

Fall 2008

Karuk Tribe

Post Office Box 1016
64236 Second Avenue
Happy Camp, CA 96039

3,520 Tribal Members

(530) 493-1600
(800) 505-2785
(800-50Karuk)

www.karuk.us

Karuk Tribe's Quarterly Newsmagazine



12th Annual Karuk Tribal Reunion

See Pages 14-17



Fifth Annual Fall Basketweavers Gathering

See Pages 10 & 11



CHAIRMAN ARCH SUPER'S CORNER

Ayukii koovura pa Karuk araaras (Hello all Karuk people and relatives). If xara xas tanupmah karu nuchuupha pa ararahih. (I have not seen you in a long time and I have not talked the language in a long time). Huut ni iin (What's the mater with me). Chimi kiik itaptiheesh pa ararahih (Let's learn the language) Yootva.



JUNE: Our Self Governance (SG) Director Hector Garcia and SG Assistant Carrie Davis have been working with the newly organized group the "California Association of Tribal Governments" (CATG). The association was organized to support SB 62 and save the 1.1 million to the non-gaming tribes and tribes with small casinos. The association will also work on California specific issues with California tribes. Information on the CATG can be obtained through our Self Governance office.

JULY: I traveled to Washington DC to a Temporary Assistance to Needy Families (TANF) Technology Training, which was sponsored by National TANF. This training was in preparation for our Tribe's TANF program, the training introduced different systems that are working for Tribal and County TANF programs. While back in DC, I met with the National Indian Gaming Commission (NIGC) attorney John Hay. I was checking on our long awaited Gaming proposal. Mr. Hay stated that the NIGC and the Department of Interior (DOI) were debating the current laws of Gaming. NIGC would like to see any eligible Tribe given the right to Indian Gaming and DOI would like to put tighter rules for allowing Indian Gaming. Mr. Hay suggested that we wait for the two government offices to come up with a consensus and conclusion on Gaming law. At that point, he would push our proposal forward. We hope to hear in early January 2009.

AUGUST: Our Boosters / CASA Club had a busy venture with the Indian Taco Booth at this year's County Fair. With the extreme help of the Club officers, Council members, Sonny Davis,

Florraine Super and Arch Super and all volunteers and vendors, our fundraiser was a success. Everyone worked Super hard. We would like to thank very much, everyone involved. We look forward to a successful year in 2009. The Boosters / CASA Club supports and advocates for the youth of the Karuk Tribe. Our Boosters / CASA Club co-sponsored, with the Quartz Valley Indian Reservation a softball team, in the COS softball course over the summer. Our team took first place in the Co-ed division.

I traveled to Verona NY for the quarterly Tribal Budget Advisory Committee (TBAC) meeting. The Tribal Regions of the US discuss the affairs of the Federal BIA budget. Our Federal and State budgets have no increases, but have the opposite decreases in funding for Tribes throughout the US. The Karuk Tribe is in Region IV and we plan to submit a proposal to TBAC for carry over funding of the BIA budget. Tribal Staff and Self Governance will work on that proposal.



Summer Softball Team

Back row: Sarah (Super) Abono, Sherile Grant, Genevieve Markussen, Michelle (Tickner) Miller, Jeana Thom, Victoria Conrad, Kayla Super; Tribal Secretary Florraine Super
Front row: David Lawe, David Super, Uvaramii Croy, Tribal Chairman Arch Super, Don Super, Marques Super & Chris Black

SEPTEMBER: I attended a "Real Estate Law" Training with the California Fee to Trust (F2T) Consortium in Coarsegold, CA, which was sponsored through the BIA Region IV. The California F2T Consortium helps our Tribe put our lands into Trust. They have been very successful in expediting and putting many of our parcels in trust. Land Manager, Scott Quinn and I are members of the consortium. The training information on Real Estate Law, I found that Scott is well in tune and is doing the required work. We had a government to government meeting with the Caltrans District 2 in Orleans. Land Manager and Assistant, Scott Quinn and Sandi Tripp and I were in attendance. We discussed road and land issues with Caltrans. We have and will continue to work with Caltrans on cooperative projects, assistance and communications.

OCTOBER: The Karuk Tribe is striving to sponsor and offer a Karuk Tribal Smoke Shop small business in Yreka. It is currently in development and we hope to see it thrive within the next couple of months. The Smoke Shop business can be a booming business and bring some economic development to the Tribe. We wish for its success and encourage everyone to spread the word.

The Tribe has been busy with the everyday operations. We are seeing a big impact on the state of the economy within the United States. Our budgets and funding from the Federal and State budgets are looking slim for the upcoming year. We will do our best to continue as many services and assistance as our budget allows us. As always, I encourage tribal members to call, write, email or come and see your elected officials if and when you have questions and concerns.

Yootva... Arch Super

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CASA-Court Appointed Special Advocate for Children

What is a CASA Volunteer?

CASA volunteers stand up for the rights and best interests of children who might otherwise be forgotten. As appointed representatives of the court, CASA volunteers are empowered to make a lifelong difference in the lives of abused and neglected children. Our vision is that every child who needs a volunteer will have one. With your help, we can reach that goal.

Make a Donation

Your donation helps the Karuk CASA continue its life-changing work by supporting the recruitment, training, screening, and supervision of caring volunteer advocates who will speak up for child abuse and neglect victims.

If you share in CASA's mission to prevent abuse and violence, please show your support by making a financial contribution.



Be the Difference

Please visit your CASA office at:

Karuk CASA
1320 Yellowhammer
Yreka CA 96097
530-842-4924

Notes from the Secretary:

Ayukii, Here's is my quarterly report.

Side note: Ivan "Ishnur" Super, my son, is walking and running now. He will be 1½ on November 9th and in October he weighed 31 lbs.



TRIBAL COUNCIL SECRETARY QUARTERLY REPORT

Elders- Honor our Elders, They show us the way in life.

As stated previously, I have our Elder's Issues on several different committee agendas such as our LIAP Committee, Council Planning Agenda, and our Yav pa anav Committee. This has worked well for us as we make sure we discuss and plan for our elders and their concerns. We have set aside staff and funds to work on houses to make sure our elders have a safe living environment. We have provided air filters during the fire season. I will continue to report as we continue to support our elders.



Cultural Classes—Summer break is over... Class has begun again.

Cultural classes will be available to all those who are interested in learning and/or teaching. Classes will provide tribal and cultural awareness by storytelling, history lectures, dances and arts and crafts (basket making, drum making, regalia, and jewelry). Class started October 5, 2008 from 3pm to 6pm located at the new Housing / Tribal building in Yreka. We will continue to have classes every Sunday until December. Contact me for further information!

Parents get involved! We need transportation for children! We also need to get the word out so all those who are interested can take advantage of these classes.

Yav Pa Anav -- Programs meet at the table.

Yav Pa Anav is an intra-departmental committee.

Our goals are to strengthen the Karuk tribal system of care and improve communication with tribal departments and tribal members. Some of the departments involved are Social Services, Housing, Elder's workers, LIAP workers, Head Start, Health, and Council members. We again have worked on identifying accomplishments, barriers/challenges, and goals for 2008.

2008 Accomplishments:

Completed the Behavioral Health/Social Services Resource Guide. Had regularly scheduled meeting times for Yav pa anav. Created a smaller *inner* work group to handle specific complex individuals and/or families. The intra-agency referral form is being used. Departments are working together. Obtained the Circles of Care grant. Yav pa anav was an integral part (stepping stone if you will) of obtaining that grant.

Indian Child Welfare Committee (ICW):

The Karuk Tribe's ICW Committee Mission is to preserve, protect and strengthen the children and families of the Karuk Tribe through an efficient and effective service system that empowers individuals, families, and communities.

Our committee has continued with our regular duties such as keeping our families together, engaging our traditional beliefs in our ICW and CASA case plans, and working with other tribal and county departments to better serve our members.

Head Start: Children are our Future

I would like to welcome our new staff to the Happy Camp Office! So far this school year, I was able to visit the morning and afternoon classes at the Yreka Center. Vina Smith and I taught the children some Karuk words. It's always rewarding to see them learn.



The National Indian Education Association Conference, Feb, 08 in Senator Feinstein's office discussing Head Start funding

Low Income Assistance Program (LIAP):

The LIAP Committee was established to provide necessary emergency assistance or services that are not being provided by federal, state, county, Tribal or other agencies for our members.

We continue to support our LIAP Coordinator with

processing applications efficiently and in a timely manner. Our monthly meetings help us process difficult applications, make necessary program collaborations, and help interpret and follow LIAP guidelines and objectives.

Another goal was to help those who didn't qualify for LIAP but were very much in need. So the Council has obligated some funding to help those who need assistance. It has helped a lot of our elders and families with children.



Karuk Booster Club: We need your support so we can support our kids in sports!

The Karuk Booster Club helps support Karuk enrolled members and enrolled descendents with sports and extra-curricular activities. We support children who are involved in school and community programs!



Upcoming Fundraisers – We need your support!

Please go to the website to look for upcoming events or email boosterclub@karuk.us

☆☆☆☆☆ **Yootva to all those who helped at the Siskiyou Golden Fair – Indian Taco Booth!** During the fair you did something wonderful. You put aside your work, family and friend time, other commitments-- and you made a difference. Thank you so much for all of your hard work. You were a huge part of making this project a success.



Karuk Youth Leadership 2008

Sorry our Youth Leadership was not advertised in our NewsMagazine. I will have a report in our next issue. Our Youth Leadership has been scheduled for November 8, 2008 in Happy Camp.



Contacting your Karuk Tribal Secretary:

If you would like additional information and/or have any questions, contact me at any time. If you would like to be put on my email list, send me your email address to fsuper@karuk.us with a note saying you would like to receive tribal information.

Florraine Super



Fires in Karuk Country

Erin Hillman,

Director of Administrative Programs & Compliance

On June 20, 2008 California was hammered by lightning storms which triggered over a thousand wildfires. The Karuk Ancestral territory became the backdrop for several fires within the Klamath and Six Rivers National Forests. At one point homes on the Salmon River were threatened but were then protected by the hard work of firefighters. Then came the smoke.



Bill Tripp, pointing out lightning started fires on July 11

Soon, the communities of Orleans, Somes Bar and Happy Camp were experiencing hazardous air quality conditions, which threatened the health and wellbeing of their residents. Northern California Indian Development Council donated several HEPA air purifiers which were distributed to the most vulnerable tribal members in the area, elders, small children and those with respiratory or heart conditions.

On July 16, the Tribal Council declared a state of emergency on tribal lands and set out to achieve several objectives, including assessing unmet needs, the procurement and distribution of HEPA air purifiers, opening cleaner air centers for the public and coordinating equipment to monitor air quality.

The declaration by the Council was forwarded to Humboldt and Siskiyou Counties, the Governor of California and the office of the President of the United States. On July 21, 2008, representatives from Hoopa, Yurok and Karuk tribes met with over thirty county, state and federal officials to bring attention to the situation and make the case for a county declaration. The next day, Humboldt County Board of Supervisors agreed and submitted their declaration of emergency to the Governors Office. Siskiyou County Board of Supervisors did not declare an emergency until September 2.



Wingate Bar on August 8

Meanwhile, the Tribe purchased and distributed an additional fifty (50) HEPA Air Purifiers to those at risk for health related issues caused by the overwhelming concentration of smoke in the area. Many were distributed through our clinics in Yreka, Happy Camp and Orleans. Others were distributed by Tribal Staff and Council Members. The Senior Nutrition Sites in Happy Camp and Orleans were equipped with facility sized air purifiers on loan from NCIDC and designated Cleaner Air Centers. These centers were open to all members of each community.

The Tribe set out to secure air quality monitoring equipment in each of the communities of Orleans, Somes Bar and Happy Camp. There was a shortage of air monitoring equipment in California due to the sheer numbers of fires. But, on July 29 a monitor became available. North Coast Unified Air Quality District placed it in Orleans and data was transmitted electronically to their offices. A monitor that had been placed in Happy Camp by the Siskiyou Department of Agriculture at the onset of the fires was not able to transmit data to their offices in Yreka remotely. Staff volunteered to take turns manually reading the monitors each day and submitting the information by email. The county was then able to set up and monitor air in Somes Bar, and DNR Staff performed the daily readings for that monitor.

Responding to an emergency puts an unexpected and costly strain on the tribal budget. Through out this event the tribe sought funding to cover the costs and was in constant contact with state and federal agencies on the matter. National Congress of



Wildlife affected by smoke. July 21



Somes Bar on July 11

Fires Continued...

American Indians (NCAI) Deputy Executive Director, Robert Holden took the cases of the three tribes, Karuk, Yurok and Hoopa to a higher level. He forwarded a summary of our unanswered request for assistance to the White House Office of Intergovernmental Affairs and spread the word in the native community of our situation. In late August the San Manuel Band of Mission Indians called the Karuk Tribe to notify our Chairman that their Business Committee had voted to donate \$25,000 toward relief efforts. And then, in September, the Tribe received notification that Indian Health Services would reimburse the Tribe for costs associated with our response.

We've learned a great deal. There's no one-size-fits-all solution to an emergency. Within the communities of Yreka, Happy Camp, Somes Bar and Orleans and up the Salmon River, air quality measurements could vary dramatically on any given day. As a consequence, so would the level of response needed by the communities. When it came to relying on outside agencies for assistance we found we are at the end of the list.

We aren't alone; many tribes are not given the same opportunity as other county and state agencies to build capacity for responding to disasters. The situation is unacceptable. Internally, we are working toward increasing knowledge and preparedness level of Tribal Staff and Council. We have adopted the Karuk Tribe Emergency Response Plan and are training staff online and at facilities like the Emergency Management Institute. Externally we are working together with other Tribes in northwestern California to form a Tribal Emergency Management Agency or TEMA. The NWTEMA is currently working on finalizing its bylaws, and meeting bi monthly to discuss common concerns.

We will continue to voice our concerns at regional and national levels. In October, I, along with staff from the Hoopa Tribe will participate as panel members for a session titled "Smoke related Emergency Response Issues and Resolutions" at the 16th Annual Region 9 Tribal EPA Conference. Also in attendance will be representatives

from other Tribes, FEMA, State Office of Emergency Services and the Department of Homeland Security.

This conference is an opportunity for us to educate these agencies and others about the impact of events that occurred this summer. Our recent experience has made it clear that our Tribal communities expect us and need us to respond to disasters in our area. But currently the state and federal government fail to provide Tribes with the tools to do so, and it appears to be a long road ahead toward resolving the issue.



Coon Creek on July 21

Tribal Communities Come Together in a Crisis

A special thanks goes out to all the people who worked to make things happen during the smoke emergency; Joyce Jones from NCIDC who tirelessly distributed HEPA air purifiers in our area, Melodee and Florence Conrad who went above and beyond their normal duties to make sure the Tribes air purifiers were distributed in the Orleans, Somes Bar and Salmon River areas, Florrine Super for taking the time to track down air purifiers to purchase, Dr. Michael Willett of the Orleans Clinic for adapting to a level of bureaucracy, providing information at a split seconds notice when he really just wants to take care of his patients, Dr. Burns and Suzanna Greeno of the Happy Camp Clinic for the same, Babbie Peterson for organizing cleaner air centers in Happy Camp and Orleans, Barbara Snider for keeping track of loaned out equipment, Sara Spence for ordering air purifiers and acting as our Public Information Officer, Rick Hill and Earl Crosby (and Sara too) for reading air monitor data and transmitting it to Siskiyou County Pollution Control and Leslie Alford in the Yreka Clinic for managing the distribution of air purifiers there. If I have failed to mention anyone, please accept my sincerest apology.

News From the Grants Department

Hester Dillon, Grantwriter

The Grants Office remains busy and productive. We've recently been awarded grants from:

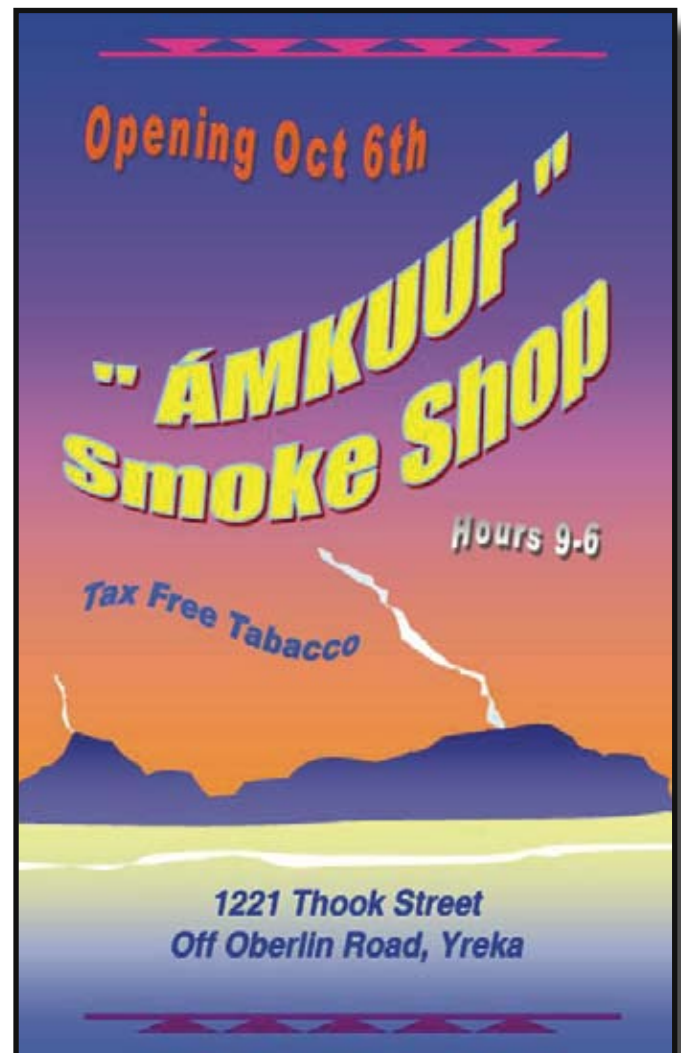
- Rural Housing and Economic Development - \$300,000 – These funds will provide for a new modular building to house KCDC as well as assist the KTHA loan program. Sue Burcell wrote this grant for KCDC and Rick provided assistance.
- Substance Abuse and Mental Health Services Administration - \$347,957.48 – This grant will provide infrastructure assessment, community participation, and planning over a three-year period with respect to culturally-appropriate behavioral health and substance abuse services for Tribal children, youth, and families. Submitted by Hester.
- Blue Shield Foundation - \$40,000 – This grant supports the Karuk Tribe's Health and Human Services Program. This funding will likely be used to leverage generator costs for the Happy Camp Generator Project. Submitted by Hester.
- Bureau of Justice Assistance - \$148,821 – This grant supports the operation of and personnel at the Tribal Court. Rick assisted April Attebury in submitting her proposal; Rick and Hester provided narrative feedback.
- Our construction permit for a radio station in Orleans was approved by the FCC.

Grants submitted during the past few months:

- National Endowment for the Arts Folklife grant, \$26,118 in support of the People's Center. Submitted by Rick.
- Year Two, Part 2 of the HRSA Non-Competing Continuation Application, \$644,321 in support of the Health and Human Services Program. Submitted by Hester.
- Sierra Health Foundation grant, \$40,000 in support of the Happy Camp Generator Project, submitted by Hester.
- Head Start third-year continuation funding grant, \$453,999, in support of annual operation of Head Start Programs in Happy Camp and Yreka. Hester and Rick worked with Head Start staff and Jim Berry at KCDC to complete and submit this application.

- CalTrans 5311 (f), \$10,513, Public Transportation planning and feasibility study grant to evaluate transit between Orleans and Happy Camp.
- Special Diabetes Program for Indians (SDPI), \$157,544, annual grant that enhances care for diabetic patients.
- Seventh Generation Fund Mini-Grant, \$500, in support of materials for the Yreka Cultural Class Classroom. Submitted by Hester.

We continue to work on the following projects and grants: a biomass grant, youth program funding, renovation funding for the Yreka Head Start Program, strategic planning, Congressional appropriations, generator funding for Happy Camp, emergency preparedness, and radio stations in Orleans and Happy Camp. As always, if you have questions, please stop by the office or give us a call at 493-1600, ext.. 2021.



Special Election To Amend The Constitution - July 19, 2008

RESULTS

The following results have been certified by the Election Committee and posted in accordance with the Election Ordinance. A total of 161 ballots were cast (17 in Yreka, 87 in Happy Camp, 23 in Orleans, and 34 by Absentee), 1 was invalid for a total of 160 valid ballots counted.

Copies of the newly revised Constitution are available on the Tribe's website at www.karuk.us/ or by contacting the Administration Office at (800) 505-2785 and requesting that a copy be mailed to you.

	AMENDMENTS	YES	NO
1(a).	Shall the Tribe change its name to the Karuk Nation ?	46	111
1(b).	Shall the Tribe change its name to the Karuk Tribe ?	84	67
2.	Shall the name of the Tribe's governing body be officially changed to the " Tribal Council "?	117	39
3.	Shall the Preamble be changed as proposed?	95	59
4.	Shall Sections 1 and 2 of Article I be added to define the Tribe's Aboriginal Territory and Tribal Lands ?	107	48
5.	Shall Council Districts be added as proposed in new Article I, Section 3 and Article VII, Section 2?	91	66
6.	Shall a new Article II be added regarding the Tribe's Jurisdiction ?	100	54
7.	Shall Article III on Membership be changed as proposed?	91	65
8.	Shall Article IV on Rights of Members be changed as proposed?	94	62
9.	Shall Article VI on Delegation of Authority to Tribal Council be changed as proposed?	83	71
10.	Shall Article VII on Elections and Nominations be changed as proposed?	91	61
11.	Shall Article VII (Criminal background checks) and Article IX (Removal for certain crimes) be changed as proposed?	84	63
12.	Shall Article VIII on Duties of Officers and Article V on Tribal Council be changed as proposed (combining Secretary/Treasurer)?	88	66
13.	Shall Article IX, Section 2 (Removal - past crimes) be added as proposed?	90	63
14.	Shall Section 3 of Article IX (Removal for gross misconduct) be changed as proposed?	95	57
15.	Shall Section 4 of Article IX (Recall) be changed as proposed?	92	61
16.	Shall Article XII on Amendments be changed as proposed?	94	59

5th Annual Fall Basketweaver's Gathering

Paula McCarthy

The Karuk Tribe held the 5th Annual Fall Basketweaver's Gathering, October 10-11, 2008 in Happy Camp, California. There were about 150 attendees at the gathering!

The gathering was made possible with funding from the Institute of Museum and Library Services (IMLS), a generous contribution from People's Center Coordinator, Dave Wroblewski, and raffle and t-shirt sales earnings raised by the weavers throughout the year and during the gathering. Thanks to the Tribal Council for their support, without them the event would not be possible!

This event would not have been possible without the volunteer work of many individuals including Junalynn Ward, Erin Hillman, Jennifer Goodwin, Verna Reece, Paula McCarthy, Dave Wroblewski, Lena Carmody, Amber Ariza, Mercedes DeAcosta, Martha Jensen, Michael Thom's night-watchmen services, the Karuk Tribal Maintenance Crew, and many others (sorry if I missed your name). Kathleen Davis and Donna Zook prepared the meals for the gathering.

Yootva to Leaf Hillman and Bryan Colegrove for taking our gathering participants out on the River to gather. Leaf again utilized the Department of Natural Resource's jet boat for this activity. Everyone had a great time!

We are going to be having another raffle next Spring to continue to raise monies to support these gatherings which take place twice each year, photos of the gathering and some of the raffle prizes are included with this article. The 6th Annual Spring Basketweaver's Gathering will be held around April 2009.



With all of this good news we do have some bad news to report unfortunately. We have had ten gatherings in all and never had any problems with theft or vandalism in all of those years, however, someone felt the need this year to take all of the root that Lena Carmody had gathered to take home with her. This was an appalling act and we cannot believe someone would do that!

The whole purpose of these gatherings is for the weavers who live out of the area to be able to do their gathering and take the materials home with them because they are not readily available near their homes. It is hard work to gather and someone took all of Lena's roots she had gathered.



Right: Erin Hillman & Florraine Super gathering Willow roots

Below: Brian Colegrove & Leaf Hillman in the boat. They transport people to the areas to gather Willows



Fall Basketweaver's Gathering Raffle Winners

- Thelma Reece- Acorn Strainer/Try, Seed Beater, Abalone Earrings
- Deanna Marshall- Foot Basket, Necklace (red & white)
- Amber Arizz - Seed Beater, Turquoise Belt Buckle
- Zona Ferris- Hair Piece
- Alisa Dodds- Acorn Paddle
- Loli Ward- Hair Stick
- Amelia R. - Necklace
- Denna Faye Dodds- Rattle
- Dave Wroblecki- Glass Bowl, Quilted Blanket
- Jenna Seeley- Drum Necklace
- Dan McCarthy- Necklace by Erin Hillman
- Tim Wilhite- Crochet hat by Jeanette Procter
- Florraine Super- Smoked Salmon
- Leaf Hillman- Fish Trap
- Bryan Colegrove- Beaded Cane
- Jeffrey Wilkins- Follow the Smoke Sweatshirt, Quilted Blanket
- Slate Boykin- Deer Horn & Deer bone Awls
- Florence Conrad- Basket Necklace by Laura Sanders
- Sheila Robinson- Medicine Bundle by Mercedes
- Pam W. - Turquoise Turtle Necklace



KTHA Native Day Celebration

Lisa Haas, Security Director, Karuk Tribe Housing Authority



KTHA hosted a Native Day Celebration on September 27, 2008 in the Yreka Community. What an incredible event it turned out to be! The event started off with a demonstration brush dance organized by Franklin Thom. He gathered kids from the community along with a few adults. He did a great job singing and teaching the kids to dance. The kids were so cute. I started the BBQ festivities with Heidi Arwood and Edwardo Escobar. They basically took it over. Edwardo fought the cold BBQ'er and Heidi fought with a long line of people and the hot dog buns. They were such a big help. Lisa Rugg from the Yreka Clinic set up a table and offered to stick needles into people to check blood glucose. It was great to see people taking her up on the challenge. Kayla Super, Jeanne Super, Rita, and Gina Thom offered beading with beads sent from Dion Wood's program in Happy Camp. This was a big hit with the kids and adults alike. Sandra Garcia, LaToya Super (who also helped with numerous other activities), and Amber Ariza did a fantastic job painting wild things on kids' faces. Jeanne Super also took pictures of the wood cut outs where people put their faces in. Many thanks to Marlene Rodriguez for being the *Lady with the Keys* at my beck and call.



Clarence Barger serenaded everyone with his music. Everyone was amazed at his talent!

He was also able to organize (via a California State Program), parents to watch a video to get helmets and car seats for their kids. They had to take a test and of course they all passed, even though the video given to him was in Spanish. Bien Clarence.

We also had a raffle. Susan Gehr donated seven Karuk Dictionaries, Amerind donated first aid kits, and KTHA donated Wal-Mart gift cards. Ann Escobar and Lorelie Jerry (Nubs) organized the raffle and what a job that was! The celebration turned out a lot of people and everyone got a raffle ticket. Nice job ladies.



Ann came up with a great idea for the kids to win a \$20 gift card from Wal-Mart. Heidi Arwood and I filled pie pans with whipped cream. We hid candy corn inside. Suzie Cost and I cut a ton of blindfolds for this event. The object

was for the kids to stick their faces into the whipped cream pie and whoever grabbed the first six candies would win the gift card. Tass Croy, Jr. won the big prize. The kids were covered in whipped cream. It was great walking away and not having to clean them up. My sincere apologies go to the parents.

Glenda Hockaday displayed her beautiful handmade native dolls for everyone to admire. Red, her husband, was the bodyguard to the dolls.

Suzie, Nubs, and I sold about a million snow cones. They are always a popular item at every event.



Quarterly Staffing Update

Sara Spence, Human Resources Manager



During the last hour the Yreka Fire Department showed up with two fire trucks. One of their trucks was their newest addition that has a 75-foot ladder. The Fire Department let me climb that huge ladder. I made it to the top... barely. They also let the kids hold the hose and squirt the other kids, ultimately cleaning the whipped cream off their faces.

Officer Dougherty showed up with the DARE car and talked with the kids. The fire department and the DARE car had a siren contest, which woke up anyone who might have been napping within a five-mile radius.

That night, we had a dance. It was a chore to find a stereo but we finally did. Phil Albers Sr. and Eric Willems went out of their way to find speakers but they just weren't loud enough. Michelle Patterson came through with an incredibly loud stereo. Anyone who lives on Thook Street knows her stereo very well. To finish it all off, Matt Super, Devin Haas



and Michelle's daughter Lasandra Suehead, DJ'd the dance. The kids, teens and adults all gathered to shake their afups. What a great time everybody had! Yootva to all who helped. A big Yootva to Phil Albers, Sr., Harold Croy, Jr., and Brandon Arwood who brought over all the tables and chairs. If I have forgotten anyone I apologize. I am sure I will hear about it. BUT, I really do appreciate everyone's help to make this event a huge success.

Next year we hope to make it bigger and better. Any ideas and suggestions are always welcome.

Lisa Haas 598-9880



This update covers **July through October**. We currently have 157 employees on staff. There was a decline in the past quarter due to layoffs which were necessary to balance the budget for this Fiscal Year. Several positions were removed from the budget and those duties will be absorbed by existing staff.



Arron "Troy" Hockaday left the Senior Nutrition Program on 7/24. **Renaee Parton** was hired on 8/15 to fill the vacancy.

Susan Gehr and **Robert N. Goodwin** both left the Language Program on 9/29 which was the end of the three-year grant period. **Ruth Rouvier** was hired on 10/27 as the Program Coordinator. Susan will continue on as a Contractor with the Language Program.

Lisa Schamehorn was hired on 8/13 to fill the Custodian position at the Happy Camp Community Health Clinic.

Karen Alford was transferred from the Temporary Yreka Elder's Field Worker position to the Temporary Yreka Medical Receptionist position on 10/13; she will fill in for **Alana Brown** who will be out on leave until December.

Donna Zook has filled the Administration Office Custodian position which was vacated by **Blanche Keller's** retirement in June 2008; she began full time on 10/1. She will continue to serve as the backup Courier driver as her schedule allows.

Marsha Jackson resigned from her position as Enrollment/Census Specialist on 9/9 her position has been filled by **Amanda Rhodes** who started on 9/30.

David Eisenberg retired from his position as Public Health Nurse on 7/11 after 27 years! His position has been offered to **Toni Lynn Downey** who is scheduled to start on 11/3.

Hazel Whiting resigned from her position as Medical Records Clerk in the Yreka Clinic on 9/3; her position was filled by **Frances (Irene) Snapp** on 10/20; Frances was previously the Yreka Clinic Transporter.

Yvette Bley was hired on 9/13 to work one day per week in the People's Center Museum Gift Shop on Sundays; she will also fill in for fellow Sales Clerk **Sharon Cook** as needed.

Kayla Bridwell resigned from her position as Dental Assistant in the Yreka Clinic on 9/9; the position has not been filled at this time.

Tracie Lima joined the Yreka Social Services Office as the newest Licensed Clinical Social Worker (LCSW) on 11/3; she will be serving the patients of **Jesse Drake** who left the Tribe on 10/2.

The Karuk Tribe continues to recruit for employees on our website at www.karuk.us/jobs/ Check it out and tell a friend!

12th Annual Karuk Tribal Reunion!

The Karuk Tribal Reunion was a great success! Just about all tribal departments were represented. The Karuk Health Fair, booths, dances, a fun run, Karuk Language games, crafts, volleyball and horseshoe games were well attended. Also children's activities were everywhere! It was a nice day and everyone had fun!



Karuk Tribal Health Fair





Youth for Change & CASA



Karuk Paths to Prosperity



Karuk Community Loan Fund



Face Painting booth



Gift bags were given to Tribal Members



Learning the Karuk language



Fantastic prizes were raffled!



DARE Bike Rodeo





Children's
Crafts



More Tribal Reunion Fun!



Demonstration Dances





Native American gift items for sale



Children's
Jump
House



Water Fun!





Department of Natural Resources Environmental Education Program

by Jeanette Quinn, Environmental Education Coordinator

Summer Activities. On August 7, 2008 I assisted with Mid Klamath Watershed Council's

(MKWC) Summer Youth Program by teaching a lesson about noxious weeds. The event took place along Camp Creek. Participants learned how noxious weeds have arrived and spread in the area, then played a game demonstrating how quickly noxious weeds can invade and crowd out native plants in an area. I also assisted Nancy Bailey, MKWC, and Tanya Chapple, AmeriCorps volunteer at MKWC, in August by providing award certificates for winners of the Art Contest which ran May-August 2008. Art Contest winners received award certificates in the following drawing categories: Zach Huddleston, Best in Show; Aquatic Insect Category: Seaair Gale, 1st place, Kateara Sanderson, 2nd place, Fernando Rendon, 3rd place, Stephanie (last name?) and Ryan Reed, honorable mentions; Noxious Weed Category: Daniel Woodman, 1st place, Autumn Allgier, 2nd place, Seaair Gale, 3rd place; Native Plant Category: Tyler Conrad, 1st place, Summer Goodwin, 2nd place, Brianna Conrad and Ben Woodman, 3rd place, Shan Davis, honorable mention. Congratulations to the winners and thank you for contributing your artwork to the Native Plant Garden! Student drawings will be incorporated into interpretive signs and other projects in the Native Plant Garden in Orleans.



important indicators of water quality and discovered from their collections that the water quality of the Salmon River is excellent.

Fall Salmon Spawning & Carcass Surveys. The Fall Salmon Spawning & Carcass Surveys are highly important events in the Environmental Education Program. Students (usually grades 6 through high school) who attend a mandatory training are eligible to participate in surveying for Fall Chinook Salmon on local streams, where they collect real data that is turned in the California Department of Fish and Game. The California Department of Fish and Game uses the data to estimate the current and future populations of Chinook salmon. The data collected during these

surveys is useful in determining fish allocation to different groups, such as commercial fishermen, tribes and sports fishermen. In



addition to collecting data during the surveys, students learn about salmonid life cycles and anatomy, habitat requirements, and water quality issues. The Fall Salmon Spawning & Carcass Surveys are a cooperative work in which Karuk Tribal Fisheries, other local agencies, community members, and students participate.



On August 15, 2008 I presented a lesson on water quality and macro invertebrates to Salmon Camp participants at George Geary swimming hole on the Salmon River. During the lesson participants collected macro invertebrates from three different areas in the river, counted, identified and categorized the invertebrates, and viewed some



The surveys are an excellent opportunity for students to work with professionals from various agencies and gain hands-on experience in the field. This type of experience can be very beneficial in helping students gain fisheries related employment in the future.

Thirty-seven students from Happy Camp Elementary School and Happy Camp High School attended a Fall Salmon Spawning & Carcass Survey Training in Happy Camp on October 1, 2008. Station leaders



under a stereo microscope. Participants learned that macro invertebrates are





included personnel from Karuk Fisheries, Yurok Fisheries, US Forest Service, AmeriCorps volunteers, Salmon River Restoration Council (SRRC), and Mid Klamath Watershed Council (MKWC). Students rotated through seven stations to learn about processing carcasses, collecting scale and tissue samples, filling out data sheets, identifying and



flagging redds, salmonid life cycles, safety procedures in and around the water, and gear maintenance, where they also tried on neoprene waders and felt-soled boots.

On October 9, 2008 fourteen students from Orleans Elementary School attended a Fall Salmon Spawning & Carcass Survey Training at Oak Bottom



Camp Ground on the Salmon River Road near Somes Bar. The event was coordinated and hosted by SRRC. During the morning session, station leaders from the US Forest Service, MKWC, California Department

of Fish and Game, and SRRC taught students at six stations about processing carcasses, collecting scale and tissue samples, filling out data sheets, identifying and flagging redds, salmonid life cycles, safety procedures in and around the water. Students also learned about gear maintenance from me and tried on neoprene waders and felt-soled boots at a seventh station.

Students in Happy Camp will be surveying a short section (called a reach) of Indian Creek and Orleans students will be surveying a reach of Camp Creek during October and November 2008.



Native Forest Plant/Ethnobotany Studies. On October 13, 2008 Junction Elementary School students and Forks of Salmon preschoolers gathered xuntápan (tanoak



acorns) at Butler's Flat on the Salmon River. Students learned how to distinguish good acorns from bad ones and gathered enough acorns to

fill several baskets and buckets. The acorns will be dried and used to make acorn soup for an Indian Day celebration in the future.

2 0 0 8 - 2 0 0 9 Environmental Education Projects. In addition to the Fall Salmon Spawning & Carcass Surveys, the Environmental Education Program will include Fish Biology & Water Quality Experiments, Native Forest Plant/Ethnobotany Studies/Noxious Weed Awareness & Removal, and Climate Studies & Global Warming during the 2008-2009 year. Climate Studies & Global Warming is a new project that I am looking forward to implementing. Students will be learning what natural resources create greenhouse gases when utilized, how these gases contribute to changes in weather and climate, how these changes impact the environment and ecological systems, and ways to reduce greenhouse gas emissions.



For more information about the Environmental Education Program, e-mail Jeanette Quinn at jquinn@karuk.us, or call 530-627-3446.



Thomas Edward McCulley



Graduated from Del Campo High School with a 3.75 GPA on June 7, 2007. Graduated from California Regional Fire Academy of Sacramento on September 7, 2008. Currently enrolled at American River College in the EMT-Paramedic Program. Is a Certified Heating and Air Technician. Hobbies include: Semi-pro Motocross, Wakeboarding, and Jet-skiing. Also his dog Champ.

Proud Parents are Annette and Brian McCulley of Sacramento. Grandmother is Donna Nance of Yreka. Grandfather is Thomas McCulley of Sacramento (Retired Firefighter).

We wish you all the best and for your career to become a big success come true!

Your Loving Family and Friends, The McCulleys and Nances.

William Pepper Retires from the US Army

In June 2007, William Pepper retired from the US Army after serving 23 years. His service includes US Army Active, US Army Reserves, California Army National Guard, and California Army National Guard Active. William worked as a radio operator for four years and then he was a supply specialist for the last nineteen years before his retirement.



Moses and William Pepper

William is a member of the Karuk Tribe and is the son of Robert Pepper and Eliza Thomas. He has two brothers and one sister; Earl (Scrub) and Lester Aubrey and Noni Fraley. Vina Smith of Yreka is his aunt.

While serving in Germany he met his late wife Banyoka. They have a son, Moses, who is now 13 years old. William and Moses live in Southern California, in the Los Angeles/Orange County area.

William loves to travel the Klamath River and visit the Pepper Family site in T-Bar. From there he travels on up to Happy Camp and Yreka to visit his family members. William and Moses just recently vacationed in Happy Camp for two weeks at the home of Lester and Lessie Aubrey, and had a wonderful time fishing at Kelly Lake, and swimming in Elk Creek. William and Moses also enjoyed the Arrow Shoot down river, near Somes Bar.

Kristy Rae Bussard Graduates High School

Submitted by Raná Bussard

Karuk Tribal descendent, Kristy Rae Bussard, graduated from Yreka High School on June 7, 2008. Kristy had the honor of being one of the three valedictorians of her graduating class. Kristy is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. Kristy worked very hard her Senior Year in high school and was rewarded with being one of the top students in her class. Kristy has an enormous love of animals and plans on studying zoology at Oregon State University at Corvallis in the fall. She plans on attending as many sporting events as possible and experiencing college life to its fullest. Her family wishes her all the luck and love in the world!



In Loving Memory... **Curtis Ray Hillman, Sr.**

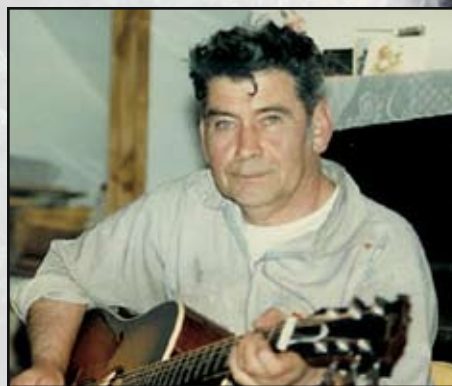
November 8, 1931 - September 11, 2008



Sue & Curt Hillman

On September 17, the state flag above the California State Capitol Building was flown at half mast in his honor. In a statement released by the Governors Office, Schwarzenegger said, "Maria and I were deeply saddened to learn of the passing of Curtis Hillman, Sr. His death highlights the dangers these courageous men and women face while fighting our state's wildfires, and Californians are forever indebted to his dedication and sacrifice. We send our thoughts and prayers to Curtis' family and friends during this difficult time." The flag was presented to Curt's widow by Representatives of the Six Rivers and Klamath National Forest at a celebration of his life on September 20.

We sadly report the passing of Tribal Member Curtis Ray Hillman Sr. on September 11, 2008. Curt died from injuries he sustained in an accident that occurred on August 25 while doing rehabilitation work on the Siskiyou Complex Fire near Happy Camp. He was the thirteenth firefighter to lose his life this summer in California.



Curt was born in Orleans on November 8, 1931, and was the youngest of eight children of Grant Ulysses and Mattie Hillman. He joined the United States Army and served his country in Germany from 1951 to 1953. He met his wife Sue in 1962.

He will be remembered by all who met him for his sense of humor and the unique sound of his laughter. He loved life and lived it to its fullest, playing his guitar and visiting his friends and family often. Curt was known for his strong work ethic, and as hard as he played, he loved to work twice as hard.

Curt Hillman is survived by his wife, Susan, a brother Grant Hillman of Orleans and five children; Charlene Naef and husband Danny of Weaverville; Curtis R. Hillman Jr. and girlfriend Serena of Arcata; Leon Hillman and wife Erin of Happy Camp; Shelly Niewinski and husband Jeff of Weaverville, and Skooter Hillman of Happy Camp.



College of the Siskiyous Distance Learning Classes at Happy Camp High School

Located in Room 11 at the High School & Computer Center

Spring 2009 - For more information, call Emma Lee at 493-5213 days,
Bob in the evenings at 493-2655, or COS at 888-397-4339

Enroll Early! Courses Fill Up Fast!

Monday	Tuesday	Wednesday	Thursday	Friday
8am to 8:50am ETHN 1 Ethnic Studies	8am to 9:15am SPCH 1 Public Speaking	8am to 8:50am ETHN 1 Ethnic Studies	8am to 9:15am SPCH 1 Public Speaking	8am to 8:50am ETHN 1 Ethnic Studies
11am to 11:50am BA 6 Introduction to Business		11am to 11:50am BA 6 Introduction to Business		11am to 11:50am BA 6 Introduction to Business
1pm to 1:50pm ECON 1B Principles of Microeconomics		1pm to 1:50pm ECON 1B Principles of Microeconomics		1pm to 1:50pm ECON 1B Principles of Microeconomics
3:00 pm to 6:00pm ECE 14 Materials & Curriculum	3:30pm to 5:00pm ECE 3 Child Guidance & Management	3:00 pm to 6:00pm ECE 9 Child Nutrition	3:30pm to 5:00pm ECE 3 Child Guidance & Management	
6pm to 9pm ECE 33 Marriage & Family	5:00 pm to 8:00pm ECE 6 Child Development		5:00pm to 8:00pm ECE 8 Observing & Assessing	
6pm to 9pm GER 40 Conversational German	<p>Conversational German course, GER 40 (left) is taught with the teacher on site. Earn general ed. credit or fulfill a foreign language requirement transferable to CSU and UC. This is an action packed, fun filled course taught by German Native Angelika Brown!</p>			

Conversational German course, GER 40 (left) is taught with the teacher on site. Earn general ed. credit or fulfill a foreign language requirement transferable to CSU and UC. This is an action packed, fun filled course taught by German Native Angelika Brown!

Karuk Tribe Of California | Employment Opportunities

http://karuk.us/jobs/

Most Visited ▾ Dealer Resource Verizon Wireless SVB Capital One Direct Card Access -...

Karuk Tribe
Employment Opportunities

Home - Archived Newsletters - Employment Opportunities
Links & Resources - Contact Information

Job Listings - Requests for Proposals
Overview - Contact Information - Salary & Benefits

Job Listings

The following positions are available at this time and more detailed information is provided in the PDF file specified.

Position	Location	Salary	Closes	Information
Certified Substance Abuse Counselor I	Orleans	\$14-17, DOE	10/30/2008 at 5 PM	Job Description
Patient Eligibility Worker	Yreka	\$9-10, DOE	10/27/2008 at 5 PM	Job Description
Maintenance Supervisor	Happy Camp	\$30-36,000, DOE	10/27/2008 at 5 PM	Job Description
Registered Nurse (RN)	Orleans Clinic	\$40-45,000, DOE	Open Until Filled	Job Description
On Call NR Clerical Technician I	Orleans	\$8-9.50, DOE	Open Until Filled	Job Description

NOTE: All positions have closing dates unless otherwise specified. No applications will be accepted beyond the closing date under any circumstances. All employment applications must specify which position they are for, no applications will be accepted for "any" position.



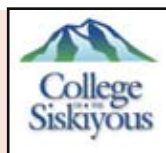
When You Learn More, You Earn More!

The road to personal, economic and tribal prosperity is education. The Administration for Native Americans' grant is available to help Karuk Arrara achieve prosperity through higher education without leaving our ancestral lands. A college education is the path to being competitive both personally and professionally in the world today.

Through Karuk Paths to Prosperity, we are given the opportunity of viewing details of current tribal jobs. Go to <http://www.karuk.us/test/index-pp2.php> and look at the underlined jobs. When you find one you would like, call our staff to assist with distance learning courses to acquire those jobs. They pay more and also help the Karuk Tribal people build capacity within the Tribal organization. For Karuk job descriptions and interviews of people in those positions, go to <http://karuk.us/test/index-pp2.php>.

To learn more about distance learning opportunities in all three Karuk locations, go to www.happycampcomputercente.org, or call our student services coordinators. In Yreka call Byron McLane at 530-842-1646 ext 7004, in Happy Camp call Emma Lee Johnson at 530-493-5213, and in Orleans call Bari Talley at 530-627-3081.

Online and Hybrid Courses



ADJ 22	California Statutory Law	Begins 1/12/09
ANTH 5	Introduction to Archaeology	Begins 1/12/09
ANTH 9	Indians of North America	Begins 1/12/09
ARAB 1	Beginning Arabic I (one session/wk. on Yreka campus)	Begins 1/16/09
ART 32	Digital Imaging	Begins 1/12/09
BA 1B	Managerial Accounting (one session/wk. on campus)	Begins 1/12/09
BA 18	The Legal Environment of Business	Begins 1/12/09
BA 28	Leadership Development	Begins 3/30/09
BA 81A	Customer Service	Begins 4/8/09
BA 81D	Conflict Management	Begins 2/18/09
BA 81F	Ethics and Values	Begins 4/29/09
BA 81H	Stress Management	Begins 1/28/09
BA 81I	Team Building	Begins 3/23/09
BIO 91	Biology Preparation (please observe starting date)	Begins 12/19/08 – 1/9/09
COMM 5	Film and Television Writing	Begins 1/12/09
CSCI 1	Intro to Computer Science (two sessions/wk. on campus)	Begins 1/12/09
CSCI 7	Programming I	Begins 1/26/09
CSCI 12	Web Programming	Begins 1/12/09
CSCI 16	Introduction to Internet	Begins 1/12/09
ECE 12	Science Experiences for Young Children	Begins 1/12/09
ECE 25	Supervision of Early Childhood Education	Begins 1/12/09
EDUC 90	Orientation to Online Learning	Begins 1/12/09 & 4/20/09
ECE 61	Preschool Language and Literacy Curriculum II	Begins 1/12/09
ENGL 1A	College Composition	Begins 1/12/09
ENGL 1C	Advanced Composition / Critical Thinking	Begins 1/12/09
ENGL 18	Creative Writing	Begins 1/12/09
FCS 11	Nutrition	Begins 1/12/09
GEOL 20	Geology of California	Begins 1/12/09
GUID 1	Collegiate Orientation	Begins 1/12/09 & 3/2/09
GUID 2	Career and Life Planning	Begins 1/12/09
HEA 10	Health in Action	Begins 1/12/09
HIST 17A	U.S. History to 1877	Begins 1/12/09
HIST 17B	U.S. History Since 1877	Begins 1/12/09
HUM 1	Introduction to Humanities	Begins 1/12/09
MATH 53	Intermediate Algebra (one session/wk. on campus)	Begins 1/12/09
MATH 56	Elementary Algebra (one session/wk. on campus)	Begins 1/12/09
MATH 81	Pre-Algebra	Begins 1/12/09
MUS 34	Diversity in American Music	Begins 3/23/09
OA 24	Beginning Spreadsheets (two sessions/wk. on campus)	Begins 2/24/09
OA 33	Electronic Calculators (two sessions/wk. on campus)	Begins 2/24/09
OA 58	Practical Accounting (two sessions/wk. on campus)	Begins 1/13/09
PEMA 30	Principles of Physical Fitness and Wellness	Begins 1/12/09 & 3/9/09
PHIL 10A	Ancient Philosophy	Begins 1/12/09
POLS 7	World Politics	Begins 1/13/09
READ 10	College Reading	Begins 1/12/09 & 3/30/09
SOC 1A	Introduction to Socioloav	Beains 1/12/09

Deyshante Nichole Alexander



On January 28, 2008 at 4:20 am Deyshante Nichole Alexander was welcomed into the world by her parents Nick and Kiarra Alexander, as well as her 3 sisters Kyanna 10, Malliyah 5, and Hannah 3. She was born in Yreka, CA at Fairchild Medical Center. Deyshante weighed 8 lbs 10 oz. She is now almost 9 months old and all over the place. Deyshante is a perfect addition to the family... very peaceful and interactive. She is the best baby a family could ever hope for!!



Nalani Shriver

JeAna Marie Thom

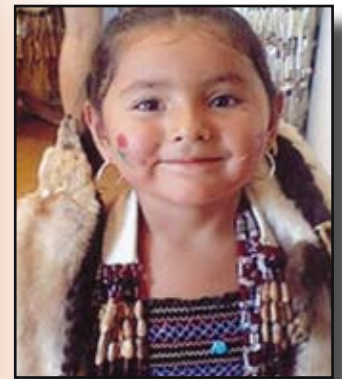


Born: February 15, 2008 at 3:09pm

Weight/Length: 7lbs 1oz 19 in long

Where: Fairchild Medical Center, Yreka, CA

Welcome to the world! -- Love mom Jeana Thom & Family



*Nalani welcomes her little sister JeAna Marie Thom
Nalani loves being a big sister!*

Meghan Grace Charlesworth

Born: 8-18-08 in Mt. Shasta

Weight: 10 lbs 5 1/2 oz

Length: 22 inches long

Parents: Michelle & Jason Charlesworth



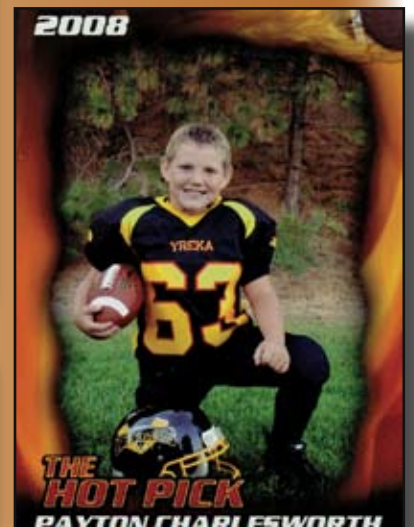
Happy Birthday Payton Charlesworth!

Payton turned 8 yrs old on 8-8-08!!!!



Mom Michelle and big sister Madison who is 5 years old

Meghan, Madison and Payton are the great grandchildren of Charlie RedHawk Thom



Summer Gone

Ran Beck, Sr.
2007

The warm summer days are calmly slipping away,
The breeze on the river is favoring a chill.
The foliage is turning a bright golden orange,
You no longer hear the Mocking bird trill.

The splashing of water by frolicking swimmers, giving way to whispers of a breeze
caressing the lonely willows.

The sky filling with pretty white clouds, floating along like down filled pillows.

An occasional shriek of the great blue heron taking flight, leaving you alone as it
flies out of sight.

Clusters of white foam drifting by the rivers edge, so oblivious to the changing
season and what lies ahead.

Good bye summer, soon the sunny days will give way to rain, drenching the ground
without refrain.

All the pretty flowers will then be gone, but memories of summer last, will linger
on.

Ishi Croy

#88, 12 Years Old
Valley Center Pop Warner
Junior Midget Division
Fighting Jaguars



Ashawnee Mendoza

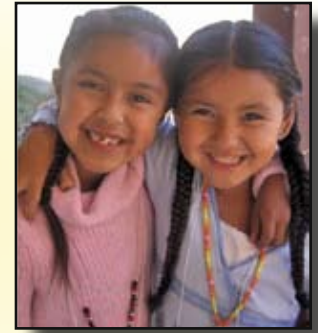
#25, 5 Years Old
Valley Center Pop Warner
Flag Division
Jag Cubs



Become A Foster Parent!

Our Youth Deserve to Know Who They Are!

We are seeking Tribal members who are already certified to be foster parents or are interested in becoming certified foster parents. Contact Mike Edwards at the Karuk Tribal Health Social Services. (530)842-9200 ext. 102 or stop by 1519 South Oregon Street, Yreka CA.



Because We Care About Our Children... Our Future!

Source Reduction & Precycling

ISWM Coordinator, Misty Rickwalt

What is Source Reduction?

Source Reduction simply means reducing the amount of trash you generate...by thinking before you act.

We are facing the challenge of having too much trash. Most likely, you're aware of this and are doing your part to recycle. Believe it or not, you are reducing your impact on our environment by being responsible about your trash disposal. By recycling, you are lengthening the life of our land-fills, saving natural resources and conserving energy.

Now it's time to go one step further and think about how to reduce waste in the first place by going to the source.

For example, if you reach for a sponge before you go for the paper towels, you are already reducing waste at the source, or practicing what is called source reduction.

Precycling

Practicing the art of source reduction is as easy as reusing your grocery bags, or replacing paper napkins with cloth ones. These little changes are part of a practice called "precycling." Precycling is one of the best habits a person can adopt as part of an effective and simple source-reduction plan.



Precycling simply means that each time you reach for an item in the grocery store, department store, fast food restaurant, or wherever, you consider how your purchase and its packaging will affect the environment.

Packaging

By purchasing products with less packaging, you'll reduce the amount of trash you create. By choosing packaging you can recycle, you'll have even less to throw away. The more you precycle, the less trash you produce, and the less resources you consume. In other words, reduce waste at the source by precycling!

Be picky about packaging...buy products you know you can either recycle here in our community or reuse at home. Purchase minimally packaged items-avoid multilayered and unnecessary fancy packaging.

Avoid Disposables

Avoid disposables...don't buy products purposely made to be used once or only a few times and thrown away (Disposable batteries, diapers, cameras, razors). Instead invest in reusable long-lasting alternatives.



Buy in Bulk

Buy in bulk...whenever practical, purchase the largest size available. Not only will you be practicing source reduction, you will save money, too!

Source reduction by precycling means:

- Buying products in containers you can recycle in your community, like glass, aluminum or paper
- Avoid single-serve convenience food items, like cup of soups and snack packs
- Avoid plastic packaging
- Bring your own mug instead of using paper cups
- Bringing your own grocery bags to the store

Karuk Tribe Child Care Program

Dion Wood, TERO Director



The Tribe's Child Care Program has been funded for the next fiscal year which is October 2008 – September 2009. This is a federally funded program administered through a block grant process. States and Tribes are required to submit a child care plan every two years to receive funding. This program is designed to assist income eligible native American families with children ages 0 -13 who reside within the Tribe's service area. The child care program works for tribal members in several areas. The list below describes some examples of how we utilize our funds.



1. Subsidy program: Parents choose their own provider and the program pays for the care provided. (Over 80% of our Child Care funds goes to subsidy payments)
2. Health and Safety: Child Care providers can request Health and Safety items to insure the proper care for children.
3. Education/Advocacy: The Child Care Program Director is involved in Local, State and National organizations to advocate for the needs of tribal families and for more funding for this program.
4. Collaboration: The Child Care Program is flexible enough to collaborate with other early childhood programs who serve tribal children. This includes Head Start, elementary schools, after school programs, cultural programs, language program, etc..



To apply for assistance, please contact Dion Wood at the Administration Office in Happy Camp at extension 2030. You will be provided an application and a list of documentation that is required to determine eligibility. If you have any questions or concerns or if you have ideas or suggestions of how the program can better serve the membership please contact Dion. Yootva!

NCIDC Donation Received

Submitted by Raná Bussard



Left to Right: Joyce Jones, Rosie Kerr, Carissa Bussard, and Philip Albers Sr.

Karuk Tribal Descendent, Carissa Bussard and her family would like to express their extreme appreciation and thanks to the Karuk Tribe and the office of the Northern California Indian Development Council (NCIDC) for their donation. Carissa is the daughter of Steve and Raná Bussard; granddaughter of Ken and Shirley Hockaday and Betty Bussard; and great-granddaughter of Minnie Hockaday. She is enrolled with the study abroad program through the University of California at Berkeley. When faced with

the cost of rising airfare, Carissa approached NCIDC's office for help. Joyce, Rosie, and Philip graciously gave Carissa a donation that more than covered her airfare expense. We wish Carissa the best of luck with her studies at the University of Durham in Durham, England. Thank you so much for your generosity in making this experience attainable.

Tracie Lima Joins the Karuk Tribe Department of Behavioral Health Services



The Karuk Tribe Department of Behavioral Health Services is pleased to announce the recent appointment of Tracie Lima as our Licensed Clinical Social Worker in the Yreka Clinic. Ms. Lima comes to us from Siskiyou County Behavioral Health. She will be offering a full spectrum of counseling services. We are very pleased to have her come to work the Karuk Tribe.

Low Income Assistance Programs (LIAP) 1.800.505.2785 or 530.493.1600 Ext. 2025

Apply Now for the Low Income Assistance Programs!!!!!!

- ⊗ **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be income eligible and a Karuk Tribal member or descendant. For those of you that live outside of the service area try www.acf.dhhs.gov/programs/ocs/csbg/index.htm or www.csd.ca.gov/providers.html
- ⊗ **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible enrolled Karuk Tribal households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.
- ⊗ **For those of you that live outside of the service area** try The National Energy Assistance Referral program (NEAR) at 1-866-674-6327 or www.energynear.org The LIHEAP programs administered by tribes at www.acf.hhs.gov/programs/liheap/tribal.htm or administered by States at www.acf.hhs.gov/programs/liheap/states.htm. For Oregon residents you can contact www.oregonheat.org for social service agencies and utilities working to keep the homes of low income Oregonians warm and safe.



ATTENTION!!!!!! Apply for the CARE program offered by PP&L and PG&E. This program gives a discount on your utility bill. If you need an application please call and request the CARE application be sent to you. Let's save on energy and our budgets.

Bureau of Indian Affairs Programs (BIA)

Each applicant will have to apply concurrently for financial assistance from other federal, state, county, tribal or local agency in the service area. An applicant must not receive any comparable public assistance.

- ⊗ **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home). The applicant must reside in the service area and be an enrolled Federally Recognized Tribal Member. Benefits will be adjusted depending on income received.
- ⊗ **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.



Exciting News for the Karuk Tribe!

SAMHSA

PRESS RELEASE

Date: 9/18/2008

Media Contact: SAMHSA Press Office

Telephone: 240-276-2130

SAMHSA Awards More Than \$6 Million to Support Children's Mental Health Systems in American Indian/Alaska Native Communities .

The Substance Abuse and Mental Health Services Administration (SAMHSA) today announced the award of eight grants totaling more than \$6 million over three years to fund infrastructure development for children's mental health systems in American Indian/Alaska Native (AI/AN) communities. Known as the Circles of Care, the program's purpose is to provide tribal and urban Indian communities with tools and resources to plan and design a holistic, community-based system of care to support mental health and wellness for their children, youth and families.

"These grants will increase the capacity and effectiveness of behavioral health systems serving American Indian/Alaska Native communities," said Eric Broderick, D.D.S., M.P.H., acting administrator of SAMHSA. "As a result, Circles of Care grantees will be equipped to reduce the gap between the need for behavioral health services and the availability and coordination of services for children and families."

The eight awards are funded up to \$305,875 per year in total costs for up to three years. Just over \$2.1 million is available for the first year of funding. Continuation awards are subject to the availability of funds and progress achieved by awardees.

The grant program supports the goals and mission of the Indian Health Service (IHS), another agency within the U.S. Department of Health and Human Services. "We are pleased that these grants emphasize the coordination of children's mental health services with primary care," said IHS Director Robert G. McSwain. "The Indian Health Service is proud to support its partnership with SAMHSA by providing technical assistance to the grantees in order to increase their capacity to improve mental health services for American Indian/Alaska Native children and families."

Yav pa anav (The medicine is good)

Karuk Tribe, Happy Camp, Calif. -- \$116,157 for the first year to strengthen communities by increasing the access to and availability of culturally appropriate behavioral health, wellness offerings, and primary care services. For additional information about this grant and other SAMHSA programs, please visit http://www.samhsa.gov/Grants/2008/sm_08_012.aspx and www.samhsa.gov.

SAMHSA is a public health agency within the Department of Health and Human Services. The agency is responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment, and mental health services delivery system.



ARE YOU READY FOR THE GOLD WINTER MONTHS?



Simple Things You Can Do:

- ⊕ Turn your thermostat down several degrees when leaving the house for the day or extended periods of time. One easy way to do this is to purchase a programmable thermostat. You can also save by turning the thermostat down a couple of degrees all the time.
- ⊕ Make sure your water heater is in good condition and keep the water temperature between 115-120 degrees. Even consider getting a tankless water heater that only heats the water you need.
- ⊕ Limit your time spent in the shower to cut down on hot water usage. You can also install aerators to save on the amount of water you use while showering - this will cut down on the amount of hot water you use.
- ⊕ Try and use cold water as often as possible when doing the laundry and line or rack dry your clothes..
- ⊕ Make sure to turn off the lights when you are not in a room.
- ⊕ Shut the doors to rooms you don't use on a regular basis.
- ⊕ Call your energy company to come out and check for leaks and do a proper assessment.
- ⊕ Call your utility company to lock into a year-round rate. Not all companies offer this - but it's worth checking.
- ⊕ Keep baseboards and radiators clean and unrestricted by furniture and carpet or drapes.
- ⊕ Use the smallest oven or burner when cooking, or a crock pot, or use the smallest pan possible.
- ⊕ Don't peek into the oven as your are cooking.
- ⊕ Defrost foods in the refrigerator before cooking.
- ⊕ Use compact fluorescent light bulbs in standard fixtures.
- ⊕ Replace or clean your furnace filters monthly. This could save up to 5% on your heating bill
- ⊕ Wear a sweater



Car Seats & Bicycle/Skater Helmets At No Cost With Training

Funded and Coordinated by Siskiyou County Childhood Injury Prevention Program

- ♥ Parent(s) need to attend a 30 minute car seat safety video education class
- ♥ Parent/child need to watch a five minute helmet safety video
- ♥ Car seats/helmets are “NO COST”
- ♥ Who’s eligible? Children, parent(s) and pregnant women on Medi-Cal, WIC, CHDP or Healthy Families
- ♥ Helmets are for children through age 17
- ♥ Supply is limited!



Size	Head Circumference	Description	Quantity Requested	Quantity Given
Toddler (XXS)	9¼" - 20¾"	ProRider 5 Vent Toddler Helmet Blue BM-5BLU-XXS		
SM (XS)	20" - 21"	ProRider BMX Helmet Red XS JG-BMX-RED-XS		
		ProRider BMX Helmet Midnight Blue XS JG-BMX-BLU-XS		
		ProRider BMX Helmet Black XS JG-BMX-BLK-XS		
Medium (SM)	20½" - 22½"	ProRider BMX Helmet Midnight Blue SM JG-BMX-BLU-SM		
		ProRider BMX Helmet Red SM JG-BMX-RED-SM		
		ProRider BMX Helmet Black SM JG-BMX-BLK-SM		
Large (L/XL)	22¾" - 24½"	ProRider BMX Helmet Black L/XL JG-BMX-BLK-LXL		
		ProRider BMX Helmet Red L/XL JG-BMX-RED-LXL		
		ProRider BMX Helmet Midnight Blue L/XL JG-BMX-BLU-LXL		

Colors you want may not be in stock

For more information and to set up an appointment, call one of the First 5 Proposition 10 Community Teams in your area:

- Butte Valley/Dorris/Macdoel - Doris @ 398-4082
- Dunsmuir - Emily / Debi @ 235-4005
- Happy Camp/Klamath River/Seiad Valley - Dorothy @ 493-5117
- McCloud - Geeia/Kathleen @ 964-3250
- Montague/Big Springs/Hornbrook/Gazelle/Grenada/Little Shasta/Copco Lake - Nancy/Tanya @ 459-3481
- Mt Shasta - Emily/Bliss @ 926-1400
- Scott Valley area - Heather/Maria/Tara @ 468-2450
- Tulelake - Elizabeth or Minerva @ 667-2147
- Weed - Jodi/Dawnia @ 938-2426
- Yreka - Eda/Elizabeth @ 842-1313



Contract Health Services (CHS)

(530) 493-1600 Ext. 2156, 2151, 2155

***IHS CONTRACT HEALTH SERVICES (CHS) IS NOT AN ENTITLEMENT PROGRAM
AND NOT EVERYONE IS ELIGIBLE.***

KNOW YOUR STATUS BEFORE OBTAINING SERVICES.



CHS Eligibility Requirements:

1. Must be an Indian or descendant of an Indian from a Federally-Recognized Tribe of California or descendant of an Indian of California.
2. Must be a permanent resident of Karuk Tribe's Contract Health Service Delivery Area (CHSDA).

Even if you are eligible, IHS/CHS coverage is not automatic. Should you have an emergency situation requiring you to obtain care at a non-IHS facility, you must notify Contract Health Services within 72 hours. If you do not do this, you will be responsible for the bill.

IHS/CHS coverage is for emergent, life-threatening situations only! Sore throats, ear aches, rash, follow-up care, medicine bills, etc... are not considered emergent or life-threatening and you may be responsible.

Emergency visits will not be covered if you go to the emergency room when the Karuk Clinic is open. If there is an IHS facility in the area and you choose not to use the facility, then you will be denied by CHS and held responsible for the bill.

Referral:

Medical care that is not available in a Karuk Clinic will be referred by one of our doctors. ***A REFERRAL DOES NOT IMPLY THAT IHS/CHS WILL PAY FOR CARE.*** A patient must meet eligibility criteria, medical priorities, and use of alternate resources. The referrals are reviewed and based on availability of funds; the referral is then approved, denied or deferred. If a referral is denied, the patient may obtain medical care at their own expense.

IHS/CHS Authorization:

In most cases, an approved referral is limited to one medical treatment and or one appointment. Please call Contract Health Services prior to any follow-up appointments, or additional referrals to another specialist/facility for approval to make sure your coverage is still in effect.

Alternate Resource:

CHS is a payer of last resort. When a patient has Medicare, Medicaid, Private Insurance, Veteran's Assistance, CHAMPUS/TRICARE, Worker's Compensation, or is covered by any other resource, that resource is the primary payor. When received by the patients, all Explanations of Benefits (EOB) and payment checks from the primary payor(s) must be brought or mailed to the CHS office immediately. Many times the non-IHS provider will turn the patient's bill over to collections because they are unable to get the EOB from the patient. The non-IHS provider cannot collect payment from IHS until they filed the bill with the EOB. Therefore, it is crucial for the patient to provide the EOB either to the non-IHS provider or to the Contract Health Office in order to complete the payment process.

Pregnant/Prenatal Care:

According to Federal Register IHS Regulations, it is mandatory that all other resources be utilized before CHS funds can be obligated. All pregnant women will be interviewed, advised and/or assisted by an IHS Patient Benefits Coordinator in applying for OB Medi-Cal. If you are denied, you will need to take the letter to the CHS office to be filed with your OB referral form. Failure to cooperate with CHS will result in denial to authorize payment for any charges you may incur.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2008

Arch Super,
Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leon Hillman,
Treasurer

Roy Arwood,
Member at Large

Florence Conrad,
Member at Large

Robert Goodwin,
Member at Large

Alvis Johnson,
Member at Large

Charron 'Sonny' Davis
Member at Large

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Desktop Publishing:
Rosie Bley

Editor:
Sara Spence

Written By:
*Karuk Tribal Members,
Descendents, Families,
& KTOC Staff*

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96039

Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 Ext. 2028 and let us know your current address and phone number for future reference.