
- Services for children with special needs
- Healthy and nutritious meals free of charge
- Karuk Language and Culture
- Qualified, experienced teachers and support staff

PLEASE SUBMIT YOUR APPLICATION AS SOON AS POSSIBLE

The Karuk Head Start serves children ages 3 and 4, both Native and non-Native

To enroll in Head Start, the child must be three years old on or before September 1, 2017

Applications are available at the Karuk Head Start Centers, Karuk Clinics, the Karuk Tribe Administrative Office in Happy Camp, Karuk Tribe Housing Authority offices in Happy Camp and Yreka, or online at www.kcdc.us.

For more information please contact the Karuk Tribe Head Start at the following:



Yreka Center 1320 Yellowhammer Road Yreka, CA 96097 (530) 842-9225



Buck Martinez Karuk Tribal Member

Message to the Kids:

"Follow your Dreams, Pursue Your Education."

ajor League Baseball High School: Elk Grove College: Sacramento City College, Sacramento State, Southwest Missouri State

- MLB Playing Career: 17 Years (Kansas City, Milwaukee, Toronto)
- MLB Managing Career: 2 Years (Toronto)
- MLB Radio and Television Analyst

Buck Martinez was born John Albert Martinez in Redding, California to parents who both served in the military. His dad, John, was in Pearl Harbor the day of the attack while his mom, Shirley, served in the Women's Army Core and was on the cover of Stars and Stripes magazine. His family moved to South Sacramento when he was 10, and he started playing baseball with Parkway Little League and Southgate Babe Ruth. He made a name for himself at Elk Grove High School where he was an All-Conference catcher all three years. Known as one of the best catchers the area has seen, Buck was a phenomenal hitter: batting .512 his senior year. He then went to Sacramento City College and was part of a team that had seven players eventually play professional ball. They advanced to the state championship game; however, Buck was drafted in January and had to sign, so he never got to play in the game. After graduating from Sac City he attended Sac State and Southwest Missouri State.

Buck was drafted in 1967 by the Philadelphia Phillies in the 2nd round. He was then traded to the Kansas City Royals and made his major league debut in 1969. Although he could never duplicate his early success at the plate, it was behind the plate where Buck excelled. He became known as a tremendous catcher with great defensive skills. He played with Kansas City until 1977 at a time the Royals became a perennial playoff team. In 1976, KC won the Division and Buck hit .333 in the playoffs and drove in 4 runs in 5 games. Sadly, in November of 1976 he was in a hunting accident and was shot in the eye, and had to have surgery for a detached retina. Buck needed to wear a contact lens in his left eye from then on.

In 1978, Buck was traded to Milwaukee where he played with more outstanding talent. Then in 1981 he was traded to Toronto; where he thought he would only be there for one season, but has become his longtime baseball home. More than 35 years later, Buck is still with the organization and is the voice of the Toronto Blue Jays!

Buck has caught many of the biggest names in the game, but in 1982, he was on the verge of making history. Jim



Karuk Tribal Member Buck Martinez with Chairman Attebery and Auntie Pauline "Sis" Attebery. Buck's mother Shirley (Titus) Martinez was born and raised in Happy Camp.

Clancy had a near perfect game with Buck behind the plate calling the pitches. Facing the minimum number of batters, with two outs in the 9th inning, Clancy gave up a bloop single to end the perfect game. The next batter hit into a double play.

One of his most memorable, yet bizarre, games he ever played nearly ended his career. He broke his leg and severely dislocated his ankle in a home plate collision with the Seattle Mariners' Phil Bradley at the Kingdome. On the historic play, Buck actually tagged out 2 runners at home plate. After the collision, where Bradley was called out, Buck still attempted to throw out the advancing runner Gorman Thomas who was trying to go to third base. When the throw went into left field, Thomas tried to come home. However, he was tagged out by Buck who was sprawledout while suffering a broken leg. He managed to catch the throw from teammate, George Bell, while lying on the ground: thus completing a 9–2–7–2 double play!

Buck's defensives skills were outstanding as he had several years with fielding percentages of .989,.991 and .995. He had his best year in 1982 when he set career highs in hits, doubles, home runs and RBI, and caught 93 games behind the plate. In 1986, he recorded his 600th hit and played in his 1,000th game.

While he was still playing, Buck started broadcasting doing the ALCS, World Series and All-Star Games. After retiring, he was offered the job at TSN, replacing his mentor Tony Kubek. Buck continued there for 14 years, while also working for ESPN and The Baseball Network. In 2000, Buck was hired as the Manager of the Blue Jays, thus putting him back on the field with his team once again. He managed for two years and then returned to broadcasting, with MASN covering Baltimore Orioles games. In 2010, he returned to the Blue Jays and made the transition from color analyst to play-by-play, and became the voice of the Blue Jays.

Buck has won two Emmy Awards for his excellence in broadcasting. While at ESPN, Buck won for his broadcast of Cal Ripken's 2,131 games. He also won a Regional Sports Emmy award for Best Sports Analyst while broadcasting for MASN. He has written three books on the game he loves so much. He is one of a very select group of men who have played, managed and broadcast the game.

Tribal Employment Rights Ordinance (TERO) Department News

yukii!! The TERO Department is working with our tribal leadership and our casino developer to be ready to fill open jobs at our Rain Rock Casino!If you are interested in applying for a job at our casino, now is the time to start brushing up on your skills so you can get an interview and eventually a job! You'll need your Driver's License and a clean background check. Have a question about that? Contact TERO at 800 505-2785 extension 2030.

Got a head for math? There are plenty of casino jobs that require a good head for math! Card Dealers, Cage Staff, Cash Counters, and Servers to name a few. Mechanically inclined? You could be a Slot Machine Tech or work in Surveillance! Most all the casino jobs will be "On the job training" so all you really need to work on is your personality and smile!

Casino work is ENTERTAINMENT!! You must have the personality and character to entertain casino guests, make them happy and want to return to our establishment. Casino **staff** is the key to a successful gaming operation!

Be on the lookout for when we advertise our **RAIN ROCK CASINO JOB FAIR**, most likely in the fall of this year. Look for training opportunities that will be sponsored throughout the summer. It is really happening! TERO provides job referral services. If you have not registered with the TERO office please do so by filling out a Skills Bank Application which can be found on the Tribe's website (www.karuk.us) on the TERO department page. Once you have registered with TERO, it is important to call in at least weekly to notify us that you are still looking for work. The more you check in with us the greater your chance is to be referred to a job!

With all the crazy weather and storm damage we are having here on the river, there is a need for construction/ labor workers and traffic control flaggers. Contact TERO if you are interested in being referred to a contractor!

COMING SOON! Summer Youth Jobs!! We will need youth workers for the Summer Food Program, for Yav Kuma Itapan – Math/Science Camp and within departments of the Tribal Administration in all of our wonderful tribal communities! Jobs will be advertised on the Karuk website.

The TERO Department is overseen by the TERO Commission which is made up of tribal members appointed by the Tribal Council. Our TERO Commissioners are: Lavon Kent, Ronald "Red" Hockaday, Debbie Whitman, Alvis "Bud" Johnson, Renee Stauffer and Arch Super. The TERO Director is Dion Wood. You can contact the TERO Commission or Director by emailing: TEROCommission@ karuk.us . Yootva!!



Attention!

ttention Karuk Tribal Members & Descendants, if you have news, articles, events or announcements you wish to submit for publication in the Karuk Newsletter, please send information to bsouza@karuk.us. Submissions are preferred in digital format; however hardcopies are also accepted by mailing articles to Newsletter Articles, P.O. Box 1016 Happy Camp, CA 96039. All submissions must include your name and address as no anonymous articles will be accepted.

Karuk Sports 2017 Karuk All Indian +1 Men's Basketball Tournament

By Florrine Super

t's been over 10 years since we had our last annual basketball tournament. Now that we have our new Kahtíshraam Wellness Center in Yreka, we decided to start our Annual Karuk All-Indian Men's Basketball Tournament back up. Our goal is to work it back up to a 12-team bracket. Our committee consists of Florrine Super, Sherile Grant, Teresa Valin, Joyce Jones, and Arch Super. We could use more help so please contact one of us if you're interested in helping with our next venture! {Florrine Super (530)842-5238} We plan to have a youth and open basketball tournament this year.

In this tournament we had seven teams compete. Final Four were: Hat Creek, Yreka Warriors, Sweet Grass and K Falls. K Falls took First Place for our 2017 tournament. It was great to have players from Yreka, Happy Camp, Eureka, Sacramento, Chiloquin –Oregon, Klamath Falls— Oregon, and North Dakota. We had a great turnout considering the recent road conditions with road slides and flooding on Hwy. 96.Thank you to all those who helped work the tournament and/or sponsored including the Karuk Tribe. Photography courtesy of Jeanne Burcell, Kahtíshraam Wellness Center Coordinator.









Karuk Dental Department

Yreka Dental Clinic 1519 South Oregon Street, Yreka, CA 96097 Tel: (530)-841-3148 Fax:(530)-842-9217

Dental Director:	Funsun Lew DDS
Dentists:	Dr. Istvan Felker DMD
Dentists.	
	Dr. Robert Millington DDS
Hygienist:	.Christine Crouch
Dental Assistants:	.Susan Beatty RDA
	Kayla Bridwell RDA
	Shannon Jones RDA
	Krystal Kurtz DA
Dental Sterilization	
Technician:	.LaToya Super
Receptionist:	

Happy Camp Dental Clinic 64236 Second Avenue, Happy Camp, CA 96039 Tel: (530)-493-1650 Fax: (530)-493-5364

Dentist:	.Dr. Veronica Brassea DDS
Dental Assistant:	Tammy Rompon RDA
	Michelle Camarena DA
Dental Sterilization Technician:	Ashley Bernal
Hygienist:	.Nikki Hokanson
Operations Manager:	.Vickie Walden RDA
Receptionist/Records Clerk: .	.Lindsay Whitehouse

- Orleans Dental Screening & Fluoride Varnish Clinic is scheduled for April 6, 2017
- Let's Celebrate National Dental Assistants Week March 5 11, 2017

Activities

- School Screenings Head Start through Third Grade are done twice a year Call & schedule a date.
- Our Hygienists are available to do Oral Hygiene Education at Parenting Classes. Call & schedule a date.

Gum Disease





Pregnant Women make a Dental Hygiene Appointment to talk about Good Oral Health Care during Pregnancy



Karuk Tribe Summer Food Service Program

Yreka, Happy Camp and Orleans

Monday through Friday

Times and Location TBD

Sudden Oak Death and Food Security

Some of you may have heard of Sudden Oak Death (SOD). Those who have not should know that this forest disease infects a number of plant species and is often fatal to oak trees, including one of the most important Native food resources: xunyêep, tanoak.

Fortunately, the pathogen Phytophthora ramorum that causes this disease has not yet arrived in Karuk Ancestral Territory. However, at an Orleans SOD Community Meeting, scientist Richard Cobb of UC Davis cautioned, "We have to be honest with ourselves and accept that this disease will arrive: the question is only when and where."

Since its discovery in the mid-1990s, SOD has diminished tanoak populations in California and Oregon. Hundreds of millions of dollars have been spent to learn about the disease and prevent its spread, yet there is little hope of stopping it. As funding dries up and scientists and land managers remain at a relative loss for effective treatment, SOD is reaching the doorstep of the three largest California Indian tribes: Yurok, Hoopa, and Karuk.

For local tribes, SOD threatens both food security and tribal food sovereignty. "Since time immemorial, acorns have sustained tribal people and our animal relations," says Karuk Píkyav Field Institute Program Manager Lisa Hillman. "In an area fraught with economic and environmental instability, being able to access and use these resources is essential to tribal sovereignty."

Acorns provide optimal nutrients for health and wellbeing, "as well as cultural identity," says U.S Forest Service Research Ecologist Frank Lake. According to University of Oregon's Dr. Kari Norgaard, "The loss of traditional food sources is now recognized as being directly responsible for a host of diet related illnesses among Native Americans including diabetes, obesity, heart disease, tuberculosis, hypertension, kidney troubles and strokes."

"We've been dealing with this kind of thing for over a hundred and sixty years," reports Grant Gilkison, the

Karuk Tribe's newly hired Food Security Division Coordinator. "Not only have we been severely limited in accessing our Native foods, but now we're dealing with low flows and pesticides killing off the water and forest species essential for our physical, mental and spiritual health." Gilkison is a Yurok and Karuk descendant and father of two young tribal youth. He adds: "We need to get fire back on the ground." Prior to a federal ban around the turn of the last century, Native peoples set low-intensity fires at regular intervals to reduce forest pests and improve the health of many Native food, fiber and medicinal plant resources. While fire may be the obvious remedy



Tan oak acorns and leaves in Karuk Ancestral Territory

to local tribal communities, fire is just the tool that SOD researchers have not tested. Cobb explains: "We don't know how effective fire will be as a management tool for combating this disease... because we haven't been burning." To some degree, this may be attributed to the general public's and government agencies' fear of fire.

There is a unique need and opportunity for indigenous leadership in this disease prevention effort. The Karuk Department of Natural Resources is proactively working with partners to monitor SOD in the mid-Klamath, and to put fire back on the landscape. And as Cultural Practitioner Stormie Polmateer asserts, "the land needs the people to visit – to burn, to prune, to harvest, share and enjoy - because if we don't, these resources will go away."

To learn more about the Karuk Tribe's current efforts, contact Lisa Hillman or Heather Rickard at (530) 627-3446 or lisahillman@karuk.us, hrickard@karuk.us, or visit:

Karuk Department of Natural Resources (DNR) http://www.karuk.us/index.php/departments/natural-resources/dnr or the Fire Adapted Communities Learning Network http://fireadaptednetwork.org/about/network-members/. For more on SOD, check out

Oak Mortality Task Force http://www.suddenoakdeath.org/

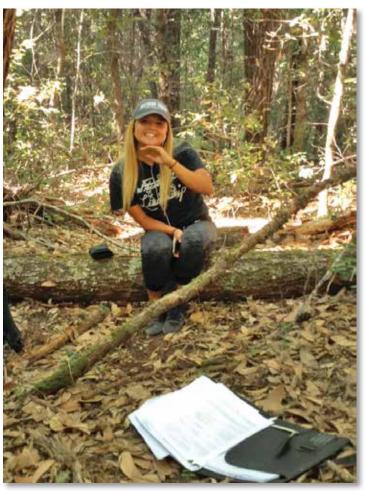
Humboldt UC Extension http://cehumboldt.ucanr.edu/Programs/Forestry/Sudden_Oak_Death/

And finally, watch for the Karuk Tribe's upcoming community mobilization efforts and Píkyav Lecture Series presentations.

-- Heather Rickard, Natural Resources Technician, Food Security Division of the Píkyav Field Institute



Cultural Practitioner Stormy Polmateer cooks acorns at a tribal food gathering



Karuk peekvichvaan (Summer Youth worker) Looyza Colegrove monitoring the health and abundance of cultural species.

Karuk Housing Community Computer Center

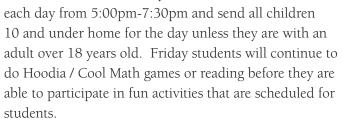


lorrine Super, Resource Development Manager

The computer center is continually working towards the KTHA mission to promote and sustain the culture, education, language, health, welfare, selfsufficiency, and economic independence of its residents.

COMPUTER CENTER

Our Office hours are Monday-Thursday from 10am-7:30pm and on Friday from 11am-6pm. The Computer Center has enabled residents to work on such things such as: Resumes, applications, school papers, homework research, entertainment (games) and social media. We continue our quiet time





Basket Weaving Session

We had our first basket weaving session with participants learning to weave a mini rattle. Our goal was to learn weaving techniques while adding sticks and layering

color. The two day class was focused solely on weaving our rattle. We had participants who traveled from Oregon and Sacramento to learn from weaver Alice Lincoln-Cook. The women who came together had a great time learning, visiting and laughing together.

Tutoring Time Monday-Thursday from 2:30pm-5:30pm

KHCCC continues its collaboration with the Karuk Education Department to provide tutors for grade school to high school students. We have had a great turn out and average 25 students a day. We have children improving in Cursive Handwriting, Reading Count, Vocabulary / Site Words, Spelling Test, English projects, and Math homework/Test. We have knowledgeable tutors who are patient and great with children. It is a relaxed atmosphere in which everyone can learn from each other.

For all their hard work our students earn time to receive gift certificates from local vendors and computer free time for gaming activities. Through our 'Free for all Fridays' activities we have completed scarves, sciences projects, blankets, hats, pillows, water bottle rockets, balloon race cars, homemade holiday cards, pine cone turkeys, 3D sculptures, bird houses, tennis ball key holders, rock painting, frozen colored ice balls for winter walk ways, karaoke, movie night, game night, painting and self portraits.





CLASSES OFFERED

Through our partnership with Joyce Jones of Northern California Indian Development Council, Inc. (NCIDC) we continue to have Microsoft Training. What an opportunity to enhance your skills right here at our computer center! Now we are offering a 12 week Microsoft Program Training. It is open so participants can join in at any time. You can also work at your own pace and earn certificates as you pass each section. We provide quiet time at the computer center when class is scheduled. Call the office to find out more information about upcoming classes. COME JOIN US!

We now provide Parenting Classes through collaboration with First 5 Siskiyou Children & Family Commission, Karuk Head Start, and Siskiyou County Behavioral Health. At our first class we had Parents Matter, a one-day 2 hour class. Our current class is Nurturing Parenting class with school age children. This is a 12 week class that offers child care and dinner for families.

From First Five website: Research shows that critical brain growth and other developmental milestones take place during the earliest years of a child's life. Making those years count is what First 5 California is all about. Our focus is to educate parents and caregivers about the important role they play in their children's first years. We now offer these classes here at the Computer Center. Call the office to find out more information about upcoming classes.



Karuk Tribe Senior Nutrition Center

The Karuk Tribe's Senior Nutrition Center serves healthy hot lunches at the locations listed below. Lunch is served starting at Noon, Monday through Friday. This program is open to all seniors. Donations are accepted but not mandatory. Pick up a monthly menu to know what is being served. Contact the Sites for more information. Come on by and have lunch with us at the Senior Nutrition Center!

Happy Camp Senior Nutrition Site 64101 Second Avenue Happy Camp, CA 96039 (530)-493-1600 Ext. 6001

Orleans Senior Nutrition Site 459 Asip Road Orleans, CA 95556 (530)-627-3056



Traditional Karuk Basket Weaving & Gathering Classes

askets were an integral part of everyday life for our • Karuk ancestors, and today basket weavers work to revitalize the time-honored and artistic practice of weaving and material gathering. Learning these ancient arts and skills is not easy, and so it is with great sorrow that we must acknowledge the crossing of a Karuk Elder and Master Basket weaver, Laverne Glaze, to the other side. She played a main vital role in preserving Karuk traditions, helping to keep Karuk basket weaving alive and strengthening it at a time when its practice was waning. When we spoke with her a couple of years ago about baskets, Laverne Glaze explained in the way she was known - with great humor, a strong voice, and flashing coal-black eyes: "Baskets were used for everything - I mean EVERYTHING - and it's been that way for years. You can cook with them, wear them on your head, catch fish with them... I clean huckleberries with mine. I do everything with them." Laverne Glaze was an esteemed Karuk Tribal Leader, matriarch, activist, teacher and basket weaving legacy: she will be sincerely missed.





At times like this, we must be truly cognizant of the responsibilities we hold as Karuk people to revitalize and perpetuate our cultural heritage. Essential to our tribal identity is the art of basket weaving, and essential to our ability to weave are the land management practices that promote quality basket materials. Over the past year, the Food Security Project has been able to support the ongoing efforts of our Master Basket weavers to keep these traditions alive. Master Basket Weaver, Karuk Tribal Elder and former Tribal Council Member, Verna Reece leads classes in Orleans and Happy Camp each week, and has been supported by Master Basket weaver, Paula McCarthy. Here, weavers of all levels of experience gather to learn, trade stories, and laugh.

Verna and Paula talk freely about how they started going to basket class together in the year 1980. The class was taught by the late Madeline and Grace Davis in the Indian Creek Café that had just become the first tribal building in 1979. "It was all volunteers back then and BIA helped pay for the utilities," explained Paula. By the mid-1990s, Verna had started teaching Basketry in the principal's office of the old school where the People's Center is now.

Over the 37 years that these women have practiced basketry and shared their knowledge, they have met hundreds of people and learned thousands of things. In the roles of master weaver, teacher, and advocate, they have visited museums, educational institutions and government agencies across the nation. Yet tending the landscape and gathering materials throughout the seasons brings them home. "It's where I find my church when I go outside to harvest basket materials," said Verna. Brittany Souza, a youthful and hard-working mother of three, continues her apprenticeship under Verna. She began weaving as a child, attending classes offered by Laverne and her daughters at the Orleans Elementary School. After moving to Happy Camp, Brittany continued to learn under Verna's tutelage. Brittany speaks of her teachers with the utmost respect and honor, in keeping with her Karuk heritage, and has already begun leading classes herself. "Well, I teach when Verna can't be there. Occasionally we have young girls come and so I'll work with them," Souza related, "My little cousins come to weave sometimes and my daughter is only two, but I bring her along." When she talks about her little girl playing with the materials and pretending to weave, she evokes the collective voice of generations upon generations of Karuk people.

Brittany, Verna and Paula continue to gather materials and weave together. "It is my hope to continue in their footsteps and keep tradition alive. That's what their teachers hoped for them - and I plan to continue it." Brittany goes on to say that "making baskets is healing, helping to repair some of the inexplicable damages of historical trauma." Dedicated weaver Jewel Frank offered her own expertise on basket weaving: "It's a women's issue – Native women coming together to weave gives us power and healing. While we gather our basket materials, we are also gathering our self-worth." Deanna Marshall, Laverne's daughter, learned to weave from her mother at an early age. Despite being a full-time teacher, she remains dedicated to weaving and sharing the tradition she was taught.

Basket weaving is an art – and art is rarely valued for the time, creativity, skill and effort taken to produce it. Nevertheless, Verna would like to encourage both men and





women to consider basketry as an economic opportunity, saying "I bought my first Subaru with money I saved selling baby baskets." She is quick to point out that traditional Karuk men have always woven certain types of baskets, and that there is money to be made there, too. The real pleasure, however, comes when you complete your own basket – and use it! "Plus, it's just fun!" says Paula.

From elders to youth, we all play vital roles in preserving and perpetuating our tribal heritage. Brittany adds, "Our young people are the next basket weavers, teachers and leaders." The Karuk Department of Natural Resources would like to thank all our weavers for playing such a valuable role in revitalizing and enhancing Tribal resources and cultural heritage. True to their personalities, however, Paula, Brittany and Verna don't like to take any credit themselves, but asked us to thank the Karuk membership "for coming out to Basketry class and making it such a nice time. Please keep coming, and consider joining us if you haven't yet!" They want to encourage youth to join, too, for "they will undoubtedly surprise us with their knowledge and make us proud," said Brittany. "We must remain mindful of who we are: Basket People, Mountain People, River People."

Basket Weaving Classes are held every Thursday from 1-4pm in Orleans at the Karuk Department of Natural Resources, Community Room; and every Sunday from Noon-3pm in Happy Camp at the Karuk Tribe People's Center Museum. For more information, contact the Píkyav Field Institute Program Manager, Lisa Hillman, (530) 627-3446, or lisahillman@karuk.us.

Pikyav Domestic Violence Services Program

lf you or someone you know has a question about a relationship, healthy or unhealthy, visit loveisrespect.org or text "loveis" to 22522, or Pikyav DV Services Program, 64101 Second Avenue, Happy Camp, CA. 96039, 530-493-1630

ith Valentine's Day behind us, we'd like to remind you that everyone deserves a safe and healthy relationship. Remember, love has many definitions, but abuse isn't one of them.

Communication is a Key Part to Building a Healthy Relationship.

The first step is making sure you both want and expect the same things -- being on the same page is very important. The following tips can help you create and maintain a healthy relationship:

- **Speak Up.** In a healthy relationship, if something is bothering you, it's best to talk about it instead of holding it in.
- **Respect Your Partner.** Your partner's wishes and feelings have value. Let your significant other know you are making an effort to keep their ideas in mind. Mutual respect is essential in maintaining healthy relationships.
- **Compromise.** Disagreements are a natural part of healthy relationships, but it's important that you find a way to compromise if you disagree on something. Try to solve conflicts in a fair and rational way.
- **Be Supportive.** Offer reassurance and encouragement to your partner. Also, let your partner know when you need their support. Healthy relationships are about building each other up, not putting each other down.
- **Respect Each Other's Privacy.** Just because you're in a relationship, doesn't mean you have to share everything and constantly be together. Healthy relationships require space.

Healthy Boundaries

Creating boundaries is a good way to keep your relationship healthy and secure. By setting boundaries together, you can both have a deeper understanding of the type of relationship that you and your partner want. Boundaries are not meant to make you feel trapped or like you're "walking on eggshells." Creating boundaries is not a sign of secrecy or distrust -- it's an expression of what makes you feel comfortable and what you would like or not like to happen within the relationship.

Remember, healthy boundaries shouldn't restrict your ability to:

- Go out with your friends without your partner.
- Participate in activities and hobbies you like.
- Not have to share passwords to your email, social media accounts or phone.
- Respect each other's individual likes and needs.

Healthy Relationship Boosters

Even healthy relationships can use a boost now and then. You may need a boost if you feel disconnected from your partner or like the relationship has gotten stale. If so, find a fun, simple activity you both enjoy, like going on a walk, and talk about the reasons why you want to be in the relationship. Then, keep using healthy behaviors as your relationship grows

What Isn't a Healthy Relationship?

Relationships that are not healthy are based on power and control, not equality and respect. In the early stages of an abusive relationship, you may not think the unhealthy behaviors are a big deal. However, possessiveness, insults, jealous accusations, yelling, humiliation, pulling hair, pushing or other negative, abusive behaviors, are at their root exertions of power and control. Remember that abuse is always a choice and you deserve to be respected. There is no excuse for abuse of any kind.

Safety Planning for Family and Friends

As friends and family members, you can help someone in an abusive relationship make a safety plan try to remember:

Listen and be supportive. Even when you don't understand or agree with their decision — don't judge. It can make them feel worse. Connect them to resources and information in their area to find information to share. Don't post information about your loved one on social networking sites. Never use sites like Facebook or Foursquare to reveal their current location or where they hang out. It's possible their partner will use your post to find them. Brush up on your knowledge of **digital safety**. Allow the person you're trying to help to make up their own mind. Leaving an unhealthy or abusive relationship may be difficult and even dangerous. Avoid blaming or belittling comments. Abusive partners usually put down their victims regularly, so your loved one's self-esteem may already be low. Don't give up even though helping is frustrating.

Can I Stop Being Abusive?

If you're being abusive toward your partner, the first and hardest part of changing is admitting your behavior is wrong. It's very important to take responsibility for the problem and get help to end it. If you've already taken this step, you're on the right track.

What Do I Need to Know?

Though you may not know it, you rely on your beliefs and attitudes to justify your abusive behavior. With help, you can change and learn how to treat your partner with true respect. It's extremely important that you get professional help through this process. Talk with an advocate in your local service area or you can speak with a peer on loveisrespect.org

Remember that physical and sexual violence aren't the only types of abuse. You may be harming your partner in verbal or emotional ways, like through intimidation, threats, isolation or other means of control. You should take steps to end ALL the types of abuse now. Addressing the roots of your behavior will take time, but if you want a healthy relationship, you need to make the commitment to change immediately.

What Can I Do?

- Remember, violence is always a choice. There are no excuses and no one else to blame for being abusive.
- Focus on how your abuse affects your partner, family and children. Fully accept how seriously you have hurt the people you care about.
- Accept the consequences of your actions. Your partner has the right to get help from police or the courts. You may face legal consequences for being abusive, either with jail time or a restraining order.
- Remember you are not alone. Your friends and family can support you through the difficult process of changing.
- Respect your partner's right to be safe and healthy as you work toward change, even if it means you can't be together.
- Because change is hard, there may be times when you may justify your actions or feel like giving up. Remember your original commitment to change and you'll be more likely to succeed.

Get help from a program that focuses on abusive relationships. A program will help you stop being abusive and create better relationships. For help call 530-841-3141 Ext. 6305.

Tanya Busby, CSAC II Deputy Administrator Judicial System and Programs

Announcements



Ongratulations to George D. Cramer Jr.! He will be graduating with a Master of Fine Arts (MFA) – Creative Writing in May 2017 from the Institute Of American Indian Arts in Santa Fe, NM.



appy 1st Birthday, Naomi Rose! Naomi Rose Spence, daughter of Raymond and Michelle Spence, celebrated her 1st birthday on January 12th, 2017. We love you so very much! Love Mom and Dad

Introducing . . .

Jeff Ott

y name is Jeff Ott, 46 years old; I am a Family Nurse Practitioner at the Karuk Community Health Clinic in Happy Camp. I am also a Public Health Nurse, a long term Community Health Outreach Worker, and a long term needle exchange volunteer /organizer. I attended Sonoma State University for my Bachelors and Masters degrees and a local JC in Lake County before that. I am the author of two books and about twenty records.

I am a survivor of familial alcoholism and molest, a decade of homelessness in the East Bay, and am in my third decade of sobriety. I know intimately that many, if not most, chronic health conditions are driven by very old nonphysical injury. This knowing instructs me to remember daily that my most important task is to shut up and listen. This knowing also has shown me that no one is too sick, old, hurt, or broken to get back up.

I'm a father of two daughters and one granddaughter.

Through DNA testing I have recently found my



Biological Sister, Mother, and Aunt in Nebraska and look forward to meeting them later in the spring. Also through DNA testing I have found out that I am of entirely English/ Irish ancestry. This ancestry and my continued sobriety require that I make one last thing very clear.

I know exactly what happened across Northern California from 1849 forward. I know about the official "expeditions", the unofficial "rangers", the forced removal of the people's children, the slavery caused by the "protection act", and the intentional attempts to end the language and the culture Creator gave to you.

I know MY people did this because they were addicted to gold, and lost their minds. I am profoundly sorry, and I am at your service.



Bobbisue Goodwin

yukii, My name is Bobbisue Goodwin. I am a Karuk Tribal Member. I grew up living in Happy Camp, CA and Redding, CA. I am currently a full time student at Glendale Community College in Glendale, CA where I am working to obtain an AA in Restaurant Management, AAS in DSS and in Culinary Arts. In the summer of 2016, I was accepted for an internship with the Karuk Tribe at the Happy Camp Senior Nutrition Center during my semester breaks. It has been such an honor serving our elders and giving back to my people and community. Yôotva!

Bari Talley

Bari Talley started a new position on January 30 as Sípnuuk Division Coordinator for the Department of Natural Resources. Since 2012, the Karuk Tribe has been developing the Sípnuuk Digital Library, Archives, and Museum, (sipnuuk@mukurtu.org) through the Food Security Project in collaboration with The Karuk Tribal Libraries and other tribal programs seeking to provide a self-representative and culturally appropriate access to, control over, and preservation of Karuk cultural heritage. The position is being housed at the Panámnik Center (530-627-3081), and will help provide staffing to the Panámnik Library, and to the Orleans Community Computer Center, which is a tribal public partnership with a volunteer board that also provides coordination. Bari will also work at the People's Center (530-493-1600 x2202) or Wednesdays to provide for a smoother transition. btalley@karuk.us



Nicole Woodrow

yukîi, My name is Nicole Woodrow and I was hired last November as the K-12 Environmental Education Division Coordinator through the Department of Natural Resources' Píkyav Field Institute. My main responsibilities include



development and implementation of the Nanu'ávaha Curriculum, a culturally relevant and academically challenging environmental education program intended to benefit both Tribal and non-Tribal students within the Karuk Tribal Service Area. I have lived in the area for almost five years and just last year graduated from Humboldt State University with my Bachelors of Science in Environmental Science with an emphasis in Ecological Restoration. I am originally from Monterey County and am a descendent of Western Mono and Yokuts people of the Central Sierra Nevada Mountains. I love living on the river, fishing, gardening, and learning more about local culture. I am very grateful for this opportunity to provide our local youth with important and Tribal-oriented curricula. Yôotva!

Please feel free to contact me for more information through phone (530) 627-3446 ext. 3012 or e-mail nwoodrow@karuk.us



Rita Thom

yukîi, my name is Rita Thom. I recently accepted the position as Tenant Relations Officer with the Karuk Tribe Housing Authority Yreka office. I am a Karuk Tribal Member and a proud mother of three Children, daughter AliyseCiana and sons Kael and Niqueolai. I take pride in learning and speaking our Karuk language. I also enjoy learning to make regalia for my children. To my job I bring my background in case management, family partnership, and leadership skills. I am excited to work with families to help them reach their housing goals. As I get more familiar with my position, I would like to invite my tenants to feel free to contact me at: (530)-842-1644 ext. 7012 or via email: ritathom@karuk.us. I am glad to be working for the Tribe again.





Grant Gilkison

yukîi panani'áraaras – hello my People!

Although I'm not new to the USDA Klamath Basin Food Security Project, I'm very happy to have been hired by the Karuk Department of Natural Resources to lead the Tribe's Food Security Division. Previously, I was the Outreach Coordinator/Tribal

Liaison for the Mid Klamath Watershed Council.

In my new position, I hope to augment my continued efforts to engage youth in activities that increase access to healthy food by placing a focus on eco-cultural revitalization, such as getting them out into the field, on the river, and into the community learning about traditional resource management and our cultural heritage. I also hope to be actively involved in promoting and generating participation in youth based initiatives that help them succeed in their current and future scholastic and employment endeavors, but first and foremost in their personal lives.

You'll be seeing more of me at the many events and activities we're planning for the Píkyav Field Institute's Food Security Division. Please feel free to contact me for any questions and/or suggestions either in person, or at (530) 627-3446 ext. 3029, ggilkison@karuk.us.



For 5th - 12th

grade students

PRESORTED STANDARD U.S. POSTAGE **PAID** PERMIT NO 110 MEDFORD OR

Summer STEM

Science Technology Engineering Mathematics Hosted by: Karuk Education Department

When: Once a week at each location

Where: Orleans, Happy Camp, and Yreka

Time and Location: To Be Determined

For more information please contact: Cassidy Little, Student Services Coordinator (530)-493-1600 ext. 5502 or (530)-643-2238 clittle@karuk.us