

Karuk Tribe

Spring Edition 2020

64236 SECOND AVE · HAPPY CAMP, CALIF. · 96039 · (800) 505-2785

17TH ANNUAL
**KARUK TRIBE
BASKETWEAVERS GATHERING**
APRIL 24-26, 2020



FOLLOWING THE SMOKE II

The Karuk Basketweavers Gathering is partnering with the California Indian Basketweavers Association to offer workshops, demonstrations, field trips, and more.

This year we will have prize giveaways, games, and baskets for sale.

★★★ NEW ★★★ Weavers, please bring up to three (3) baskets you have made to exhibit in the People's Center Museum during the Gathering. You will have the option to put them up for sale during the weekend.



Karuk Tribe People's Center,
64239 Second Ave, Happy Camp, CA

For more information, contact: Alice Lincoln-Cook at (541) 294-7646
or the Karuk People's Center at (530) 493-1600 ext. 2201



AYUKÏ

Greetings from your Tribal Council



Russell Attebery
Happy Camp
Chairman

TERM: Nov. 2019-Nov. 2023



Robert Super
Yreka
Vice-Chairman

TERM: Nov. 2018-Nov. 2022



Michael Thom
Happy Camp
Secretary/Treasurer

TERM: Nov. 2019-Nov. 2023



Wilverna Reece
Happy Camp District
Member at Large

TERM: Nov. 2018-Nov. 2020



Kristen King
Orleans District
Member at Large

TERM: Nov. 2017-Nov. 2021



Renée Stauffer
Orleans District
Member at Large

TERM: Nov. 2019-Nov. 2023



Arch Super
Yreka District
Member at Large

TERM: Nov. 2017-Nov. 2021



Sonny Davis
Yreka District
Member at Large

TERM: Nov. 2018-Nov. 2022

Notes From The Chairman

Ayukii koo vura,
I would like the theme for this quarterly newsletter to be “How can we work together to help our Tribal Members and Indian Country.” When I say we, I mean our Tribal programs, Tribal Leaders, Tribal Members and Descendants. I encourage everyone to become informed about our programs, communicate with our Council representatives from each district, or contact our Chairman, Vice-Chairman or Secretary-Treasurer and ask us how we can help.

The Tribal Council will help by continuing to advocate for the funding that was promised to Indian Country in exchange for the surrender and reduction of Tribal lands, removal and resettlement of Native American Tribes from their original lands. The United States signed 375 treaties, passed laws and instituted policies that shape and define the special government to government relationship between federal and tribal governments, yet the U.S. government has not provided adequate funding assistance to support the promises they made to Native American tribes. On December 20th, 2018 the United States Commission on Civil Rights wrote a letter to President Trump and Vice-President Pence reporting on Broken Promises: Continuing Federal Funding Shortfall for Native Americans. The report is also available in full on the Commission’s website at www.usccr.gov. This report is an update from a 2003 report: A Quiet Crisis-Federal Funding and Unmet Needs in Indian Country. In these reports the Commission found that despite some progress the federal government continues to fail to support adequately the social and economic well-being of Native Americans for the last two centuries.

At the next Tribal/Department of Interior meeting I will echo the recommendations of the commission including the following: The United States expects all nations to live up to their treaty obligations; they should live up to their own. Congress should honor the federal government’s promise and pass a spending package to fully address unmet needs, targeting the most critical needs for immediate investment. This spending package should also include the funding necessary to meet the needs for law enforcement, health, education, housing and economic development in Indian Country. To date, foreign countries receive 15 times more funding than Native American Nations. I will ask congress to look towards cutting funding to foreign countries if necessary to meet the promises made to Indian Country.


At least in policy, the nation has clearly stated its promise to Native Americans. But laws and policies are meaningless without resources to enforce them. Underfunding violates the basic principles of the trust relationship between the federal government and Native peoples and perpetuates a civil rights crisis in Indian Country. There are 12 regions of Tribes representing 574 Tribes across America. There are two Tribal representatives from each region and we will all be sending the same message. It is truly an honor as Karuk Chairman to be one of the Pacific Region representatives.



Chairman Buster Attebery

Here is how you as Tribal Members can help:

- Support our Elders. Volunteer to help clean up (summer weeds) around where Elders live. Help shovel snow during the winter. Visit Elders and take in their knowledge about life. It is a well-known fact that in Indian Country Elders are always respected. Report back to Council if Elders have needs.
- Respect Tribal housing. I often give tours to other Tribal leaders or investors and they have been very impressed with the cleanliness and upkeep of our housing units.
- Try your best to be a working Tribal Member. If you are working you become an instant positive role model for your family, your children, your parents, grandparents and friends.
- Support our children. Help them with their homework. Attend their sporting and other events (it brings many smiles). Volunteer to be on school committees and fund raisers.

Council knows we need more housing, funding for higher education, more adequate funding for our programs. Please keep in mind if Council continues to help and Tribal Members continue to help the Karuk Tribe will become stronger as a nation and Indian Country will become stronger across America. 

Yootva kura suva nik
Chairman Attebery

Ayukîi from the Enrollment Office,

There are currently 3,753 Enrolled Tribal Members and 4,955 Enrolled Descendants.



Mildred Grant
Chair



**Jeanerette
Jacups-Johnny**
Vice Chair



Corina Alexander
Secretary



Charlene Naef
Member At Large



Robert Super
Council Vice Chair

Our office offers an array of services.

- Enrollment/Descendancy applications for the Enrollment Committee.
- Issue Tribal Verifications for enrolled Members and Descendants.
- Collect Census Data on all Tribal Member households (we do not release any personal information only non-identifying information.) Please update your census with our office every three years.
- Process mail lists for Tribal Mailings; please make sure your address is up to date so you don't miss out on important mailings or the newsletter.
- Issue Free California Fishing License Applications.
- Create Family Trees.
- Issue ID cards.
- Issue DMV/Sales Tax Exemption forms to Tribal Members living on Trust Land.

Please feel free to contact our office by phone: (800) 505-2785 Ext. 2028. You can also reach us by email: rattebery@karuk.us. We would love to hear from you! 🏹

Yootva,
Robert Attebery

Do You Have An Article For The Newsletter?

Attention Karuk Tribal Members & Descendants, if you have news, articles, events or announcements you wish to submit for publication in the Karuk Newsletter, please send information to newsletter@karuk.us. Submissions are preferred in digital format; however hardcopies are also accepted by mailing articles to Newsletter Articles, P.O. Box 1016 Happy Camp, CA 96039. All submissions must include your name and address as no anonymous articles will be accepted.



Low Income Assistance Programs (LIAP)

1.800.505.2785 or 530.493.1600 Ext. 2025 Michelle Camarena LIAP Administrator
 Apply Now for the Low Income Assistance Programs

Low Income Home Energy Assistance Program (LIHEAP):

This program provides energy assistance to eligible enrolled Karuk Tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the Service Area.

General Assistance (GA):

This program provides low income families and individuals with Food and/or Clothing, Shelter, Emergency Assistance (burn out, flood, destruction of home) and Burial Assistance. The applicant must reside in the Service Area, be an Enrolled Federally Recognized Tribal Member and not receiving public assistance. Benefits are adjusted depending on income received.

ATTENTION!

Apply for the CARE Program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application, please call and request the CARE Application be sent to you. Lets save on energy and our budgets!

Fraud?

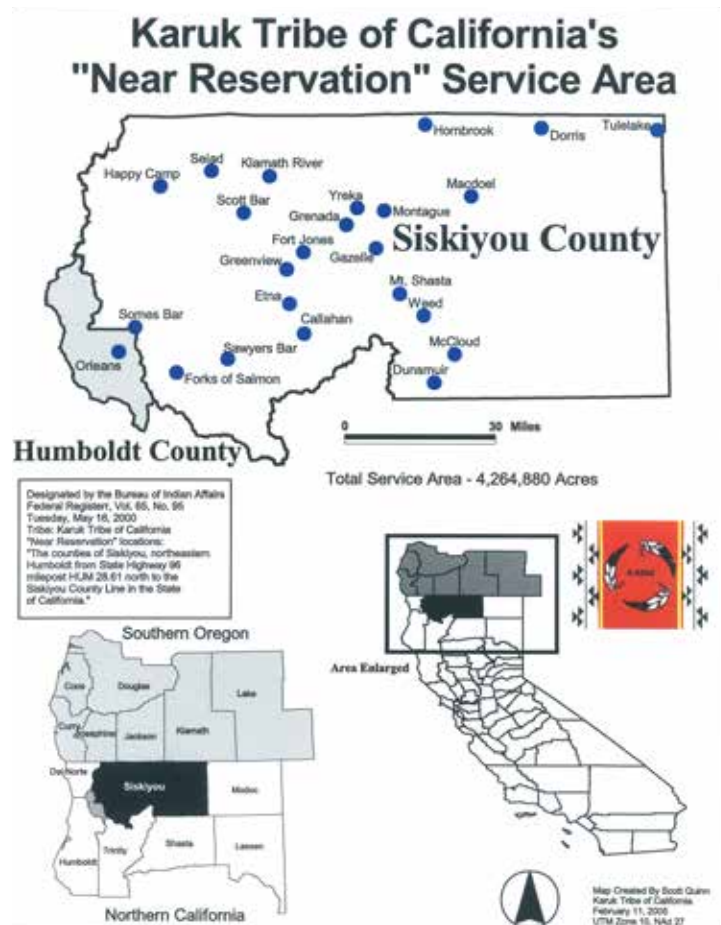
With regards to the Low Income Assistance Programs, to report any type of fraud by vendors or otherwise, please notify this office immediately at: (530) 493-1600 Ext. 2025.

Community Services and Development (CSD):

This program provides assistance for low income families with food, shelter, transportation, and health and safety issues. The applicant must reside in the Service Area, be income eligible, and a Karuk Tribal Member or Descendant.

Adult Services:

The Adult Services program is available to assist Elders seeking non-medical care such as chores, light housekeeping, meal prep. The providers must be certified or licensed. Back ground checks are also a requirement. Contact the LIAP Department if you are an elder in need of a care provider or are interested in becoming an adult care provider.



Michelle Camarena LIAP Administrator

Ayukîi from the Karuk Community Development Corporation!

The Karuk Tribal Council recently approved appointment of two new KCDC Board members. Tamara Barnett is a long-time resident of Happy Camp and currently works for the Tribe. Charles Sarmiento is a resident of Yreka and works for the Karuk Tribe Housing Authority. They are replacing Marsha Jackson and Glenda Hockaday. Marsha served on the KCDC Board of Directors for 8-years and Glenda served on the Board for 9-years. We would like to thank Marsh and Glenda for their dedication and service to our community and at the same time welcome Tamara and Charles.

Staff at the KCDC continue working with the Northwest California Intertribal Census Workgroup to provide census outreach to our communities. The Census Bureau will be sending information out to households beginning in mid-March and the actual Census Day is April 1, 2020. American Indians remain the most under-counted of anyone in the United States so please, let's make a difference by participating in the 2020 Census. For more information please read the Census article in this newsletter.

The KCDC is currently looking for a Fiscal Assistant to work in Happy Camp. The Fiscal Assistant will be responsible for preparing payroll and payroll related duties and will work closely with the KCDC Chief Financial Officer to carry out the day-to-day financial management of the Corporation. To apply or for more information please go the karuk.us website.


Head Start in Happy Camp is currently enrolling new students. If you have a child that is 3-4 years of age that would

like to attend Head Start please contact us. We are also hiring for a qualified Assistant Teacher and a Teacher's Aide to work with children 3-4 years old and their families. If you qualify and are interested or know of anyone that may qualify for the position please go to karuk.us to apply or for more information please call Priscilla Stack, Head Start Director, at (530)842-9225.

The Happy Camp Community Computer Center is a certified GED testing site through Pearson View as well as a distance learning center for the College of the Siskiyou. For more information on these or other services provided at the center please contact Frank Snider at (530)493-1485.

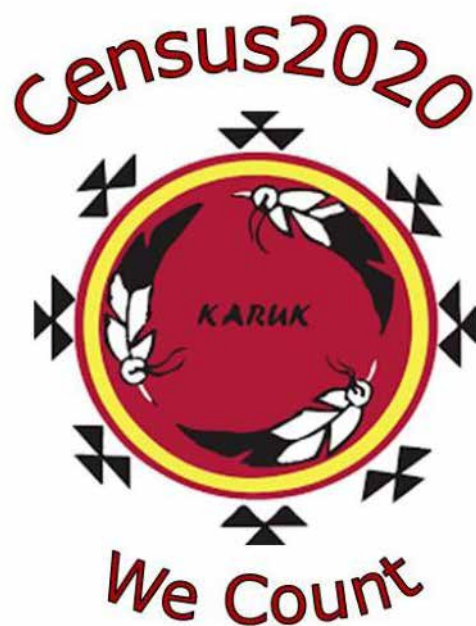
The Amkuuf (smoke) Shop is located at 777 Casino Way just off the I-5 freeway and near the Rain Rock Casino. We offer Native brand cigarettes at rock bottom prices. If you are in the area please stop by and say hi to Tracey, Laura, Stewart, and Evaleen at the Amkuuf Shop. We are open from 7:00 a.m. to 7:00 p.m. and we anticipate extended hours after daylight savings time occurs.

The Karuk Mini-Storage currently has one open 5 x10 unit for rent in Happy Camp. The units are located across from Mechanics Bank. For more information please contact Daniela at (530)493-1475.

If you would like more information about KCDC or to inquire about our services to the community, please call us at (530)493-1475. Yootva. 

Census 2020 - Because We Count!

- Historically American Indians are one of the most undercounted groups of any population in the United States.
- Saying that you are American Indian or Alaska Native on the 2020 Census form is a matter of self-identification. No proof is required. No one will ask you to show a tribal enrollment card or a Certificate Degree of Indian Blood (CDIB).
- Census data helps guide how billions of dollars in federal, state, and tribal funding are distributed.
- For a household to be counted as American Indian, it is critical that the person identifying as American Indian, fills out the form as Head of Household.
- All data collected is CONFIDENTIAL and cannot be shared with any person or entity including welfare agencies, immigration services, the Internal Revenue Service, the BIA, tribal departments, courts, police, or military.
- Census information will be sent out mid-March and the actual Census Day is April 1, 2020.
- An accurate count of American Indians means fair access to resources and fair representation.
- To be counted as American Indian you must list one tribe only. If you list two tribes such as Karuk and Yurok, you will be counted as two or more races and your statistical data may not be counted in the American Indian category.
- The U.S. Census happens only once every decade (10-years).
- Responding is easy and the questions are simple.
- By participating you help provide an accurate count of American Indians and Alaska Natives.
- Completing the census is an opportunity to provide a better future for our communities and future generations. 🏹



Tribal Employment Rights Office (TERO) News

The TERO Department enforces our tribal law that requires Indian preference in hiring and contracting. TERO also enforces the Karuk Tribe Workforce Protection Act (WPA) that is also our tribal law prohibiting discrimination practices in contracting and employment. TERO imposes a 2% fee on all tribal contracts exceeding \$2500.00. This revenue source provides funding for training and work-related assistance for our workforce and tribal members.

The TERO Department also administers the BIA funded Adult Vocational Training program. (AVT) The Tribe receives minimal funding each year to provide grants of up to \$1000 that is paid directly to the school of choice for tribal members. These funds are limited and are distributed on a first-come first-serve basis.

The Karuk Tribe Child Care Program is also administered through the TERO office. Child Care subsidies are available to tribal families living within the Tribe's service area. This program is based on total household income and family size. Once a family is deemed eligible, the program will pay the child care provider of their choice for the care of their children. The Child Care Program can also offer Quality funding to meet licensing and health and safety requirements. The Child Care Program has sponsored the annual Summer Food Program and the annual Yav Kuma Itapan Math/Science Camp to promote the health and safety of our tribal children.

The Karuk Tribe through the TERO office contracts

with the Equal Employment Opportunity Commission (EEOC) and is an intake office for the EEOC for discrimination complaints within our tribal service area.



The TERO Office is directed by tribal members Dion Wood and Judy Waddell. Dion has worked in the TERO office since 2004 and Judy has worked in TERO since 2017. Judy has served the Tribe in many other capacities before coming to TERO. Yootva for your dedication and service Judy!

The work of the TERO office is overseen by the TERO Commission who represents each district of the Tribe. The TERO Commissioners are tribal members Red Hockaday, Debbie Whitman, Renee Stauffer, Arch Super and Barry Hockaday. There is currently one vacancy on the TERO Commission for a representative from the Orleans District or Happy Camp District.

We want to recognize and celebrate tribal member Lavon Kent who served on the TERO Commission for over eight years. Lavon recently retired from the TERO Commission. Her fierce passion and dedication is greatly missed!

For more information about TERO, please go to the tribal website at www.karuk.us and visit the TERO department page. 🏹

Education Department News

The Karuk Tribe Education Department is pleased to announce that we have hired a new Education Coordinator, tribal member Alma Bickford! Alma brings a lot of experience with her and has held the position of Education Coordinator several years ago. Welcome Back Alma!



Alma Bickford and family

Alma will hit the ground running as the Education Department was recently awarded a continuation grant for data collection and analysis through the Office of Indian Education. The department just successfully completed a four-year grant, the Native Youth Community Project (NYCP) and now we have a three-year extension to analyze and track the students that were impacted by the NYCP grant. This grant also funds our two Student Services Coordinator positions for Happy Camp/Orleans and for Yreka.

We would like to welcome Beatrice Edwards as our Happy Camp/Orleans Student Services Coordinator. Beatrice is a bright young lady starting Med School and has enormous motivation to assist our tribal youth to go beyond what appear to be limitations. Beatrice is very self-motivated and is eager to assist youth to dream and to achieve their dreams. Our Yreka Student Services Coordinator position is presently vacant; if you are interested in working with tribal youth think about applying!

Another great happening in the Education Department is our collaboration with Happy Camp High School and Happy Camp Elementary School and our local Happy Camp Community Action, Inc. who received a grant from the Ford Family Foundation to provide cultural activities to both the High School and Elementary School's after-

school programs. Welcome to Stormie Jackson-Polmateer, our Cultural Activities Coordinator. Stormie has vast experience and knowledge of the Karuk culture through her own learnings and from previous work with the successful Food Security Program that was made possible through our Pikyav Field Institute out of our Department of Natural Resources. This is a wonderful time for the Karuk Tribe to share our culture with our local schools that are hungry for information and knowledge. This grant lasts through the school year and will provide many youth opportunities to experience aspects of our culture. We will update the membership on some of the great activities that will be happening in future newsletters.

The Education Department will once again offer graduation sashes to graduating high school seniors and college graduates for Tribal Members and Descendants. The deadline for ordering one is APRIL 30, 2020. You must use the form that follows this article or you can contact Alma Bickford at abickford@karuk.us or by calling 800-505-2785 to get a form sent to you.

The Education Department in collaboration with our TANF Department supplies tutors in our local schools within our service area. If you have a child that could benefit from tutoring or if you would like to become a tutor for the Tribe, please contact the Education Department.

The Education Department is supported by the tribal Education Committee. Dion Wood, TERO Director is currently directing the Education Department. If you have questions or concerns regarding the Education Department please contact Alma at abickford@karuk.us or 800 505-2785 extension 2034. 🏹



Left to Right: Stormie Jackson-Polmateer, Beatrice Edwards



Graduation Stole Order Form

Karuk Graduation Stole Eligibility Requirements

- Student must be an enrolled Karuk Tribal Member or Enrolled Descendant
- Student must be Graduating from High School or College

Graduate's Name: _____

Graduate's School: _____ Colors: _____

Date of Graduation: _____

****If your school has a restriction on Length, please provide measurement: Ex. 27 inches**

Phone Number: _____

Email: _____

Address: _____

- **Attach copy of student Tribal ID**

Email to abickford@karuk.us or mail to:
Graduation Request
C/O Karuk Tribe Education Department
PO Box 1016
Happy Camp, CA 96039

Mobile Mammogram Van

The Karuk Tribe partners with the Happy Camp Breast Cancer Fighters Fund to bring a mobile mammogram van to the river to provide no cost mammograms to everyone who attends. Alinea Medical Imaging will once again visit Happy Camp with a mobile mammogram unit on March 23rd & 24th. For an appointment please call Florence Peters at 530.493.1600 extension 2102.

Who can go: This event is open to anyone who is in need of breast cancer screening via mammogram. We are accepting patients from all along the river corridor, so if you don't live in the Happy Camp area but still want to be seen, we would love to see you.

What we do: This event is a unique way to receive a mammogram screen locally in a supportive and encouraging environment with snacks and door prizes provided. If you are in need of transportation please don't hesitate to ask when you make your appointment.

Security of Information: You can feel secure in knowing that your patient information and imaging results are sent directly from Alinea to you and your specifically identified physician.

How it works: Alinea will be your insurance and we will pay the balance. No insurance? No problem, we will not only provide you with a free mammogram but will also put you in touch with a local resource to assist you with the insurance processes. Don't miss your chance to sign up for this free service.

Last year this event provide screening to 44 women. Please talk with your health care professional about what screenings are appropriate for you. If you are in need of a screening please call Florence today. 🏹



Health and Human Services

Amy Coapman, FNP/CAC, has been working for the Karuk Tribe Health & Human Services for 25 years!! The KT HHS is very fortunate to have a very knowledgeable and caring person on board for so many years. KT HHS would like to extend our gratitude to Amy for her years of service here and here is a short interview with her.

How many years did you work primarily as an FNP for us? I saw patients full-time for 13 ½ years, then part-time for another 6 months during the transition to the Clinical Applications Coordinator position – so about 14 years altogether. I still ‘pinch hit’ once in a while when we need the help.

What is your current job title and duties? My job title is Clinical Applications Coordinator – can you describe your current job title. My job title is Clinical Applications Coordinator. In this role, I am responsible for the maintenance and support of the Electronic Health Record and the Electronic Dental Record in all our clinics. I update the software and create and design templates and other electronic objects to help the users with their data entry. I train new and existing users how to best use the records. I run reports on all sorts of things – the quality of care we are providing to our patients, how many people use our facilities, what kinds of illnesses we are seeing, and so forth. I also assist the other members of my team in the Information Technology Department with their projects when I can.

What made you decide to stay here for so many years? From the very beginning, I have been made to feel welcome here in my job. This has continued throughout the years, and I truly feel at home. The support I’ve received from staff and administration has been overwhelming – we have a wonderful team and it makes coming to work a pleasure. More importantly though, I feel like I’ve been given the opportunity to make a positive difference in people’s health and lives, first as a primary care provider, and now in support of those on the front lines trying to provide the best possible care to our patients up and down the river.

What is your favorite memory working here? I have so many good memories (and I’m still making them!) it’s hard to pick a favorite. I will say, however, our Employee Appreciation Days that involved a rafting trip down the Klamath and a barbecue at River Park afterward were very, very special.



I also love it when I run into “kids” I took care of as little babies who are now all grown up with careers and kids of their own, living healthy and happy lives. It’s heartwarming.

What else would you like to share? I’m very proud of what the Tribe has accomplished over the years with regard to the Health Programs. We’ve grown tremendously and we’ve achieved recognition for our efforts through national accreditations and attainment of quality targets and goals. Our presence has substantially increased the health and well-being of people in our region. I hope to see continued growth and development of our programs, and I have every reason to believe this will be the case. 🦅



Left to Right: Terra Los, Vanessa Super, Amy Coapman, LuLu Alexander

March is National Nutrition Month

Stay hydrated by drinking water throughout the day. Practice portion control and eat foods from all food groups. Fill half your plate with a variety of fruits and vegetables. Eating a variety of healthy foods will help you get the nutrients you need and lower your risk of health problems like heart disease, type 2 diabetes and some types of cancer.

April is National Stress Awareness Month

Stress often times feels overbearing and counterproductive. Long periods of stress may lead to physical ailments such as; ulcers, irritable bowel syndrome and muscle and joint pain. Tips to help reduce your stress level are exercise; this will have your endorphins rise and trigger a happy feeling, meditation will enhance brain functions associated with mental processing and empathy.

May is National Arthritis Awareness Month

Arthritis is inflammation of one or more joints. Arthritis affects one in four adults. Adults may decrease pain and improve function by being physically active; walking, swimming, biking are all good for arthritis. 🏹



Yreka Dental has a new emergency walk-in day, which is Wednesday's and no longer Tuesday's. We would also like to announce that we have a new Hygienist Abby Tandy-Martin, she is a great addition to our amazing staff in Yreka. 🏹



Diabetic lunches have begun. They are held every other month on the third Wednesday in Yreka at Karuk Tribal Housing Authority office. They are held monthly, every third Thursday in Orleans and every third Friday in Happy Camp at their Nutrition Centers. We had our first meeting in Yreka with many participants. Gift certificates for pedicures were given out. We plan to have our doctors and staff speak as well as guest speakers at each luncheon.

On February 14, 2020, a representative for diabetic shoes visited the Yreka Clinic; measuring for custom diabetic shoes. Our doctors will order diabetic shoes for those who have a need.

In Yreka, there is scheduled a DEEP class (Diabetes Empowerment, Education, Program). Hopefully we can offer these classes at other locations in the future.

Our CHR's are all trained to do diabetic foot exams as well as doing blood pressure checks.

Feel free to call regarding the above services. Thana Webb, RN PHN, 530-598-0928. 🏹



Karuk Tribe Health & Human Services would like to congratulate Jessica Berendonk on completing the necessary steps to promote from Dental Assistant to Registered Dental Assistant.



The Tooth Fairy went to a local school to visit students to promote National Children's Dental Health Month in February.

Yreka Dental Department

Aachichha Vuh

(Happy Teeth)

Children from 2-6 and 7-12

If at your exam you have no cavities, or have improved your oral health you can be entered in a drawing to win one of these prizes.



1st



2nd



3rd

Karuk Tribe Employment Opportunities

We encourage you to visit the Karuk Tribe's website at www.karuk.us and our Facebook page at www.Facebook.com/karukpeople.

Frequently check those sites to view current Employment Opportunities as well as Contracting Opportunities, Requests for Proposals & vacant seats on Boards & Committees!

Job Descriptions are available on our website & by contacting the Human Resources Department: humanresources@karuk.us.

Vickie Simmons, Human Resources Director, Phone: (530)-493-1600 Ext. 2041, Fax: (855)-437-7888,
Email: vsimmons@karuk.us

Applications may be hand delivered to any Tribal Office, or by mailing to:

Karuk Tribe Attn: HR
P.O. Box 1016
Happy Camp, CA 96039



Find us on Facebook

Purchased Referred Care Services Eligibility

The following is an explanation of the eligibility criteria for the Karuk Tribe's Purchased Referred Care Services to give applicants a better understanding of the eligibility process. Our goal is to assist all clients to obtain the best services possible.

1. Must be a Tribal Member or Descendant of a Federally-Recognized Tribe in California.
2. Must be a permanent resident of Siskiyou Co. CA or Orleans, CA for the past six months.

If you are eligible, PRC coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, You must notify Purchased Referred Care Services within 72 hours. If you do not do this, you will be responsible for the bill. PRC coverage is for emergency, life-threatening situations only! The following are not considered to be emergencies or life-threatening; Sore throats, ear aches, rash, follow-up care, medication re-fill, etc.

Emergency visits will not be covered if it would have been closer to go to a Karuk Tribal Health Care facility. If there is a KTHP facility in the area and you choose not to use the facility, you will then be denied and held responsible for the bill.

Referral:

Medical care that is not available at the Karuk Tribal Health Care facility. Referrals are not a guarantee that we can assist in payment with services. A patient must meet eligibility criteria, medical priorities, and use of alternate resources. Referrals are reviewed and payment is based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS-PRC Authorization:

We will prioritize all referrals and call-in requests and make recommendations for approval or denial. The PRC staff or their appointed designees are the only persons who can approve and authorize payment of services.

In most cases, an approved referral is limited to one medical treatment and/or one appointment. Please call Purchased/Referred Care prior to any follow-up appointments or referral to another specialist/facility for approval to make sure your coverage is still in effect

Alternate Resource:

IHS-PRC is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Workman's Compensation, or is covered by any other resource, that resource is the primary payer. All Explanations of Benefits (EOB) and payment checks from the primary payer(s) must be brought or mailed to the PRC office without delay, when received by the patient. Many times the non-IHS will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they have filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Purchased/Referred Care in order to complete the payment process.

Pregnant/Prenatal Care:

If PRC is requested to pay for the charges for your delivery/newborn care and hospitalization you must apply for OB Medi-cal. According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before PRC funds can be obligated. The


California Medi-cal Services has a program for which you may be eligible for. All pregnant women will be interviewed, advised and/or assisted if needed in applying for OB Medi-cal. If you are denied, you will need to take the letter to the PRC office to be filed with your OB referral form. Failure to cooperate with IHS-PRC will result in denial to authorize payment for any charges you may incur.

Appeals:

If you receive a denial letter from PRC you have the right to appeal per 42 CFR 136.25:

Within 30 days of receipt of your denial letter you must submit a written statement supporting your reason for appeal to the PRC Supervisor. If the PRC Supervisor upholds your denial, your appeal will be forwarded to the Managed Care Committee for action. If the Managed Care Committee upholds the denial, your appeal will be presented to the Karuk Tribe Health Board for consideration and action.

The decision of the Karuk Tribe Health Board shall be final.

If you have any questions regarding the eligibility and payment process, please call Purchased Referred Care Services at: (530)-493-1600 Anna Myers, PRC Supervisor Ext. 2156, Cat Turner, PRC Clerk Ext. 2155. 



If you have been referred to an outside provider (i.e. specialist, hospital, etc.) you must contact the PRC department BEFORE your appointment. This will help ensure your eligibility for Contract Health Services. If you do not this may impede possible payment for services.

PRC is not an entitlement program and an IHS referral does not imply the care will be paid. If IHS is requested to pay, then a patient must meet the residency requirements, notification requirements, medical priority, and use of alternate resources.

You may contact the PRC department between 8:00 am and 5:00 pm.

Thank you for your cooperation.

Anna Myers @ 493-1600 ext. 2156

Cat Turner @ 493-1600 ext. 2155

Meranda Rasmussen @ 493-1600 ext. 2151

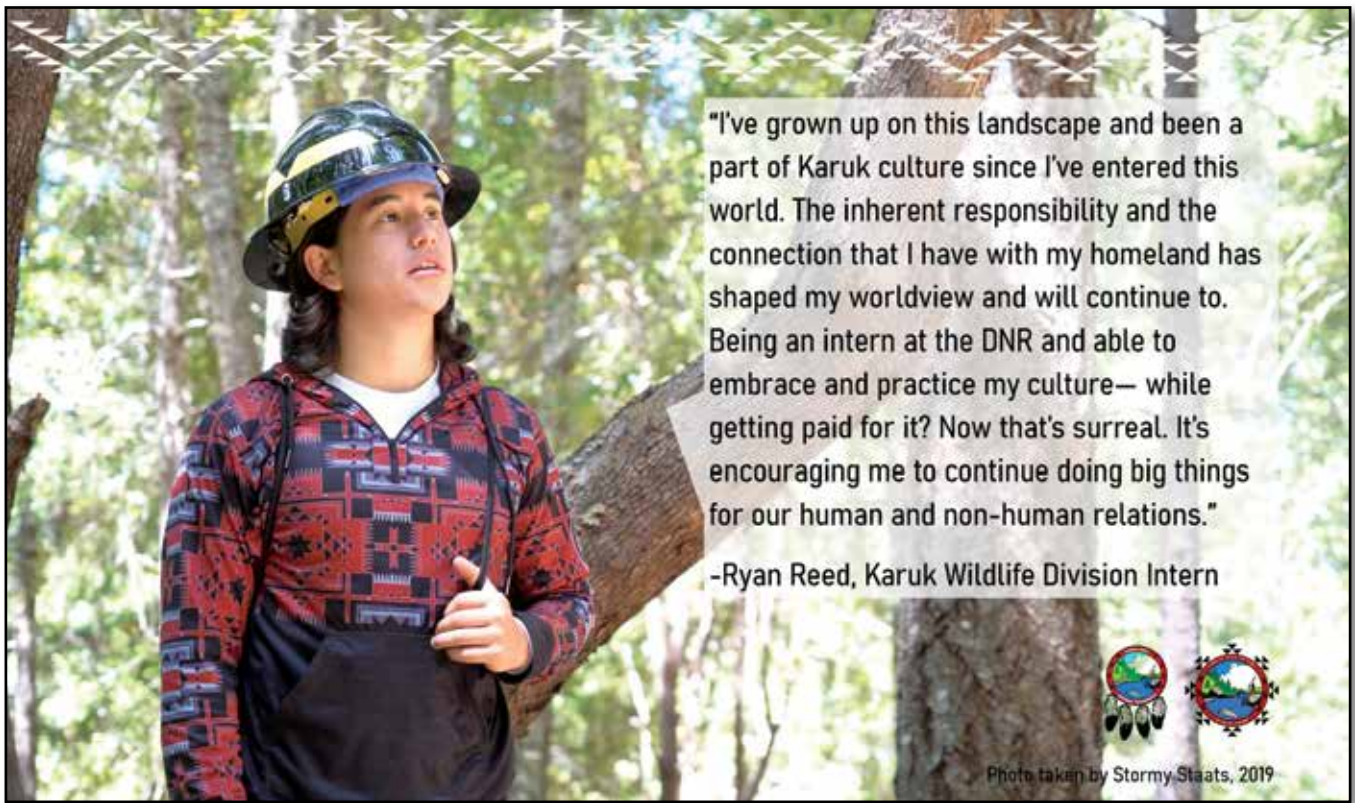
This is very crucial to our process.



"Being a Karuk Tribal Member raised on my ancestral lands, I come from a background where traditional values are held highly and honored in everyday life. Through my internship, I have been able to couple my own existing traditional knowledge with the skills and education I have gained at the University of Oregon to further the Tribe's mission, focusing on the role that wildlife (especially elk) play in our ecosystem and culture."

—Jessica Conrad, Karuk Wildlife Division Intern

Photo taken by Stormy Staats, 2019



"I've grown up on this landscape and been a part of Karuk culture since I've entered this world. The inherent responsibility and the connection that I have with my homeland has shaped my worldview and will continue to. Being an intern at the DNR and able to embrace and practice my culture— while getting paid for it? Now that's surreal. It's encouraging me to continue doing big things for our human and non-human relations."

—Ryan Reed, Karuk Wildlife Division Intern

Photo taken by Stormy Staats, 2019



Learn more about upcoming internship and youth employment opportunities by contacting the Environmental Workforce Development & Internships Division Coordinator, Aja Conrad: aconrad@karuk.us or (530) 627-3446 ext. 3025.

Spring Has Sprung

It's that time of year again, spring has sprung. The sun's warmth has brought back the wildflowers and song birds, and Ishyà'at (Spring Chinook Salmon) are making their way back up the river.

Ishyà'at are genetically distinct from Àama (fall chinook). They begin their journey up the Klamath River watershed as sexually immature adults. Because they have larger fat stores (due to an obesity gene), they are able to make their way hundreds of miles up the watershed, much further than the fall run. There, they hold in deep cold pools to finish maturing, and then they spawn around the same time as the fall run.


Their unique spawning habits serve a critical ecological/cultural role. Humans prefer them for food due to their higher fat content and the fact that they are they first salmon to come into the river after winter. They serve an important ecological role as well, due to the fact that they carry nutrients from the ocean much higher into the watershed, increasing the fertility of these more remote ecosystems.

Ishyà'at are threatened by a combination of dams, hatcheries and climate change. Dams block headwaters stream reaches and capture snow melt runoff in large reservoirs and force spring chinook to mix with fall chinook where they



hybridize causing populations to go extinct. Fish hatcheries found at the base of most dams are swamping the chinook gene pool with dominate fall chinook genes while spring chinook genes are recessive less likely to make more spring chinook. The combination of all these factors has caused massive extinctions of spring chinook all over the west and locally here on the Klamath. Spring chinook require exclusive habitat, not accessible to fall chinook, found in the headwaters of rivers for their population to persist over time.

The Karuk Fisheries Program has been advocating for Klamath dam removal, hatchery reforms and climate change adaptation for the past 20 years. Our emphasis is on using fisheries science to guide population recovery actions, but also realizing that actions including local community involvement like the annual Spring Salmon survey are a critical step in any recovery effort. The Salmon River population is the last viable wild population left in the Klamath Basin and will be critically important for reintroduction of spring run back into the Upper Basin when dams come down.

If you wish to volunteer for the spring salmon dive surveys, contact the Salmon River Restoration Council for details at 530-462-4665. The survey usually begins around the second week of July. 



*Find additional information at the Department of Natural Resources
Fisheries Department (530) 627-3446*

**2019 SPRING CHINOOK/SUMMER STEELHEAD DIVE
SALMON RIVER, CALIFORNIA**

REACH	DATE	SKILL RATING	MILES	SPRING CHINOOK ADULTS	SPRING CHINOOK JACKS	STEELHEAD ADULTS	STEELHEAD ½ POUNDERS
MAINSTEM							
Brannon's - Mouth	7/23	ADVANCED	4.4	8	2	12	23
Butler – Brannon's	7/23	ADVANCED	4.0	9	1	2	16
Tripp Point - Butler	7/23	ADVANCED	2.8	1	0	1	4
Nordheimer – Tripp Point	7/23	ADVANCED	3.6	4	0	2	17
Forks - Nordheimer	7/24	INTERMEDIATE	4.5	2	0	4	10
MNSTM COUNT			19.3	24	3	21	70
SOUTH FORK							
Henry Bell - Forks	7/24	EASY	3.0	8	3	2	12
O'Farril - Henry Bell	7/24	EASY	2.0	1	0	3	8
Indian – O'Farril	7/24	INTERMEDIATE	2.7	10	0	5	10
Matthews - Indian	7/24	INTERMEDIATE	2.3	0	0	0	5
French - Matthews	7/24	ADVANCED	4.0	8	0	5	8
Cecil - French	7/24	EASY	4.0	3	3	11	12
INDEX - Timber Gl - Limestone Gl				(3)	(3)	-	-
Petersburg - Cecil	7/24	EASY	4.0	11	0	14	19
Blindhorse - Petersburg	7/24	EASY	3.0	7	0	11	0
Little South Fk - Blindhorse	7/24	INTERMEDIATE	3.0	4	0	0	4
SFK COUNT			28.0	52	6	51	78
NORTH FORK							
4 - Forks	7/24	EASY	4.0	3	1	9	11
Index - China Pt. - Deadhorse Gl	7/24	(EASY / INTER)	(3.0)	(16)	(0)	-	-
8 - 4	7/24	INTERMEDIATE	4.0	16	0	3	6
12 - 8	7/24	INTERMEDIATE	4.0	6	0	5	18
16 - 12	7/24	EASY	4.0	4	2	0	13
Whites Gl - 16	7/24	INTERMEDIATE	2.0	11	1	1	0
Idlewild - Whites Gl	7/24	EASY	2.5	6	4	3	7
Mule Br. - Idlewild	7/24	INTERMEDIATE	3.0	1	0	0	0
Big Ck - Mule Br.	7/24	INTERMEDIATE	3.0	0	0	0	0
NFK COUNT			26.5	47	8	21	55
EAST FORK							
Taylor - Confluence	7/24	EASY	2.0	0	0	0	3
Shadow Ck - Taylor	7/24	EASY	2.5	0	0	0	0
EAST FK COUNT			4.5	0	0	0	3
WOOLEY CREEK							
Gates – Mouth	7/29	ADVANCED	3.8	7	1	38	18
Bridge Ck - Gates	7/29	ADVANCED	3.4	6	3	60	54
Hancock Ck – Bridge Ck	7/29	ADVANCED	3.1	2	2	90	24
WOOLEY COUNT			10.3	15	6	188	96
FINAL COUNT			(w/o "extra" tributaries)	88.6	138	23	281
OTHER TRIBUTARIES (none completed in 2019)							
Knownothing Creek		EASY	2.8				
Little NF Salmon River		INTERMEDIATE	2.3				
Methodist Creek		EASY	2.4				
Nordheimer Creek		EASY	1.8				

The Karuk Pikyav Domestic Violence Service Program


The Pikyav Domestic Violence Service Program strives to make services accessible while providing a cultural perspective in an effort to enhance existing services to Native people. The staff works directly with the domestic violence shelters, courts and other service providers in Humboldt, Del Norte, and Siskiyou counties. The Pikyav Domestic Violence Service Program offers services to eligible Native Women and Men, Teens, Elders and Community Members. The Pikyav Domestic Violence Service Program may assist with navigating the legal, civil and criminal court process, including obtaining and enforcing protective orders.

In January the Karuk Pikyav D.V. Services Program along with Karuk Victim Services Program and Siskiyou Domestic Violence & Crisis Center sponsored a Stalking and Human Trafficking Awareness Training. We had a great turn out for the training. There was great information available and we had a lot of agencies throughout the county who were

able to attend. We are looking forward to presenting more training in the future.

February is Teen Dating Violence Awareness Month, so look for flyers and a Poster Contest for our teens. Please wear Orange on the 11th to promote awareness to the issue of Teen Dating Violence!!! In March we will be working with local schools on our Kindness March!! April is Child Abuse Awareness Month so keep an eye out for those pinwheels in your community. May 5th is Missing and Murdered INDIGENOUS Women & Girls Awareness Day. Please wear RED on this day to promote awareness!!!

The Karuk Pikyav Domestic Violence Services Program promotes Healthy Relationships and Peaceful Homes. If you or anyone you know is experiencing Domestic Violence, Teen Dating Violence, Family Violence, Sexual Abuse, Stalking or are in an unhealthy relationship please reach out.

Happy Camp and Yreka (530) 493-1630**
Orleans (530) 627-3676** Yreka (530) 598-9992 



Karuk Tribal Court Advocacy

ayukíi koovúra áraaras vúra káan kunpuxíchkaanva.

Hello everyone. The Karuk Tribal Court Advocacy program is hard at work proving outreach and information events to the community, along with providing support to youth in the Karuk Tribal Court System.

We will be working with other departments in the coming months to bring awareness to Kindness, Child Abuse, Missing and Murdered Indigenous People.

Look for us during these upcoming events in kahtíshraam -Yreka- athithúfvuunupma -Happy Camp- panámniik -Orleans-!

February is Teen Dating Violence Awareness Month, we provided a teen craft event of healthy relationship presentation along with wood working crafts. Participants were able to create their own hair sticks, or gambling cards from wood to take home.

March we will be working with the Karuk Head Start Centers in Kahtíshraam -Yreka and Athithúfvuunupma -Happy Camp to promote kindness with a March for Kindness.

April we will be working with Siskiyou County CASA and providing information at the CASA Superhero Run in Yreka at the YMCA. We will also be distributing blue pinwheels for Child Abuse Awareness Month to Karuk Tribal Offices. Please send me a photo of the pinwheels displayed within your office/ department.

May we will be working with various tribal departments to provide a Red Earring Event to help bring awareness to missing and murdered indigenous people. A congressional resolution designated May 5th as a National Day of Awareness for Missing and Murdered Native Women and Girls. Wear red on May 5th to help bring awareness. 🦋

Yōotva

Tamara Alexander, Karuk Tribal Court Advocate Manager
(530)721-3601 tjalexander@karuk.us



Karuk Tribe Housing Authority

Programs

The Karuk Tribe Housing Authority offers Low Income and Elder Rental Units in Yreka, Happy Camp, and Orleans to income eligible Tribal individuals and families. KTHA also offers the following assistance to income eligible Karuk Tribal Members: First-Time Homebuyer Loans, Down Payment Assistance Grants, Mortgage Relief Grants, Student Rent Vouchers, Elder Rent Vouchers, and Temporary Rent Vouchers, Home Replacement Grants, Home Rehabilitation & Weatherization Grants and Loans, and Home Improvement Loans.

Patches Marsh, Admissions/Loan Specialist, receives and processes ALL applications for KTHA assistance. [We encourage Tribal Members who have any unmet housing needs to SUBMIT AN APPLICATION!](#) The income limits that determine eligibility are not as low as you may think; many working families are still at or below 80% of US Median Family Income Limits set by HUD. Patches can be reached at (800) 250-5811, Extension 3108 or pmarsh@karuk.us

needed, in order to continue processing the application, as well as when the application is deemed complete. Processing times are different depending on the program applied for due to the necessary documentation, research, and third party verifications required for each program.

Waiting List and Offers

All offers for KTHA units are made from the Waiting List based on the preference points assigned. Points cannot be assigned without appropriate documentation and verifications, which is why additional information will often be requested during the application process. It is a requirement that applications are kept current, and updated at least annually. Because most changes will have an effect on preference points, applicants **MUST** submit **ALL** changes using the Information Update Form, also available at www.ktha.us/ Examples of information to report include but are not limited to: address and phone number changes, income changes, household size changes due to marriage, divorce, birth, death, or custody orders, employment status changes such as schedule changes, employer changes, becoming a full time student or changing an existing student class schedule, etc.



www.ktha.us/Website

Applications

We remind all applicants that a current, **complete**, application is required in order to determine eligibility for KTHA assistance. Applications are available from any KTHA Office or online at www.ktha.us/

Please be patient as you go through the application process and understand that everyone's experience will be unique. There is a checklist on the application listing mandatory items that must be included; however additional documents will be requested depending on your individual circumstances. All applicants will be notified if there is missing documentation, or if additional information is

KARUK TRIBE HOUSING AUTHORITY Application & Checklist		
Please make sure that all information in this application is accurate. The application must be completed in full and all the attachments must be submitted in order to process your application. You must submit copies of the following information:		
<input type="checkbox"/>	Copies of Social Security Cards for all Household members listed in the application.	
<input type="checkbox"/>	Verification of Enrollment in an Indian Tribe: Karuk Tribe Enrollment card, CDIB, or other Tribe.	
<input type="checkbox"/>	Verification of Income for all Household members listed and must exceed 2 years of tax returns, including your W2s, 1099, etc. Verification includes you is not limited to: 2 Current Employment Payroll stubs, AFDC/TANF award letter, Social Security/SSI statement, Child Support, etc. Verification must show current and year-to-date income.	
<input type="checkbox"/>	Copies of Bank Statements for the last two months. This includes checking, savings and any other assets.	
<input type="checkbox"/>	Criminal Background information; If you check "YES" to any questions in this section, please include complete information regarding all criminal convictions.	
<input type="checkbox"/>	Authorization for the Release of Information/Privacy Act Notice; Must be signed by all adult members in the household.	
<input type="checkbox"/>	Current or former Landlord's Name, Address, and Phone Number.	
You will not be considered for any KTHA programs until your application is complete. Preference points and the date of your completed application will determine eligibility in accordance with applicable HUD and KTHA requirements.		
ADMISSIONS PREFERENCE (POINTS AS INCLUDED BELOW)		
Enrolled Karuk Tribal Member =	200	Working (Part Time) = 50
Enrolled Karuk Elder (62+) =	200	Full Time Student = 50
Enrolled Karuk Descendant =	100	Veteran = 50
Working (Full Time) =	100	Karuk Foster Care Family = 50
Disabled Veteran =	100	Involuntary Displacement = 50
Health & Safety Emergency =	100	Forensic Area Preference = 20
Enrolled Other Tribal Member =	50	Substandard Housing = 20
Retired Karuk Elder =	50	Without Permanent Housing = 15
Karuk Year Elder (55 to 61) =	50	Rent Above 50% of Income = 10
Disabled Handicapped =	50	
CRIMINAL RECORD (NEGATIVE POINTS AS INCLUDED BELOW)		
Negative Landlord Reference =	-50	Felony Crimes = -500
Violent (Battery/Assault) Crimes =	-225	Sex Offender = Ineligible
Drug Related Crimes =	-225	Violent Drug Felonies (more than 1) = Ineligible
Criminal Misdemeanors =	-225	
Previous KTHA tenants and persons that owe the Housing Authority money are not eligible for assistance until debt is paid in full. Previously evicted KTHA tenants shall have a waiting period of twenty four (24) months from the date of eviction.		

KTHA Application and Waiting List Points

Unfortunately, KTHA cannot tell applicants where they are at on the Waiting List other than that they are, or are not, in the Top Ten for an offer, should an appropriately sized unit become available. Once an application is

complete, and you have been added to the waiting list, the only thing you need to do is report changes that occur, and keep your information current with Patches.

We understand the frustration that applicants encounter with the length of time they have been on the waiting list without an offer and the best advice we can offer, is to focus their efforts during that time on actions that can result in raising the number of points they have. Some examples are gaining, and maintaining, full or part time employment, enrolling in school as a full time student carrying 12 units, etc.

Another frustration we often encounter is why there are vacant units, while applicants are still waiting for a home. Unfortunately, from the exterior it is not always easy to tell what stage of the vacancy process a unit might be in. Just because the house is empty, does not mean it is ready to be occupied. It may not even be in unit prep (our term for the turnover process on vacant units) because maintenance is working on other units first or there may be items needed to complete the unit that are on special order and take additional time to arrive. There are many variables that factor into the time it takes before a unit is ready to offer, so simply looking at the exterior does not provide all of the information necessary to understand where it is at in the process.

We encourage all applicants to ask questions. We want to ensure you understand the process. If it weren't for you, we would not exist to provide this valuable service! We continuously have over 600 households on our waiting list and look forward to the day when adequate funding is provided to serve all eligible households, but until that day arrives, we have to continue working within our funding constraints.

Orleans Housing Development

We continue to make progress toward constructing single family homes in the Orleans community on the


property that was previously the Pines RV Park. Work is underway to prepare the plans, designs, and specifications necessary to begin installing infrastructure (water, electricity, sewer, roads) for the eventual construction of 2 bedroom units in that community. The full scope will eventually include 8 units, though not all will be built at one time. A conceptual design layout was included in the November 2019 edition of the Newsletter.!

Grant Applications Pending

KTHA is awaiting notifications for several pending grant applications which if funded will retrofit existing units to mitigate wildfire danger by replacing the roofs, siding, decks, and fences; renovate some of our oldest units to replace their kitchens, bathrooms, and flooring; install full infrastructure necessary for three separate building sites in Happy Camp and Orleans; construct units in Happy Camp and Orleans; hire a Resident Opportunity and Self Sufficiency (ROSS) Coordinator for three years; further protect KTHA communities from fire danger by replacing wooden fencing and conducting fuels reduction activities in all three communities; and install emergency backup generators on key facilities! We hope to have notifications to report for all of them by the next edition of the Newsletter!

Board of Commissioners

The fully seated Board of Commissioners includes Robert Super (Council), Dolores Voyles (Happy Camp), Arch Super (Council), Sherile Grant (Yreka), Teresa Valin (Yreka), Joseph Waddell (Happy Camp), and Deborah Whitman (Yreka).

Please attend the next Tenant Meeting in your community; the location rotates between Happy Camp, Orleans and Yreka with all meetings beginning at 10am. Tenant Meeting dates are posted on the Karuk Tribe Housing Authority website at www.ktha.us/ 



YREKA
1836 Apsuun
(530) 842-1644



HAPPY CAMP
635 Jacobs Way
(530) 493-1414



ORLEANS
37960 Highway 96
(530) 627-3703

K-12 Environmental Education

Take a look at what K-12 Youth have been up to this Fall and Winter. Thanks to all who contributed to K-12 Environmental Education Activities. Keep up the good work everyone!

For more information, feel free to contact Heather Rickard at herrickard@karuk.us. 



(L) Fuel moisture monitoring at Tishániik. (R) Woodwardia and salmon stick processing at Camp Creek with Phil Albers, Verna Reece, and Chelsey Preston.



Acorn processing with Stormie Polmateer at HCES.



Measuring Tanoak trees to find the biggest at Dillon Creek.



(L) Nature Journaling at Klamath River TREX. (R) Observing fire behavior during the Matchstick Forest Experiment at HCES.



Storytelling & Tea with Lisa Hillman and Phil Albers.



Pine nut bracelet making with Alice Lincoln-Cook at OES.


Department of Transportation

Here are some tips to keep you and your family safe on the roads this spring.

1. Be on the lookout for potholes. Extreme winter weather takes a toll on our roadways, creating large potholes. Heavy rain can fill them with water making them difficult to see. These monsters can damage your car leading to expensive repairs. Damages can include:
 - Punctured tires;
 - Bent rims;
 - Suspension damage;
 - Poor alignment; and
 - Exhaust system damageKeep a safe following distance in case the driver in front of you reacts. Never swerve to avoid a pothole. This can put you and your family in a more dangerous situation. Gently brake before it if you can.
2. Slow down for spring showers. Did you know that roads are the most slippery when it first begins to rain? This is caused by the rainwater mixing with contaminants on the road, such as oil and grease. Make sure to increase your following distance to allow for proper braking. It can also cause mud and rock slides, so watch for those as well.
3. Watch for animals on the move. Animal activity increases during the spring. For some, this is mating season and for others, they're waking up from their long winter slumber. Remember, deer are most active at dawn and dusk.
4. Watch for pedestrians on the move. As temperatures increase, more people are outside walking or bicycling with their families. Slow down in your neighborhood and pay extra attention at crosswalks. If pedestrians have the walk signal, they have the right of way.
5. Share the road with motorcycles. Because of their speed and size, motorcycles may quickly come in and out

of your blind spots. Always take a second look now that motorcycles are out on the road. In addition, be courteous. Motorcycles have the same right to be on the road. If you end up following a motorcycle, maintain a safe following distance of at least four seconds.

6. Maintain proper tire air pressure. During the winter months, tires lose air due to the cold temperatures, causing tires to be underinflated. Warmer temperatures can cause tires to be overinflated. Each situation can lead to increased wear and poor handling.
7. Inspect your tires. Adequate tire tread is important for wet weather driving. Tire tread actually moves water away from the tires. As tire tread wears, less tread means reduced traction. When it comes time for buying new tires don't focus only on price. Read reviews and recommendations. Remember, you're relying on a contact patch the size of your hand to keep you and your family safe.
8. Pay attention in construction zones. When driving through construction zones, follow these tips:
 - Be attentive. Construction workers and equipment may suddenly enter the roadway. Traffic patterns can change daily to accommodate the work being done.
 - Understand and follow the signs.
 - Make safe lane changes. Solid lines in construction zones mean that you should stay in your lane.
 - Slow down. Fines may be doubled in construction zones. In addition, slowing down can save a life.

As always, if you have any questions or concerns regarding Karuk roads, or even State, County or City roads within Karuk Aboriginal Territory, please don't hesitate to call or stop by the office in Orleans. 

Misty Rickwalt, Director



David Wild

David Wild, descendant age 32, is an athlete extraordinaire, following in the footsteps of his great grandfather and shot put world record holder from 1912; Ed Peach, Orleans (Peach Creek), first son of Julia Starritt.

David is a triathlete and Ironman, successfully competing twice in the exclusive Kona Ironman 2.4 mi swim, 112 mi bike, 26.2 mi marathon run. David is sponsored by Bike Works Kona, Ola Brewing of Kona, Wild By Nature environmental education, and a few more.

But this is not his greatest quality. He graduated from Cal Berkeley as a math major, but quickly opted out of the corporate world in downtown San Francisco to become a full time math teacher, thus combining his passion for math with community building.

Now in his sixth year at Konawaena HS in Kailua-Kona, Hawaii, he has taught special needs math, advanced calculus, computer science, and everything in between. He reinvigorated the math league after 36 years, started a triathlon club at the school and outfitted the team with high-end donations from local cyclists. He is their cross-

country coach and started the Go Wild Scholarship for Native identifying students (regardless of GPA) at <http://www.gowildfoundation.org/>. The scholarship rewards students who are honoring their heritage by upholding cultural practices, in hopes that these students continue to make their ancestors proud as they head off to college. He also attends the annual TFA (Teach For America) gatherings for Native American educators at their Native Alliance Initiative summits nationwide. David supports Hawaiian Homelands and advocates for the Mauna Kea Protectors #protectmaunakea, a sacred mountain of Hawaii.

David is one of a very few local Ironman and is always cheered on by his Konawaena HS math students, x-country team, and the community at large. He also coaches the team he helped establish, OTC (Oakland Tri Club) as well as local individuals, plus clients nationwide via social media. He competes around the world, but considers Orleans Panamnik his ancestral home. You can follow him on Facebook David Norbert Wild, and on Instagram @wilddavidwild. 🏹




Karuk Tribal TANF Program

Mission Statement

To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.

The Karuk Tribe provides Temporary Assistance to Needy Families (TANF) services and assistance to eligible needy Karuk tribal members and their descendants, eligible needy federally recognized Indians, eligible needy Alaska Natives, and eligible needy individuals on the

California judgment roll, and their children who reside within the approved service area of Siskiyou County and the northeastern corner of Humboldt County. Additionally, TANF provides diversion, transitional services and other eligible non-assistance services to eligible families and individuals who are not eligible for TANF assistance.

In looking forward to the future, TANF has submitted revisions to its TFAP (TANF Family Assistance Plan) and is moving forward to provide more services, in the areas of providing non-custodial parents assistance to; increasing the child support disregard, the amount of diversion assistance received, increasing the amount of non-recurring short-term benefits assistance. 



There have been address changes to our TANF office locations:

TANF Administration
533 Jacobs Way
P.O. Box 1016
Happy Camp, CA 96039
Tel: (530) 493-1440
Fax (530) 493-1441

Happy Camp Family
Services Center
64105 Hillside Road
Happy Camp, CA 96039
Tel: 530-493-1450
Fax: 530-493-1451

Yreka TANF Office
1517 S. Main Street
P.O. Box 1730
Yreka, CA 96097
Tel: (530) 842-4775
Fax (530) 842-4702

Orleans TANF Office
39051 Highway 96
P.O. Box 141
Orleans, CA 95556
Tel: (530) 627-3680
Fax (530) 627-3459

Rain Rock Casino

Spring is upon us at Rain Rock Casino and we have a lot in store to kick off the coming of warm weather. Two fantastic years of business are in the books and Rain Rock Casino is proud to celebrate our second anniversary. Beginning March 1st, 2020, Rain Rock Casino will be celebrating this monumental achievement with our Rain Rockiversary and up to \$100,000 in cash and prizes. This two-month long promotion has several components to give back to our guests including a daily swipe and win for free play, cash, and prizes. Earn drawing entries towards weekly Sunday drawings from 2:00 PM to 5:00 PM where each winner will receive up to \$1000 in free play. The grand finale celebration held April 26th, 2020 at 6:00 PM one lucky winner will walk out the door with \$15,000 CASH, our largest grand prize to date.



and all classic vehicle owners join us. Win up to \$1000 in free play for best in show. Each category winner receives \$100 in free play, awards presentation takes place at 2:00 PM this year. The Roadsters will be hitting the stage from 11:00 AM to 3:00 PM to play those good rocking oldies that we all love. This annual event is definitely not a day to miss as we've already grown into the largest car show in Siskiyou county.

For those guests looking for more regular excitement, look no further than our new Spring into Cash slot tournaments every Saturday. Two qualifying rounds run each tournament day, one from 12:00 PM to 2:00 PM and the second from 3:00 PM to 5:00 PM, will see 20 finalists move on to our 6:00 PM championship round. Top prize each tournament day is \$1000 cash and best news; it's free. All Players Club Card members receive one free entry into each qualify round. 🦅



Changing gears... right into our 2nd annual Spring Fling Car Show. Rain Rock Casino is happy to announce the return of the legacy and a day of classic cars. Join us May 23rd, 2020, rain or shine for another family friendly day of great food, live entertainment, and a parking lot full of beautiful vintage cars. Show registration is open now and we would love to have any



Introducing . . .

Karuk Tribal Court Advocacy Welcomes...

The Karuk Tribal Court Advocacy program would like to welcome Maria Rodriguez as the new Education Advocate. ayukii, I'm Maria Rodriguez and I'm proud and honored to be the part-time Education Advocate under the Karuk Tribe Youth Diversion Program, stationed in Yreka. A little about myself, I am a Karuk Tribal Member, grew up in Yreka and graduated from Yreka Union High. I'm experienced in tutoring, mentoring, was on the Karuk Youth Leadership Council in 7th and 8th grades and worked in the Karuk Math and Science Camps as a youth worker throughout my High School years. I am currently a full-time college student at American River College pursuing an AA in Business. I look forward to working with Karuk Youth. yōotva, Maria R.



Human Services Staff Update

The Human Services Department is excited to announce we have recruited a new therapist.

Sarah Thibault, LCSW has lived in Colorado, Redding, and the SF Bay Area and went to high school in Shasta Lake. She recently had her first child and moved to the area to be close to family. She is non-Native though has local Karuk family members. She has been providing counseling for 16 years and been a licensed social worker for 5. Some things that interest her include: somatic, expressive, and play therapies; fostering resiliency; hiking and biking; foraging food and medicine; music; ecology; and culture as healing.

AUDREY DENNEY



★ for Congress ★

www.audreyforcongress.com

Your Voice Matters

“Indigenous peoples continue to share their profound gifts, perspectives, and culture as an integral part of our nation. When I am given the opportunity to represent California’s First District in Congress, I will pursue conversation regarding policy priorities, advice, and solutions from our indigenous tribes”

- Audrey Denney

**Confirm you are registered:
<https://voterstatus.sos.ca.gov/>**

If you are a voter registered with **No Party Preference** and you want to vote for U.S. President, you must request a primary election ballot with presidential candidates. The American Independent, Democratic, and Libertarian Parties allow No Party Preference voters to participate in their Presidential Primary Elections.

All registered NPP voters should have received a postcard that can be returned to request the desired Presidential ballot. If you did not, you can contact:

Siskiyou County Elections: (530) 842-8084

Humboldt County Elections: (707) 445-7481



Karuk Tribe

Post Office Box 1016
Happy Camp, CA 96039-1016


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Karuk Human Services Substance Use Disorder and Mental Health Funding

The Karuk Human Services Department was the recipient of \$110,000.00 SUD-MH funding made available as a supplement to our health center's existing Health Center Program (H80) grant. The award included 12 months of expanded services funding and one time funding to support increased access to integrated substance use disorder and/or mental health services.

The purpose of the funding is to support health centers in increasing access to SUD prevention and treatment services, including those addressing opioid use disorder (OUD). The funds will also be used to expand integrated mental health services with a focus on conditions that increase risk for opioid use disorder. Integrating SUD, mental health, and primary care improves the success rate of treatment of SUD and mental illness.

The grant allowed the department to purchase a mobile van that will be supporting various outreach events in communities

within the service area. Our hope is that meeting our staff and visiting with us will reduce the stigmatism surrounding substance use disorder and mental health treatment. The van is a mobile office and we can offer confidential Narcan training and information about our programs. For more information, feel free to call our offices at 493-1450 in Happy Camp and 841-3141 in Yreka. When you see us in your community, please stop by and say ayukii! . 



Left to Right: Ken Hazelwood, Robert Super, Buster Attebery