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❖ 2004 Election Results ❖

The Karuk Tribe of California held their annual Tribal election on Tuesday, November 2, 2004 for two vacant Member at Large positions. Both of these positions are for four year terms.



*Robert Grant, Sr.,
Newly Elected Council
Member at Large*

Robert Grant, Sr. of Yreka and Alvis Johnson of Happy Camp were the two Tribal members on the ballot for these vacancies.

Voters cast their ballots either by absentee or at one of the three polling locations located in Yreka, Happy Camp and Orleans. There were a total of 173 valid ballots counted in the election.

The two new council members were sworn into office on November 4, 2004 in Happy Camp at the Regular Health Board Meeting.



*Alvis Johnson,
Newly Elected Council
Member at Large*

Karuk Tribal Council



From left to right: Leaf Hillman, Leon Hillman, Roy Arwood, Florence Conrad, Arch Super, Robert Goodwin, Robert Grant, Sr., Alvis Johnson, Florraine Super

Chairman Arch Super's Corner

The Chairman and the Council are open at all times to talk and listen to our Tribal Membership. If anyone has questions and concerns regarding our Tribal government, I encourage each and every one of you to get in touch with us.

JULY: Wes Valentine, Hector Garcia and I went to an **Indian Health Service** consultation in Las Vegas.

The Council met with **Judge Flies-Away**. He is the Judge that will be working for our **Tribal Court**. He and April Attebury are working very hard at building our court system. We met Judge Flies-Away in the Judicial Court Law and Policy Training held in Palm Springs back in May.

AUGUST: The Tribe held a three day **Grant Writing Workshop** for our Tribal employees. The Workshop was presented by Sue Burcell. The sessions seemed to be beneficial and our employees plan to try their hands at applying for grants.

The Tribal Council holds **Tribal Planning Meetings** twice each month to go over issues, concerns and requests that we are unable to complete or address at our regular Health and Council meetings. This has been very productive for us, time wise, for decision making.

We met with the **Siskiyou County Board of Supervisors** to discuss issues and concerns regarding a **Memorandum of Understanding** regarding the Tribe's proposed **Casino Gaming** venture. We are keeping them informed of the process and progress of our venture.

The employees of our Tribal workforce participated in a **Rafting Staff Day** on the Klamath River. There were many good reports of the fun day.

We have had a couple of **KCDC Planning** work days. KCDC has been building up its entity of the Tribe. Our audits have been completed. Our committee is working hard on development and planning. The Computer Center is up and going. The programs under KCDC are moving. We have hired a chief fiscal officer who is a Tribal member. KCDC is being jump started.

We have been meeting with the **Tribal CASA Program**. The program will be running through our Tribal Court. April Attebury and Darlene Navarro are our key directors of the program. Tribal CASA should be up and running sometime in November. CASA is the advocate voices for children in the judicial system.

The **Tribal Casino Gaming** Work Group has met with



*Arch Super,
Karuk Tribal Chairman*

the **City of Yreka** to discuss a **Memorandum of Understanding** regarding our casino gaming venture. We have also discussed some negotiations of funds from gaming. The whole process of our gaming venture is on the table. There have been no solid decisions.

The **Naa Vura Yee Shiip, Youth Culture Program** held their **Annual Camp** down in Mt. Shasta. I was able to attend a couple of daytime sessions of the Karuk Language with our Elder's Speaker, Vina Smith.

We have had a couple of meetings with the **US Forest Service** in regards to our **lawsuit** with them. The Forest Service is responsible for the monitoring and directing of gold dredging prospectors, and this is not being done. We have been trying to get the issues taken care of and resolved.

Some Karuk Tribal Council members and other Tribal leaders have been meeting with **PacifiCorp** to address issues of the **FERC Re-licensing**. The process has to do with dams on the Klamath River that are affecting the cycle of the salmon. There are many legal matters and negotiations that need to be considered. Leaf is taking the lead on these issues.

Our **Roads Project on the KTHA property** in Yreka is slowly coming to an end. We are hoping to be completed by the end of the year. There have been a number of complications.

The Tribal Council has **monthly meetings with the DNR Department**. With all of the work and projects that go through the DNR, Sandi Tripp has to set up meetings with the Tribal Council to complete contracts, grant proposals, and other business that needs to be reviewed and approved by Council.

The Chairman, Vice Chairman and Secretary of the Karuk Tribe have **Monthly Management Team Meetings** to go over operations of the Tribe. Many of our Directors attend these meetings for input on daily operations, plans and collaboration of departments.

The Self Governance Department and I have been meeting with **Cal Trans on the Bunker Hill Litigation**. We are trying to get easement and reimbursement issues resolved and brought to the table. At this point, we have no reporting.

SEPTEMBER: The Tribal Council has looked at the idea of doing an **Elder's Service Survey** to see how our services are working for our Elders. We are hoping to have the local survey completed by the end of October. Input by local and out of the area Elders would be appreciated as well.

Councilpersons Florraine Super, Florence Conrad and I went on a **Watershed Project Field Trip** with staff and other specialists in the watershed field. The project and work that is being done is phenomenal. Meeting and visiting with the professionals of this work teaches us the values and direction of our watershed projects.

Hector Garcia, Roy Arwood, Florraine, and I met with a

representative of **Assemblyman Doug LaMalfa's** office. In our endeavors for Casino Gaming, we are trying to become familiar with the representatives who work in the California State Office. It allows our dealings and requests to be more personal.

Our **Karuk Tribal Reunion** was held on September 18-19, 2004. The weather held very well. It was a bit cold, but the weather did get better. There were a lot of people in attendance. There was a lot going on. It appeared that we had an okay turn out. As always, we strive for a better celebration every year. Input and comments are always welcome and appreciated.



Arch Super with his Aunt Nellie (Super) Laffoon of Parker, AZ.

Florraine, Wes Valentine and I went to an **Indian Health Service Conference in Washington, DC.** The purpose of our attendance was to get input on the services and programs that IHS provides,

including health issues such as diabetes, obesity, and wellness. The conference was very beneficial and gave us ideas that we could possibly implement into our service. We were also honored to visit the **National Indian Museum** and see the Native participants showing and demonstrating their support. The museum was very nice and we hope that it will improve as time passes.

Florraine and I attended a meeting with Harold and Bill Tripp from DNR and the **US Forest Service.** They invited us to an award ceremony. We were also able to meet with the Deputy Chief, to discuss our interest in **forest stewardship.** The Deputy Chief listened to our concerns and will be working with us to apply and possibly implement such a project.

There was a meeting held with the KTHA regarding building and providing **security for the KTHA.** A presentation was given. We held a discussion of what kind and how much security would be adequate for our communities. The KTHA Committee will pursue the options.

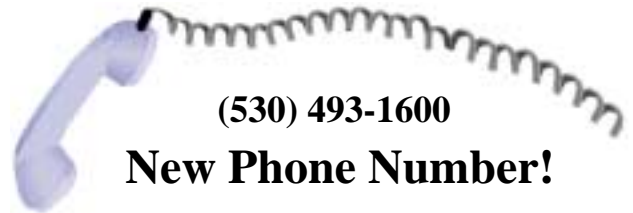
Florraine and I were invited to a **Luncheon with the Kiwanis Club.** It was a lot of fun. We were able to share information on the strides of the Karuk Tribe. One of my favorite duties was to share the Karuk language as well.

OCTOBER: The Casino Gaming Group met with a couple of **gaming investor/management groups.** We are trying to get a feel for who we wish to hire for investment of our gaming casino, and who would do a good job at training and managing our gaming facility.

There was a **CDFI Loan Meeting** at the KTHA office in Yreka. The meeting was held to get information and input from the community regarding the wants and desires of a loan program that the KTHA is in the process of applying for. The meeting had good attendance and was presented by loan officer, Eddie Davenport from the KTHA.

We held an **Audit Review Meeting** which included an overview of the audits of our three entities, KTOC, KTHA and KCDC. KCDC was not as good as it should be, but it's getting better and I believe we will be on the up and up soon. Overall, our audits are doing fine.

Business with the Tribe has been good. It is always busy and we have many programs, projects, and directions. As always, we encourage our Tribal Membership to contact us at anytime. We would like to see you at any and all of our meetings. Input and concerns are always welcome. Yootva.



(530) 493-1600

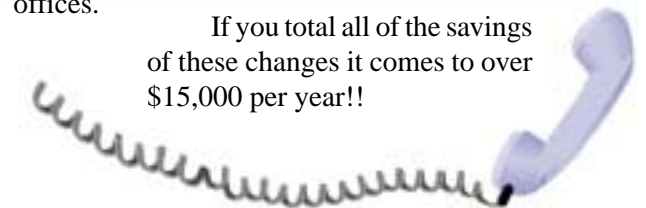
New Phone Number!

The Tribe has a new telephone number which is **(530) 493-1600.** The Happy Camp Dental Office will soon have a new number as well which will be (530) 493-1650.

The (530) 493-5305 and (800) 505-2785 numbers will continue to work indefinitely but we want to start informing everyone so that they can begin using the new number.

Our Information Technology Manager, Chris Kleeman, was able to identify twelve phone lines that were in service unnecessarily, and there are an additional fourteen lines that will be shut off once the conversion is complete. Chris has converted our analog phone line to a T1 line which has given the Tribe a set block of phone numbers. This allows for a faster response when you call in to the new number, provides a better quality of phone service, and also allows more phone services to be offered in the offices.

If you total all of the savings of these changes it comes to over \$15,000 per year!!



Notes from the Secretary

Florrine Super, Council Secretary



Florrine Super

Ayukii, I am coming up on one year of serving the Karuk Membership. I would like to take the time to review the goals I set in my letter of intent. I know my number one goal is communication. I hope the newsletter, emails, and website have kept you involved with the Tribe's actions. I will continue to work on communication by having an informative website.

The website is up and running

and now we need to put pertinent information with current updates.

Year Two Goals:

1. Provide more youth programs
2. Educate local governments on the Karuk Tribe
3. Gaming endeavors
4. Actively engage members to register to vote for Tribal elections
5. Continue to support our newly developed programs
 - a. Hearing our first case in the Children's Division of the Tribal Courts
 - b. Recruiting and overseeing our CASA volunteers

Quarterly Report:

ELECTIONS: Announcing the candidates for Member at Large – Term 2004 to 2008: A call for candidates for the Karuk Tribe of California Member at Large appeared in the August issue of our Tribal newsletter. After reviewing the applications, **Alvis Johnson and Robert Grant, Sr.**, are your two candidates for Member at Large. Letters of Intent were available at each polling station. **Tuesday, November 2, 2004**, the Karuk Tribe of California conducted a Tribal Election. Polling places were held from **7:00 A.M. to 7:00 P.M.** at the following locations:

- Happy Camp Community Center "Old School Gym"
64326 2nd Avenue
- Yreka Karuk Health Clinic Conference Room, 1519
South Oregon Street
- Orleans Community Center, 39051 Highway 96.

Be a part of the new tradition and VOTE!

TRIBAL REUNION: This year's Tribal reunion was held September 18-19, 2004 with activities held on Saturday, September 18 and basket weavers gathering continuing on

Sunday the 19th. I am writing to extend a heartfelt thank you to the volunteers and organizations that were responsible for making our Annual Karuk Tribal Reunion extremely successful. This was my first year of coordinating our Tribal reunion and I was honored to work with everyone who contributed to making this a successful event. This was my first year of coordinating our tribal reunion.

First, **A BIG THANK YOU** goes to all the Karuk Tribe of California staff for once again providing displays, holding demonstrations, exhibits promoting the Tribe, or helping with the activities. Without your devotion our reunion would not have been a success. Second, I wish to thank Andre Cramblit



*Michael Thom, selling Karuk Tribal DesignWorks items
Photo courtesy Judy Bushy*

for being our Master of Ceremony, Philip Albers, Jr., and Vina Smith for doing our opening prayer in Karuk. Your time and dedication is truly appreciated. Third, I want to thank the following volunteers who coordinated different activities. Arch Super, Volleyball Coordinator; Joyce Jones, Softball Coordinator; Robert Grant, Sr., Horseshoe

Coordinator; Junalynn Ward, Dance Coordinator; and Andre Cramblit and Philip Albers, Jr., Card Game Coordinator. Last but not least, I want to thank the Council members who participated and took time out of their busy schedules to be there for our Membership.

KARUK TRIBE FOSTER HOME: Our goal is to have a Karuk Tribal Family Foster Home located in the Yreka Karuk Tribal Housing. (A house is available for a couple to move into). We will be recruiting couples who are interested in becoming foster parents. This is greatly needed for our Tribal children. We want to provide a safe, loving and culturally sensitive home environment. Please contact me if you are interested.

REQUEST FOR LETTERS OF INTENT TO BE FOSTER PARENTS

The following requirements must be met to be an eligible foster parent:

- Must be 21 years of age, or older;
- Must be an enrolled member of a federally recognized Tribe;
- Must be willing to participate in Native American customs and traditions including, but not limited to,

social, cultural, spiritual, and ceremonial events;

- Must be in good physical and emotional health;
- Must have the skills, attitude and stamina to effectively deal with the many behaviors and feelings displayed by children and youth;
- Must have a non-punitive attitude and ability to demonstrate some level of acceptance toward parents of the children in care;
- Must have the ability to work cooperatively with the representatives of the Karuk Tribe's Behavioral Health Program;
- Must be accepting of the temporary nature of foster care and willing to help a child transition back into his/her family or permanent adoptive placement;
- Must be willing to submit to a criminal background check, including a fingerprint background check;
- Must successfully pass a drug and alcohol screening test.

Letters of Interest should include the following:

A statement detailing how you meet all of the requirements listed above; and A statement explaining why you should be selected to serve as a Foster Family/Parent for the Tribe. Letters must be hand, mail, e-mail or fax delivered to Sara Spence at the Administration Office, PO Box 1016, Happy Camp, CA 96039, Fax: (530) 493-2275, Email: sspence@karuk.us



WEBSITE: This website is dedicated to providing information about the Karuk Tribe of California's upcoming events such as the Tribal Reunion, elections, and updates on

gaming. Also, it provides Council and staff contact information. Please be sure to check it out at www.karuk.us/. We have hired an Information Technology Assistant Manger who will be assisting to keep the website current.

COMMITTEES: I also hold positions on the Indian Child Welfare Act (ICWA) Committee, Court Appointed Special Advocate (CASA) Committee, and Low Income Assistance Program (LIAP) Committee. If you would like additional information and/or have any questions, feel free to contact me at any time. I email out a weekly schedule and information on upcoming meetings or openings for jobs or committees. If you would like to be put on my email list, send me your email address with a note saying you would like to receive this information. Yootva – Florraine Super, Council Secretary, (530) 493-1600, Ext. 2052 or email: fsuper@karuk.us

Contract Compliance Update

Erin Hillman

Contract Compliance Specialist

I'd like to take the opportunity to thank the residents of the Yreka Housing Community for being so patient with the roads construction project that has been taking place for over a year now. The contractor, KSWA is currently working on the final items on their punchlist and we hope to have their contract completed before bad weather sets in. Yootva, Yreka residents.

I have been working on the pass-thru grants at KCDC (Karuk Community Development Corporation). With the hiring of a new chief financial officer for the corporation, we hope to start passing thru more grants. We have reestablished the Memorandum of Agreement between KCDC and the Tribe, and revised the document to include tighter internal controls over the administration of these grants.

I have been volunteered by the Tribal Council to sit on the Low Income Assistance Program Committee (LIAP). At our last meeting, the committee reviewed a draft Policies and Procedures. The committee was able to complete the review of the document, recommend changes and it is ready to be presented to Council at the October 28th meeting for approval. These Policies and Procedures give the committee guidance as to their roles in the administration of the LIAP programs.

On a more fun note, I had a great time at the reunion painting faces. We plan on doing the same booth next year and I already have a volunteer to help (Thanks Sandi Tripp) so she and I can get to everyone who asks.

For the last quarter of fiscal year 2004, July 1 to September 30, this office reviewed a total of thirteen (13) grant applications that were submitted for funding totaling \$912,623. Twenty three (23) Independent Contractor agreements and five (5) amendments were reviewed and submitted to the Tribal Council for approval. Seven (7) grants were closed out. The Tribe received notification of award for eight (8) grants totaling \$335,166. These included Department of Natural Resources grants from Seventh Generation Fund, and Environmental Protection Agency Air Quality; the Peoples Center grants from Institute of Museum and Library Services, and National Endowment for the Arts; Health and Human Services programs for Diabetes, Title IVB, and Cal Works Drug & Alcohol. Our Tribal Court secured funding for Children's Court and National CASA, and last but not least, the Naa Vura Yee Shiip program was successful in its application for fiscal year 2005 funding.

From the Vice-Chairman



*Leaf Hillman
Vice-Chairman*

*Leaf Hillman,
Council Vice-Chairman*

Greetings from the Center of the World. For those of you who I have not had the honor to meet, let me start by introducing myself. My name is Leaf Hillman and I currently serve as the Tribal Vice-Chairman. I was born in Orleans and my ancestors originated from the ancestral Karuk village of Pishi-Pishi, located at the Center of the World. I was raised along the banks of the Klamath River in Karuk country, and continue to call this place my home.

As we move into fall and all of our Tribal ceremonies have been concluded, I would like to take this opportunity to thank all of the people who attended, participated, assisted and supported our ceremonies. I strongly believe that the continuance of our sacred Tribal ceremonies is vital to the perpetuation of our culture, language, religion and our identity as Karuk people. The continued importance and relevance of our ancient ceremonies cannot be overstated. In fact, the continuing persistence of our ceremonies was the primary factor relied upon by the BIA back in 1979 when our Federal Recognition was confirmed. Often, great personal sacrifice is required by individual participants, in order to conduct our ceremonies. Some of our people schedule their annual vacation to coincide with one of our Tribal ceremonies, so they can come home and participate and renew their bonds to family and friends. Others travel great distances (often from other states) to attend and participate. Some parents must make special arrangements with the schools that their children attend, because of their strong beliefs and commitment to our ceremonies. Our Tribal fishermen...fish, and our hunters...hunt, while others spend many long hours gathering, processing and cooking acorns and other foods, in order to provide for the people. To the cooks, dancers, spectators, regalia owners, dance makers, ceremonial leaders, and all those who contribute in any way they are able... THANK YOU. Please watch for the 2005 Karuk Ceremonial Calendar in our next newsletter, and make plans to come and participate.



Tishawnik Medicine Dance, 2004

Now, I would like to take a moment to express my gratitude and pride, by honoring our Tribal youth who are currently serving in the Armed Forces.

Marines:

CPL Jefferson Duran Brink ~ currently at home in 29 Palms

LCPL Daniel Sam Butterfly ~ unable to confirm, but believe he is still serving in Iraq

Army:

PVT 1st Class Kenneth "Buzz" Busby ~ Basra, Iraq

PVT 1st Class Joshua P. Hillman ~ Tel Afar, Iraq

Navy:

AA ABH AN Nickolaus L. Hillman ~ currently in Norfolk Virginia awaiting deployment

Randall McAllister ~ out at sea serving on submarine assigned to USS Michigan

Jared McAllister ~ completing AIT (Advanced Individual Training for Airmen) Pensacola, Florida

Crispen King McAllister ~ is safely back at 29 Palms, broke his little toe, the Navy performed surgery and put a pin in it.

Hats off to all of these young people and any others I may have missed. We are very proud of you all, and you are in our thoughts and prayers.

Until next time, su-wu-nik !

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/ or photos to **spence@karuk.us**

All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: July 15 for the summer issue, October 15 for the fall issue, **January 15** for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Military News

Erin Hillman

At the reunion in September we had our first “Honor Wall” to display the photographs and stories of our people who are serving or have served our country. For those of you out there who have a member of your family currently serving in the military or have past service in the military, please contact me to put their stories in the next newsletter. I have enjoyed being a part of honoring our Tribal members and descendants service and want to continue to do so in the future. I encourage everyone to get involved. Contact your local ombudsman to find out how you can support our troops in Iraq and overseas. There are many “Adopt a Soldier/ Sailor” programs where you can correspond with someone and send them a care package over the holidays. So, if you have a story about a Tribal member or descendant in the military, please contact me at 800-505-2785 extension 2017. Yootva.



Military Honor Wall at the 2004 Karuk Tribal Reunion

Basketweavers Receive Award

Fred Nahwooksy

Following the Smoke, a U.S. Forest Service project conducted in conjunction with the Karuk Indigenous Basketweavers and other partners, received the Advisory Council on Historic Preservation’s (ACHP) Chairman’s Award for Federal Achievement in Historic Preservation at an August 4, 2004 ceremony at the Minnesota governor’s mansion.

ACHP is an independent federal agency that promotes historic preservation nationally by providing a forum for influencing federal activities, programs, and policies that affect historic properties, advising the President and Congress, advocating preservation policy, improving federal preservation programs, protecting historic properties, and educating stakeholders and the public.

Following the Smoke is a seven-year-old project to sustain and share with the public the full process of basketweaving, from gathering materials to creating the finished basket.

The award was presented by ACHP Chairman John L. Nau, III, at a recognition ceremony in August at Minnesota Governor Timothy Pawlenty’s residence in St. Paul, Minnesota. Governor Pawlenty represents the nation’s governors as a member of the ACHP.

(ACHP press release information)

Award ceremony participants from left to right: Minnesota Governor Pawlenty and First Lady Mary Pawlenty, Kathy McCovey-Barger, Deanna Marshall, Jeff Walter, Renee Stauffer, Randy Moore, Dori Rose Marshall, Martha Ketelle, Verna Reece, Ken Wilson, and John Nau



Staffing Update



*Sara Spence,
Human Resources
Manager*

*By: Sara Spence,
Human Resources Manager*

Here is the quarterly update from my office. This information covers July through September. We currently have 156 employees on staff, plus a twenty-person fire crew for a total of 176!

Tracy Burcell was hired as the Patient Referral Clerk at the Happy Camp Health

Services Clinic and she started on 7/26.

Leaf "Chook Chook" Hillman was hired by the Department of Natural Resources as a Water Resources Technician and started on 8/9.

Linda White resigned her position as Registered Nurse at the Happy Camp Health Services Clinic on 7/30 and Claudia Ross-McLeish filled this position on 8/10.

Lucille Tiraterra was hired as the Happy Camp Dental Receptionist and started on 8/16.

Dennis Donahue returned to work for the Tribe on 8/23 as a Cultural Monitor; Norman Goodwin is also assisting with these duties temporarily after which he will return to his position doing Water System Maintenance at the Somes Bar Work Center.

Ducayne Arwood resigned his position as Maintenance Worker/Groundskeeper in the Orleans/Somes Bar area and Wilson Donahue started in this position on 8/23.

Jonathan Parton resigned his position as Information Technology Technician on 8/20 to return to school. The position has been revised to be an Information Technology Assistant Manager to provide support to current Manager Chris Kleeman, and Paul Rydings will be starting on this position sometime in the next month. Paul is new to the area and will be relocating from Southern Oregon; he previously resided in England where he worked for Her Majesties Royal Air Force.

Junalynn Ward was hired as the Happy Camp Senior Nutrition Center Cook and started on 8/23. The Tribe is now providing Senior lunches in both Happy Camp and Orleans,

however, Junalynn accepted a position as the Clinic Receptionist at Happy Camp Health Services as Jamie Robinson resigned her position on 9/23 so we are now in the process of hiring a replacement for Junalynn as well as hiring a second cook for the Happy Camp Senior Nutrition Center.

Melissa Kleeman was hired as the newest Natural Resources Biologist in Orleans and she started on 8/30. Melissa previously worked for the US Fish and Wildlife Service and if you recognize her name it is because she is the wife of Chris Kleeman, our Information Technology Manager.

Betty Fayette was hired as the Pharmacy Receptionist and she started on 9/13. This is a new position to help with the Happy Camp Pharmacy which opened in March of this



Ariel view of Happy Camp. Circled in black is the Admin Office and other Tribal buildings and structures.

year.

Melodee Conrad resigned her position as Orleans Elder's Field Worker on 7/26, but she decided to return to work for the Tribe and started again on 9/27. The Elders have stated they are very happy to see her back as are we.

Denise West, our Happy Camp Head Start Bus Driver resigned from her position on 10/26 and we are in the process of finding a replacement. It is hard to find individuals in this area with the necessary certifications to drive a school bus!

Jessie Thom was hired as an On Call Custodian for the Yreka Clinic. She became an employee on 10/1.

Jesse D. Drake, PhD was hired as our Licensed Clinical Social Worker in the Yreka Clinic. Jesse has been a contractor for the Tribe since August of 2003 and became a full time



KCDC Computer Center Hires

By: Sara Spence, Human Resources Manager

As the Karuk Community Development Corporation (KCDC) is currently in a transition phase, the Tribal Administrative Staff are assisting with oversight of their activities. The following employees/contractors have been hired at that entity.

Rosie Bley was retained as a consultant to provide the day to day oversight and direction of the Happy Camp Community Computer Center’s staff and activities on 9/1. Rosie is also the contractor that produces our Tribal Newsletter which you are reading now! We have received rave reviews on the informational content of this publication.

Since there were no staff members at the Community Computer Center, one of Rosie’s first tasks was to advertise and hire the following part-time employees: Jeanette Quinn, Gerry Canning and Kelly Worcester. They have all been hired at the Happy Camp Community Computer Center and started late October. They will be working to provide classes and services at that Center.

Vacancies for the Karuk Community Development Corporation are posted on the Tribal website at www.karuk.us/jobs/ along with all other positions and Requests for Proposals. Check it out!

New Accounting Chief Financial Officer for KCDC

Laura Mayton, KTOC Chief Financial Officer

The Karuk Community Development Corporation has hired Jim Berry to be their Chief Financial Officer. Jim, who is a member of the Karuk Tribe of California, began work on October 18, 2004.



Jim Berry, KCDC CFO

Jim grew up in Yreka. He attended Chico State University where he earned a Bachelor of Science Degree in Business Administration. Jim has spent the past nine years working for Siskiyou

County, first in the Office of Education and then in the Tax Collectors Office. Before going to work for Siskiyou County, he spent seven years working for Timberline Community Bank.



Staffing Update, continued from page 8...

employee on 10/11.

Kayla Bridwell was hired as the Yreka Dental Receptionist and started on 10/11. She is a new employee to help handle the patient flow in the Dental Clinic.

Leslie Alford returned to work for the Yreka Clinic as our Medical Records Clerk; she started on 10/18. Leslie was previously the Administrative Supervisor of this Clinic before she went to work for the Housing Authority. We are glad to have her back!



Dorothy Bridenstine & Leslie Alford of Yreka Health Clinic

If you or anyone you know is interested in employment with the Tribe, we currently have openings. Additional information can be obtained on our website at www.karuk.us/ then click on Employment Opportunities for

more information about job listings. On this website you can download an employment application as well as read full position descriptions for vacancies. As you can see from these photos, Happy Camp is a beautiful community to live and work in!



View of the Klamath River, and Ishkêsh Tribal lands



A Letter of Introduction to the Karuk Tribe

Judge Joseph Thomas Flies-Away



Judge Joseph Thomas Flies-Away

Hello, I am Joseph Thomas Flies-Away. Last month I was hired to serve as the Chief Judge of the Karuk Tribal Court and will serve in this capacity for the next two years. This responsibility is indeed an honor for me and I will work diligently for the Karuk Tribe and people to continue the development of a judicial institution that advances your community and nation building journey and promotes your tribal sovereignty. Your Tribal Council, Court Staff, April Attebury and others have done a lot over the last few years to develop a judicial system that

serves your people in a dynamic and distinctive manner. Tribal members can be proud of the work done thus far.

Currently, the Karuk Tribal Court Peacemaker Dispute Resolution Mediation Forum resolves various conflicts in a tribally traditional manner, one of a few in all of Indian Country, and a type that many are trying to develop. The Tribe has also developed a Tribal Court Ordinance and Children's Code. The Tribal Court has developed Rules of Court. The Court's first judicial case will be a Children's Court case. We plan to hear an Indian Child Welfare (I.C.W) case by the end of the year. Once Karuk Tribal Court begins hearing children's court cases, it will be one of a few Tribal courts in the State of California to do so.

During my tenure as the Chief Judge, I will travel to Karuk one week of each month to help develop the trial and appellate courts. Over time the Karuk Tribal Court will hear housing and other civil issues. I will assist with these types of cases and will endeavor to continue to incorporate your culture and tradition in the court procedure, particularly by using the language whenever feasible. This will require me to learn some words and expressions in your language. Please forgive my mispronunciation while I learn. I believe using language is important to further the uniqueness of the court. Ms. Attebury and I met with Susan Gehr to discuss ways to utilize the language in the judicial proceedings and process.

I have been judging for nearly nine years. For seven I have been hearing appeals cases, reviewing what the lower court (trial judge) decided. For the most part, all the courts I have heard cases in do things in a somewhat similar fashion, though they do not have the exact same rules of court. I have to admit that at times I get confused and have to check myself and remember what jurisdiction I am in and what the court rule is, or what the tribal law says. I can also get confused with all the state and federal law I have learned in law school. So far I have heard cases in 6 tribal courts. Karuk will be the 7th. Moreover, I have studied the constitutions, laws and court rules of dozens of other tribal governments in the United States and countries from around the world. What sticks out in my mind most, however, are the ways some tribes have developed unique ways of handling cases, controversy or conflict. Conciliation or conflict resolution systems such as the Peacemakers of Navajo Nation, Grand Traverse Band of Ottawa and Chippewa Indians, and of course here in Karuk, are unique and culturally accordant methods, tied to their histories, pasts, and traditions. The Karuk Tribe and places like it should be proud of their efforts and of the people who put these institutions in place because they are distinct and different than the norm and uphold the culture of your people.

Tribes around 'Indian Country' are also developing Teen Courts, Domestic Violence Courts, D.U.I. Courts, and Traditional Courts where elders are used to help decide matters and disputes. Family and Juvenile Healing to Wellness Courts (drug courts) are also in big demand these days. Karuk Tribal Court has requested planning funding from the U.S. Department of Justice to plan this kind of Court. Creating these innovative ways in handling problems for your people show your distinct natures as indigenous peoples and nations. All indigenous peoples should strive to make their primary institutions unique and of their own indigenous or Karuk personality while at the same time making sure all people or persons who live and work in your community are provided equal protection of the laws, due process, justice, and peace.

I look forward to helping the Karuk Tribe of California develop further your judicial system as well as learn from you in regards to your peacemaking dispute resolution mediation system. I believe over time, other tribes will look to Karuk for help in developing this kind of dispute resolution method. I hope someday that my home tribe, Hualapai, can develop a like traditional way to hear cases perhaps utilizing our elders or Pai Band leaders (if we can find a way to identify and choose them). I hope each of you will help to think about these judicial possibilities with me and the Court Staff and make known your ideas and thoughts about them. If tribal members, tribal leaders, way-showers, and others continue to work together, all development goals can be reached. I certainly will try to help with this during my time at Karuk.

Yootva, Joseph Thomas Flies-Away

Karuk Tribal CASA Team

*April Attebury
Karuk Tribal CASA Administrator*

The Karuk Tribal CASA Team participated in the Humboldt County CASA Fun Run, October 15, 2004. The Fun Run was organized to raise money for the Humboldt County CASA Program and to raise awareness for the State and National Court Appointed Special Advocate Programs.

Karuk Tribal CASA (Court Appointed Special Advocates) volunteers are community members appointed by the court to advocate for Native children who are victims of abuse or neglect.

A CASA is an independent, objective advocate for the Native child, who makes recommendations to the court regarding the Native child’s best interests. The CASA volunteer gathers independent information by reviewing all records pertaining to the Native child and talking with the child and others involved in the case. The volunteer then makes recommendations to the court and monitors the progress of the court approved plan for the family.

If you care about Native American children, have time to commit, and are over the age of 18, then you may qualify to be a CASA volunteer. No special experience is required. Karuk Tribal CASA volunteers are selected on the basis of their objectivity, competence, and commitment.

Once accepted, volunteers receive the tools they need to serve as a CASA, including in-depth training and ongoing monthly support sessions. They learn about courtroom



Karuk Tribal CASA Team Fun Run Participants

procedure, the Tribal and state court system, the social services system, how to work with families in crisis, and the special needs of Native American children who have been abused or neglected. The CASA program provides support and assistance on an on-going basis.

The Indian Child Welfare Act states that "there is no resource that is more vital to the continued existence and integrity of Indian Tribes than their children."

The Karuk Tribal CASA program provides an opportunity for individual community members to demonstrate that they truly believe that the children are their community’s most precious resource.

If you are interested in becoming a Karuk Tribal CASA Volunteer, please contact the office at (530) 842-9228.

Certificate of Appreciation for KTOC Automotive Department



The Karuk Tribe Automotive Department is the recent recipient of an “Atta-Boy” from the Karuk Tribe Recycling Program.

Angela Allgier of the Recycling Program has noted that Mike Tiraterra, John Parton, and Richard Bridenstine, are devoted to assisting the needs of all departments and also find time in their busy schedule to recycle. Angela Allgier, Recycling Technician, and Sandi Tripp, Director of the Department of Natural Resources, got together to work on the appropriate thank you for this hard working group. They came up with a Certificate of Appreciation. A simple thank you would have been great, but a certificate will show our appreciation for years to come. This certificate will show current and future employees that they are appreciated for their hard work and dedication to the team. Again, thank you for all the time and effort that you have put into your work Mike, John and Richard.

Karuk Language News

Susan Gehr, Language Program Coordinator

This quarter, we asked some participants in the Tribal language program to answer the following questions:

- Why do you think it is important to learn Karuk?
- Describe a situation where your knowledge of Karuk has helped you.
- What words of encouragement would you give to someone who wants to learn Karuk?

Here's what they said:

Julia, kahtíshraam

It's important to learn Karuk because it's my native language. My knowledge of Karuk has helped me driving through (Tribal) housing. No matter how hard (learning the language) seems, it's all worth it.

Phil Albers Jr., ishraamhírak

Our language helps identify us as Karuk people, which is very important in terms of establishing Tribal sovereignty. It also helps to identify our connection to our environment before European contact.



Susan Gehr, Karuk Language Program Director, reading from the book, "Pi'èep yánava káan xuntápan" at the Tribal Reunion. The book is available from the Indian Education Program of the Klamath-Trinity Joint Unified School District (530) 625-4412.

My knowledge of the language helps me to identify with the thought process and emotional patterns of our people.

My words of encouragement: "Just don't stop. Sometimes it'll be easy, sometimes it'll be hard, just don't stop."

Judi Armbruster, athithúvuunupma

I'm studying it because it's a connection to the culture and anything that preserves the culture is important to me. Language is the culture, at this point, for a lot of people.

Sally Bartosiewski, athithúvuunupma

Being in the volunteer fire department, I'll hear the dispatcher name the streets in Indian housing, and it's incredibly bad. He says "puuth" for "piith" and he really butchers "virusura eempah". I wonder if someone should inform them how to say the names of the streets. I think if people live up here they

definitely should know how to say the names of the streets. It's the language of the people here.

Alma Mendoza, kahtíshraam

It's important to learn Karuk so that our children will be able to speak it and we will have more fluent speakers in our Tribe.

Luke Supahan, amekyáaraam

Learning Karuk has brought me closer to my culture. I would encourage people not to give up.

Arch Super, athithúvuunupma

A lot of people really like our language. Once you start speaking it and using the different accents... it's almost like we're singing our language. It's a beautiful language.

It's our language, and if we don't learn it and speak it and pass it on, it's going to come to a stop, and we'll have to pick it up again from where we left off. And the next time it will only be harder because the elders won't be here to help us, and we'll only be able to learn from those who are learning now (as adults).

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The People's Center

by Fred Nahwooksy

The People's Center, the museum and cultural center of the Karuk Tribe, sponsored the second Karuk Basketweavers Gathering on September 24 and 25 in Happy Camp, CA. With support from the Karuk Tribe of California, the Seventh Generation Fund and the National Endowment for the Arts, the event coincided with the Karuk Reunion.



Although approximately 200 weavers pre-registered for the Gathering, some 130 actually attended. On Saturday morning, September 24, basketweaver and Karuk Reunion activities were held under a large tent at the Karuk Tribal Office Complex. On Saturday afternoon, a group of about 30 people went to the Fort Goff area to collect woodwardia fern. Upon returning to the Karuk People's Center, weavers spent time preparing their woodwardia fern for future use.

Rain showers forced a minor retreat of the weavers on Sunday but still, 30 weavers were around for the final group photo for the event at noon. Evaluation forms for the Karuk



Basketweavers Gathering indicate an on-going desire by the weavers to get together regularly to share basket weaving techniques and to visit the forest to gather materials.

Museum Advisory Committee

The Karuk Tribe of California has established a Museum Advisory Committee. The Committee held its first meeting on October 16. The role of the Museum Advisory Committee is to meet quarterly and to advise the Karuk Tribal Council on matters related to the People's Center including; recommendation of an annual budget for the Center, recommendation of a museum director, recommend acceptance or decline of object donations to the Center, review



annual plans for the Center's exhibitions, collections, fundraising, staffing and programming. Members of the Museum Advisory Committee are Paula Allen, Holly Hensher, Cassandra Hensher, Susan Gehr, Julie Burcell, Leo Carpenter, Jr., and Andre Cramblit.

Holiday Sale

The People's Center Sales Shop will host a holiday sale from November 23 through December 31. All items in the Sales Shop will carry a 10% discount during the holiday sale. Regular hours of operation at the Center are Tuesday through Saturday from 10AM to 5PM. Additionally, the Center's library is open on Tuesday and Wednesday evenings from 6PM to 9PM. Support for the Center's library program comes from the Institute of Museum and Library Services (IMLS). For information or questions regarding the People's Center, call (530) 493-1600 x. 2201.

Basket Class

The People's Center sponsors a weekly basketweaving class that is taught and facilitated by Verna Reece. The class is held each Wednesday from 6PM to 8PM in the Center's classroom. The class is regularly attended by five to eight participants and is part of the Center's Karuk Basketweavers Project.

There is no charge and new participants are always welcome. The class is partially supported by a grant from the National Endowment for the Arts.



Taking Back What We Already Have

By: David Goodwin, Age 17



David Goodwin, singing to children during Native American Day at Happy Camp Elementary School

Ayukii. Nani ithvuuy David Goodwin. I write this letter to inform all the people, young and old, about my feelings of which direction this Tribe is being led. I have many concerns that I shall discuss in this letter, which include the three following means of our survival.

First, our culture— one of the most important aspects that carries our wisdom and proves that we are Native American. Second, our language— a strong part of our culture, which if we all don't learn soon, we will be lost, leaving us speaking the only language we've been forced into speaking. I, for one, would have rather come door to door to exchange with each and every one of you my feelings on

these vital issues. But because of the language we all speak today, I would rather express my feelings through writing and not through series of verbal arguments. Thirdly, most important, the KEY! The one true proof of our past and present hardship: the children. Now is the time to come together and rebuild, rather than take back what we already own. Not for revenge against the people who are responsible for where we are today, but for the love of our people and of ourselves, because these issues, either positive or negative, are still ours. I am one of the receiving generations who are patiently waiting the time of when my experience with the Karuk way of life will shine into the blackest corners in the White House. Because these ways of survival cannot be practiced in a political way, the culture must be brought back, and it will take the effort of every one of us. It cannot be on account of who owns which dance or who owns which fishing day, for these are the things that are tearing us apart. We are in this together forever, whether we win or lose the battle of preservation. A new way of living has arrived for our people, and I am determined to make Karuk a people that everyone remembers as determined. Can you help me?

The Importance of Our Culture

All up and down the river, I seek the opportunity of talking to people about the issues of our culture. Hopefully,

the people I have yet to talk with will get a full look at what lies in my heart while reading this letter.

So far, from what many different people state, they do not attend the ceremonies for many different reasons. The main reason is that from their viewpoint, the ceremonies are not being conducted correctly, while the question of "what is wrong about them" is yet to be individually answered. Why must a person rely on the opinion of someone else? I ask myself, and you to think about this: "Who am I, and what can I do to bring the knowledge of cultural survival to the heart and spirit of the Upriver People?" So I urge you, brothers and sisters, come to the ceremonies physically and mentally to find your own feelings about what needs to be done, no matter the issue. Set aside your family feuds so that we can come together as Arara's of truth. As for addressing the members of the Council, you simply must become more involved in the inspiring of the people and yourselves.



*Earl Aubrey, fishing Ishi Pishi Falls
Photo courtesy Chewich*

The importance of our culture should be understood by all of us. We must look inside our hearts to find the strength so we can educate the part of us that is missing. We need this part for future survival; this part I am talking about is our past.

The Importance of Our Language

In the beginning, our language was a harmony. Then it was stripped away, not completely, but just enough to inspire me to write this letter on how important it is to rebuild what we have left. If we do not fight now it will be lost forever. We have no one else to blame but ourselves for not fighting, and the rules stay the same; it takes everyone, I mean everyone, to win a war.

From the time we were put here to the time we will be taken to somewhere new, communication has been a useful

source in many ways; physically, mentally, and spiritually. One example of each would be prayer, which is a powerful force of communication to the Creator. In fact, if it weren't for prayer, I would still be out running the streets and not writing this letter. I have put much prayer towards these issues and the time for action is now.

Our language is a very important part of communication and Karuk way of life. The preserving and using of it will benefit us forever. I ask you now to please read these quotes of wisdom from one of our people, not Karuk, but Native American, who knows the feeling of having someone attempt to steal their very lifestyle. These quotes come from Forest Carter's true story **The Education of Little Tree**:

...Granpa said, *"that's how the damn fool word-using gits folks all twisted up. When ye hear somebody using words agin' somebody, don't go by his words fer they won't make no damn sence. Go by his tone, and ye'll know if he's mean and lying..."*

...Anyhow it's another one of them dadblamed words that we can do without. There is, I've always said, too dadblamed many words..."

These quotes are full of common sense. Personally it seems that more words are created every day for unnecessary use, which have the potential to trick people. The words from English dictionaries have confused, taken advantage of, lied to, slandered, misused, ruined, cheated, changed, polluted, spoiled, tainted, distorted, altered, and misled many people of Native America. The sad thing is that most people would say that it is that person's own fault for having been tricked. You can blame the early ways of the American government for these problems. But what's worse? These bad ways are finding their home in the heart of the Karuk people. I myself can barely get through a day without wondering how many lies I will hear.

Our language used to be simple, pure, and honest, but a new way of the language has arrived. We need to put this language to use so that we do not lose what's left. We need to raise our language interests to a level where everyone is strongly involved. After accomplishing this, we can



Emma (Charley) Effman

only take it higher. Learn the language, get involved, and give ideas of how to keep everyone interested. Your fighting continues my fighting; our fighting will inspire the children and the benefit for the children will be everlasting!

Carrying the Culture Forever

What is a teacher? Is it a person who will teach valuable things only if they get a steady paycheck? Is it a person who has boundaries of what to teach? Who taught you the things you know? Was it a person who went beyond their obligation, and came to your home every time you failed to attend school each day? If you can't answer these questions than that person



Brian Colegrove, demonstrating traditional salmon barbecue to local students

was not a true teacher. A true teacher will teach morals, respect, honesty, pride, and the things a person must know in order to survive the devious ways of America. When a person can be thankful for learning, the teacher has truly accomplished their job. In order for anything to be accomplished, the person called "teacher" should not just be one person. Everyone, no matter what they choose to do in life, is always a teacher.

Most people had to teach themselves the things that they know today. We learn by experience! It's realizing that we taught ourselves that will craft us into being great teachers and people. We need to teach our children the culture and language so that they can pass it on to their children. We need to learn the language fluently so that we can override our past suffering and bring the Karuk way of life into present day living. Your children and my children are the ones who will or will not carry the language. My children and their children are the ones who will or will not carry the culture. Those children and their children will or will not carry the Karuk name forever. We need to practice and learn the culture and language by heart. So in conclusion to the Council, the people, my peers, the children and anyone else willing to be involved; I am ready to stand with you... are you ready to stand together?

Naa Vura Yee Shiip Program

Robert N. Goodwin, Cultural Practitioner

Ayukii, huut kich!?! If xara xas tanupmah. (Greetings, How are you! I have not seen you in a long time.)

As the program year comes to an end, I would like to reflect on the accomplishments for this year. First I would like to help you understand the purpose and mission of the program. The Naa Vura Yee Shiip Program (I feel great!) is a grant from the California Office of Emergency Services that is a culturally relevant, comprehensive and preventative program targeting young Karuk victims of crime, ages 3-18. The program helps to develop self-esteem through strengthening Tribal identity via a variety of cultural education and enrichment activities, including classroom projects, field trips and camps.

We have been busy providing culturally-centered healing therapies that help the children with the knowledge necessary to understand their place within the dominant society, assist them to develop a sense of self and purpose, collaborate within group settings, instill pride in their heritage, and develop resiliency. On August 12-16th a cultural camp was held at the Shasta Methodist Campground in Mount Shasta, CA, near Castle Lake. Each day started at 7:00am with a wake-up call to begin the day's activities. For the five days of the camp, the participants enjoyed a number of cultural activities that included necklace making, ceremonial bow making, acorn paddle making, basket weaving, hair ties, cards, and many presentations on Karuk culture and other Native American cultures. Drug and alcohol presentations were made each day from the youth mentors who attended the camp. Youth workers Latoya Super and Tonya Albers worked with the 3-5 age group helping them with different projects such as finger puppets, necklaces, painting and feathers. The camp ended with a family dinner with the highlight of acorn soup and salmon. The program also had participants attend the ceremonies throughout the summer with the highlight of the World Renewal Ceremony at Ka'tim'iin. Youth mentor participant, David Goodwin served as the Fataveenaan (Medicine Man) for this ten-day ceremony.



Age groups 3 to 5 painting

As the program year comes to an end and we look forward to another successful year, we would like to thank all of the participants, volunteers and employees for making the program work. The program will be holding a fundraiser for the upcoming Christmas program with a Big Money Bingo on November 5th at the Greenhorn Grange in Yreka. We invite



Young Bucks working intensely on their projects, with Phil Albers, Jr., Cultural Practitioner, and Brian Gonzalez, Youth Worker, helping out.

all to come and have fun with us. If you would like more information on the program or to donate anything for the Christmas program on December 18, 2004, please call the office at (530) 841-0729. We hope that through the program we have helped to instill pride in our Karuk culture and we all can say "Naa Vura Yee Shiip!" ("I Feel Great!")

Suva nik, mateek ikeevriikheesh! (See you later, may you live to get old!)

Special thanks to Vina Smith and Chairman Archie Super for the Language Presentation, Kathy McCovey for the plants and basket materials presentation, and Hermanett Albers for planning and organizing the camp.

Káruk Youth Competes in Sacramento

*Philip Albers Jr., Resident Services Coordinator
Karuk Tribe Housing Authority*

Football Star Arron Hockaday, Jr. traveled to Sacramento for the semi-final Punt, Pass and Kick competition, sponsored by the National Football League. Arron Jr. competed last year and qualified for the regional competition. This year, his placement and scoring was so high that he has automatically qualified for the semi-finals, and a chance to compete at the halftime of a professional NFL football game. Arron plays football for the Yreka Charger Peewees, starts on offense at Running Back, and on defense at Outside Linebacker and Defensive End. He is also the 1st team kicker and 2nd team punter. The young Karuk traveled to Sacramento, CA, on October 29, for the competition on October 30. The Karuk Tribe of California helped sponsor Arron. He contributes to the KTHA community, the local community, and the Tribal community. Arron has a strong arm and powerful leg, which blasted him into 4th place, missing 3rd by a mere 6" out of forty participants! Arron, ím vúra yéeshiip! Ím yav i'kuupheesh!



Arron Hockaday, Jr.

KTHA Reunion Activities

Philip Albers, Jr., Resident Services Coordinator

The Karuk Tribe Housing Authority saw Karuk Araaras from all over the nation at the Karuk Tribal Reunion. We had a small informational booth set up, and had a couple of interesting quizzes for the membership, both on traditional Native American housing, with one encompassing housing across the nation, and the other focusing on our Tribal traditional housing. Sami Difuntorum, the Karuk Tribe



Housing Authority's Executive Director, scored the only perfect score on the national Native housing quiz, matching all 12 houses with their corresponding region/affiliation. Robert "Bobby Coon" Goodwin had the highest score on our traditional Tribal quiz, ranking in at "Elder", while the rest of the membership averaged a ranking of "Elder in Training" and "Adult". The KTHA staff averaged in at "Adult". We also had an acorn-guessing contest. The winning guesses were 296, 307, 263, and the actual number of acorns totaled 293. The prizes for the acorn-guessing contest were jars of salmon, prepared by Ana Lisa Tripp, and the Tripp family. Nanu yíchaacha vúra yéeshiip.

Yôotva,

Philip Albers Jr.
Resident Services Coordinator
Karuk Tribe Housing Authority
530.842.1644
palbers@karuk.us

Karuk Tribe Housing Authority
635 Jacobs Way
Happy Camp CA, 96039
530.493.5434

Back to the Basics

*Joseph E. Snapp, B.S. CSAC II
Substance Abuse Counselor*

Every human being needs food, shelter, protection from enemies, and love, to survive and prosper in this world. Everywhere I look, there are homeless Tribal members, young and old, with no visible means of support. These folks are lacking job skills, transportation, and education.

How did our people get into this predicament? The white man taught us how to hide our pain and shame of oppression by using alcohol and later with drugs. Our people were then torn from their families and sent off to boarding school to be turned into civilized people by beating the culture out of them and forcing them to forget their language.

The boarding school generation was not raised by loving parents and therefore did not know what normal family relationships looked like. Their parents were angry and turned to alcohol to numb their pain. These children were angry and also turned to alcohol to numb their pain when they got out of boarding school. Then they got married and had children of their own and tried to raise them with basically no parenting skills while active in drug/alcohol addictions, which makes a poor recipe for a family.

This unfortunate chain of events has left our culture in a very unstable condition. It seems that there is agreement on what ceremonies are, but not about how they should be performed and by whom. I would submit that these differences need to be resolved before our Tribe can make significant progress. All things change and evolve over time, and I would hope that our Tribal members could meet and reach an agreement about what is ceremony and how it should be carried out in a good way.

The Tribe has made much progress in the last ten years as far as programs and jobs go, but there is much healing of the spirit needed throughout the membership to make a cohesive Tribe that can stand on it's own. I cannot stress enough, the importance of having a clean and sober, educated Tribal membership in order to attain Tribal independence.



Artwork by Tribal Member, David Wright, Jr.

Karuk Tribe Housing Authority

Sami Difuntorum, Executive Director

The ten Elder's units in Orleans are close to being ready for occupancy. We have three families that have moved into their new homes. The Karuk Tribe Housing Authority's (KTHA) force account crew (George Rivera, Michael Moore, and Patrick Willson) is constructing the porches and ramps. We are anticipating all porches and ramps to be complete by the end of October. The KTHA construction manager – Richard Black – is designing the garage and storage area for these units.



Elder's Unit in Orleans

The Yreka Elder's project of fifteen homes is also underway. The utilities and roads contractor has begun work with a 90 day contract scheduled for completion December 22, 2004. The house contractor will perform work concurrently to maximize the remainder of our construction season.

KTHA has funding available for home loans. Qualified Tribal Members can borrow to purchase or build homes.

Contact: Eddie Davenport 530 493-5434 ext.105

Managing construction of three H.I.P. homes has been a challenge. The Guy home is complete; the Aubrey home is scheduled for completion within two weeks; and the Swearingen home is substantially complete. Thanks to the following Tribal and Housing Staff whose dedication and skill has moved these projects forward: Lori Arwood, Jo Alvarez, Fred Burcell, Wes Mayton, and Erin Hillman - Yootva.

The KTHA Resident Services Program (RSP) is being revitalized and revamped under the direction of the RSP Coordinator Phil Albers, Jr. Many hours have been devoted to policy and guideline development to sharpen the focus of the program toward employment and self-sufficiency. Contact: Phil Albers, Jr., at 530 842-1644

KTHA welcomes employees: Duke Arwood, Orleans Maintenance; and Richard Black, Construction Manager.

Senior Center Program

Babbie Peterson, Senior Center Supervisor

On October 6, 2004 the Senior Center Program opened another senior nutrition site in Happy Camp. Juna Ward is the cook and we are hiring another cook for this site as we have been told to anticipate 75 seniors when we get the word out that we are open. The first 3 days we did intake forms and served lunch to 27 seniors. We are funded through two grants for senior nutrition – one through the Department of Aging that covers meals for Native American elders and one through the California's Planning and Service Area 2 (PSA2) - Area Agency on Aging. At this time we are conducting interviews with our Native American elders for a needs assessment in conjunction with the University of North Dakota. This assessment is a funding requirement for the Department of Aging and we are also doing a needs assessment for PSA-1 to collect the needs of seniors in the Orleans area for Humboldt County. Your help with getting the information to our workers is greatly appreciated. The CHR's and Elders workers have been doing these interviews for us and we truly appreciate their hard work and dedication to the senior services that our Tribe provides.



Juna Ward

Babbie Peterson, Senior Center Supervisor,
bpeterson@karuk.us, 530-627-3056, Fax 530-627-3058

Casino Update

The Tribal Council would like to take this opportunity to give the Membership an update on the progress of the casino.

The Tribe has implemented a workgroup comprised of Council Members and staff to work on this project, and preliminary issues related to the development of a casino are being addressed at this time. Until they are resolved, there will be no forward movement on the project.

We would like to encourage you to express your questions, comments, and suggestions regarding the casino in writing to: Newsletter Casino Comments, PO Box 1016, Happy Camp, CA 96039. It is quite possible that many of these questions can be easily answered by the Tribal Council in the next edition of the newsletter to make sure everyone is informed about the project.

The Medicare Prescription Drug Card



Wes Valentine

Frequently Asked Questions

Wes Valentine, Executive Director of Health and Human Services

What is the Medicare Prescription Drug Card?

The Medicare Prescription Drug Card will pay for \$600 of your medication expenses in 2004 and again in 2005. For some Medicare recipients, it will provide a 20% discount on prescription drugs. Which plan you are enrolled in depends on your annual income.

How do I know if I qualify for the Prescription Drug Card?

If you are married and have an annual income below \$12,569 or are single and have an annual income of less than \$9,310, you will definitely qualify for the plan. The best way to find out is to apply. It is a very simple application form which can be completed quickly.

I already get my medications for free from the Karuk Pharmacy, so why should I apply?

In order for the Tribe to continue to provide free medications to its members and discounted medications to Native Americans from other Tribes living in our service area, we need to continue to bring in as much third party billing revenue as we can. By signing up for this card, you will allow us to bill \$600 from the government each year to use to support our program. We do not receive adequate funding for health care from the Federal Government and we need to take advantage of every dollar we can receive from them to be able to expand services to the Tribal Members.

Do I qualify for this program if I have Medicare and MediCal?

No, if you are also receiving MediCal benefits, you are not eligible for the Medicare Card. However, we will be able to bill MediCal for your prescriptions so please supply that information to us at the pharmacy.

There are many different companies providing the Medicare Prescription Drug Card. Which should I choose?

There are only two companies that have been specially designated for Native Americans and Alaska Natives. The plans are Criterion Advantage and

Pharmacy Care Alliance. The Tribe is eligible to bill Medicare through either of these plans, so we do not recommend one over the other, the choice is yours.

This year is almost over, should I wait until next year to apply for the card?

Absolutely not. If you enroll for the plan by December 31, 2004, you will be entitled to the full \$600 in benefits for this year. All unused money for 2004 will be carried forward to be used next year. By signing up by the end of this year, you will be entitled to the entire \$1200. Please sign up by the end of this year.

How do I get the forms to apply for the Medicare Prescription Drug Plan?

If you did not receive this information in the mail, we can provide it to you. Please contact the elders worker in your area: (Yreka) Jim Falkoski 842-9200, (Happy Camp) Flo Lopez 493-1600, (Orleans) Melodee Conrad 627-3452 and let them know that you need the form for enrollment. I will have the forms available for them to send to you and they can assist you in completing them if necessary.

What happens after this plan ends?

That is still to be determined. This is just an interim step to provide seniors with a prescription drug plan. A permanent plan is to be presented which will go into effect January 1, 2006. I will let you know as soon as I know what the coverage and benefits of the new plan will be.

I hope this answers many of your questions about the Medicare Prescription Drug Card. Please feel free to contact your elders' worker if you have additional questions or you can reach my office by calling 493-1600.



Karuk Tribal Health Clinic, Yreka

Birth Announcements

Sara Spence

Eduardo Cecil Escobar

Karuk Name: **Ishkiit (Lucky)**



Parents: Pedro and Cyd Ann Escobar

Grandparents:
Maternal – Late Cecil Harrie & Millie (Super) Fielden, Paternal – Eduardo Escobar & Micaela Maria Rinoso

Siblings: Hazel, Alyse, Reuben, and Micaela

Details: Born on July 3, 2004 in Mt. Shasta, CA at 1:36 PM weighing 9 lbs., 10 oz. and measuring 20 inches long.

Special Thanks: Ishkiit and family would like to thank the Karuk Tribal Housing Authority employees for the baby basket and extend a special thank you to the basket maker, Paula McCarthy.

Lillia Ashlee Besedin

Karuk Name: **Kuusrah Imkata'xrih (Bright Moon)**



Parents: Naomi Lang and Vladimir Besedin of East Brunswick, NJ

Grandparents: Maternal – Jason Lang of Happy Camp & Leslie Dixon of Allegan, MI, Paternal – Vera (Sierota) Besedin & Late Leonid Besedin of Kiev, Ukraine

Details: Born August 26, 2004 in Brooklyn, NY at 2:37 PM weighing 7 lbs. and measuring 19 inches long.

Julie Adwina Kathleen Murray

Parents: Bobby & Michelle Murray

Grandparents: Wilma Llewellyn & Rodney Heiser

Siblings: Aaron, Amber, Truly, and Justuce



Details: Born on July 8, 2004 in Oroville, CA weighing 7lbs., 3 oz. and measuring 19 inches long.

Julian Christopher Brown

Mother: Bridget Chante Brown

Grandfather: Terrance J. Brown

Great Grandmother: Caroline Brown



Details: Born on March 16, 2004 in Alexandria, VA. Julian's baby basket was made by Madeline Davis.

It is so great to receive all of the beautiful (and handsome) baby pictures! If you would like to include your birth announcement along with a picture, send it to me at: Sara Spence, PO Box 1016, Happy Camp, CA 96039 or email me at sspence@karuk.us I can return the photos if you cannot email them.

Karuk Head Start

The Karuk Head Start Programs began their classroom sessions on September 21, 2004.

The 2004–2005 Yreka Head Start Center A.M. Staff are:

Cathy Scott/Teacher; Marlene Rodriguez/Teacher Assistant; Josie Jerry/Bus Driver; Justine Jerry/Bus Monitor; Betty Robinson/Cook; Rana Bussard/Cook. The A.M. children are: James Balsz, Kailee Bennett, Matthew Bennett, Serenity Boyles, Payton Charlesworth, Micaela Escobar, Brad Hahn, Hazel Hockaday, Nicolas Kienlen, Sara Lane, Tyler Patterson, Jaci Richardson, Maria Rodriguez, Holly Tower, Brandon Wessel and Cameron Behrendt.

The 2004-2005 Yreka Head Start Center P.M. Staff are: Nicole Finch/Teacher; Tara Quinn/Teacher Assistant; Josie Jerry/Bus Driver; Justine Jerry/Bus Monitor; Betty Robinson/Cook; Rana Bussard/Cook. The P.M. children are: Curtis Armstrong, Breanna Bangle, Brandon Bailey, Jazmin Budzak, Michael Beals Jr., Cord Crawford, Christopher Crowe, Tass Croy, Imala Croy, Alauna Grant, Samuel Lopez, Dathon Prudhomme, Ty Velasquez, and Kelsey Virgin.

The 2004-2005 Happy Camp Head Start Center Staff are: Linda Davis/Teacher; Maria (Nena) Creasy/Teacher Assistant; Denise West/Bus Driver; and Leona Peters/Cook. The Happy Camp Head Start children are: Brittany Barnett, Tashawna Brink, Tyler Cook, Breann Cortes, Kai Crockett, Frank Davis, Gerald Harrison, Daniella Hill, Devin Jackson, Athena Jerry, Megan Martin, Shaye McCartney, Matilda Peters, Chance Rasmussen, Tiffany Stanley, Phoenix Stoner, Kyle Whitman and Meeka Wright.

The Karuk Tribal Head Start program daily schedule consists of bus service, children meals, tooth brushing, Karuk language & cultural activities, language and literacy, math, socialization, fine & large motor skills, music, field trips, indoor & outdoor play.

The Head Start Program implements child health status which includes vision screenings, hearing screenings, dental screenings, well child

Karuk Head Start Version of Twinkle, Twinkle, Little Star



Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim

Up above the world so high
Aah avahkam ithivthanen avarih

Like a diamond in the sky
Kunish imsirih as aha avakam

Twinkle, twinkle little star
Imsirih, imsirih ninamich atayram

How I wonder what you are
Tani xuti akay iim



Happy Camp Head Start children, staff & volunteers at breakfast time

screenings, daily health checks, nutrition, safety practices and behavioral health.

Happy Camp Center has a full enrollment of twenty children and a waiting list. The Yreka Center currently has openings for enrolling children. Please call 493-2226 to receive an application. Contact Toni McLane/Director; Sylvia Parry/Program Services; or Donna Goodwin-Sanchez/Health & Education, for more information.

The Head Start Program welcomes Tribal and community volunteers.

Would you like to volunteer and visit the children in the classroom? If so, please call the Yreka Center at 842-9225 and inform Cathy or Nicole, or call the Happy Camp Center at 493-2919 and inform Linda or Nena. Volunteers make the Head Start world go around!

Waylon Lenk Attends Lewis & Clark College in Portland

Waylon Lenk has begun his freshman year at Lewis & Clark College in Portland, Oregon. He graduated this past spring from Ashland High School and also attended Thurston High in Springfield, Oregon for two years.



Waylon Lenk

In high school, Waylon was active in theater, National Honor Society and ran cross country. He has been learning the Karuk language for the past five years, studying first with Susan Gehr (now the Tribe's Language Director) and more recently with Phil Albers, Jr.

Waylon plans to major in both political science and theater.

BREAK FREE!

Feel like you are in a rut?

Don't like your job? Not getting the pay you'd like?

Break Free from this self destructive behavior! Travel the road to financial and personal freedom. Get the training you need to succeed! Find the right vocation to have a fulfilling career. Follow your bliss to find the right work that you are passionate about! The Karuk TERO Department can help. Call or stop by...

(530) 493-1600 Ext. 2030

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

Telemedicine is Coming to Happy Camp and Orleans!!

The Karuk Tribe will be expanding our telemedicine capacity by installing two new telemedicine units. One will be in Happy Camp and the other in Orleans.



Telemedicine Unit located at the Yreka Clinic

What is telemedicine and how can it help our patients? Most medical specialists are located long distances from our clinics. Instead of driving patients 6 – 8 hours to an appointment, a visit can take place over two televisions. The first is in one of our clinics. The second could be anywhere in the world. The two locations can see and talk to one another. We have been using this system at our Yreka Clinic for the past year.

Recently the Karuk Tribe received a grant from the Northern Sierra Rural Health Network to provide this service in Happy Camp. The equipment will be installed in November. For our Orleans clinic, the Tribe will be adding the components by using funds from our Diabetic Care Grant.

Once this system is in place, clients from all our health clinics will have the opportunity to participate. This system will also allow the staff from each of our clinic sites to participate in tele-conferences, inservice training and internal staff meetings. We think this is an exciting and innovative way to overcome the time and distance involved in providing high quality care to our patients

LIHEAP.HIP.GA.SWEEP.

Adult Service Departments

Happy Camp Administration Building

1-800-505-2785 or 530-493-1600 Ext. 2025

It's getting around that time all of us get ready for the cold winter months. For those Tribal members who live outside of the Tribal Service area, I would like to let you know of an energy assistance referral program called National Energy Assistance Referral (NEAR). NEAR is a free service providing information on where you can apply for LIHEAP. You can speak to someone Monday through Friday, from 6 a.m.- 6 p.m. (Mountain Time). Call the toll-free phone number at: 1-866-674-6327.

Low Income Assistance Programs:

- **Low Income Heating Energy Assistance Program (LIHEAP):** This program provides energy assistance to eligible Tribal members. This program provides eligible households with electricity, propane, wood and minimal weatherization. The applicant must reside in the service area.

- **Community Services and Development (CSD):** This program provides assistance for low income families with food, shelter, transportation, health and safety issues. The applicant must reside in the service area, be very low income and be a Tribal member.

- **Housing Improvement Program (H.I.P.):** This program provides grant assistance funding to repair or for the replacement of your home. This program is only funded once

a year. The deadline for applications are due around August of every year. To qualify you must:

1. Be a member of a federal recognized American Indian Tribe or Alaska Native village
2. Be income eligible
3. Reside in the service area
4. Send a disability/handicapped statement
5. Have proof of ownership or lease
6. No prior HIP assistance

These BIA programs are secondary Low Income Assistance programs. An applicant will have to apply or have applied for assistance from other federal, state, county, Tribal or local agency in the service area. The applicant must not receive any comparable public assistance.

- **General Assistance:** This program provides low income families with food and/or clothing, shelter, burial and emergency assistance (burn out, flood, destruction of home).

- **Skills, Work, Education Enhancement Program (SWEET):** This program is to enhance eligible Indians with skills/work and/or education. The goal of the applicant is to become more

employable while obtaining and incentive payment. An applicant can be on the program for two years final.

- **Adult Services:** Adult care assistance provides non-medical care for eligible adult Indians. The providers must be certified or licensed. Background checks are required.

For further information on any of the programs, call me at the above number, or email me at lisaubrey@karuk.us/. Yootva.

Karuk Tribe of California Service Area



Annual Darvin E. Davis, Jr. Memorial Softball Tournament to Benefit Ti-Bar Cemetery



Darvin E. Davis, Jr.

The "DD" Annual Co-Ed Softball Tournament was held the first weekend of October in Crescent City, California.

Our family decided to put this tournament on last year after our brother Darvin E. Davis, Jr. passed away on the 4th of July. We wanted to have a special headstone made for him but no one had that kind of money so we decided to have a Memorial Softball Tournament for him as he was an avid softball player.

Our family has since decided to make it an annual event

Submitted by: The Davis Family

to bring our family together, and to purchase further headstones for the Ti-Bar Cemetery. We are seeking the help of other family members who have information on the graves in the cemetery that don't have headstones or nameplates.

Thank you so much to the Tribe for their donations and help and to the others who came from afar to help us out. We are hoping that more and more family members can bring their ideas to make this bigger and better every year. If you have information or ideas, call Debbie at (707) 465-3786. Please leave a message if no one answers.

Todd Weaver, DDS Selected as Poster Presenter for JCAHO Conference



Todd Weaver, DDS

Lessie Aubrey,

Director of Quality Management and Compliance

Dr. Todd Weaver, Dental Director for the Karuk Tribal Health Program, was recently notified that the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) Abstract Review Committee has selected his abstract for the poster session at the "Ninth Annual Ambulatory Care Conference", to be held October 14th and 15th, in Chicago.

Dr. Weaver has been invited to present his Proactive Risk Analysis on the Use of Nitrous Oxide in Dental Treatment.

Dr. Weaver graduated from the UCLA School of Dentistry in 1998 and has been practicing clinical dentistry with the Karuk Tribe for the past six years.

Dr. Weaver serves as a member of the KTHP Accreditation Continuous Quality Improvement Committee, and has served as Chairman of the Credentialing and Privileging Committee, as well as serving on other committees designed to bring quality into the organization.

Dr. Weaver enjoys working with his staff and is dedicated to providing quality care to his patients. He has lived in California his whole life and enjoys spending time with his family and playing with his 16 month old son.

Because Dr. Weaver is unable to attend, Nicole Hokanson, RDH, will be presenting in his place. Ms. Hokanson graduated from the American Institute of Health Technology, Boise, Idaho, in 2002. She was hired by the Karuk Tribal Health Program on October 16, 2002, to provide dental hygiene services between two Karuk Clinics; Yreka and Happy Camp.

Ms. Hokanson, a native of Happy Camp, grew up in the Karuk Tribal community and culture, and decided to return to Happy Camp to gain employment with the Tribe.

Her parents still reside in Happy Camp, and she is the mother of a six year old son.

Happy Camp Community Computer Center News

Rosie Bley, Center Director



Rosie Bley

The Happy Camp Community Computer Center has been going through major changes. It is thanks to the Karuk Tribe and KCDC Board's dedication and determination that has kept the Center open through some unstable times.

I am very excited to have been hired to rebuild the program. We have a room full of computers that are loaded with software, have high-speed internet access, and are available for use.

For those of you who feel you have no hope of ever figuring out these complex machines, our job is to help you. Do you need to research an illness or symptom? Would you like to take computer classes? Do you need to write and print a letter? Learn to reproduce a photo? Would you like email even though you don't own a computer? Use the internet to find hard to locate items? Do you own a computer but it is temporarily on the blink and you need access to your email? Are you thinking of buying a computer but don't know what to get? Do you have a technological question?

We have three new part-time employees on our team to help you. Jeanette Quinn, a credentialed teacher who is proficient in many software programs and internet research. Gerry Canning, who has extensive experience in Photoshop, computer and network repair and web page design. And Kelly Worcester, who is experienced in Microsoft Office, computer repair, networks and web page design.

Evening classes are being planned according to survey results. If you would like to fill out a survey, they are available at the computer center. We will be sending a newsletter via local US Mail when class schedules are complete to let you know what will be offered and when to sign up.

Open Access hours are as follows:

Monday - Thursday 12 – 1:30 and 2:30 to 5:30.

Friday 12 through 5:30pm.

Our location is in the old band room at the high school, across the street from the Happy Camp Volunteer Fire Station and Sheriff's Substation. Just look for our logo on the side of the building or call 493-5213.



Karuk Tribal Health Program Periodic Performance Review

*Lessie Aubrey,
Director of Quality Management and Compliance*

The Karuk Tribal Health Program has just completed its Periodic Performance Review, a JCAHO requirement eighteen months after the triennial survey. Actually, it's halfway between surveys. In this process we are required to assess ourselves with all the Joint Commission's standards, and develop a corrective action plan in the areas where we find ourselves non-compliant, either partially or totally.

There are nine functional chapters, each with its own set of standards. To complete this process I selected team leaders and assigned teams. The team leaders were:

- Lessie Aubrey Rights and Ethics
- Todd Weaver, DDS Leadership
- David Eisenberg Environment of Care
- Vickie Walden Infection Control
- Barbara Snider Human Resources
- Sharon Denney Provision of Care
- Marsha Jackson Performance Improvement
- Lois Gonzalez Management of Information
- Wes Valentine Medication Management

Team members served on one or two teams and were Lillian Maresca, MD; Sharon West; Sheila Robinson; Jessica Thom; Dora Bowland; Steven Burns, MD; Judy Blind, FNP; Barbara North, M.D.; Amy Coapman, FNP; Michael Willetts, MD; Mike Dehart; Mary Kelly; Sharon Denney; Alissa Johnson; David Eisenberg; Claudia Ross McLeish; Susan Beatty; Debra Whitman; Nicole Hokanson; Doreen Mitchell; Beth Reidiger; Susanna Greeno; Edward Peters; Lois Gonzalez; Wes Valentine; Todd Weaver, DDS; Vickie Walden; Marsha Jackson; Lessie Aubrey; Florraine Super; and Nita Still.

Team leaders met to discuss their roles, and then reviewed the standards with their teams. They discussed where they felt we either met the standard, or why they felt we were deficient. If we were deficient, then they developed a corrective action plan. Next the Team Leaders met again to discuss the findings and approve the corrective action plans, which worked out very well as there were additional suggestions made that finalized their plans.



Health Program Strategic Planning 2004

*Lessie Aubrey,
Director of Quality Management and Compliance*

On July 28, 2004, the Karuk Tribal Health Program held a strategic planning session in Happy Camp. Three Council members; Archie Super, Florraine Super, and Roy Arwood, and seventeen health staff members, joined Dawna Cozzalio, our facilitator from College of the Siskiyous, to review and develop new health program goals.

Readers may be interested in learning that our Mission, Vision, and Value statements were revised, and will be placed in all our clinics soon.

The majority of the participants were pleased with the outcomes. Many of their issues were brought to the forefront and openly discussed with managers and other coworkers.

We all felt that this activity was quite successful and it will become an annual event. A follow-up session is scheduled for October 27, 2004, and the next Strategic Planning session will meet again July 2005.

Periodic Performance Review, continued...

The Joint Commission provided use with a tool on the internet/extranet to report our findings to them. After the Team Leaders approved the plans, the team leaders were asked to go to the tool and add in their scores and corrective action plans. Then they were reviewed again by Lessie Aubrey, who finalized the process and submitted the entire report.

This was a huge task, and each player took on extra responsibility to get this completed. I was very proud to see how well they worked with each other. They took this task very seriously, and worked very hard to complete it. By utilizing the team method it enabled us to keep the clinics open, which is something that should have made our patient's happy.

On October 27, 2004, at the biannual health staff meeting, Lessie Aubrey, Director of Quality Management and Compliance will present the team leaders with "Team Leader" pins, and the team members with "Teamwork Award" pins, to show appreciation for their efforts.



CHS Approved Levels of Care

Anna Myers, CHS Clerk

There are many Karuk policies and procedures plus federal regulations that patients must abide by in order to be eligible for CHS. A copy of all approved policies and procedures are available at any of the Karuk clinics.

The Contract Health Services (CHS) policies and procedures for the coming year were reviewed and approved in October by the Managed Care Committee. New services were added to level two that will be paid for by CHS as resources allow. These policies and procedures were reviewed and approved by the Health Board on October 14, 2004. CHS is currently covering to Level (II). The approved policies and procedures are listed below.

For more information please contact the CHS office at (530) 493-1600 ext 2156 or 2151.

Approved Levels of Care

I. Purpose: To specify the Levels of Care approved by the Karuk Tribal Health Board.

A. Policy:

Level I:

- a.) Pregnancy related items.
- b.) Abortion Services:
 1. Only when necessary to save the life of the mother, or in the case of rape or incest; consistent with Federal Regulations.
 2. With a written Doctor report stating the cause of the complication.
 3. With a written referral from the referring KTHP Provider.

Level II:

- a.) Prescription medications.
 1. Prescriptions not covered under the Karuk Tribal Health Pharmacy guidelines may be reimbursed on a case by case basis only (CHS appeal process may apply).
- b.) Consulting services (evaluations & Management Services).
- c.) X-rays.
- d.) Lab services for students & transients when the professional service has been approved for payment by CHS.
- e.) Diagnostic test.
- f.) Emergency Services (ER).
- g.) Urgent Care Services.



- h.) Sleep Apnea Evaluation.
- i.) Medical Supplies.
- j.) Oxygen.
- k.) Orthopedic Appliances (air casts, splints, etc.).
- l.) Outpatient Chemotherapy.
- m.) Outpatient Radiation Therapy.
- n.) For patients having Medicaid or other medical coverage for office visits, CHS will pay Travel expenses at the following rates;
 1. Per diem up to \$30 per day plus one nights lodging at the government rate, and
 2. CHS resources shall be provided for transport greater than 20 miles. The CHS program will reimburse the patient/escort \$0.25 per mile (additional nights stay may be approved on a case by case basis).
 3. Patient must have referral from a KTHP provider.
 4. An escort may accompany individuals unable to travel without assistance, (e.g. children and handicapped adults). CHS will pay the escort up to \$30 per day for food.
- o.) Optical examination for vision (refractive exam).
- p.) Orthopedic Devices.
- q.) In office procedures.
- r.) Glass/Contacts limited to one pair every two years.
 1. There will be a \$200.00 cap.
- s.) Hearing Aids.
 1. \$1,600.00 cap for one ear and CHS will only pay once.
- t.) Physical Therapy/Massage Therapy.
 1. Limited to ten visits per episode the provider may refer the patient twice consecutively for the same episode; the next referral must get approval from the Managed Care Committee.
- u.) Dental Emergency Care.
 1. Included those dental services which are necessary to relieve or control acute oral conditions, such as: a potentially life threatening difficulty, maxillo-facial fractures, swelling and severe pain, or other signs of infection. (This will not cover periodontal services).
- v.) Mental Health Services limited to five visits, as resources allow.
- w.) Chiropractor, for spinal manipulation limited to



In Memory

Stephen Jay Mader, MD

The Karuk Tribal Health Program would like to pay tribute to Stephen Jay Mader, MD., who was the Chief Medical Officer in the California Area Indian Health Service for the last twelve years. During that period, many of our health employees enjoyed their working relationship with Dr. Mader, and his death comes as a shock to us all.

Dr. Mader was born on January 16, 1951, in Teaneck, New Jersey. He passed away on July 28, 2004, in Placerville, California. He was the Husband of Paulette; the father of Ryan and Justin; the brother of David Mader and Nancy Onorato.

As the Chief Medical Officer he provided guidance, technical help, and coordinated operational activities between the Tribes Medical Services and Indian Health Services. He also helped us reach our goal of JCAHO Accreditation by conducting on-site mock surveys. He will be greatly missed.



Ayukii from the Karuk Dental Department



Vickie Walden

*Vickie Marie Walden, RDA
Karuk Dental Clinic Office Manager*

- Congratulations to Yreka’s dental assistant, Pat Doak, RDA. She has passed her dental boards and is now a Registered Dental Assistant.
- CIMC worker Kayla Bridwell has been training as dental receptionist at the Yreka Dental Clinic. Her CIMC position will end on 10/08/04. On October 11, 2004, Kayla was hired as the Yreka Dental Receptionist/Medical Records Clerk. The Dental Department would like to thank her for the job she did as a CIMC Worker and welcome her to the Karuk Dental Department.
- This year we were able to increase the Yreka staff by one dental assistant. The dentist said that with this staffing addition, they would be able to see more patients. Congratulations to Jessica Thom. She has been promoted into the new Chairside Dental Assistant position.
- The Happy Camp Dental will be closed Thanksgiving week, starting November 22, 2004 and will re-open on Monday, November 25, 2004
- Christmas Week will also be closed starting December 20, and will re-open on Monday December 27, 2004.



CHS Approved Levels of Care, continued from page 26...

five visits, as resources allow.

- x.) Acupuncture, by certified acupuncturist, for pain limited to five visits, as resources allow.

Due to funding limitations, CHS does not currently cover levels III through VI listed below.

Level III:

- a.) Nutritional Supplements.
- b.) Home Health Services.
- c.) Durable Medical Equipment.
- d.) Traditional Indian Health.
- e.) Therapy Services: occupational and Speech.

Level IV:

- a.) Drug and Alcohol Treatment Services.
- b.) Inpatient Care.
- c.) Outpatient Surgery, Ambulatory Surgery.
- d.) Skilled Nursing Facility.

Level V:

- a.) Dialysis.
- b.) Transplants.

Level VI:

- a.) Excluded Services: Nursing Home Care (long term care services), sex change operations.
- b.) Laboratory services: are covered under direct care services, and must be ordered by a KTHP provider.



The Karuk Dental Department would like to acknowledge and thank the following co-workers, for the services they provide the Karuk Tribal People:

- Anna Myers – CHS Clerk
- Barbara Snider – CQI Assistant – Minute Taker for many Health Committees
- Debbie Whitman RDA – Happy Camp Dental Assistant
- Doreen Mitchell – Happy Camp Health Services
- Charlie Bowland – Orleans Medical Receptionist

Dental Disease Prevention Information:

- Diabetics please call the dental clinics and schedule a diabetic dental screening. Diabetics need to have the screening done once a year.
- Halloween – This is a time for parents and patients to be sure they have new toothbrushes. Have a fun holiday and remember to brush & floss after eating sweets.
- Children’s National Oral Health Month is February.



Ayukii, from the Education Department

Jennifer Goodwin, Education Coordinator

(530) 493-1600 ex. 2034 or 1-800-50-KARUK ex. 2034

It's never too early to start thinking about college. Get an early start. There are things families can do to start planning early on. Here are a few tips...

In Jr. High

- Help your kids with homework, but encourage them to develop independent and critical thinking skills through reading, writing, solving problems and asking questions.
- Ask the school counselor if your child is reading and doing math at grade level.
- Start saving for college. Even a few dollars a week will impress upon your child the importance of making a commitment to get a college education. Help your kids find ways to earn money (like babysitting, yard work, odd jobs) so they can start saving part of their earnings for college. Consider opening a college savings account.
- Meet with teachers to see how your child is doing in his or her classes.
- Visit college campuses. Talk to neighbors, relatives, or friends with students in college to learn about their experiences.
- Attend college information programs at the middle school. Representatives from different schools will share information on programs, scholarships and financial aid.
- Talk to your kids about the importance of studying hard and getting good grades to prepare for high school and college.

In High School

- Get information about what courses your student needs to take to graduate high school and be eligible for college by attending back-to-school nights and meetings with the high school teachers and counselors.
- Help your student plan his or her four-year high school curriculum so he or she will be eligible for college upon graduation.
- Visit college campuses, take tours, and talk to the students on campus about their experiences. Contact the Outreach Office at the campus to schedule a tour and get information about academic programs, admission requirements, and financial aid. Bring

your student transcripts or a list of courses completed since the 9th grade.

- Start talking to your child about what college they would like to attend and what subject they would like to major in.
- Begin to inform yourself about colleges, financial aid, scholarships, and the educational requirements of the different careers your child may be interested in.
- Attend college information programs and meet with campus representatives when they visit your high school.
- Prepare for the SAT (Scholastic Assessment Test) or ACT (American College Testing) by reviewing test preparation books with sample questions. Attend a workshop on how to prepare for these entrance exams. Financial aid may be available for some workshops or for the test fee; check with your counselor.
- Meet with admission and outreach representatives from college campuses that you are interested in.
- Check frequently with high school counselors or career center directors for scholarships awarded by schools, local companies, and community groups.

High School Seniors

October 1st – November 30th: Very important: Apply to campuses for next fall during this initial admission application-filing period (some campuses may continue to accept applications after November 30th)

January: Complete and file the FAFSA (Free Application for Federal Student Aid)

February, March and April: Unless your test scores or approved college courses exempt you, take the English Placement Test (EPT) and Entry Level Math (ELM) exams.

May: Take AP (Advanced Placement) exams for any Advanced Placement subjects you have taken. Scoring well on the test(s) will give you college credit for these courses.

June: Congratulations! Your hard work paid off and you reached your goal of graduation!

Summer: Take part in summer orientation programs for incoming college freshmen.

Fall: See you in college.

Parents and future college students, use the resources that are available to you. If you have questions please ask teachers, counselors, or your Tribal education coordinator.

A-B-C-D-E Spending Tips for the Holidays



*Eddie Davenport, KTHA
Loan Officer*

Buying presents, long drives or flights to visit relatives, having special dinners and parties – consumers spend more money in the three months before New Year’s than at any other time of the year. In fact, retailers often make about half of their annual profit during this time, according to the National Retail Merchant’s Association. Much of the buying will be done on credit. It’s not surprising, then, that many people get so carried away at the holidays that they can’t dig themselves out for months or even years.

To help keep your holiday cheer intact before and after the holidays, we’ve compiled a few tips on being generous without inviting disaster. If you want to save some money, this is the time to make your resolutions – not after the New Year when it’s too late!

Alternative Gift Giving can save substantial dollars. You might think of reducing your long list (aren’t there some on there that you question year after year? Be creative with homemade treats, jams, cookies, or a basket with some small items plus cookies for the kids. Maybe a coupon for your services such as babysitting, family photos in a frame, or stationery and envelopes pre-addressed and stamped so an older person can easily keep in touch.

Budget requirements: you have to come up with a budget if you’re going to save money, and you have to stick with it. If you don’t stick to it, there’s no sense kidding yourself. If you want to save money and be able to see daylight in January you have to plan ahead and avoid temptations. Take someone with you that will keep you in line when you head for the city shopping mall!

Careful Shopping is a must! Check features and options, especially on expensive items such as cameras, audio-video equipment, sporting goods, stereos and computers. The internet is loaded with places to comparison shop. Read up on different makes and models – the most expensive is not always the best! Don’t be swayed by zealous, commission-hungry salespeople!

More Tribal Reunion Photos



*Elaina Supahan
& Gavin
Machnatach
Albers*

*Hard at work
weaving baskets*



*Peggy Lynn Ryther
with deerskin
dress she made
herself*



*Friends getting together and chatting...
(Hi Doris 'ita!)*

*Left, right &
bottom photos
courtesy
Judy Bushy*

Don’t Buy the Extended Warranties! Especially audio-video equipment and appliances. Some credit card companies double the manufacturer’s warranty, but resist the pressure (of the salesman) to purchase the extended warranty or service contract. They are rarely worth the extra cost.

Early Shopping will save you money. Not only will you be able to compare and plan, but you will find that the best bargains are before the Thanksgiving Holiday bash. Prices are lower as models are being phased out at the end of the year. Now is the time to plan – otherwise you’ll get in the rush and overspend due to lack of planning!

If you use credit cards for your purchases, plan on how you’ll pay those off ahead of time. If you spend \$1,000 and pay the minimum \$30 per month at 18% interest, it will take you four years to pay of the debt – and next Christmas is only a year away! Use credit wisely and don’t charge what you can’t pay for in the next 2 to 4 months. Otherwise, you’ll be into the summer, planning a vacation or whatever. If your credit cards are already out of control, don’t use them this Christmas. You have to start sometime to get hold of the financial situation, and now is the time to plan it.

If you are interested in a budgeting class to help you with day-to-day living, call Eddie Davenport at KTHA, Happy Camp – 493-5434 ext 105. We’ll put a class together and challenge you to stick to it!

Be careful – plan early – spend wisely – and love the holiday spirit!

*The Karuk Tribe of California
Wishes you a
Wonderful
Holiday
Season!*



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Fall, 2004

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- Leaf Hillman,**
Vice-Chairman
- Florrine Super,**
Secretary
- Leeon Hillman,**
Treasurer
- Roy Arwood,**
Member at Large
- Florence Conrad,**
Member at Large
- Robert Goodwin,**
Member at Large
- Robert Grant, Sr.,**
Member at Large
- Alvis Johnson,**
Member at Large

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Members &
Descendents

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Change of Address

If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.

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