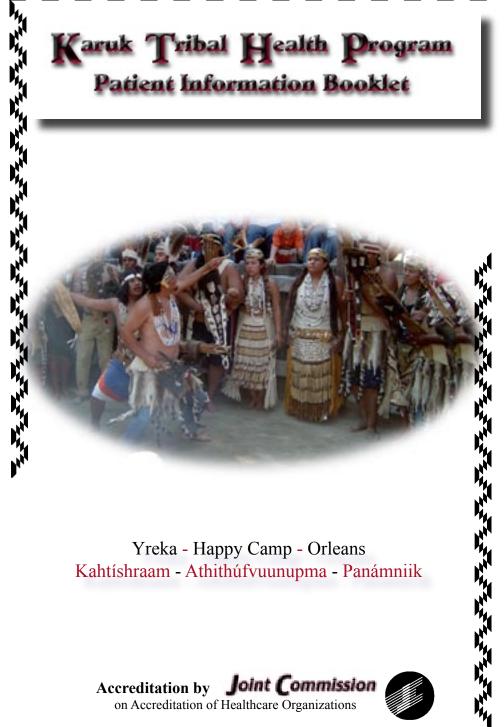
atient Information Booklet



Yreka - Happy Camp - Orleans Kahtíshraam - Athithúfvuunupma - Panámniik

Accreditation by Joint Commission on Accreditation of Healthcare Organizations



Mission Statement

The mission of the Karuk Tribal Health Program is to provide quality health care for Native Americans and to provide quality healthcare to other people living in the communities we serve as resources allow. Our purpose is to appropriately assess or reassess conditions of illness, disease, or pain, provide culturally appropriate educational, preventative, and therapeutic services in an environment of continuous quality improvement.



Karuk Tribal Health Board / Karuk Tribal Council 2005





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Karuk Tribal Health Clinics

Locations: Yreka, Happy Camp and Orleans

Karuk Tribal Health Clinics are open to the Native Americans and other people living in the communities we serve. To meet our patients' needs, we offer primary medical and dental care, pharmacy services, opthalmology telemedicine services, and HIV/AIDS care. In addition, we provide limited laboratory, x-ray services, and women's clinics. Referrals are made to specialized services for any necessary procedures not provided at Karuk Health Clinics.

Our clinics observe state and federal guidelines and standards of care, and are reviewed by the state Indian health programs, MediCal, and the Joint Commission of Accreditation of Healthcare Organizations (JCAHO). We have been JCAHO Accredited since 1997.

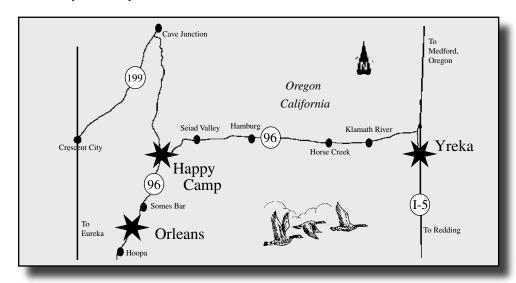
The Karuk Tribal Health Program operates four clinics, which are the Happy Camp Health Services Karuk Clinic; the Yreka Karuk Health Clinic; the Orleans Clinic; and the Happy Camp Dental Clinic. All our clinics meet applicable federal, state and local laws and regulations.

The Karuk Tribe operates its facilities as a Self-Governing Tribe through a contract with Indian Health Services, and with the Karuk Health Council providing governance responsibility for the health program.

Our third party billing includes, private pay, private insurance, MediCal, and Medicare. We utilize a sliding fee scale, and occasionally are granted funds to assist needy patients with their bill.

We offer Contract Health Services, but it is limited to Native Americans who meet certain eligibility requirements. This service is designed to help Native Americans with outside referrals.

Outreach services are provided at each clinic location from an elder's worker and a community health representative.







Karuk Tribal Health Pharmacy

Serving all clinic locations.



Mike Dehart.

Pharmacist

Hours: 9:00 am to 6:00 pm Most Insurance Plans Accepted

(530) 493-2022

64236 Second Avenue • Happy Camp, CA 96039

Contract Health Services Program

This program is supported through Indian Health Service funds, and is designed to assist eligible Native Americans with referrals for specialty services. However, funds are limited so only specific levels of care were selected as approved expenditures. For example, we can pay for x-ray services but not for surgeries, etc. To manage these funds, a CHS managed care committee was developed and meets monthly to review expenditures and budget balances. This committee has the authority to deny claims that have fallen out of the appropriate procedures, (e.g., no 72 hour notice given, or not referred, etc.).

Very Important Facts to Remember About CHS are:

- Referrals must come from Karuk Tribal Health Program (KTHP) providers.
- The CHS department must be notified.
- Eligibility must be established.
- CHS is payor of last resort (you may be asked to apply for MediCal)
- For emergency situations, you must notify CHS within 72 hours.



Meet Our Managers



Lawrence Jordan, MSW Executive Director of Health & Human Services



Lessie Aubrey, LVN Director of Quality Management, Compliance & HIPAA



David Eisenberg, PHN, RN Director of Community Health & Safety and Infection Control



Steve Burns, MD Medical Director



Todd Weaver, DDS Dental Director



Vickie Walden,



Dental Office Manager



Suzanna Hardenburger, Certified Billing Coder



Lois Gonzalez, Yreka Clinic Administrative Supervisor



Patti White, Database Administrator



Anna Myers,

Contract Health Services

Supervisor

Meet Our Outreach Staff





Sheila Barger-Jerry, CHR (530) 842-9200 Ext. 127

Sheila Robinson, Elder's Worker (530) 842-9200 Ext. 133



Happy Camp



Flo Lopez, Elder's Director (530) 493-1600

Robert Attebery, CHR (530) 493-1600 Ext. 2112



Orleans



Kristen King, CHR Supervisor (530) 627-3452 Ext. 18

Melodee Conrad, Elder's Worker (530) 627-3452



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Karuk Tribal Health Clinic, Yreka



Clinic Hours Monday through Friday, 6:30 am to 6:30 pm

Closed for Lunch from Noon to 1:00



Barbara North, MD

1519 South Oregon Street Yreka, CA 96097 (530) 842-9200 • (800) 371-8080

Fax: (530) 842-9217

Medical Emergencies:

During Clinic hours, we accept minor emergencies that do not require a visit to the emergency room.



Michael Hess, MD



Amy Coapman, FNP



Sharon Denney, RN

After Hours/Weekends & Emergencies:

Fairchild Medical Center 444 Bruce Street, Yreka, CA 96097 - 530-842-4121

Call 911 for Ambulance Services

Karuk Tribal Health Clinic Yreka

Dental Services





Dental Clinic Hours Monday through Friday, 8:00 am to 5:00 pm

Closed for Lunch from Noon to 1:00

Walk-In Emergency Hours Weekdays 8:00 am & 1:00 pm

1519 South Oregon Street Yreka, CA 96097 (530) 842-9200 • (800) 371-8080

Fax: (530) 842-9217



Todd J. Weaver, DDS



John D. Carlson, DDS



Nikki Hokanson, RDH



Karuk Tribal Health Clinic Happy Camp



Clinic Hours: Monday through Friday 8:00 to 5:00 Closed for Lunch from Noon to 1:00

38 Park Way • Post Office Box 1016 Happy Camp, CA 96039 **Phone:** (**530**) **493-5257** Fax: (530) 493-5270

Medical Emergencies:

During clinic hours, we accept minor emergencies that do not require a visit to the emergency room.



Judy Blind, FNP

Health Care Providers



Steven Burns, MD



Claudia Ross-McLeish, RN

After Hours/Weekends & Emergencies:

Fairchild Medical Center 444 Bruce Street, Yreka, CA 96097 - 530-842-4121

Call 911 for Ambulance Services

Karuk Tribal Dental Clinic Happy Camp





Clinic Hours: Monday through Thursday 7:00 am to 6:00 pm Closed for Lunch from Noon to 1:00

64236 Second Avenue • Post Office Box 1016 Happy Camp, CA 96039

Phone: (530) 493-2201 Fax: (530) 493-5364



Janis Madkins, DDS

Walk-In Emergency Hours Monday through Thursday 8:00 am & 1:00 pm



Nikki Hokanson, RDH

After Hours/Weekends & Emergencies:

Fairchild Medical Center 444 Bruce Street, Yreka, CA 96097 - 530-842-4121

Call 911 for Ambulance Services

Karuk Tribal Health Clinic Orleans



Clinic Hours: Monday through Thursday 8:00 am to 5:00 pm Closed for Lunch from Noon to 1:00

Administrative Services, Friday 8:00 am to 5:00 pm

> 39051 Highway 96 • Post Office Box 284 Orleans, CA 95556

Phone: (530) 627-3452 Fax: (530) 627-3445



Medical Emergencies:

During clinic hours, we accept minor emergencies that do not require a visit to the emergency room.



Michael Willett, MD

After Hours/Weekends & Emergencies:

St. Joseph Hospital Emergency Room 2700 Dolbeer Street, Eureka, CA (707) 445-8121

Call 911 for Ambulance Services



Policy Number: 06-000-101

Patient Rights and Responsibilities

The Karuk Tribal Health Program provides services to Native Americans and other peoples living within its' service area. These services are provided through equal access, and treatment, and consider the patient's personal values and beliefs. All patients shall be served regardless of their age, sex, race, color, creed or national origin.

The patient has a right to receive the following services (in accordance with available resources):

- Evaluation diagnosis of the patient's general health condition.
- Treatment procedures to prevent, control or cure illness.
- Referral for additional required services unavailable at Karuk clinics, or when a conflict with our mission or philosophy arises.

Our patients, and when appropriate their families, have the right to be informed of and participate in, care decisions regarding their treatment plan or medical condition, which includes unanticipated outcomes. If it's not in their best interest, the patient has the right to choose another person to act in their behalf. These persons may be family, friends or a guardian. When the patient is a minor, family or guardians are legally responsible except in accordance with appropriate laws.

In accordance with laws and regulations, the patient has the right to refuse treatment and to refuse treatment in experimental research, (not presently conducted at KTHP), or to allow trainees to participate in their care as a learning experience. In addition, the patient has the right to be informed of the risk involved in discontinuing treatment against medical advice.

The patient has the right to confidential and private assessment, reassessment and treatment of their condition(s). Our patient's report of pain will be respected and acted



upon appropriately and quickly. Your right to effective pain management includes referral to alternative treatments, and the development of an individualized pain management plan (see also patient responsibilities).

Our patients have the right to be treated with consideration, respect, dignity, and recognition of individuality and privacy, regardless of condition or reputation. This includes freedom from mental, physical, sexual, and verbal abuse, neglect, and exploitation. In addition, the patient has the right to confidential treatment of his/her medical record and to refuse release of those records to other agencies or providers.

Right to Informed Consent

The patient has the right to informed consent. Informed consent means that:

- You are able to understand the nature, extent and likely consequence of planned medical treatments;
- You are able to make sensible decisions about the risks and benefits of alternate procedures; and
- You are able to demonstrate that you understand by using any method of communication.

The patient or their representative has the right to know the name of the doctor or dentist, or other providers responsible for their care. If the patient is elderly, or has trouble understanding, hearing, communicating, or speaks a different language, they may have a representative act in their behalf or have the information translated or explained.

Right to Advanced Directives

The patient has the right to name someone to make decisions about their medical treatment for when they are unable to make those decisions for themselves. This is called an "Advanced Directive", and is a document that states your choice about medical treatment. Advance directives are







signed in advance (before you become unable to communicate) to let your doctor or other health care providers know your requests concerning your medical care. They enable you to make legally valid decisions about your future medical care and treatment.

If you are concerned about your future health care, our staff can help you prepare a Durable Power of Attorney for Health Care (advanced directive). Please contact a clinic receptionist or tell your physician you want to create an advanced directive. They will refer you to a staff member who can help you. For more information, Contact the Tribe's local Community Health Representative (CHR), or Elders Worker.

The patient has the right to know that all staff are mandated reporters and that all cases of suspected or known abuse and neglect, whether it be child or elder, will be reported as mandated by law.

Complaints

The patient has the right to make a complaint about health services. When a complaint is made:

- a. The staff of Karuk Tribal clinics will first attempt to resolve the complaint. If this initial effort is not successful, a patient may submit a formal written complaint.
- b. A patient, parent(s), or guardian(s) has the right to request review of their complaint by completing a patient complaint form.
- c. The complaint will be submitted to Lessie Aubrey. Director of Quality Management and Compliance for review, investigation, and response.

Complaint Procedures

1. Complaints must be in writing and submitted to:

Lessie Aubrey, Director of Quality Management, Compliance & HIPAA

Karuk Tribal Health Program P.O. Box 1016 Happy Camp, CA 96039





- 2. You may use the patient complaint form available at each clinic as your written complaint.
- 3. Investigation of the complaint will begin within three working days after receipt.
- 4. Within five working days, the patient will receive notification by letter or telephone that their complaint is under investigation.
- 5. The Director of Quality Management and Compliance will have fifteen working days to resolve the complaint or to make a recommendation to the Karuk Tribal Health Board.
- 6. The patient may submit their complaint to the Karuk Tribal Health Board only after receiving an unsatisfactory response from the Director of Quality Management and Compliance. Call the Tribal Administration Office at 530-493-5305 and ask to be placed on the agenda for a Tribal health board meeting.

The patient has the right to know what they are being charged for their care. Fee schedules will be provided upon the patient's request.

Patient Responsibilities

1. Appointments:

Patients are responsible for keeping their appointments at the scheduled time, and for notifying the clinic 24 hours in advance, if unable to keep an appointment. The patient is responsible for checking in with the receptionist before being seated in the lobby, and providing truthful and accurate information regarding their medical history, current problem, complaint, medication, advanced directive, billing, and personal information or identification.

If the patient does not understand his/her medical or dental condition or treatment plan, it is the patient's responsibility to ask questions until satisfaction is achieved.





2. Pain Management:

It is the patient's responsibility to help the provider assess your pain, and to tell your provider when your pain is not relieved. It is the patient's responsibility to participate in alternative therapies as pain relief options, and to follow your individualized pain management plan, which may include a Pain Management Contract for Opioid treatment.

It is the patient's responsibility to discuss with your provider any worries you have regarding your pain, complications, or treatments. If you do not understand your condition, treatment or plan, it is your responsibility to ask questions.

It is the patient's responsibility to comply with your provider's instructions. It is the patient's responsibility to understand non-compliance will not be permitted in regards to treatment with controlled substances.

3 Dental Complications:

It is the patient's responsibility to notify the appropriate dental clinic whenever dental problems exist, and to follow scheduled emergency hours listed in the patient handbook. It is the patient's responsibility to wait to be seen between scheduled visits when instructed that it's necessary.

It is the patient's responsibility to follow instructions, whenever medical conditions require evaluation or treatment prior to receiving dental services.

3. Care Instructions:

The patient is responsible for following instructions while being treated at the clinic or at home, and to take medications as directed by his/her provider.

Dental patients are responsible for keeping their teeth clean by brushing and flossing daily or as instructed.

4. Patient Conduct:

It is the patient's responsibility to wait in the clinic waiting area until called. While waiting, it's the patient's





responsibility to be courteous, kind, and considerate to other patients waiting to be seen.

It is the patient's responsibility to control their children and keep them quiet, and while parent or surrogate is being treated, to seek care for the children prior to his/her visit. It is a parent's responsibility to understand that clinic staff are unable to watch children during clinic hours.

It is the patient's responsibility to conduct themselves in an orderly manner, and to understand that voiced or physical hostility will not be tolerated under any circumstances.

It is the patient's responsibility to be respectful and considerate to all staff members.

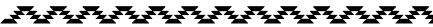
It is the patient's responsibility to understand that disruptive behavior will be cause for refusal of services. may be continued at a later time if proper behavior has been established.

> Approved on the 9th day of September 2004 By the Chairman of the Karuk Tribe of California



Á'uuyich (Sugarloaf Mountain)





Code of Ethical Behavior

Policy Number 06-06-030

The Karuk Tribal Health Program has established this statement of organizational ethics in recognition of the program's staff, providers, and the community we serve. It is the responsibility of every member of the Karuk Tribal Health Board, administration, medical staff, and other staff to act in a manner that is consistent with this organizational statement and supporting policies. Our behavior will be guided by the following principles.

- Maintaining an organizational reputation that reflects credibility, honesty, morality, and ethics.
- That all patients, employees and visitors deserve to be treated with dignity, respect and courtesy.
- That we will provide services to meet the identified needs of our patients, and will avoid providing services that are unnecessary or ineffective.
- That we will meet legal requirements for participation in federal health care programs, and will strive to prevent any likelihood of fraud, abuse or waste, and
- That we will adhere to a uniform standard of care throughout the organization.

The organization will constantly strive to adhere to and expand on these principles.

Responsibilities of Our Leaders:

Leaders are expected to be role models and observe approved policies and procedures. They shall ensure that employees receive the proper training and be available to clarify any questions regarding regulations, laws, our code of ethical behavior or our policies and procedures.

Leaders shall encourage everyone to express their ethical concerns, and to be fair and equal when discipline is required as a method of enforcing compliance policies.

Admissions and Referrals

In all patient care settings, we shall follow well-designed





standards of care based upon the needs of the patient. We will serve only those patients for whom we can safely care within our organization. Even as we strive to provide care in a manner economical to patients and providers, we will provide care that meets our established standards of quality.

We will not turn away patients who are in need of our services based on their ability to pay or based upon any other factor that is substantially unrelated to patient care.

We will provide care appropriate to the patient's needs and of consistent quality in all Tribal clinics.

Marketing

We will fairly and accurately represent our capabilities and ourselves.

Respect for the Patient

We will treat patients with dignity, respect and courtesy. To the extent practical and possible, patients (or their significant others) will be involved in decisions regarding the care that we deliver. We will inform patients about the therapeutic alternatives and risks associated with the care they are offered. We will continually seek

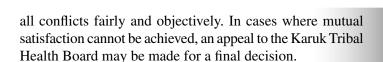
to understand and respect their objectives for care. Patients have a right to be informed of the price of care that they are about to receive.

In all circumstances, we will attempt to treat patients in a manner appropriate to their background, culture, religion and heritage.

Resolution of Conflicts in Patient Care Decisions

We recognize that from time to time, conflicts will arise among those who participate in clinic and patient care decisions. Whether this conflict is between administrative staff, employees, the Karuk Tribal Health Board, or between patient caregivers and the patient, we will seek to resolve





Recognition of Potential Conflicts of Interest

We are aware that the potential for conflict of interest exists for decision-makers. It is our policy to request the disclosure of potential conflicts of interest so that appropriate action may be taken to ensure that such conflicts do not inappropriately influence important decisions.

Each year, members of the Karuk Tribal Health Board are required to sign Conflict of Interest Statements to assure that Board decisions are made in the best interest of the organization and the individuals served, and to disclose potential conflicts related to decisions that arise during the course of the year.

Physicians and other staff members are encouraged to disclose financial conflicts of interest.

The Karuk Tribal Health Program discloses that they negotiate preferred provider agreements with referral service providers to obtain cost-effective Contract Health Services (CHS) and that no financial compensation is involved.

Fair Billing Practices

The Karuk Tribal Health Program will bill patients or third parties only for services and care provided to patients. We are committed to adhering to this code of ethics in all contractual dealings with third-party payors.

We will provide assistance to patients seeking to understand the cost of their care, and we will attempt to resolve questions and objections to the satisfaction of the patient while considering the organization's best interest as well.

Third Party Payors:

We will ensure that all billing to private and government agencies are both accurate and truthful, and in compliance with Federal and State Laws.





We shall not submit or cause to be submitted any false, misleading, or fraudulent claims for payment and shall ensure that employees are trained in the proper procedures.

Cost Reports

We shall comply with all federal and state requirements relating to cost reimbursements and will train staff on what cost are allowable or non-allowable.

Confidentiality

The organization recognizes the extreme need to maintain patient and other information in a confidential manner. Patient information is not shared in any unauthorized manner. Sensitive information concerning personnel and management issues is maintained in the strictest confidence for use only by those individuals authorized to review and act upon such information.

Integrity

Clinical decision making is based on patient need without regard to the organization's ability to pay.

Our commitment is to act with integrity to meet each patient's needs.

The Karuk Tribal Health Program shall abide by the principle to treat employees, patients, physicians and others we serve with utmost respect.

Government Inspections

Karuk Tribal Health Program (and relevant KTOC) employees are instructed to fully cooperate with government inspections





conducted at our facilities. We emphasize that no altering, destroying, or concealing of documents be performed, nor any lying, misleading of any kind, or making false statements. This also includes delaying or obstructing information.

Leaders, (executive director, program manager, chief fiscal officer, and compliance officer) shall take the lead in investigations and shall encourage employees to provide accurate and honest information

Accreditation:

We will be truthful and shall not deceive accrediting bodies or survey teams.

Purpose

To provide guidance on the inclusion and support of traditional Tribal health principles and practices within the Karuk Tribal health system and the communities we serve.

Policy

It is the policy of the Karuk Tribal Health Program while administering health services to protect and preserve the inherent right of all American Indians to exercise their traditional spirituality.

Our health program recognizes the value and effectiveness of traditional beliefs, ceremonies and practices in healing the body, mind and spirit. Faith most often is an integral part of the healing process and provides support for purposeful living. It therefore is our policy to encourage a climate of respect, acceptance and active support for traditional beliefs and practices.

Procedure

- The health program staff have been instructed to inform patients they have the freedom to practice traditional religion when desired by the individual or family (and in cases of a minor), or when the patient's condition is such they cannot make a request.
- 2. When a patient (or guardian/family member) requests assistance



in obtaining the services of a native healer, every effort will be made to comply. Such efforts might include contacting a traditional "doctor", providing space or privacy within the facility for a ceremony, and/or authorization to utilize health program funds to offset the expenses associated with a traditional healer.

- 3. Since a person's native spiritual beliefs often are very personal, the patient's right to privacy must be respected in these matters. No Karuk health program employee will initiate unnecessary questions or interfere in a patient's private beliefs or practices. This is a right that must be respected.
- 4. The Karuk Tribal Health Program specifically recognizes that "health" from a traditional perspective has several layers or components, including the health of the community, the family and the individual. The various Karuk ceremonies are integral and inseparable from this "health" of the local community, family and ultimately the individual. Therefore, it shall be our practice to support local Tribal ceremonies, including but not limited to the Jump Dance, Pikyaavish, Brush Dance and other ceremonies related to world renewal, balance and individual health.
- 5. Within this policy, Karuk health program staff must continue to be aware of, sensitive to, and respectful of, traditional beliefs and practices of the American Indians we serve. Procedures that might tend to interfere with, dilute, or modify these beliefs and practices must be avoided. Care must be exercised so that our health program support does not create dependence or wrest control from the recognized and honored healers, dance leaders and other traditional practitioners.

Our goal is that there be respect and complementary interface between the modern and traditional systems of medicine and religion. Care must be taken that our health program support does not become a means of destroying or altering a system of healing that has a long history and contemporary relevance.

Approved on the 8th day of January 2003 by the Chairman of the Karuk Tribe of California.

Rv/2004

Notice of Privacy Practices

In accordance with the Health Insurance Portability Accountability Act (HIPAA), we have placed our Notice of Privacy Practices in the lobby of each of our clinics. In addition, the clinic receptionist will provide you with your own personal copy, and will ask you to sign that you have received it.

If you have not received your copy, or would like another copy, please tell our receptionist so that she may provide you with one.

Compliance

The Karuk Tribal Health Program strives to comply with federal, state and local laws or regulations relevant to third party claims and reimbursement generated from the services KTHP provides

If you suspect that potential fraud, waste or abuse has occurred or is occurring in our billing practices, you may call this anonymous Hot Line number to report your concerns.

1 (800) 50-Karuk Extensions 2145 or 2042



White Deerskins







Information on Child Safety Seats

California Law dictates that as of January, 2002, that children be restrained in a child restraint, while being transported in a motor vehicle, until they are 6 years of age or 60 pounds. Get in the habit by placing children under 4 years of age in a child safety seat, and if 40 pounds in booster seats every time they ride in a car.

Your Child may be ready for adult seat belts when they meet the following criteria:

- Does the child sit with hips all the way back against the auto seat?
- Do the child's knees bend comfortably at the edge of the auto seat?
- Is the lap belt on the top part of the thighs?
- Is the shoulder belt centered on the shoulder and chest?
- Can the child stay seated in this position for the duration of the trip?

If the child does not meet ANY of these tests, they should be riding in a booster seat or a safety seat appropriate to their age.

Why Use Booster Seats on Children over 40 pounds?

Without Booster seats, adult seat belts would not fit properly, and would not provide a safe environment for the child.

What are the Proper Restraints for children riding in a motor vehicle? The proper restraint is related to the child's age. These restraints include:

- · infant safety seats
- · child safety seats
- · child boosters seats, and
- properly used safety belts

In addition, they must be properly installed and used appropriately, (see manufacturer's instruction, or ask our Public Health Nurse or a CHR).

Generally:

Infants should ride in rear-facing child safety seats until they weigh 20 lbs. AND are one year old. Again, never place a rear-facing child safety seat in front of an air bag. Toddlers and preschoolers aged 1-4 years should ride in a forward-facing child safety seat until they weigh 40 pounds (usually around age four).

• Children ages 4 to 8 (about 40 to 80 pounds) should be in a car booster seat and restrained with lap/shoulder belt every time they ride. A new law requires children through age six or weighing less than 60 pounds to ride in booster seats.

For more information contact the Karuk Tribal Health Program's Outreach Department.



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Basic Values of the Karuk Tribal Health Program		
Respect and Confidentiality	In all Health Services	
Equal Access and Treatment	For Tribal People	
Education and Empowerment	Patients taking an active role in their own health care.	
	_	
Alternative Choices	Traditions and Ancestral Rights	
Tribal Knowledge	Tribal ceremonies, foods and remedies	
Safe Environment	For patients and staff	
Sovereign Rights	Self-governance and self-determination	



What to Do in Case of an Emergency

In case of emergency (such as an injury with broken bones, bleeding that cannot be stopped, inability to get your breath, unconsciousness, a child with convulsions or a suspected heart attack), **call 911** or go to your nearest hospital emergency room.

Yreka Karuk Tribal Health Clinic 530-842-9200 (or 800-371-8080 in Siskiyou County)
Fax 530-842-9217

Happy Camp Health Services Karuk Clinic 530-493-5257 for appointments Fax 530-493-5270

> Happy Camp Dental Clinic 530-493-2201 for appointments Fax 530-493-5364

Orleans Karuk Tribal Health Clinic 530-627-3452 for appointments Fax 530-627-3445 Local EMT number (530) 627-3344