## Karuk Tribe

Fall Edition 2018

64236 SECOND AVE • HAPPY CAMP, CALIF. • 96039 • (800) 505-2785



## Fall 2018



## AYUKÎI Greetings from your Tribal Council



Russell Attebery
Happy Camp
Chairman
TERM: Nov. 2015-Nov. 2019



Robert Super
Yreka
Vice-Chairman
TERM: Nov. 2014-Nov. 2018



Michael Thom
Happy Camp
Secretary/Treasurer
TERM: Nov. 2015-Nov. 2019



Alvis Johnson
Happy Camp District
Member at Large
TERM: Nov. 2016-Nov. 2020



Joseph Waddell
Happy Camp District
Member at Large
TERM: Nov. 2016-Nov. 2020



Kristen King
Orleans District
Member at Large
TERM: Nov. 2017-Nov. 2021



Renée Stauffer
Orleans District
Member at Large
TERM: Nov. 2015-Nov. 2019



Arch Super
Yreka District
Member at Large
TERM: Nov. 2017-Nov. 2021



Sonny Davis
Yreka District
Member at Large
TERM: Nov. 2014-Nov. 2018

### **Notes From The Chairman**

I hope and pray that all of our Karuk Tribal Members are healthy and happy. Please contact either myself or any Karuk Tribal Council Member if you have any concerns or questions. We have taken a solemn oath to help any way we

yukîi huut kich,

can.

I recently attended an All-Tribes meeting in Sacramento, CA. Public opinion research and surveys were conducted by a firm out of Los Angeles. I would like to share those results of California's perceptions of Indian Tribes. Please keep in mind that the very first Governor of California proclaimed that his goal was to exterminate all California Indians. Present day, California Governor, Jerry Brown has recently proclaimed that he cannot imagine life without the California Indians and Tribal knowledge, wisdom and dedication to maintaining a balance between humans and Mother Earth. As you can see Native Americans have come a long way to gain the respect they deserve. A "Dual mode" of telephone and an online survey of a random sample of 1000 registered California voters likely to vote in the November 2018 state and local elections was done in 2017. Here are the results:

A strong majority of voters have a favorable overall opinion of California Indian Tribes. Large majorities of voters agree:

- California's Indian Tribes have strong cultural traditions in which they take pride.
- Tribes are "Good Neighbors" who conduct themselves responsibly.
- Tribes are "environmentally responsible".
- Tribes have suffered discrimination and mistreatment until quite recently.
- Smaller majorities of voters perceive Indian tribes to have "Sovereign Tribal Governments" that are similar to state governments. Many surveyed indicated that the word "Sovereignty" as it applies to Indian Tribes may be misunderstood.

Perceptions of Indian Gaming Casinos: Support for the Constitutional Amendment legalizing Indian gaming has held steady since 2010. Majorities of voters also agree:

- Indian casinos are honest.
- Indian casinos provide good jobs for Indians and non-Indians and have put Indians in California on the road to self-reliance with dignity.
- Indian casinos help the economies of near-by communities and help support local charities and civic events.
- Indian casinos conduct business in an environmentally responsible manner.

As America expanded from "sea to shining sea", federal Indian policy in the age of Manifest Destiny (destiny of the westward movement) not only led to the loss of billions of acres of Indian land, and the related promises the United States made in exchange for this land remains unfulfilled. Yet, despite the expropriation of land, relocation (reservations), and attempted Tribal termination and assimilation, Tribes have begun rebuilding their nations, rooted in their traditional values and quite successfully. While the United States has yet to live up to the promises it has made to Tribal Nations, Tribal leaders are pursuing goals for our members similar to those of the United States national policy makers; building strong and prosperous nations, including economic growth and the public services. Economic diversity characterizes modern Indian Country but a common factor cited by Tribal leaders as hindering tribal economic development is the need for adequate federal funds for essential governmental service, such as public safety, housing, education, and workforce development, insufficient infrastructure, including roads, water, sewer systems and broadband. While prosperity to many Americans draws upon the American Dream being based on wage, income and commercial success, prosperity to Native Americans is the preservation of family, culture, language and homelands.

We will keep fighting for our inherent right to sovereignty. Yootva kura Suva nik,

Chairman Attebery 🔝



## Ayukii from the Election Committee



The Karuk Tribal Election Committee is hereby established for the purposes of: 1) conducting and supervising all Tribal elections, general, primary, or special, in accordance with the Election Ordinance; 2) deciding election disputes; 3) enforcing the Election Ordinance; and 4) recommending to the Tribal Council such additional rules for the conduct of elections as may be necessary from time to time.

### The Karuk Tribe Election Committee is currently composed of 8 Members:

Maggie Morrow – Chairperson Dolores Voyles – Vice Chairperson

Michelle Spence – Secretary Romnay Beck – Member

Barry Hockaday Sr. – Member Charlene Naef – Member/Alternate

Tina King – Member Debbie Whitman – Member

### **NOTICE OF ELECTION:**

NOTICE IS HEREBY GIVEN: that on <u>Tuesday</u>, <u>November 6, 2018</u>, the Karuk Tribe will conduct a <u>General Election</u>. Candidate Packets for Yreka and Happy Camp Member at Large are currently available at Tribal Offices and due back to the Election Committee by <u>Wednesday</u>, <u>September 5, 2018 by 5pm</u>.

#### **SUBJECT MATTER OF ELECTION:**

Vice-Chairperson (Paid Position) TERM: November 2018 - November 2022

Yreka Member at Large TERM: November 2018 - November 2022

Happy Camp Member at Large (Partial Term) TERM: November 2018 – November 2020

<u>TO BE ELIGIBLE TO VOTE:</u> you must be an enrolled member of the Karuk Tribe, who is eighteen years old or older, and has registered with the Karuk Voter's Registration Office (you may register to vote before the election or at the polling place on Election Day, you must bring a valid form of ID to register at the poll place).

Polling places will be open from 7 AM to 7 PM at the following locations:

Happy Camp: Multi-Purpose Room (Old Gym), 64236 Second Avenue;

Yreka: Kahtishraam Wellness Center, 1404 Kahtishraam; and

Orleans: Community Center, 39051 Highway 96

<u>ABSENTEE BALLOTS:</u> Requests for absentee ballots must be submitted in writing with a current return address <u>and must be received no later than **Tuesday**, **October 23**, **2018**. If you are already an absentee voter, please make sure your address is up to date with the Enrollment Office to ensure you receive an absentee ballot. Feel free to call (530) 493-1600 ext. 2039 if you have any questions.</u>

## Ayukîi from the Enrollment Office,

There are currently 3,746 Enrolled Tribal Members and 4,668 Enrolled Descendants.



Mildred Grant Chair



Jeanerette Jacups-Johnny Vice Chair



Corina Alexander Secretary



Charlene Naef Member At Large



**Robert Super** Council Vice Chair



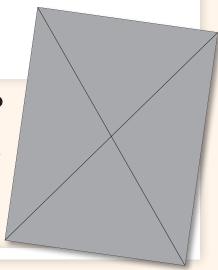
- Enrollment/Descendancy applications for the Enrollment Committee.
- Issue Tribal Verifications for enrolled Members and Descendants.
- Collect Census Data on all Tribal Member households (we do not release any personal information only non-identifying information). Please update your census with our office every three years.
- Process mail lists for Tribal Mailings; please make sure your address is up to date so you don't miss out on important mailings or the newsletter.
- Issue Free California Fishing License Applications.
- Create Family Trees.
- Issue ID cards.
- Issue DMV/Sales Tax Exemption forms to Tribal Members living on Trust Land.

Please feel free to contact our office by phone: (800) 505-2785 Ext. 2028/2039. You can also reach us by email: rattebery@karuk.us and mspence@karuk.us We would love to hear from you!

Yootva, Robert Attebery

### Do You Have An Article For The Newsletter?

ttention Karuk Tribal Members & Descendants, if you have news, articles, events or announcements you wish to submit for publication in the Karuk Newsletter, please send information to newsletter@karuk.us. Submissions are preferred in digital format; however hardcopies are also accepted by mailing articles to Newsletter Articles, P.O. Box 1016 Happy Camp, CA 96039. All submissions must include your name and address as no anonymous articles will be accepted.



## 22<sup>nd</sup> Annual Karuk Tribal Reunion

The Karuk Tribal Reunion was a huge success thanks to the hard work of our Tribal staff, vendors and volunteers! The 22nd Annual Karuk Tribal Reunion was held in Happy Camp, CA on Saturday, July 7, 2018 at the Karuk Tribal Administration Complex. Activities were in full swing despite the summer heat. Council Member, Sonny Davis, gave the opening blessing. Chairman Buster Attebery and Council Members spoke on the importance of Tribal families and carrying on our culture.



Participants of all ages crossed the Elk Creek Bridge and up to the Campground and back to the finish line of the Fun Run /Walk led by Laura Olivas. A delicious breakfast





was put on by the Billing staff. Vendors set up their booths along the walkways. Native vendors and others set up on site with their wares. There were vendors selling Jewelry, Native decal clothing, an Indian Taco Booth and other food vendors. California Highway Patrol held a bike rodeo and gave out bicycles and car seats.

The Karuk Language Committee held a language activity booth with Karuk coloring pages and identified different Karuk words in regards to culture and made a Language board. They also had a genealogy table that had a lot of interested elders come together to make connections. Stormy Polmateer demonstrated acorn cooking and how to prepare and leach the acorns for making acorn soup. Karuk Weavers Wilverna Reece and Denna Dodds taught traditional Karuk Basket Weaving at their booth. Denna worked on a large stick basket made of hazel sticks and Verna demonstrated how to weave stick baskets using willow sticks. They also demonstrated how to size up and select the right materials for making baskets.

Winners of our first ever car show were; Best of Show-Tom Harris with a Blue 1942 2 Door Ford Coupe, Best Custom-Larry Foster with a candy apple red 1947 2 Door



Page 6 See Karuk Newsletter Summer 2018



Ford Sedan, Best Stock-Jerry Neal with a Black 1969 Chevy Camaro, and the Tribal Council Favorite-Tom and Linda Thoreson with a Maroon 1949 Ford Tudor Custom. Car show winners received awards for their respective categories.

Mothers, aunties and cousins proudly assisted in getting the girls ready for the Demonstration Flower Dance led by Crystal Richardson. She also shared a story in Karuk language about Brush Dance. There was a strong sense of community and connectedness as they braided hair and matched up caps, dresses and regalia to girls, teaching



traditional etiquette and values. David Arwood Sr. led the men and boys in a Demonstration Brush Dance. It was truly amazing to watch the youth in full regalia as they danced with their families.

Drumming and singing could be heard throughout the day as the upriver and downriver teams gambled in the traditional way to compete for ishpuk and bragging rights. Franklin Thom and Sam Super headed up the Indian Stick Card Games Tournament where Charles Hayden took it all home in winner take all. The IT Department led a horseshoe tournament and the first place winning team was





Charlie Eastlick and Randall Swim, second place team was Nelson Randolph and Arthur Harrie, and the third place team was Barry Hockaday and Robert Aubrey Jr.

Karuk Tribal Elders ages 85 and older were honored with 18 month calendars that were made by a collaborative effort of the Karuk Human Resources staff. Pictures for the calendar were donated by staff and Tribal members and were taken in and around Happy Camp. Full Blood Karuk Tribal Members, Nancy Super and Sonny Davis were honored and gifted with gift baskets of canned jams, fish and Pendleton Blankets. We are not a tribe without our elders and we are grateful for their knowledge and wisdom that they carry and pass on.

Thank you to all of the Karuk tribal staff, volunteers and contributors! This reunion was one of the best. We truly hope that our relations had a great time at the reunion and that we will see you all again at next year's Karuk Tribal Reunion! Yootva!









Page 8 🐷 Karuk Newsletter Summer 2018

### Karuk Tribal Head Start



#### NOW RECRUITING

For the 2018/2019 School Year

Accepting Applications for the Happy Camp and Yreka Head Start Centers SUBMIT YOUR APPLICATION AS SOON AS POSSIBLE

### **Services Provided:**

Early learning opportunities fostering Social/Emotional/Physical Development

A developmentally appropriate learning environment-school readiness

Health-Dental & Vision Screening

Parent/Family Support/Family Engagement

Creative Curriculum-Pre-School Learning Foundations Framework

Healthy & Nutritious Meals, Free of Charge

Qualified, Experienced Teachers and support staff

\*The Karuk Head Start Serves all Children, Tribal and Non-Tribal\*

To enroll in Head Start, children must be three years old on or before September 1, 2018

Applications are available at any Karuk Tribal Office.

For more information, contact the Karuk Tribe Head Start:

Happy Camp: (530)-493-1490 Yreka: (530)-842-9225 PO BOX 1148 Happy Camp, CA 96039 1320 Yellowhammer, Yreka, CA 96097





## Purchased Referred Care Services Eligibility

The following is an explanation of the eligibility criteria for the Karuk Tribe's Purchased Referred Care Services to give applicants a better understanding of the eligibility process. Our goal is to assist all clients to obtain the best services possible.

- 1. Must be a Tribal Member or Descendant of a Federally-Recognized Tribe in California.
- 2. Must be a permanent resident of Siskiyou Co. CA or Orleans, CA for the past six months.

If you are eligible, PRC coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, You must notify Purchased Referred Care Services within 72 hours. If you do not do this, you will be responsible for the bill. PRC coverage is for emergency, life-threatening situations only! The following are not considered to be emergencies or life-threatening; Sore throats, ear aches, rash, follow-up care, medication re-fill, etc.

Emergency visits will not be covered if it would have been closer to go to a Karuk Tribal Health Care facility. If there is a KTHP facility in the area and you choose not to use the facility, you will then be denied and held responsible for the bill.

### **Referral:**

Medical care that is not available at the Karuk Tribal Health Care facility. Referrals are not a guarantee that we can assist in payment with services. A patient must meet eligibility criteria, medical priorities, and use of alternate resources. Referrals are reviewed and payment is based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

#### **IHS-PRC** Authorization:

We will prioritize all referrals and call-in requests and make recommendations for approval or denial. The PRC staff or their appointed designees are the only persons who can approve and authorize payment of services. In most cases, an approved referral is limited to one medical treatment and/or one appointment. Please call Purchased/Referred Care prior to any follow-up appointments or referral to another specialist/facility for approval to make sure your coverage is still in effect

#### **Alternate Resource:**

IHS-PRC is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Workman's Compensation, or is covered by any other resource, that resource is the primary payer. All Explanations of Benefits (EOB) and payment checks from the primary payer(s) must be brought or mailed to the PRC office without delay, when received by the patient. Many times the non-IHS will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they have filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Purchased/ Referred Care in order to complete the payment process.

### **Pregnant/Prenatal Care:**

If PRC is requested to pay for the charges for your delivery/newborn care and hospitalization you must apply for OB Medi-cal. According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before PRC funds can be obligated. The California Medi-cal Services has a program for which you may be eligible for. All pregnant women will be interviewed, advised and/or assisted if needed in applying for OB Medical. If you are denied, you will need to take the letter to the PRC office to be filed with your OB referral form. Failure to cooperate with IHS-PRC will result in denial to authorize payment for any charges you may incur.

If you have any questions regarding the eligibility and payment process, please call Purchased Referred Care Services at: (530)-493-1600 Anna Myers, PRC Supervisor Ext. 2156, Cat Turner, PRC Clerk Ext. 2155.

Page 10 🛸 Karuk Newsletter Summer 2018

## Karuk Tribal TANF Program

### **Diversion Services**

TTP may provide eligible Native families a one-time cash benefit paid in lieu of placing that family on TANF to assist the family in remaining self-sufficient. Diversion assistance is in the form of a one time cash benefit that would provide eligible families with the ability to cover their needs and move into a work situation without having to enroll in the TANF program. Diversion services reduce the number of dependent Native families and encourage self-sufficiency by diverting Native people from being placed on aid and providing benefits that may resolve discrete family crises. The KTTP diversion program allows the clients to continue to be self-supporting without monthly grants and strives to strengthen Native communities.

#### What constitutes a Diversion?

The KTTP diversion program allows the client to continue to be self-supporting without the monthly KTTP grant. KTTP can provide diversionary cash assistance with a lifetime limit of \$5,000 per family. The diversion assistance is for a short-term, non-recurring crisis. Diversion is not to be used to pay for delinquent recurring bills unless a non-recurrent crisis has caused the delinquency. Diversion aid may not be used for repayment of personal loans.



The four purposes of the TANF program are:

- To provide assistance to needy families so that children can be cared for in their own homes.
- To reduce the dependency of needy parents by promoting job preparation, work and marriage.
- To prevent and reduce the incidence of out-of-wedlock pregnancies.
- To encourage the formation and maintenance of two-parent families.



## Pikyav Domestic Violence Services Program

he Pikyav Domestic Violence Services Program is making services accessible while providing a cultural perspective within the system in an effort to enhance existing services to Native people. The Karuk Pikyav Domestic Violence Services Program has a Transitional House located in Yreka and also have offices located in Yreka, Happy Camp and Orleans. We provide D.V. Services with a staff consisting of the Program Administrator, April Attebury; Program Coordinator, Leslie Harrison; and Krystal Wilson, D.V. Services Specialist\ Transitional House Manager. Staff members work directly with domestic violence shelters, courts and other services providers in Humboldt, Del Norte, and Siskiyou counties. The Pikyav Domestic Violence Services and the Transitional Housing Program offer services to eligible Native Women and Men, Teens, Elders and Community Members. The Karuk Pikyav D.V. Services Program Staff also assist clients with navigating the legal, civil and criminal court process, including obtaining and enforcing protective orders.

Services Provided;

Safety Planning

Short-Term individual support services

Court accompaniment

Assistance finding emergency shelter

Referrals to tribal and community resources and

Limited Financial assistance if applicant meets eligibility criteria

Individual Counseling

Assistance finding and maintaining permanent housing

Violence Prevention/ Healthy Relationships Education Services for Youth

Short-Term advocacy and emotional support Follow-up Services, for a minimum of three months

We are currently waiting and excited to move into our new Happy Camp office located at the Karuk Family Services Center, on Hillside Drive. We are hoping to be settled in our new office space by the end of August. We look forward to serving the community from the Karuk Family Services Center!!!

The Karuk Domestic Violence Services Program is hosting an "Advocacy Training" every Thursday for five weeks. Which began on July 12th our participants will earn a certificate at the end of the training. It has been an honor to be able to host this training along with Barbra Risling, Victim Services Program Advocate for the Karuk Tribe. I would like to thank all of our participants and speakers for attending and helping to make this training successful. October is Domestic Violence Awareness Month keep an eye out for flyers for events.

The Karuk Pikyav Domestic Violence Services Program promotes Healthy Relationships and Peaceful Homes. If you or anyone you know is experiencing Domestic Violence, Teen Dating Violence, Family Violence, Sexual Abuse, Stalking or are in an unhealthy relationship.

Please call us at Happy Camp (530) 493-1630, Orleans (530) 627-3676. If you have any questions please contact Leslie Harrison, D.V. Services Program Coordinator at (530)-493-1630.



Karuk Domestic Violence Advocacy Training

## Tips for Staying Healthy This Flu Season

th summer in full swing and the cooler months on the horizon, now is a perfect time to remind everyone the importance of getting your annual flu shot. Everyone over the age of 6 months should be getting their flu shot every year. Vaccination against the flu is particularly important for those at risk of developing serious complications from influenza such as children under 5 years old, especially under 2 years old, adults over 65, pregnant women, and American Indian/Alaskan Natives.

By getting your flu shot you are doing your part to minimize the impact the flu can have on your community. Getting your flu shot not only keeps you healthy but keeps your family, friends, co-workers and community healthy. The best way to ensure getting your flu shot will provide the maximum protection for you and your community is to get it before December.

It is important to get your flu shot each year as the vaccine changes yearly to match the viruses that will be most common.

In addition to getting your flu shot there are three simple things you can do to help reduce the spread of the flu: stay home when sick, cover your cough/sneeze, and wash your hands often for 20 seconds with plenty of soap and water. All of these things help keep our communities healthy and safe.

Should you or your family members have symptoms of the flu (fever/chills, runny/stuffy nose, cough, muscle/ headaches, and fatigue) please call and schedule an appointment at your nearest health clinic. This will cut back on the time exposed to others and reduce the spread of flu.

Remember: getting your flu shot is the best way to keep you, your family, and your community healthy!

If you have any questions, please contact Joshua Stanshaw, Operations Manager at: (530)-842-9200. For an appointment at one of our Health Clinics, please contact our Medical Clinics. Yreka: (530)-842-9200, Happy Camp: (530)-493-5257, Orleans: (530)-627-3452. Yootva!

### **Diabetic Friendly** Recipes from the **Health Department**

### Chipotle-Cilantro Tilapia

4 Servings (2 tortillas, 1 fillet and 2 table spoons sauce)

4 4-oz skinless tilapia fillets

1/4 teaspoon salt

1/4 teaspoon ground cumin

1/8 teaspoon chipotle chili powder

1/8 teaspoon black pepper

2 teaspoons canola oil

½ cup plain fat-free yogurt

2 tablespoons fresh cilantro

½ to 1 teaspoon minced chipotle chili peppers in adobo sauce

8 6-inch corn tortillas

- 1. Thaw (if frozen) and rinse fish and pat dry with paper towels, sprinkle with salt, cumin, chili powder and black pepper
- In an extra-large nonstick skillet heat oil over medium heat. Add fish fillets. Cook 6 to 8 minutes or until fish flakes easily when tested with fork, turning once half way through cooking.
- For yogurt sauce in a small bowl combine yogurt, cilantro and chipotle peppers in adobo sauce. To serve place 1 fish fillet, 2 warmed tortillas, and about 2 tablespoons of yogurt sauce on each of 4 plates.

### Carrot-Cucumber Salad

4 services (1 cup each)

1/4 cup rice vinegar

2 tablespoons fresh cilantro

1 tablespoon sesame oil

1/4 teaspoon salt

1/8 teaspoon chipotle chili powder

1/8 tablespoon black pepper

1 medium cucumber halved lengthwise and cut into 1/4-inch slices

2 medium carrots cut into matchstick size pieces (1 cup) ½ of a small red onion thinly sliced

In a large bowl whisk together vinegar, cilantro, oil, salt, chili powder and black pepper. Stir in cucumber, carrots, and red onion. Toss to coat. Cover and chill 2 to 4 hours before serving. Divide salad among plates.



## Health & Human Services AAAHC Survey

The Karuk Tribal Health and Human Services Program is pleased to announce that we have received positive results on our recent Triennial Accreditation Survey. The survey lasted for two days with three surveyors visiting all of our clinic sites. The surveyors were Mr. Benjamin Snyder, MPA, Bruce N. Rogers, DDS, MBA and Mrs. Elizabeth Harrell, MA, MSN, RNC.

AAAHC encourages safe, high-quality patient care, and measurement of performance in organizations providing health care services in ambulatory settings. Chapters of performance include:

- Patient Rights and Responsibilities
- Governance
- Administration
- Quality of Care Provided
- Quality Management and Improvement
- Clinical Records and Health Information
- Infection Prevention and Control and Safety
- Facilities and Environment
- Anesthesia Care Services
- Surgical and related Services
- Pharmaceutical Services
- Pathology and Medical Laboratory Services
- Imaging Services
- Dental Service
- Behavioral Health Services
- Occupational Health Services
- Urgent Care Services
- Medical Home





Each chapter comes with a set of standards in which we must comply. Performance Measures are data-driven and are a large part of the survey. They improve quality of care and promote effective and efficient utilization of facilities and services. For example, we have raised our Mammogram rates up to 61 percent and hope to reach 70 percent before the end of the year. By redesigning our Dental Consent Form we have raised our rates of signed consents to 90 percent, which is our goal. By striving hard to reach 25 measures required of GPRA, we have reached 17 measures and foresee meeting 3 more very soon. We are currently measuring 19 projects from various categories.

In addition to our performance measures, they review our patient satisfaction surveys, patient complaints, incident reports, staff orientation and education, confidentiality, privacy, how we secure records, control and storage of medications, and much more.

There a lot of detail and effort that goes on behind the scenes to provide a great Health Care Program. The Medical Department, Dental Department and Behavioral Health Department performed well thanks to Tony Vasquez, Medical Director and his staff, Eunsun Lew, Dental Director and her staff and Patricia Hobbs, Behavioral Health Director and her staff. Yootva!

This is our fourth survey by AAAHC and our first Certification as a Medical Home thanks to Danci Harris, LVN who lead the Medical Home initiative. It is an honor to receive AAAHC Accreditation.

For more information on the accreditation process, please contact Lessie Aubrey, Manager of Grants Compliance & Accreditation at (530)-493-1600.





Page 14 SKaruk Newsletter Summer 2018

## Tribal Court Advocate Program

yukîi, naníthvuy uum Tamara Alexander. I am the Supervising Advocate for the Tribal Court Advocate Program. We recruit and train advocate volunteers to advocate for tribal children and youth in the Karuk Tribal Court system. Our program consists of advocating for children/youth that come into the Karuk Tribal Court system as a result of Child abuse, neglect, family violence, teen violence, domestic violence or sexual abuse. The Karuk Tribal Court appoints an Advocate Volunteer to advocate for the child/youth throughout their time as a dependent of the court. If you would like more information about becoming a volunteer or the Tribal Court Advocate Program, please contact Tamara Alexander, Supervising Advocate, at (530)-721-3601. tjalexander@karuk.us or stop by our office at 218 Butte Street, Yreka, CA 96097. Our Tribal Youth need your support! Yôotva!



## Youth Wellness Court

e are proud to announce that there has been great success in the program. The Youth Wellness Court has had five graduations so far this year and Tribal youth have continued to exceed program expectations. Youth have been learning about the stages and process of change, from adolescence to adulthood. They have also been learning how to make positive decisions and practicing responsible behaviors. Many of them participated in summer school to earn credits and were able raise and improve their grades. Some of the youth were able to witness other Tribe's cultures through different cultural events. Some attended Karuk Tribal Ceremonies to nurture their connection to their cultural identities. If you or someone you know has an at-risk Tribal youth in need of guidance and support, please contact the Youth Wellness Court for information on entering the program. Joseph Perreira, Youth Compliance Officer, phone: 530-841-3143 ext. 6504, cell: 530-643-2092, email: josephperreira@ karuk.us We serve youth ages 11-18 years of age or up to the age of 21 if they are still pursuing their education. Do not hesitate! Every youth deserves an opportunity to reach their potential. Thank you!



## Karuk Tribe Housing Authority

rograms:

The Karuk Tribe Housing Authority offers Low Income, Elder, and Emergency Rental Homes and Lease Purchase Homes in Yreka, Happy Camp, and Orleans, First-Time Homebuyer Loans, Down Payment Assistance Grants, Elder and Temporary Rent Vouchers, Home Replacement Grants, Home Rehabilitation & Weatherization Grants and Loans, and Home Improvement Loans to eligible low income applicants.

We encourage Tribal Members who have any unmet housing need(s) to apply for assistance. The median family income limits that determine eligibility are not as low as you may think. Many working families are still at or below 80% of US Median Family Income Limits set by HUD! All offers are made from the waiting list, to be active on the waiting list your application must be updated regularly (at least annually), as well as anytime you have changes to your status (income, household size, employment, etc.) many of these items will change the amount of points you are eligible for, so be sure to keep your information current at all times.

KTHA also administers the Bureau of Indian Affairs (BIA) funded Housing Improvement Program (HIP) for the Karuk Tribe, this is a grant program that addresses the housing needs of Indians who cannot qualify for housing assistance from any other source. It can be used for repair and renovation of existing housing or the construction of a new home. The applicant must have ownership of the land which the house is to be built on or repaired. If the home is a leasehold interest, the lease must be for no less than 25 years, and title to the property must have a clear title report, and be free of any liens or encumbrances. *Applications will be made available later this year*.

For more information on any of our programs, please visit the Karuk Tribe Housing Authority Department on the Karuk Tribe's website at www.karuk.us/ or contact us via phone at 1(800) 250-5811, Extension 3108.

Progress on our construction projects continues to move forward. Check out the live webcam on our webpage.

Yreka:

The Department of Transportation is continuing prepare plans for the paving of the parking lot at the Kahtishraam Wellness Center in the Spring. This will finish out that facility with 44 parking spaces around the building (4 ADA, 6 compact, and 34 standard) as well as add some unpaved overflow parking for larger events. There are daily activities in the Center for all ages. Contact our Wellness Center Coordinator, Jeanne Burcell, or Resident Services Manager, Florrine Super, TO SIGN UP AS VOLUNTEERS, and for more information about this beautiful facility and their calendars of events! Staff continue to use the Remind system to send out daily schedules and updates.

### Happy Camp:

Construction was completed and two brand new one bedroom units were added to the KTHA inventory, with offers sent! This brings the total number of units in all three communities up to 224 (144 Yreka, 45 Happy Camp, and 35 Orleans)!

Steady progress continues on the Happy Camp Resident/
Community Center on Jacobs Way which includes a
gymnasium, kitchen, business center, and exercise room.
Construction is scheduled to be complete in September
with a Public Grand Opening Event to follow. This project
is being funded with HUD IHBG and New Market Tax
Credit program, a brand new source of funding for the
Karuk Tribe and Housing Authority that has never been
accessed before!









Page 16 S Karuk Newsletter Summer 2018

#### Orleans:

We continue to make progress toward the planning necessary to undertake the construction of single family units to meet the huge need for affordable, safe, and sanitary housing for low income Tribal families in the downriver communities. The Tribal Council and Board of Commissioners recommitted to their goal of constructing a Wellness Center in the Orleans community in future grant years at their most recent Planning Session. This will complete the goal of having one in each of our communities!

#### **Funding News:**

We have been advised that the additional \$100 million in competitive funds appropriated by Congress for FY 2018 will be made available to IHBG recipients either late this calendar year or early 2019 for rehabilitation and new construction projects, of which we have MANY, which will be a huge benefit to our communities.

### **Staff Appreciation:**

The Board of Commissioners recently recognized three of our employees for their hard work to seek and obtain grant funding for KTHA programs. Randy White, Charles Sarmento, and Florrine Super were all provided with Certificates of Appreciation and \$100 gift cards August 6, 2018 at the Yreka Board of Commissioners Meeting. Randy and Charles have worked on many grants to support the Security and Emergency Services program for the Housing Authority and Florrine Super has successfully obtained multiple years of grant funding from Siskiyou County Behavioral Health to support the wide array of services offered in the Computer Center!

The last Security Grant award for \$392,288 from the Tribal Homeland Security Grant Program with the Department of Homeland Security (FEMA) fully funded the purchase of a 23' landing craft boat, 39' mobile emergency command center, and transport vehicle to tow the command center. The equipment was recently on display at the Tribal Reunion, and we were visited by Sandra Tripp, Regional Tribal Liaison, for FEMA Region IX (and longtime prior Tribal Employee).

### **Housing Meetings:**

The currently seated Board of Commissioners includes Robert Super: Chairman, Scott Quinn: Vice Chairman, Charlene Naef: Secretary, Dolores Voyles: Treasurer, Joseph Waddell: Council Liaison, Sherile Grant: Commissioner, and Teresa Valin: Commissioner. Please attend the next Tenant Meeting in your community; the location rotates between Happy Camp, Orleans and Yreka with all meetings beginning at 10am. Open Tenant Meeting dates for 2018 are posted on the Karuk Tribe Housing Authority Department page at www.karuk.us/

For more information on KTHA programs, please contact the Karuk Tribe Housing Authority in Yreka: (530)-842-1644, in Happy Camp at: (530)-493-1414.







## 3<sup>rd</sup> Annual Fish Lake Youth Camp

The Karuk Tribe's Food Security program hosted a Youth Camp at Fish Lake headed by Grant Gilkison on July 28-30, 2018. The camp was a fun, family event and the perfect way to end the summer with friends and cultural immersion. Many activities were offered including Traditional Karuk Basket weaving led by Wilverna Reece, Deanna Marshall and Chelsey Preston. Women and young girls were taught how to make small tobacco baskets using willow roots, willow sticks, Bear grass and either woodwardia fern or maidenhair fern.

Shirlee Preston and Adrian Gilkison taught arts and crafts. Youth had a blast at their site making necklaces and other art activities. Heather Rickard brought her carvings and taught screen printing using oil paints. They had the option of making a salmon or elk print to take home with them.

The Karuk Tribe fisheries department took youth out on the lake in dugout canoes that were loaned by the Yurok Tribe. Campers then met lakeside to hear Mike Polmateer speak about fisheries and the specifics of the fish at Fish Lake. Ancestral Guard introduced themselves and the dugout canoes and demonstrated the traditional way to clean and process salmon.

Stormy Polmateer ran the camp kitchen and made amazing food throughout the weekend. She also began the process of cooking acorns in the traditional way. This process takes all day to get the fire hot, heat rocks and prepare the acorns for cooking. Participants were given the

opportunity to ask questions and assist with the process. Youth were able to make solar ovens that they used to bake delicious fruit and berry cobblers in at a station led by Ramona Taylor.

Kathy McCovey led a hike to nearby Blue Lake to identify plants and gather roots for salve making. Tyler Conrad led a man's site in arrow and arrow head making as well as hide tanning.

There were numerous guest speakers at the Fish Lake Camp including Alex Watts-Tobin, Vicki Preston and Pihneftuuf Elston who discussed their roles as Archeologists with the Karuk Tribe. Jessica Conrad discussed the Tribe's current project on Elk herds and her role as a Wild Life Technician. Margo Robbins, David Medford and Elizabeth Azuz discussed the importance of the Fire and Fuels program leading a scavenger hunt for PPE afterwards and youth got to try on the fire packs and gear. Black Cap Medics led an informative discussion on first aid. Perri McDaniels of the Chiloquin Tribe spoke about the traditional foods of their tribe, Wocus, which grows in Fish Lake. Campers had a wonderful time boating, swimming, fishing and attending the camp sites.

Thanks to everyone who helped put this on and for the participants for being happy respectful campers!

Contact Grant Gilkison, Food Security Division Coordinator at (530)-627-3446 for more information about this and other Food Security Events.







Page 18 🔝 Karuk Newsletter Summer 2018

## **Education Department**

The Karuk Education Department, TERO, Karuk Childcare Council, Karuk Education Committee and the TANF Department recently hosted our Annual Yav Kuma Itapan "we are great learners", Math and Science Camp. It was an amazing week! Our week was full of adventures, field trips, laughs and pure joy as all the administration buildings know, as they probably heard all the laughter ringing though parking lot as we were



very boisterous. On Monday, July 30th we started our week with a field trip to the Ishkaysh Ranch to collect soap root to make traditional brushes with Heather Rickard, K-12 Education Coordinator. Phil Albers, TANF Cultural Specialist hosted cultural activities which included traditional food gathering discussions. Laura Jaffe- Stender, Watershed Project Coordinator from Mid Klamath Watershed Council continued the fun on Wednesday collaborating with Kenneth Brink, Karuk Tribe



Fisheries Technician, to engage the students with a visit to Indian Creek, Klamath River Access, exposing students to the wildlife habitat and the life cycles of the local anadromous salmon and trout species. Students were also introduced to Macroinvertebrates sharing the streams and their use in monitoring water quality. Masks and snorkels were

provided, along with field guides for the identification of fish species and Macroinvertebrates. Students spent hours learning about the life cycle and anatomy of the different species at that location. The students were also taught about optimal water flows and thermal refuguim necessary for the completion of the life cycle for our anadromous fish species. On Thursday we began construction on our Egg Drop Contest where there were many different approaches and designs; all students had an incredible experience. On

Friday we completed the drop where 75% of the projects were successful. The Karuk Summer Food Program was so kind to provide lunches for each day. The meals were fulfilling and appreciated. Jerry Brink was the first student to sign up for camp so he received a special gift. We would like to thank



Jerry and his family for being the first student to sign up. We concluded the camp with a field trip to Rogue Air Park and Lava Lanes in Medford Oregon. In Medford we were greeted with the Yreka Yav Kuma Itapan students and staff, fun was had by all. We bounced for a few hours and then we enjoyed a delicious lunch at Kaleidoscope Pizzeria. As our day came to a close we bowled at Lava Lanes and filled the place with life long memories and sipped on slushies from the cafe. Top winners had scores of 150 and higher. We are looking forward to all the new adventures to come for Yav Kuma Itapan in the coming years. A heart felt thank you to all the students, families, staff and the Karuk Tribe for all of your contributions to make this camp successful.

As students prepare to for a new 2018-2019 school year, please keep the Karuk Education in mind as we will be continuing services in Yreka, Happy Camp, and Orleans. Services available are listed on our website at www.karukeducation.us, where you can also stay up to date with any events or workshops that will be available. For the new school year, we would like to focus on raising our Student's test scores in the areas of English Language Arts and Literature as well as Mathematics. We also will be supporting High School Students with hopes of attending College with California A-G requirement monitoring to ensure all students are on the right track to attend the Colleges they want to. Yootva, from the Karuk Education Staff. Contact Michael Dyer, Education Coordinator for more information at (530)-493-1600 Ext. 2034.

## Ayukîi from the Karuk Community Development Corporation!

out to all of the communities affected by fire in the last couple of months; Hornbrook, Redding, Lakeport and many more. In all areas many families have lost their homes and in some cases, their loved ones. You can help out by donating to the charity of your choice, at a designated donation site such as Mechanics Bank and the Shasta Regional Foundation. You can also volunteer your time and energy at an emergency shelter, animal shelter, or a myriad

of other ways. If your community is affected by the smoke please follow local recommendations as to what precautions to take and be safe wherever you are.

Head Start Director, Priscilla Stack, is planning her retirement for June of 2019. We want to get the word out to begin our recruitment for a new Director. Head Start Standards section §1302.91 (b) reads as follows: A program must ensure an Early Head Start or Head Start director hired after November 7, 2016, has, at a minimum, a baccalaureate degree and experience in supervision of staff, fiscal management, and administration. If you or someone you know meets the qualifications and are interested in working for a tribal Head Start beginning in 2019 please give us a call at (530) 493-1475 ext. 5103. We would love to hear from you.

The biomass feasibility study done by the Schatz Energy Research Center located at Humboldt State University has been completed. Preliminary findings show that a biomass plant to produce products such as biobricks for wood burning stoves, biochar (soil amendment), and electricity generation will work in our area. The next step in the process is to identify funding to do a market analysis and business plan for a biomass plant and to identify feedstock for supplying the plant on a continual basis.

Our new Amkuuf Shop is completed but the move has been delayed due to circumstances beyond our control.



Tiny Homes in Southern Oregon was awarded the contract for our new building and are waiting to get it moved to our new location. Dirt work and paving will be completed in the coming weeks and if all goes well we anticipate being relocated to our new building at our new location by August 30th. We will be hiring additional On-Call Sales

Clerk for 16-hours per week Please check the Karuk Tribe jobs listing for additional information. www. karuk.us

We had another local winner at our Amkuuf Shop! Congratulations to Karen, the 2nd place winner of \$10,000 in the Seneca nationwide drawing.

If you would like more



Left to right: Dolores Davis, Amkuuf Manager & Karen, Winner

information on KCDC or any of our programs please contact us at (530) 493-1475 or email kderry@karuk.us. Yootva!

Page 20 🔝 Karuk Newsletter Summer 2018

## Substance Use Disorder Program

ello from the staff at the Karuk Tribe Human Services and the Substance Use Disorder Program. There are powerful changes happening in the Substance Use Disorder Program, first our name has changed to reflect the changing times in our field. We are no longer Substance Abuse Program, reflecting the reality that the use of drugs or alcohol does not always have to be abuse to cause a problem. New therapists and counselors have recently joined our team, making more services available in the communities of Yreka, Happy Camp and Orleans. We are offering assessments, referrals to detox and residential homes, family education classes, and our own outpatient treatment. Many people do not know the differences of the various treatment modalities. An assessment is a casual interview where the professional counselor can determine what type of treatment is needed for best outcome. Outpatient treatment is where the patient continues to work, go to school, live in their home and attend one to three group or individual sessions at one of our offices, as well as attend a self-help meeting in their community. Detox is offered for individuals that are having problems getting off drugs or alcohol. Detox can be as simple as seeing our medical staff and taking a prescribed drug at home or going to a detox residential home for a few days. Residential treatment is where the individual needs more focus on their recovery and may go away to a recovery center for up to

ninety days, where they can be away from distractions and stressors. While they are away, they learn new coping skills and other life strategies to remain drug free in the long term.

The most exciting progress our program has made is the implementation of a medication assisted treatment. Medication assisted treatment is a program that gives prescribes medication to a patient so they do not have to use illegal drugs from the street that may be tainted with life threating additives or use needles that may be infected with life threating diseases and gives them a chance to enter in a recovery program. The Karuk Medical Clinics in cooperation with the Substance Use Disorder Program have begun offering medication assisted treatment. Our medical team can offer prescribed medicine for those people who are struggling with opiate addiction. The Substance Use Disorder Program can help manage their treatment by offering counseling or referrals. A slow rollout of the program began in May 2018. In addition to medication assisted treatment saving lives, reuniting families and giving people hope, medication assisted treatment is a huge money saver. As people on medication assisted treatment recover they use fewer social services and have the opportunity to reenter the workforce. If you know anyone that may benefit from our services please call the Karuk Tribe Human Services Department at: (530)-841-3141.



## People's Center Museum & Gift Shop

yukii, My name is Brittany Souza and I am the incoming Karuk Tribe People's Center Coordinator. I have been an employee of the Karuk Tribe for the past few years, working as an assistant in various departments. I grew up on the Klamath River in Weitchpec, Orleans and Happy Camp and have two wonderful children that I am raising up here in Karuk Country. As a Karuk Basket weaver and cultural practitioner, I am excited about the opportunity to serve our membership in this capacity.

The People's Center Museum is a place where our people come together to share our stories and traditions as well as educate the public. I will be working to develop cultural programs that will be offered at the People's Center; such as basket weaving classes and regalia making workshops. I am looking forward to overseeing and managing the museum archives and collections, as well as learning more about the NAGPRA process and working to bring our ceremonial items and baskets back home. I also look forward to working with the People's Center Advisory Committee, Sipnuuk Digital Library Committee and the

Language Committee to collaborate on various Tribal projects including developing grant proposals to help fund our museum and programs into the future.

Please keep an eye out for future announcements in our newsletters about upcoming events at the People's Center such as updating our displays. We will also announce the dates of next year's Basketweavers Gathering in the near future! There are many things to do and see in Happy Camp. We hope you will come to the People's Center Museum to view our displays and sign our guestbook. Karuk basket weavers make some of the finest baskets in Northern California and we have a wide variety of Karuk Basketry on display including Baby Baskets, Caps, Acorn Cooking Baskets, etc. Our exhibits also feature a canoe and an array of ceremonial regalia on display in the gallery. Our gift shop is located inside the museum and we carry baskets, jewelry, clothing, books, and more!

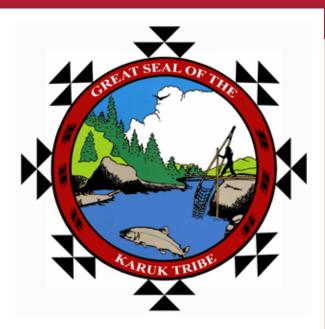
You may reach me at: (530)-493-1600 Ext. 2202 or bsouza@karuk.us



# Karuk Tribe Employment Opportunities

e encourage you to visit the Karuk Tribe's website at www.karuk. us and our Facebook page at www.Facebook.com/karukpeople. Frequently check those sites to view current Employment Opportunities as well as Contracting Opportunities, Requests for Proposals & vacant seats on Boards & Committees!

Job Descriptions are available on our website & by contacting the Human Resources Department: humanresources@karuk.us.



Vickie Simmons, Human Resources Director, Phone: (530)-493-1600 Ext. 2041, Fax: (855)-437-7888, Email: vsimmons@karuk.us

Applications may be hand delivered to any Tribal Office, or by mailing to:

Karuk Tribe Attn: HR P.O. Box 1016 Happy Camp, CA 96039

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## Department of Transportation Projects



yukii! The Karuk Tribe's
Department of Transportation
has multiple projects currently in
the design or construction phase
or are on our Tribal Transportation
Improvement Program (TTIP) plan as
future projects The following are some
of the current projects we've been
working on:

Yreka Clinic Parking Facility project —This project consisted of reconfiguring the existing medical clinic parking facility for ease and safety of access for patients and staff. We removed an existing concrete pad and replaced with asphalt, applied seal coat to the parking lot, replaced the damaged handicapped parking signs, painted a crosswalk and installed truncated domes, added wheel stops, and new striping and directional signage. This project



Yreka Clinic Parking Facility
(Bucky Lantz & West Coast Paving, Inc. are in the photo)

has been successfully completed.

Grand Opening on September 7, 2018.

Hillside Road Widening and Parking Facility project

– Hillside Road, which provides access to the newly
constructed Family Services Center in Happy Camp, was
narrow, lacked adequate roadway surfacing, drainage,
pedestrian facilities and signage. We widened and paved the
road and parking facility, added a sidewalk, lighting, curbs
and gutter, and added striping and signage prior to the

Kahtishraam Parking Facility project – Kahtishraam



Hillside Parking Facility

Road leads to the recently constructed Wellness Center in Yreka, CA. The Wellness Center currently only has a graded aggregate-based area for parking which quickly becomes inadequate in inclement weather, as well as when large events occur. The purpose of this project is to provide safe and efficient parking for the staff, as well as the tribal and community members who frequent the establishment. We are currently in the preliminary design phase for this project and expect to begin construction in the spring of 2019.

**Department of Natural Resources Parking Facility project** – This project consists of constructing a paved, secured, parking facility for the employees at the Natural Resources offices in Orleans. We are in the preliminary design phase for this project. Construction is expected to begin in late spring of 2019.

The DOT Maintenance crew – Bucky Lantz and Sal Tello, stay very busy maintaining our tribal routes by weed-eating around the guard-rails, painting curbs, installing and/or replacing signs, cleaning gutters and drain inlets, snow removal, and sweeping the streets, as well as inspecting current transportation construction projects and maintaining our equipment. I'd like to give them a big thank you for working hard in the heat (and smoke) and freezing cold or wet weather, all the way from Yreka to Orleans. If you see them out there, feel free to thank them also!

Feel free to contact Misty Rickwalt at 530-627-3016, mrickwalt@karuk.us or stop by the office in Orleans at 37960 Highway 96, Building A.

Page 24 🔝 Karuk Newsletter Summer 2018

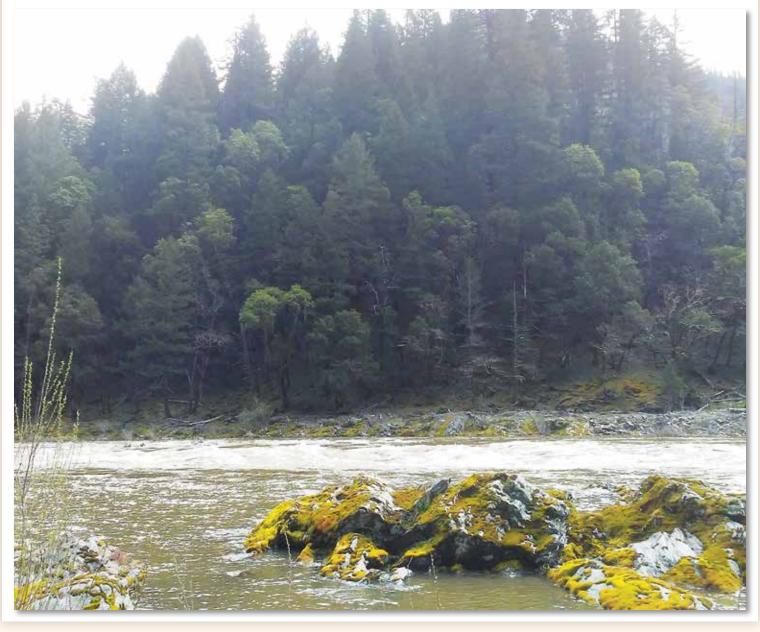
## **Victim Services Program**

ission Statement: Use a culturally sensitive approach to support victims on their journey towards healing by providing advocacy and access to resources.

**Program Vision:** An empowered community that is united, healthy, and safe.

Ayukii from the Karuk Victim Services Program! We hope you joined in on some of the outreach activities our program facilitated in the past few months. The March for Kindness event went very well. We had a ton of fun with the community creating posters to promote the cause and marching around the Karuk Tribal Housing in Yreka. The Victim Services program also held an *Embrace Your Voice* candlelight vigil at the Siskiyou County Courthouse

in Yreka in honor of sexual assault victims and survivors. The event was very empowering. We would like to thank everyone who helped us remember and honor those who have been affected. Our program met with the National Justice Training Center of Fox Valley Technical College to put together a strategic plan for the program. It was a small group but the knowledge and ideas that were put forth were huge in constructing the very best plan to fit the program and clients we serve. We hope to keep doing the best we can to keep the resources that we offer thriving. If you or someone you know has been victimized, please contact us: Barbra Risling, Advocate I in Yreka, phone: (530)-643-9243 Lauren (Chelsey) Preston Advocate in Orleans, phone: (530)-627-3676 Yootva!



### Rain Rock Casino

The Rain Rock Casino is pleased to announce the start of our summer concert events. Bring your friends and family in on the fun with two headliner acts at the Siskiyou Golden Fairgrounds in the month of September. Tickets for each show are on sale now at the Rain Rock Casino in the Main Cage and are a great deal at only \$20 each for general admission. General admission seating will be lawn style seating on the carnival lot of the Siskiyou County Fair Grounds. Upgrade to the life of luxury with Reserved Seating for just \$35.



Darryl Wade Worley (born October 31, 1964) is an American country music artist. Signed to DreamWorks Records Nashville in 2000, Worley released four albums for the label: Hard Rain Don't Last (2000), I Miss My Friend (2002), Have You Forgotten? (2003), and Darryl Worley in 2004. After the label closed in 2005, he moved to 903 Music, an independent label owned by Neal McCoy, releasing Here and Now in 2006, shortly before that label's closure. His most recent studio release is 2009's Sounds Like Life via Stroudavarious Records, owned by James Stroud.

Worley's six albums have produced 18 singles on the Billboard Hot Country Songs charts, including three Number Ones: "I Miss My Friend", "Have You Forgotten?", and "Awful, Beautiful Life", from 2002, 2003 and 2004–2005, respectively. "Have You Forgotten?" spent seven weeks at Number One. Nine other singles have reached the Top 40.

Mickey Thomas is the owner of the soaring voice that propelled Starship through the decades of the 80's and 90's. With his soulful and compelling vocals, Mickey has established himself as one of Rock Music's most recognizable stars.

Mickey made his mark in 1976 as lead vocalist on the mega-hit "Fooled Around And Fell in Love" with The Elvin Bishop Band. In 1979, Mickey's joined the Jefferson Starship as lead vocalist, after the departure of Grace Slick and Marty Balin. Backed by the power of Mickey's vocals, Jefferson Starship immediately scored a #1 hit with "Jane". With this new sound and powerful new vocals, the group was renamed Starship and continued to record an amazing string of hits including "No Way Out", "We Built This City", "Sara", and an Oscar Nomination for the #1 hit "Nothing Gonna Stop Us Now" from the movie "Mannequin". Other top hits included "Find Your Way Back", "Stranger", "Laying It On The Line", and "It's Not Over Till It's Over" which became Major League Baseball's theme in 1987.



Moreover, every Starship album released since 1979 has gone Gold, Platinum, or Multi-Platinum. Mickey's stellar voice and video charisma on Starship's video classics such as "We Built This City" and "Sara" have become staples on MTV and VH1. Material covered in Starship's live performance ranges from Mickey's tenure with The Elvin Bishop Band and Starship, as well as songs from his two solo albums.

Doors for both shows open at 6:00 PM with shows beginning at 8:00 PM. Rain Rock Casino can't wait to see you there!

For more information about tickets, please contact the Rain Rock Casino at (530)-777-7246.

"It All Begins With You!"

Page 26 SKaruk Newsletter Summer 2018

### Wildfire and Summer Smoke

t seems that smoky conditions have become a regular feature to our summers and with this regularity it is easy to forget the risks smoky conditions can bring. While everyone should attempt to reduce their exposure to smoke as much as possible there are certain groups of people that should be extra cautious. Children, elders, pregnant/nursing mothers, and those with pre-existing respiratory conditions (such as asthma or COPD) are all at the greatest risk and need to limit their exposure to smoke. Limiting your exposure to smoke is the best possible way to reduce chances of having your health affected. This can be accomplished by limiting your time spent outdoors and avoiding vigorous activities (such as exercising) while outside. If you must be outside the use of a N-95 mask can offer some protection from smoke. Staying inside where air can be filtered and re-circulated is the best way to ensure you are protected from the health effects of smoke exposure. To ensure that indoor air stays clean

take care to reduce indoor pollutants caused by cooking, vacuuming, burning candles/incense and smoking. Try to keep indoor spaces closed off from the outside during smoky times, utilizing air-conditioning when and where possible. Indoor air purifiers can also aid in keeping the air clean in your home. Both N-95 masks and purifiers can be made available through the Karuk Tribe Health & Human Services Program. Please contact your local clinic for more information. If you have an indoor purifier from previous years that needs to be checked over please contact your nearest clinic to arrange for it to be looked at. Stay safe and healthy!

To inquire about air purifiers, or to get an appointment at your nearest health clinic, please contact us. Yreka Medical Clinic: (530)-842-9200, Happy Camp Medical Clinic: (530)-493-5257, Orleans Medical Clinic: (530)-627-3452.



## K12 Environmental Education Division - Pikyav Field Institute

The K12 Environmental Education Division was lucky to have the help of some of the Department of Natural Resources' first college-age interns this summer in addition to Peekavichvaan Youth Technician summer youth workers. Together they helped to improve local gardens; led lessons in collaboration with the Karuk Education Department's Summer Enrichment Program and TANF; supported Karuk Food Security and Farm to School activities; and

participated in STEM related field activities including GIS mapping and Food Grove Surveying.

Thank you for your hard work, bright ideas, and flexibility this summer! Thanks also to Aja Conrad, Environmental Workforce Development & Internships Division Coordinator, for coordinating their placement with K12 Environmental Ed.



Intern Ellen Sanders-Raigosa gets started on the Auntie Bean's Memorial Garden/ Elder's Center Garden.



Intern OliviaRose Williams leads a lesson on Plant Medicine for the Karuk Education Department's Orleans Summer Enrichment Program.



Peekavichvaans and interns conduct an interview about the history of the garden with Mavis and Beavi McCovey to better inform future work in the Day Pay Memorial Park and Native Plant Garden.



Deja Coleman, Ruby King, and OliviaRose Williams make improvements in the Garden.

Page 28 🔝 Karuk Newsletter Summer 2018

The Science of imyúha, Soaproot: Young scientists bridged Traditional Science and Western Science through seasonal field observations; hands-on investigation of bulb morphology and drought adaptation; and experimentation with a traditional adhesive to make soaproot brushes. Thanks to Phil Albers of TANF, Kathy McCovey, Chena & Michael of the Karuk Education Department, and Tribal Interns who collaborated with K12 Environmental Education Division to provide a series on soaproot at the Math & Science Camp!

Yootva! Food Security Division, (530)-627-3446





Phil discussed comparative perspectives between Traditional and Western Sciences. Here he provides direction to students in their digging efforts



Patience helps to maintain a good attitude while digging soaproot.



Students rinse bulbs, separating the outer fibers from the inner bulb.





Kathy assists students in removing adhesive (glue) from the bulb to bind the fibers for the brush handle.

## Introducing . . .

## **Barry Hockaday**

yukii, My name is Barry Hockaday and I have recently accepted the Transporter position with the Karuk Tribe. I transport people to their doctor appointments, physical therapy visits, optometrist and otolaryngologist appointments, and dental appointments. This service is available for elders and individuals that are without reliable transportation. Please be sure to call enough time in advance so that we can get you in the schedule. If you are in need of transportation, you may reach me at the following: Office: (530)-493-1600 Ext. 2131 or email: bhockaday@karuk.us.



### **Darrel Aubrey**

yukîi nanîthvuy uum Darrel Aubrey. I am a Karuk Tribal Member and of Yurok descent. I grew up in Southern Oregon and Northern California. I graduated from Captain John Continuation High School, received my Bachelor's Degree in Computer Science from Humboldt State University and received my Master's Degree in Computer Science from UC Davis.

After my time at UC Davis I took a break from academics and worked at Google for nearly two years. I decided I wasn't making the impact I wanted to in Indian Country so I applied to law school and I am now attending the University of Idaho College of Law. My focus in law school is Native American Law and I have one year remaining. After law school my plan is to support my wife, Paula (Rhodes) Aubrey, while she works toward her PhD or Medical Degree. During that time I will gain outside experience and knowledge to bring back with me when we move to Northern California or Southern Oregon.

### Loretta Miranda

yukîi! My name is Loretta Miranda. I am the new Associate General Counsel for the Karuk Tribe. I am a first generation descendant of the Morongo Band of Mission Indians (Serrano and Cupeno), and I grew up on the Morongo Indian Reservation in Southern California. I graduated from Lewis and Clark Law School in Portland, OR and received my Bachelor's Degree from California State University Northridge. While in law school I was the Vice President of the Native American Law Student Association and I clerked for the Department of the Interior - Office of the Regional Solicitor in Portland, the Native American



Pictured are Darrel Aubrey, Legal Intern, Loretta Miranda, Associate General Counsel and Fatima Abbas, General Counsel

Rights Fund in Alaska, and for the Yurok Tribal Court. Directly after law school, I worked at Berkey Williams LLP as the 2016-2017 Indian Law Fellow. Prior to law school, I worked as the Outreach Coordinator for the Friendship House in San Francisco. I am also on the Board of Directors for the California Indian Law Association and serve as the Secretary for the nonprofit organization. I am excited to join the Karuk Legal Department and look forward to meeting the community.

Page 30 See Karuk Newsletter Summer 2018

### Announcements



Karuk Tribal Member, Jared Wilder, along with his wife, Samantha Wilder, would like to announce the birth of their daughter, Avery Paige Wilder. She is the granddaughter of Kevin Wilder and Sherlee Preston, and the greatgranddaughter of Adrian and the late Gary Gilkison. All of her relatives on the river cannot wait to meet her in person when her little military family transfers to the West Coast.



The family would like to welcome and announce the birth of Asa Donahue jr. He is the son of Asa and Janelle Donahue. Grandparents are Ron and Robin Reed, Dennis and Bonnie Donahue and Angela Rose. He is the apple of his sister Alli's eye.



Payton Charlesworth graduated from Yreka High School on June 9, 2018 and will be attending College of the Siskiyous in Weed, California to pursue his love for welding and to play for the Eagles Football team.

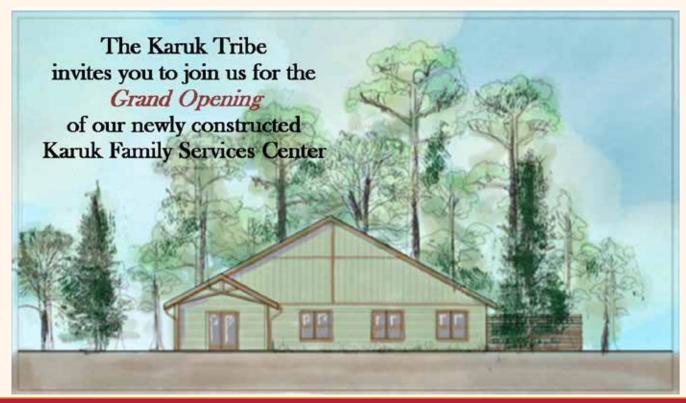
Congratulations Malford Leroy Harrison and Aaron Joseph Tuttle on your High School graduation! Our family is so proud of you and your accomplishments. We know you will do well in whatever you decide to do. Malford is the son of Dorcas & Hawkeye Harrison. Aaron is the son of JoAnne Harrison & Aaron Tuttle. Love you boys!





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## Karuk Family Services Center Grand Opening



Friday September 7, 2018 at 10 AM | 64105 Hillside Road, Happy Camp, CA

Opening prayer and welcome address at 10AM Immediately following we will host snacks, cake and give a tour of the facility.

RSVP to Emma Lee Perez 530-493-1600 Ext 2017 or emmaleeperez@karuk.us