

Karuk Tribe of California



Quarterly Newsletter

www.karuk.us

Spring 2004 Edition

P.O. Box 1016 • 64236 Second Avenue • Happy Camp, CA 96039 • (530) 493-5305 • (800) 505-2785 (800-50Karuk)



Athithúfvuunupma Brush Dance

Chewich, ti yura com ni araaam sip tih

Long, long ago, the People would get together and conduct a healing ceremony for an unhealthy child on an as needed basis. That ceremony is now widely recognized as a "Brush Dance". In prehistoric times the Brush Dance was held in a

makeshift dance pit that was usually the unhealthy child's family living house with the sides and roof removed.

In modern times, the People have constructed Brush Dance pits with the healing medicine, prayers and rituals, continuing to give the People healthy bodies, minds and souls.

Pa Karuk Tapaas Arara are happy to announce the opening of a Brush Dance pit on the Tribally owned Ish Kayish Ranch near Athithúfvuunupma (Happy Camp). We would like to thank Fred Burcell and his crew, Alvis Johnson, and the Karuk Tribal Council for helping to make this healing place a reality. The dance pit will be dedicated to Alvis Johnson and the late Vera Davis Arwood, respected Tribal Elders who have remained active in traditional ways of life, while helping the Tribal administration forge a path for our children. We would like to take this opportunity to invite you and your family to come and participate in the first healing ceremony to be held in Athithúfvuunupma in a long, long time. The Athithúfvuunupma Brush Dance Ceremony will be held July 8 to July 12, 2004. We hope to see you there. Suva Nik.



Dance photos on this page courtesy of Chewich



Above, pictured from left to right:
Vera Arwood, Cecilia Arwood,
and Alvis Johnson.

The Athithúfvuunupma Dance Pit
will be dedicated to
Vera Arwood and Alvis Johnson.



Karuk Ceremonial Dates for 2004

June 17 - June 20: Panamniik Brush Dance
July 8 - July 11: Athithúfvuunupma Brush Dance
July 17: Inam Salmon Ceremony (Inamvaan)
July 22 - July 25: Katimiin Brush Dance
July 30 - August 9: Amekyaraam Jump Dance

August 11 - August 17: Inam Pikyavish
August 28: Ti Bar War Dance
August 31 - September 6: Tishawniik Pikyavish
September 10 - September 15: Katimiin Pikyavish

Arch Super, Tapas yaas araara (Chairman)

Faat nikuupiti (what I'm doing)

Ayukii, koovura pa Karuk araaras (Hello all of the Karuk People)

We are implementing the Karuk language. We speak, listen and learn the **Karuk language** now at our Council and health board meetings. I feel it is very important for the leadership of our Tribe to encourage and demonstrate the restoration of our Native tongue. Our language director currently has class sessions in the Council Chambers every Tuesday for those interested in speaking Karuk. The average attendance is three to seven members, which is very encouraging. I also speak a lot of language with staff, and hope one day that we will be a Karuk speaking Tribe.



*Arch Super,
Karuk Tribal Chairman*

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Education Department

We recently met with **Karuk Community Development Corporation** (KCDC) to analyze and direct the structure and function of that part of our entity. We hope that within the near future, the KCDC will be back in good operating status.

We have had meetings with the providers of our **Tribal health clinics** from Yreka, Happy Camp and Orleans. Our goal is for our health departments to be highly efficient, productive and to provide top quality services to our Tribal Membership. Our providers are reporting good results and we hope our Membership feels the same. The Tribe over-hired about a year ago and we had to eliminate positions in the health department, but our health operations are currently working on staying within their budgets.

I attended a Native American Housing and Self Determination Act (NAHASDA) negotiations conference with the **Karuk Tribe Housing Authority** (KTHA) in Las Vegas. These negotiations were for housing issues to be addressed in Washington DC. The process was a consensus forum. It was interesting to note that all Housing Authorities had to agree on one issue or the issue was not addressed in DC. In early February, the Tribal Council, along with the KTHA Committee, met at Seven Feathers Casino in Canyonville to review and approve the one and five year housing plans for the KTHA. KTHA had some very good plans and the director and staff put together some good information to process. Later in February, I attended the NAHASDA Conference in Washington DC with KTHA. It was very interesting being involved with the process of taking our housing issues to the table and meeting our state representatives. The conference is annual and I look forward being a part of our Tribal government that deals with Washington DC on behalf of our Tribe.

We have very informative monthly **Management Team** meetings with the directors and coordinators of Tribal operations. These meetings allow all departments to work together by communicating with each other their current projects.

The Council has participated in **Tribal Planning** work days. These sessions are to study the operations of our Tribal government. There are many plans brought forth by the Council and the Membership. Periodically, we need to take the time, along with our other scheduled meetings, just to focus on what we envision the Tribe to be in the future, and plan accordingly. Soon, we hope to have a one to five year plan ready to be presented to the Membership.

We have been working with the **Education, TERO, and SWEEP** programs to be more informed about their services and operations. Our goal is for these programs to be highly beneficial to the Membership, and for them to be more accessible and well distributed throughout the Tribe.

I have attended **Department of Natural Resources** (DNR) staff meetings also. DNR is a complex department and is a very busy entity of our Tribe. There are several business and operational projects in the works, and I look forward to learning more

about them and working with the department to ensure services, to and for, the Karuk Tribe.

We have been meeting with our **Trust Reform Consortium**. This consortium deals with the lands management of our Tribe. Land management is handled through the Bureau of Indian Affairs (BIA) but we are striving to manage our own lands. We already do most of the work, and would like the government to issue those monies to us. Lands management is a big issue in our Tribe and it is only logical that we govern our lands ourselves. Our Self Governance department is working hard to meet this goal.

We have also attended meetings with the **California Nations Indian Gaming Association** (CNIGA). This is a consortium of many California Tribes. Their agenda is to defeat the California State's proposition to allow slot machines to be put in California's race tracks and card rooms. They also want to defeat California's proposal requiring gaming Tribes to pay the state 25% of their gaming revenue. This is very unfair to the Natives of this land.

We have had meetings with our **Karuk Tribal Court**. Our Director has put in a lot of hard work and the Tribal Court has come a long way. We are working on a few ordinances that have to be in line as our court continues to develop, but it is looking very good and promising. I believe our Membership will be very impressed with the Tribal Court.

We have met with the **US Forest Service**. We wish to ensure government to government relations. It is very important that the USFS comply with Tribal rights to

Newsletter Distribution

By: The Karuk Tribal Council

Starting with the next edition of the newsletter, we will only be sending one newsletter to each household, rather than to each individual person. Should you wish to continue receiving individual copies for each person in your household, please contact Dolores Voyles at (800) 505-2785, extension 2028.

ceremonial grounds regarding work that they do in and around our sacred areas. So far, they are sensitive to those issues.

I attended a conference of the **Indian Health Services** (IHS) for Tribal leaders. It was very interesting. The main topic was diabetes and obesity, and how it is evident within our people. Attending all these meetings and conferences is getting me more connected with the issues and helping me become more familiar with the business of the Tribe and other governments and agencies we deal with.

Overall, the step into Chairmanship has been extremely interesting. The correspondence and amount of work that comes across my desk is phenomenal. The meetings, conferences and trainings are many. Our staff, directors, and Tribal Council seem to be working very well together. We are elected officials, elected by our Tribal Membership and we are here to work for our Tribe. I do believe that we try very hard to always keep our Tribal Membership's interests at hand. We encourage any and all members to correspond and communicate with us. Our goal is to always keep our Tribe informed of issues, services, resources, funding, budgets, etc. Our website, www.karuk.us is up and running. Our Internet Technology Department has done a very good job building it up. We have a lot of information online and we encourage everyone to visit the site and let us know how you feel about it. Inform us of the pros and cons. Please tell us what you would like to see on the site. The Council and Tribal staff have our emails listed there, so you will have access to get in touch with us.

We appreciate the support of our Tribal Membership and encourage you to be part of the building of our Tribal government. We are here for you.

Yootva,

*Arch Super
Tribal Chairman*

Á'uuyich (Sugarloaf Mountain)

"The Center of the World"

Photo courtesy of Chewich



Tribal Council Secretary on Staff



*Florrine Super,
Council Secretary*

organization and its operations.

Through this full time employment position, Florrine will be able to coordinate Tribal activities and keep the Membership and staff informed on the Council's activity. She will keep up to date the information on the Tribal website, coordinate the Tribal newsletter, and begin the process of establishing a Registrar of Eligible Voters for future elections, just to name a few projects she will work on in addition to the daily business of the Tribal Council.

We are very pleased with this progression and now have three of the officer positions on the Council as paid positions!

If anyone has questions or comments regarding this change, you are encouraged to send them to council@karuk.us.

Sara Spence, Human Resources Manager

The Tribal Council is pleased to announce that Florrine Super began working in the Happy Camp Office as the full time Council Secretary on April 19, 2004. This is a paid positon, and is a much needed addition to the Tribal government which will benefit the

Tribal Website Up and Running

Sara Spence, Human Resources Manager

As promised in the last edition of the newsletter, the Tribal Website is up and running! The address is <http://www.karuk.us> and the site includes information about the Tribe, including pictures.

The site also includes information about the Tribe's departments and programs. Be sure to check back as this list will be growing as information is gathered.

There are pages available to access information about Council members, staff, how to get on agendas for meetings, when the meetings are, where the meetings are held, you can even read the minutes from the meetings online as they are approved!



You can also access announcements for current events, read past editions of this newsletter, and obtain information about jobs.

We look forward to the website being a way to disseminate information to the Membership in a timely fashion to keep everyone informed. I welcome any comments you may have regarding the website and items you would like to see added so I can forward them on to our Information Technology Technician, Jonathan Parton, who developed and maintains the site.

Frank Gar Wood

October 11, 1942 to January 26, 2004

Karuk Tribal Member, Frank Gar Wood, 61, passed away January 26, 2004. A memorial service was held on January 31, 2004 at St. Joseph's Catholic Church in McCloud. Frank was born October 11, 1942, to William and Agnes Mae Wood.

On March 22, 1969, he married his wife, Priscilla, in Reno, Nevada. Frank attended Happy Camp schools and the College of the Siskiyous. He served in the US Army from 1966 to 1968. Frank worked in the timber industry for 30 years.

Frank was appointed to the Karuk Tribal Council on May 27, 1999. He was then elected by the Membership to the position of Member at Large on November 16, 2000 for a four-year term.



Frank Wood

Survivors include his wife, Priscilla Wood of McCloud; son and daughter-in-law Brandon and Jené Wood of Klamath Falls, Oregon; son Dion Wood of Happy Camp; daughter Kimberly Kent of Redding; grandsons Kaden and Tanner Wood of Klamath Falls, Oregon; siblings Raymond Wood of Salyer, Freida Titus of Medford, Oregon, Patricia Bailey of Penryn; and numerous other relatives and extended family members.

Frank was preceded in death by his parents, Agnes Mae and William Wood; and his brother, Bill Wood.

The Tribal Council and Staff of the Karuk Tribe will deeply miss Frank and send their condolences to his loved ones.

araráhíh mukxáarev

Language News

Susan Gehr, Language Program Director

Better weather means a very busy and active time for the Karuk Language Department. Two important events coming up this summer are a Language Immersion Weekend and Language Teacher Training. Dates and locations have not yet been set, but you can call Susan Gehr at (800) 505-2785, extension 2205 to be put on a mailing list.

At the regular Yreka Karuk language class on Wednesday, May 26th, Bill Bright, the linguist who first visited Karuk country 55 years ago this February, will talk about some basics of Karuk grammar. The class meets at the Yreka Karuk Tribal Head Start every Wednesday at 5:30pm.



Pictured left to right: Violet Super, Vina Smith and William Bright at Sandy Bar Ranch in Orleans, hard at work transcribing a story from Violet's childhood she told in Karuk.

While Bill was here in February, he worked with Violet Super and Vina Smith. Violet told some stories from her childhood in Karuk, while Bill, Jim Ferrara, Vina and Violet worked together to transcribe her speech. Bill also gave a speech to the Tribal Council in Karuk and in English. The stories can be downloaded from Bill's site at <http://ncidc.org/bright/karuk.html>

Registration is now open for the Introduction to the Karuk Language course offered at Southern Oregon University in Ashland this summer. Phil Albers Jr. is the instructor. The three-unit class will meet Monday through Thursday June 21 – July 18th. For more information, call Phil at (530) 842-1644 or visit the web site <http://www.sou.edu/summer/>.

Speaking of Phil Albers Jr., he asked me to pass on something very nice that happened at his son's four-month checkup. The doctor asked if Gavyn Machnatach had started to say 'baa' or 'daa' or 'gaa.' Phil and Elaina said no, but that he had been making 'x' sounds, as in 'xáyfaat' or 'xâath,' and 'oo' and 'uu' sounds. They've been speaking mostly Karuk to him this whole time, and now that he's beginning to try

Language News: continued...

out speech, he's repeating the Karuk sounds he's been hearing! How very nice, to be part of bringing up one of a new generation of Karuk speakers.

If you've been to a Tribal Council meeting lately, you'll hear more Karuk language being used to conduct the meetings. When voting, all Council members vote either hää (yes), pûuhara (no) or puupítihara (I abstain – literally 'I'm not saying.'). When a motion has been made and seconded, Arch Super, Chairman, says so in Karuk. After the vote is cast, Arch announces in Karuk whether the vote was yes or no. Váa vúra yéeshiip!

The People's Center

Fred Nahwooksy

The Karuk People's Center is the museum/cultural center of the Karuk Tribe of California. Located in Happy Camp at the Karuk Tribal office complex, the Center is open on Tuesday through Saturday from 10AM to 5PM, excluding holidays. Additional evening hours for the Center's Library are Tuesday and Thursday from 6PM to 9PM.

Library: The People's Center Library is supported by a Basic Grant from the Institute of Museum and Library Services and contains some 550 books, videotapes and periodicals that are available for use on-site during regular daily hours and on Tuesday and Thursday evenings. Two computers and a printer are available in the Library for research and word processing.



The People's Center Library

Basketweavers Project: The Karuk Basketweavers Project is sponsored, in part, by grants from the Seventh Generation Fund and the National Endowment for the Arts. The first Karuk Basketweavers Gathering was held on April 24 & 25 at the People's Center. A full article with photos will be included in the next issue of the Karuk Newsletter.

Exhibitions: Displays in the Center's gallery were recently updated and include a white deer skin loaned by the Hillman Family. Julie Burcell and Leo Carpenter, Jr. have contributed valuable time and effort to the installation and interpretation of the gallery displays. Our thanks to them for their hard work.

Building for Tomorrow

by Rod Hartman, Construction Manager

Construction activity by the Karuk Tribe and the Karuk Tribe Housing Authority is in high gear, and has been – even over the winter just past. From Yreka to Orleans you can see many new projects which will benefit the Karuk people and the communities in which they live.

In Yreka, we are nearing completion of extending roads and utilities in our housing development which will open up approximately forty new home sites. Although this project had to be suspended over the winter, we will soon get back to work to stripe the roads, install new guardrails and speed limit signs, crosswalks and a bicycle lane. Apsuun will be completely paved from end to end. Our engineers are completing bid documents for new roads and utilities to add fifteen elder-friendly homes in the area of Apsuun and Dove Lane. These high quality, factory-built homes, have already been ordered by KTHA, and you can look for work to start in the next four to six weeks. We also completed the expanded Karuk Tribe Health Clinic, which opened last May and is now providing improved medical and dental services.

Happy Camp has a new Tribal pharmacy building on the grounds of the Tribe offices. This building was once used by Head Start near Happy Camp Elementary School, and was relocated to Second Avenue. Our force account crew built a new “no-leak” roof, totally renovated the interior, repainted the building and made a silk purse out of a sow’s ear for our pharmacist and staff. We will soon add a new driveway lane off Second Avenue to allow for two-way traffic into the parking lot, and parking spaces for the pharmacy.

By the time this article reaches print, twenty-two trees will have been planted at the Happy Camp administration site. So far the response has been very positive. The big news for the maintenance crew is the beginning of the excavation for the new Happy Camp Brush Dance pit. This dance site will be located on the Ish

KTHA’s new administration building is substantially complete and open for business. The housing staff has moved in, and the vacated offices across the way will soon be occupied by the Head Start personnel. The new building includes a large meeting room for housing committee sessions, a geothermal heating system, and generous use of woods indigenous to our area.



Newly built Karuk Tribe Housing Authority office building

was determined to see these homes built – and we are!

In Orleans we are completing new roads, utilities and sitework for ten elder-friendly homes off Big Rock Road. This former run-down trailer park will soon see brand new three-bedroom homes with garages and front porches, treed lots, and plenty of open space. The homes are ready and waiting in Oregon, and the contractor is getting the foundations ready now. By the time this goes to press, you might see houses sprouting up.

I’d like to express my appreciation for Lori Arwood, who was recently hired by the Housing Authority to help me in organizing the contract files, bid documents, purchasing and correspondence that these projects generate. I can see the top of my desk again, and she’s already filled a four-drawer filing cabinet – in alphabetical order!!

Maintenance Update



Trees planted at the Happy Camp Administration Site

*Fred Burcell, HIP/Maintenance Supervisor
Trust Land Building Inspector*

Kayish Ranch just up river from the Horse Program corrals. The excavation can be seen from Highway 96, across the river, just past the upriver side of town. Dates for the actual construction of the “house” will be advertised and posted for those who care to be a part of the building process.

Karuk Tribal Pharmacy Update

Wes Valentine

Executive Director of Health and Human Services

The Karuk Tribe's Pharmacy officially opened its doors on March 8, 2004. In the first three weeks we have filled over 1500 prescriptions. We continue to provide next day service to the Orleans and Yreka communities. The charging policy printed in the last edition of the newsletter did not properly address those Tribal members living outside of our service area. This has been clarified. The Pharmacy Charging Policy as approved by the Tribal Council is as follows:

1. Karuk Tribal members living within our service area or receiving care at one of our facilities
 - a. No charge for covered medications.
2. Medi-Cal patients living within our service area or receiving care at one of our facilities
 - a. Native American – No charge for Medi-Cal covered medications.
 - b. Non-Native American – Share of cost must be met first, then no charge for covered medication.
3. Karuk descendants and other California Indians living within our service area or receiving care at one of our facilities
 - a. \$2 for each 30 day supply of medication, maximum charge not to exceed \$10 per each day medications are filled. NOTE: Patients must call refills in at least two business days in advance for this \$10 daily cap to apply; otherwise patients will be expected to pay \$2 for each individual 30 day supply of medication. Non-prescription items (Over the Counter - OTC) are not included in the \$10 daily cap.
4. Non-California Indians living within our service area.
 - a. Cost of medication plus \$5 dispensing fee, or usual and customary price, whichever is less.
5. Karuk Tribal members and members of other federally recognized Tribes living outside the Karuk service area who do not receive care at one of our facilities.
 - a. Cost of the medication plus 20% plus \$5 dispensing fee, or usual and customary price, whichever is less.
6. Non-Indian beneficiaries
 - a. Cost of medication plus 30% plus \$5 dispensing



Karuk Tribal Pharmacy, Happy Camp

New Pharmacy Services in our Clinics

Lois Gonzales,

Administrative/Medical Records Supervisor

Now that the Karuk Tribal Pharmacy has opened in Happy Camp, pharmacy services in Yreka have changed somewhat. Here is a summary of the changes:

Medications ordered through the Karuk Tribal Pharmacy are usually available for pick-up at the Yreka Clinic after 3 o'clock p.m. on the following day. Depending on the client's eligibility status, there may be a charge for medications. Payment may be made in cash or by credit card.

If you have medication refills on file, you may call the Karuk Tribal Pharmacy directly for refills at 493-2022 or toll-free at 877-580-9051. Please allow 72 hours to process medication refills.

Please call the pharmacy if you have additional questions.

Pharmacy Update: continued...

fee, or usual and customary price, whichever is less.

7. Non-Indian spouses and dependents of Karuk Tribal members living within our service area or receiving care at one of our facilities.

a. Cost plus 10% plus \$5 dispensing fee, or usual and customary price, whichever is less.

In addition, the Karuk pharmacy is a California licensed facility. We are unable to fill prescriptions from physicians and practitioners from outside of California unless they have a California license.

Please call in refills 72 hours before you run out of medication so that we can make sure your prescription arrives on time.

If you have any questions you may contact our pharmacy at (530) 493-2022.

Staffing Update

Sara Spence, Human Resources Manager

As the Karuk Tribe of California continues to grow and employees continue to come and go, we thought it would be beneficial to start publishing updates on changes that take place. The following changes were made since January 1, 2004, and I sincerely apologize if I missed anything but I think it is pretty well covered. Please visit our website at www.karuk.us for a complete listing of all employees as well as their titles and contact information.

Currently, there are more than 150 employees working for the Tribe. Summer will bring an increase in seasonal and fire crew employees and we expect that number to reach nearly 200 employees!!!

I will continue to publish this update on a quarterly basis to let everyone know what is going on – please let me know what you think!

Trista Parry was hired as Grant Writer and Resource Developer in Happy Camp on 1/5.

Hector Garcia was hired as Self Governance Director in Happy Camp on 1/12.

Judy Blind was hired as Family Nurse Practitioner in the Orleans Clinic on 1/30.

Jennifer Goodwin was hired as Education Program Coordinator in Happy Camp on 2/2.

David Arwood was hired as Accounts Receivable/Billing Clerk in Happy Camp on 2/9. **Michael Thom**, the previous AR/Billing Clerk, resigned this position to take the Accounts Payable position in the finance office in Happy Camp.

Darlene Navarro was hired as Tribal Court Appointed Special Advocate (CASA) Volunteer Coordinator at the Yreka Tribal Court House on 2/23. This is a new position in the ever-growing Tribal Court House.

Sheila Barger was hired as Community Health Representative in the

Yreka Clinic on 3/1. **Philip Albers, Jr.**, the previous CHR, resigned this position to take the Resident Services Coordinator position with the Housing Authority in Yreka.

Martha Sakota and Geraldine Peters were hired as Pharmacy Couriers to Orleans and Yreka for the newly opened Happy Camp Pharmacy on 3/8. These are new positions created for the pharmacy.

Alissa Johnson was hired as the Temporary Registered Nurse in the Orleans Clinic on 3/8 to fill in for **Bettesue Peugh** who is on a leave of absence at this time.

Jonathan Parton was hired as Information Technology Technician in Happy Camp on 3/9. This is a new position created to handle the growing need for information technology support.

John Jerry, Sr. was hired as Tribal Court Co-Mediator/Family Unity Facilitator at the Yreka Tribal Court House on 3/17. This is another new position in the Tribal Court House.

Bessie Munson was hired as the On Call Custodian in Happy Camp on 3/18. She will fill in for any of the Happy Camp custodians when there is a need.

Ramona Driver was hired as the Environmental Administrative Coordinator in the Orleans Department of Natural Resources on 3/25. **Sandi Tripp**, the previous Environmental Administrative Coordinator, was promoted the Director of Natural Resources and Environmental Policy!

Melinda Avechuco was hired as the DNR Clerical Technician in the Orleans Department of Natural Resources on 3/31.

DNR has started hiring back their seasonal employees and recently brought on **Harold "Sonny" Mitchell** as a Water Resources Technician, and **Daniel Goodwin, Clarence "Hawk" White, and Jay Jay Jackson (Reed)** as Biological Technicians in the Orleans Department of Natural Resources. They will work in the field on various projects throughout the Ancestral Territory.

Sheila Robinson was hired as the Clinic Receptionist in the Yreka Clinic

on 4/1. This is a new position created to help accommodate the higher flow of patients due to increased hours and providers.

Leeanna Tello was hired as the Medical Records Clerk in the Yreka Clinic, she is currently the Medical Records Clerk at Happy Camp Health Services and **Laura Ward**, the Happy Camp Dental Receptionist, will be taking her place when she relocates. Leeanna is taking **Lois Gonzalez'** position as Lois has been promoted to Administrative Supervisor/Medical Records Supervisor in the Yreka Clinic. **Leslie Alford**, the previous Administrative Supervisor at the Yreka Clinic resigned her position to take the Tenant Relations Officer position at the Yreka Housing Authority Office.

Kendra Whitman has resigned her position as Administrative Receptionist in Happy Camp to relocate to Grants Pass, Oregon. We will not be filling this position as changes are being made to allow the Council Secretary position to come on staff.

Florrine Super began working in the Happy Camp office as the full time Council Secretary on 4/19. This is a much needed addition to the Tribal government which will benefit the organization and its operations.

Marty Waddell has resigned his position as Information Technology Manager in Happy Camp to relocate to Medford, Oregon. We are currently in the process of filling this position.

Current Openings:

We still have three positions which remain open until filled which are:

- Bookkeeper at the Happy Camp Administrative Finance Office
- Chief Finance Officer at the Happy Camp Housing Authority Office
- Operations Manager in the Happy Camp Housing Authority Office

If you or anyone you know is interested in any of these positions, additional information can be obtained on our website at www.karuk.us. Just click on Employment Opportunities for more information about employment with the Tribe, to get an employment application, or to view position descriptions.

Karuk Tribal Court

April Attebury, Tribal Court Administrator

On February 26, 2004, the Tribal Council approved the proposal to establish a Tribal Court and the KARUK TRIBAL COURT began to function.

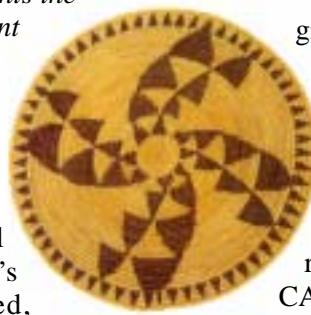
The mission of the Karuk Tribe of California (KTOC) is *to promote the general welfare to all Karuk people; to establish equality and justice for our Tribal traditions, customs, language, and our ancestral rights; and secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.*

To further these efforts, the establishment of a Tribal Court that can exercise jurisdiction over civil disputes and criminal acts occurring on the Tribe's lands wherever situated, particularly those disputes and acts that the courts of the State of California lack jurisdiction over, is necessary to maintain peace and order on Tribal lands.

The court consists of a Peacemaker Dispute Resolution Mediation Forum, A Civil Division, Children's Division, Family Law Division and operates a Self-Help Office.

Court personnel currently include: April Attebury, Tribal Court Administrator; Darlene Navarro, Tribal CASA Volunteer Coordinator; Barbara Norman, Attorney and Mediator; John Jerry, CO-Mediator/Family Unity Facilitator. Volunteer Robert (Bobby) Goodwin provides clerical and administrative support.

The Tribe's Peacemakers Dispute Resolution Mediation (PDRM) program is fully operational, and many Tribal members utilize this valuable service to resolve disputes in a non-adversarial, culturally appropriate forum. A number of mediations have occurred since November, 2003, mostly in the family



and juvenile areas.

The Court thus far is funded by grants and has recently applied for funding to assist in entering into a multi-agency agreement in Siskiyou County. The Siskiyou County Domestic Violence and Crisis Center and the Tribal Court are reviving the Tribe's role in first response to domestic violence cases involving Tribal members, and hope to offer a trained domestic violence advocate who can appear in court in cases involving Tribal members.

The Court has secured a grant (through the Office of Victims of Crime) to fund a Tribal CASA (Court Appointed Special Advocates) Program. The Tribal CASA Volunteer Coordinator is targeting recruitment for six (6) Tribal CASA volunteers, who will be brought on board and trained by July, 2005.

The Tribal Court and the State Superior Court have submitted for legal review to the California State Administrative Office of the Courts in San Francisco, a draft Inter-Governmental Agreement regarding the two Courts relationship and mutual desire to work cooperatively in Indian Child Welfare matters.

In March, the Tribal Council appointed Jim Falkoski, David Arwood, Tom Waddell and Marlene Rodriguez to serve as the Judicial Oversight Committee. All Candidates had to file petitions with the support of at least twenty-five documented Tribal members, and letters of intent. The Oversight Committee will have their first quarterly meeting in June. The Oversight Committee is responsible for assuring that the Judicial Branch operates ethically and in accordance with policies and procedures.

If you have any questions, please contact the Karuk Tribal Court at 530.842.9228.

Tribal Grants

Trista Parry, Grant Writer/Resource Specialist

Ayukii,

I'm back! I was rehired on January 5th to be the Grant Writer/Resource Developer.



Trista Parry

For those of you who don't know me, I was originally hired by the Karuk Tribe on January 4, 1993 and served in many different positions until October of 2001 when I moved out of the area with my family. It is great to be home and to once again be writing grants for the Tribe.

As the grant writer, I work closely with program staff to identify possible funding sources, plan program design and staffing, create project budgets and develop funding proposals. Although we cannot discuss specific proposals currently under review by funding agencies, I can report that since January we have submitted three letters of intent, three full proposals for new funding requesting a combined total of \$1,835,544, and two proposals for reoccurring funding requesting a combined total of \$52,181. These proposals have been submitted separately to federal, state, and private agencies. Keep in mind, these are only the proposals that were submitted through my office. Many Tribal programs do a great job of writing and submitting proposals for their own programs and are in addition to those listed above. Keep your fingers crossed! Remember, it takes a considerable amount of time to receive a reply for most grant programs, so in the interim, we will continue to coordinate Tribal and local needs with possible funding sources.

Please feel free to contact me with any questions you may have. You can e-mail me at tparry@karuk.us or through the staff directory on our website www.karuk.us. I can also be reached by phone at 1-800-505-2785 extension 2021.

Fiscal Department

2003 Fiscal Audit

Laura Mayton, Chief Financial Officer

Ribail, Stauffer & Associates, LLP, have been hired to audit all of the Tribe's entities for fiscal year 2003. Fieldwork for the 2003 audit has been completed for the Karuk Tribe of California and the Karuk Tribe Housing Authority. The fieldwork went very well, and our auditors have indicated that there are no reportable audit findings for either of these entities.

Fieldwork for the Karuk Community Development Corporation is scheduled to begin the week of May 3, 2004.

Fiscal Year 2003 Spending Levels:

The Karuk Tribe of California spent about \$11.9 million for fiscal year 2003. This does not include spending by the Karuk Tribe Housing Authority or the Karuk Community Development Corporation.

Most of the Tribe's revenue comes from federal and state funds and must be spent on specific programs. Approximate spending levels for the Karuk Tribe of California for fiscal year 2003 in thousands are shown below:

- Health: ----- \$3,949
- General Government: ----- \$2,594
- Yreka Clinic Remodel: ----- \$1,201
- Natural Resources: ----- \$1,163
- Pass-through to other entities: ----- \$683
- Social Services: ----- \$480
- Roads: ----- \$477
- Capital Projects (Excluding Yreka Clinic Remodel): --- \$457
- Education (Including Head Start): ----- \$449
- Culture: ----- \$145
- Tribal Court: ----- \$118
- Fire Crew: ----- \$117
- Housing & Community Development: ----- \$100

Job Opening

The Karuk Tribe of California is currently looking for a bookkeeper in Happy Camp. The pay range for the job is \$25,000 to \$38,000 per year depending on experience, and the new bookkeeper will report to the Chief Financial Officer. If you are interested in this job, please contact Sara Spence at the Karuk Tribe of California administration office in Happy Camp.

Contract Compliance Update

Erin Hillman, Contract Compliance Specialist

In March, the Tribal Council approved a Memorandum of Agreement between Indian Health Services, the Happy Camp Community Services District and the Tribe for the purposes of providing \$75,000 toward the cost of replacing the pipeline crossing on the Klamath River Bridge. This is just one example of how our Tribe works in collaboration with many different agencies to upgrade services to the surrounding communities.



The funding provided by Indian Health Services is based on the Native American population in the Happy Camp area. The project was first developed for the installation of new water tanks, infiltration water intake system, treatment filter and water line replacement. Some of the other funding that contributed toward this project came from the Karuk Tribe Housing Authority, Federal Emergency Management Agency (FEMA) and USDA Rural Development. The replacement of these fifty-year old pipelines is the last step in the Happy Camp Community Services Water System Upgrade Project and had been delayed until now, due to lack of funding.

The annual self monitoring of the Education Program was also initiated in March. I met with Executive Director Wes Valentine, TERO Director Dion Wood and the newly hired Education Coordinator Jennifer Goodwin to audit the program. All identified deficiencies in the client files during the audit were corrected and I am happy to report that Jennifer has made outstanding progress in organizing information, updating grant recipient files and implementing procedures that will help this program run more efficiently.

Currently this office is monitoring and reporting for 72 open contracts and grants. In the first quarter of 2004, the Tribe has submitted thirteen (13) applications for funding totaling \$1,250,830. Twenty-three (23) professional services contracts were reviewed and approved for submission to Tribal Council and seven (7) contracts/grants have been closed. The Tribe received Notification of Award for nine (9) grants in the amount of \$590,732. The awards were for new funds for CASA (National Court Appointed Special Advocate Association), Bureau of Indian Affairs 2004 Watershed Restoration Program, Bureau of Indian Affairs Hazardous Fuels Reduction and continuation of funding for the Tribal Court, the Elders Program, Title IVB, State of California Community Services and Development (2), and LIHEAP (Low Income Home Energy Assistance).

Notes from the Secretary:

Florrine Super, Council Secretary

Ayukii, I'm happy to be able to continue what I strongly believe in, and that is to communicate Council activities to the Tribal Membership. The following excerpts are notes on meetings I participated in during the last quarter.

Special Council meeting held in Happy Camp on 1/18/04: Being a new Council member, I felt we needed to discuss and carry out unfinished tasks. Some issues we discussed were: Have the Department of Natural Resources publish their organizational chart in the newsletter; work on having a resource computer in all three communities so people could access our website; have Wes continue to work on an agreement with Hoopa Ambulance to provide services to the Orleans area; inform all committees that the Tribal Council would like to have their committee reports and minutes so we can hand them out to members; continue to follow up on the health budget; have training for the Tribal Council and all committees; have Lynn post meeting minutes at all our Tribal offices; continue to research Temporary Assistance for Needy Families (TANF); research options for our Oak Knoll building; have Lynn put director and committee reports on the website; rearrange office space so departments are in appropriate areas; have the Gazebo be the designated smoking area for staff; and have staff meetings to update employees about Council issues.

Trust Reform Consortium Review meeting in Happy Camp on 1/29 & 1/30/04: The purpose of the trust reform review was to evaluate the Tribe's procedures for trust asset management. Trust assets are defined as land, timber resources, and natural resources. Through a consortium of several Tribes, a pilot project has been presented to the BIA to allow those Tribes to manage their own trust asset records. Fiscal Department and Contract Management policies and procedures were explained during interviews. In addition, Information Technology staff were interviewed on procedures regarding the safeguarding of the Tribe's computer system. Several BIA staff members and Sacramento area office personnel participated in the review. As a



Florrine Super

funds and how we use those funds to provide services to the Membership.

People's Center meeting held on 2/2/04: Fred Nahwooksy requested this meeting with the Council. We reviewed the People's Center Policies and Procedures. A suggestion was made to take three girls and five boys to Washington DC to perform a demonstration dance for the Smithsonian's Native American dedication. Fred is working on having a basket weavers gathering honoring Madeline and Grace Davis. This will be held April 23-25 in Happy Camp.

Indian Child Welfare (ICW) Committee meeting held on 2/3/04: The purpose of the Karuk Tribe ICW Committee is to help our social workers attain compliance with the Indian Child Welfare Act, and maintain an on-going communication with Tribal Council and other appropriate entities. ICW Committee members are; Florrine Super (chairperson), Florence Conrad, Steve Zufelt (Yreka representative), and Josh Saxon (Orleans representative). Staff who participated were; Wes Valentine (recording secretary), Lisa Goodwin (social worker), and Daniel Pratt (social worker). At this meeting we revised the committee procedures. We also set a goal to have a foster home located at our Yreka housing. (We are still working on this goal)

Tribal Courts meeting held on 2/5/04: April Attebury requested meeting with the Council. We reviewed Tribal Court policies. The Tribal Court feels that in many cases, mediation is preferable to utilizing a judge, and has made this their goal. A Judicial Oversight Committee will be developed. Applicants will submit letters of intent. We plan to put these positions on our election ballot at a later date. April suggested using our Tribal flag or the DNR logo as our official

seal. April has been working very diligently to have ordinances, policies, and codes in place for our judicial system.

ACQI Meeting in Yreka held on 2/11/04: This meeting was attended by all providers, billing clerks, and the executive director. The medical records department is doing exceptionally well with their quarterly reports. They realize that some areas need improvement, but they are on top of it. Diabetic project: Dental wants to assist more diabetics. Providers need to refer their patients over to our dental department. Leeanna gave her audit report and they have improved in all areas. This was a good meeting for me as a Council member to participate in because they addressed issues regarding services to patients, what the clinic is doing and what they must do to improve that service.

Election Committee meeting in Happy Camp held on 2/12/04: The Council requested meeting with the election committee. We wanted to share ideas with them as they are planning for the upcoming 2004 elections, as well as discuss future goals. Currently, Ellen Johnson, Scott Quinn, Flo Lopez, Cecilia Arwood, and Florrine Super sit on the committee. Flo Lopez has been appointed chairperson. At this time, we have two openings to fill. A question came up as to why a member has to prove their Membership twice. Once when requesting a ballot and again when submitting their vote. Another goal is to have members register to vote. We would like a clarification of the background check for candidates. A long term goal is to have area representatives. The committee will meet and work on these goals. The election date for this year is November 2, 2004. We have two, four-year Member at Large positions to vote in.

Social Service meeting in Yreka on 2/20/04: I met with our Social Service Department. Wes Valentine (executive director), Lisa Goodwin (social worker), Daniel Pratt (social worker), Robert Super (substance abuse counselor), Joe Snapp (substance abuse counselor), Dr. Burns (medical director), Mary Matchett (social services receptionist/billing clerk), and Marsha Jackson (RPMS site manager), was in attendance. We covered the billing process, forms that need to be completed, and services to be billed.

Notes.... continued on page 12

Notes... continued from page 11

Election Committee meeting in Happy Camp held on 2/23/04: We will begin the process of having members register to vote. We will develop new forms to make it easier for members to vote and to request an absentee ballot. We also revised the Election Ordinance.

Quartz Valley Indian Reservation (QVIR) hosted a meeting in Yreka on 2/27/04: Olin Jones was a speaker who presented Public Law 280. This law addresses having a police force on Tribal land. SB911 is a bill that gives Tribal police the same authority as a police officer in California. Practicing this law does not waive a Tribe's sovereignty. Public Law 280 is hard for a Tribe to establish because it costs a lot of money, so to make this work, Tribes have to collaborate with different task forces. This was the main purpose of the meeting. Those in attendance included several different county agencies, representatives from the Karuk Tribe, and also from QVIR. Another meeting is tentatively scheduled for April. Connie Reitman was another speaker who presented information on domestic violence referrals. Her organization works out of Sacramento and covers Siskiyou County. They provided information on emergency food, shelter, counseling and advocacy. The Karuk Tribe is not on their consortium, but has been invited to participate. I plan to ask Connie to attend our Council meeting in April to give a presentation.

Planning meeting in Happy Camp held on 2/29/04: The purpose of this meeting was to discuss program goals with department



*View of Happy Camp from the Town Trail.
The Karuk Tribe of California
Administration office complex is located
in the center of the picture.*

managers, so when we are required to make decisions on behalf of their programs, we have the background information we need. The TERO director's goal is to have representation on the CIMC Board, and to have more information on the webpage regarding TERO. Finance directors explained the need for an additional bookkeeper in our finance department. The Council gave approval to fly this position. Hector Garcia (self governance coordinator), would like to look into purchasing a truck stop in Yreka. The education departmental goal is to look into after-school projects. To do this she would need to seek additional funding. A Council goal is to educate our directors in grant writing, therefore, a grant presentation will be conducted by Sue Burcell in May. The Council would like all programs to seek funding so we can provide more Tribal members and support Tribal issues. The IT Department is planning to create a survey to assist all departments within the Tribe. These are the highlights I had in my notes. For more information, you can contact Sara Spence.

Department of Natural Resource weekly meeting in Orleans held on 3/1/04: Items discussed were: Interviews for the Environmental Administrator will be scheduled soon. DNR staff offered to do a presentation for the Council. Their goal is to keep the Council informed of DNR activities. DNR has extra money and would like to use it on grants for consultants, and to pay off some DNR vehicles. DNR also enters into complex negotiations with the federal government on occasion, and Ronnie Piece can assist our DNR office with those negotiations. Council involvement is needed to advocate for our Tribe regarding our natural resources. Ron Reed would like a summer camp to introduce our youth to fisheries. Our fire crew is looking for work when there are no fires. They also need the money for two people to head the fire crew.

KCDC meeting in Happy Camp held on 3/3/04: Newly appointed board members are David Arwood, Michael Thom, Alvis Johnson, Robert Goodwin, and Leeon Hillman. The hardware store is having financial difficulties. We went over expenditures and took out what we could to bring cost down. The obstacle is having competitive prices and having better stock on hand. There was a lot of discussion on how we could improve our profit, but it

will take money. Council approved giving the hardware store \$30,000 for inventory and suspend the \$1140 owed by hardware. The \$30,000 will be added to the previous loan once they get back on their feet.

CASA Planning meeting in Yreka held on 3/5/04: This meeting was requested by Darlene Navarro. Their main objectives were to look over the CASA program, develop a mission statement, and plan dates for fund-raising. We selected the following mission statement: *The mission of the Karuk Tribal Court, Court Appointed Special Advocate program is to train and support court approved volunteers to advocate for Native American children who need representation in the State/Tribal Juvenile Court system, serving the children's best interests quickly and efficiently while preserving Tribal traditions and restoring common bonds.*

Met with a few Tribal members in Happy Camp on 3/9/04: The issues discussed were; Give Tribal members and/or employees written rights when Council has declined and/or made a reversal of decision. This will assist the people involved with their next step. Council has been offered to have Human Right's classes presented. Leaf Hillman suggested setting up a goal to have due process through our TERO program to make sure we have checks and balances.

ACQI meeting in Yreka via phone conference on 3/10/04: Went over provider qualifications, policies and guidelines, blood pressure control and patients receiving diuretics at Yreka Clinic. We set a goal to educate non-Tribal members about Native American issues. (I will be on this committee.)

The Tribe is having a difficult time recruiting people to sit on boards/committees. If you are interested in sitting on a committee or would like more information, please contact me. Our goal is to have a representative from all three areas.

If you would like additional information and/or have any questions, feel free to contact me at any time. I send out a weekly schedule and provide information on upcoming meetings or openings for jobs and committees. If you would like to be on my email list, send me your email address with a note saying you would like to receive this information. Florrine Super (530) 842-7094, (530) 493-5305 extension 2052 or fsuper@karuk.us. Yootva.

The Creator Put Fire on the Mountain

Bill Tripp, Air Quality Coordinator

Long ago, when people lived in harmony with their surrounding environment, fire was deeply entwined into the native societies of the Pacific Northwest. During this time, people had learned to use fire for many reasons. One of these reasons was to enhance the quality and quantity of basketry materials. There was an abundance of fire dependent cultural use plants that were used not only for baskets but as critical food sources and ingredients for medical remedies. Another use of fire was to maintain mid-slope grasslands for deer and forage for other wildlife.

People during this time were uniquely adapted to living with fire. Cultural uses of fire were a part of every day life. Certain individuals would spend a good portion of their life just gathering wood for heating and cooking. In the fire adapted ecosystems that existed during that time, people would walk in excess of ten miles a day in order to find enough wood to carry home.

In the early 1900's, strict fire suppression policies were introduced. During this era, fire was seen as a negative



influence on the landscape, harming the young conifer trees that were the primary management focus of the US Forest Service. Not only was there the enactment of the new fire policies, but there were also programs established to eradicate porcupines and gophers. These creatures have a purpose just as fire has a purpose. It just so happens that their purposes are directly related. As fire burned through the forest to maintain the ecological balance, the porcupines thinned the conifers to help ensure low intensity burns when fire returned. The gophers reduced the seedlings and aerated the soil for healthy root growth and water penetration.

After nearly a century of effective fire suppression, we are faced with a whole new set of dilemmas, issues and problems. Under the direction of the National Fire Plan, we are faced with a task that will take well more than a century to effectively implement. There are many more aspects to achieving the long term goal of restoring natural fire regimes than people currently realize. We know many agencies are able to receive funds and complete on-the-ground work just

like they have for so many decades; but our current objective is to begin teaching the philosophies of natural fire.



The Karuk Tribe sees the management strategy that is needed as being more like managing "into the mirror" (working backwards with a widening view). When you look into a mirror, the first thing you see is yourself. Then you can widen your view and look past yourself to see what you need to do to enhance the ever expanding multitude of resources and ecological processes. The further you look back in time, you see the steps to take in order to implement the integrated management process that will re-establish the well balanced ecological systems that were once in place throughout the Pacific Northwest.

There have been many projects completed to date in the Karuk Ancestral Territory. Fuels reduction treatments have been performed by the Tribe, the Forest Service, and local Fire Safe Councils. The Tribe is currently attempting to incorporate the protection and enhancement of Black Oak trees, and the reintroduction of porcupines, into areas slated for landscape level fuels treatments. With the Fire Safe Councils performing treatments on and around private property, the Forest Service Managing the NEPA process, and the Tribe filling in the gaps, we can establish partnerships and build the local capacity to handle local problems as outlined in the National Fire Plan.

The Karuk Tribe believes that these partnerships are critical to completing the overwhelming task at hand. Our partnerships are getting stronger and collaboration is getting better, but we need to get away from small scale project implementation. It is time for the acquisition of program based funding. In order to implement the national fire strategies, we now need to build local capacities. By having local crews work year-round completing fuels treatments and maintenance of treated areas, there will be a specialized workforce with intimate knowledge of the geographic area in which they work. This specialized knowledge will enable crews to respond quickly to wildland fires as they occur and will know where to put fires out and where to let it burn.

In utilizing this strategy to complete the reintroduction of natural fire regimes while protecting our homes, supporting wildlife habitat, enhancing our forest resources, reducing global air quality impacts and lowering fire suppression costs, we can help bring back the original reasons for *why the creator put fire on the mountain*.

Fisheries Scholarship

Molli White, Fisheries Office Manager

The Karuk Tribe of California Department of Natural Resources would like to invite you to apply to our Klamath River Inter-Tribal Fish and Water Commission Scholarship Fund. This scholarship is designed to further the education of Karuk Tribal members pursuing a career in Natural Resources.

This scholarship will be in the amount of \$1,000 delivered over two semesters. Each semester will have an award of \$500; grades must meet set standards in order for the second semester award to be valid.

Applicants will be ranked based on their applicant information package.



Interested students must provide the following information by June 15, 2004 to the Karuk Tribe Department of Natural Resources. (NOTE: There is not an application form)

- A letter from the applicant demonstrating (1) An interest in Natural Resources, (2) Commitment to education, community/culture, (3) Academic merit, and (4) Financial need. The letter should address all four points. The letter may be up to two pages in length.
- Resume
- Two letters of reference
- Copy of Karuk Tribal Membership card
- Minimum grade point average of 3.0
- 2004 graduating high school seniors: Please provide documented proof of application to an institution of higher education to study in the area of Natural Resources along with a copy of school transcripts.
- College students: If you are currently enrolled in a higher education program, please provide documented proof of studying in the area of Natural Resources along with transcripts.

Scholarship information and inquiries should be directed to:

Department of Natural Resources
Attn: KRITFWC Scholarship
P.O. Box 282
Orleans, CA 95556

-or-

Fax your application to:

(530) 627-3448
Attn: KRITFWC Scholarship
Scholarship Withdrawal Guidelines

Questions can be directed to: (530) 627-3446

Scholarships: continued..

1. Scholarships shall be withdrawn only by the individual named on the account.
2. Each written scholarship withdraw request shall be presented to the Department of Natural Resources director and the chief fiscal officer.
3. Each written scholarship withdraw request shall be accompanied by picture identification and proof of enrollment in a university, college, or vocational training facility.
4. Each scholarship recipient shall show proof of at least one (1) natural resources related course in a higher education institution.
5. Scholarship funds may be used for expenses such as tuition fees, books, travel costs, and living expenses.



Kenneth Brink and Tuffy Tims hard at work

Department of Natural Resources

Sandi Tripp, DNR Director

Mission/Narration/Departmental Structure

The mission of the Karuk Tribe Department of Natural Resources is *to protect, promote and preserve the cultural/natural resources and ecological processes upon which the Karuk People depend.*

With a Membership roll of over 3,300, the Karuk Tribe is the second largest Indian Tribe in California. The Tribe's Ancestral Territory includes over one million acres within the Klamath River Basin.

In 1850, many Karuk People were made to flee and were suddenly displaced from their Ancestral Territory. This resulted in an abrupt discontinuance of well established stewardship activities and management of Tribal ancestral lands. Hunting, fishing, native plant gathering, burning and ceremonial practices were well planned following cultural, spiritual, seasonal, and ecological principals.

By the early 1900s, most of the Karuk Ancestral Territory was placed under the administrative jurisdiction of the U.S. Forest Service. Though times were difficult, the Karuk People always stood strong, and recognized Tribal sovereignty and inherent rights in the protection and preservation of culture and traditions.

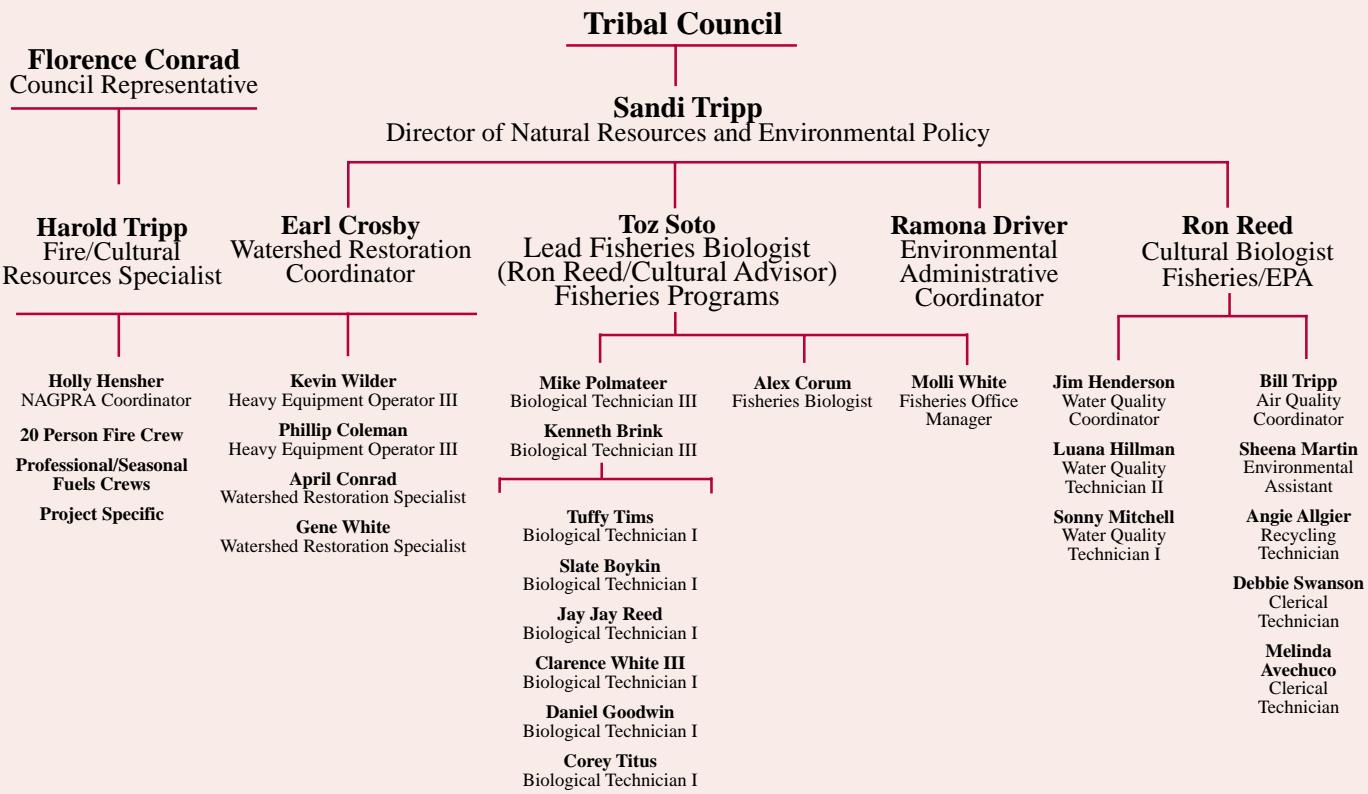
The people strived to maintain the well established ecosystem management practices that were passed down from generation to generation for over ten-thousand years. Karuk People never lost sight of the need to directly and actively participate in resource management decision-making and project implementation throughout our area of influence.

In 1990, the Karuk Tribe established the Department of Natural Resources (DNR) to address Karuk Tribal concerns related to land and resource management throughout the Ancestral Territory. Our primary objective is to implement a carefully planned cultural management strategy to enhance, protect and preserve the environmental quality within the Karuk Ancestral Territory. In an effort to achieve this objective, the Karuk Tribe Department of Natural Resources is leading and actively participating in all issues concerning the protection and preservation of Tribal trust resources.

The following flow chart illustrates the Natural Resources Departmental staffing structure. The staff members of DNR are professional and dedicated individuals who strive to meet the mission goals of the Department of Natural Resources.

The Karuk Tribe Department of Natural Resources is located in Orleans, California. If you're interested in more information regarding our programs or projects please feel free to come by our office or contact us at (530) 627-3446/ dnr@karuk.us.

Karuk Tribe Department of Natural Resources Departmental Structure Plan





Head Start Report

Toni McLane, Head Start Director

Here it is springtime and the Head Start Program will be celebrating another successful year with classes ending on May 21. Currently, Happy Camp Head Start has nineteen children in their center, and the Yreka Center has created opportunities for Yreka children and families by providing a morning and afternoon class serving approximately 34 children. The Head Start Program has focused on child outcomes in the eight domains of child development, which includes language; literacy; mathematics; science; creative arts; social and emotional development; approaches to learning; physical health and development. The growth and progress of these children are noticeable each and every month that goes by.

The program was scheduled for a Federal Review April 19 – April 23, however, federal staff notified the program that they are unable to meet this timeline and would be rescheduling the review at a later date.

The Head Start Policy Council and Tribal Council guided Head Start staff in implementing the Head Start Policies and Procedures Manual. We appreciate their time, effort and guidance.

The Head Start Policy Council has been very beneficial for the Head Start Program this school year. Policy Council members for Yreka are: Lorelie Jerry; Suzie Cost; April Attebury; Richard Black; and community representative Lorelei Super. The Policy Council members for Happy Camp are: Raina Stoner; Danielle Cruz; Carrie Davis; Dorcus Harrison; Amy Harrison; and community representative Nadine McElyea. Head Start thanks them for their dedication and commitment in helping Head Start comply with the Head Start policies, procedures, rules and regulations.



Head Start students learning traditional Karuk dance in Happy Camp

Head Start Recruitment

Toni McLane, Head Start Director

The Karuk Tribal Head Start is recruiting for the 2004/2005 school year.

If you have little ones who are Head Start age which is three to five years old, or know someone who has children in this age group, please let them know we are accepting applications at this time. The child must be three years old on or before December 2nd, 2004.

All children currently enrolled this year are automatically eligible to return in September without filling out a new application. However, we will need to update information in your child's file.



Hands-on learning at the Yreka Head Start Center

Karuk Head Start is a full service program, providing bus service, nutritious meals, services to children with special needs, medical and dental examinations, hearing and vision screenings. We implement the Creative Curriculum with a strong emphasis on early literacy, language, and numeracy skills, including social/emotional development, culture and the Karuk language.

If you have any questions or would like an application mailed to you, please contact Toni McLane at: 1-800-505-2785 ext. 2053. Monday through Friday 8am to 4pm.

Applications can be picked up at, and returned to, the Karuk Tribe Administrative Office in Happy Camp.

Newsletter Articles

If you have news, articles or events you would like placed in this newsletter, please submit your information to **Sara Spence, Newsletter Articles, P.O. Box 1016, Happy Camp, CA 96039**. Or you may email articles and/or photos to sspence@karuk.us. All submissions must include your name and address. No anonymous articles will be included.

Article deadlines: **July 15** for the summer issue, October 15 for the fall issue, January 15 for the winter issue, and April 15 for the spring issue. These dates will be the same every year.

Senior Center Program

Babbie Peterson, Senior Center Supervisor

Orleans - We have been serving senior lunches at Panamnik Center in Orleans since February 13, 2004. Everyone is invited to attend our Grand Opening celebration on May 13, 2004 at 3:00 p.m. The May Health Board Meeting will follow the Grand Opening.



Mealtime at Panamnik Center

October 27, 2003 that states that the Tribe will provide room to house the Computer Center at Panamnik Center and provide utilities and janitorial services. The Computer Center will continue to operate as an independent, non-profit business, as it has since it opened. The Computer Center also has an MOU with Orleans Elementary School for internet access, and provides time for the school to use the center. We are happy to share our space with them for the benefit of our communities.

We are working toward opening the community library. Many donations of books were from a grant for libraries that the People Center received, from community members, and from Tribal members as far away as Montague. Many thanks to everyone who has donated to this program. At this time we do not have library services in the Orleans/Somes Bar area, since the Humboldt County Library Book Mobile is out of service, so we are looking forward to opening. We will have books to check out, some reference books that will remain in the library, some videos that will remain in the building, and computers for tutoring and school work.

Lavern Glaze moved traditional basket classes to Panamnik Center on Sundays. We have taken elders to gather acorns at their favorite gathering places, and look forward to having cultural and other activities in our new building.

We have had multi-generational activities, with Somes Bar's Junction School, Orleans Headstart, and the Orleans Elementary School. Our next planned activity is the Forest Service bringing Smokey and a fire engine to do a fire safety presentation. The Orleans Headstart, and Orleans/Somes Bar Fire Safe Council have been invited to join us for that activity.



*Elders gathering acorns.
Pictured: Ora Smith in background and the late Ruth Knudsen*

Military News

Erin Hillman



PFC Josh Hillman

Private First Class Joshua Piccoruk Hillman, son of Leon and Erin Hillman, graduated from boot camp at Fort Knox Kentucky on February 5, 2004. PFC Hillman is a 2003 graduate from Happy Camp High School where he excelled in track and field and computer graphics design. Hillman joined the Delayed Entry Program in February 2003. He is one of seven of his high school class of 26 who have entered

the military service. His hobbies include paint ball competitions and hunting.

PFC Hillman was one of six soldiers of his graduating troop of 162 that were rated an Expert Marksman with an M-16 Rifle. Hillman is stationed in Fort Lewis Washington with the Stryker Brigade, he has just returned from a 9 week long Joint Readiness Training Command (JRTC) in Fort Polk Louisiana, and will now continue his training as a driver of eight-wheeled armored vehicles.

If you would like to submit an article about a Tribal member or descendent who is serving or has served in the military, please contact my office at 800-505-2785, extension 2017. I would love to help you submit your article.



Senior Center Program continued...

The Caregiver Support Program started the 2nd Annual Caregiver Training. This year it is located in Orleans at Panamnik Center, with Kathy Wheeler, R.N., from the Area 1 Agency on Aging, facilitating this 33-



Caregiver Training classes at Panamnik Center

hour class. We had twelve people attend the class and share lunch with the seniors. We will offer this course once a year and hope more people will participate. This is a very informative class on caring for people who are in need, and caring for yourself when you are providing that care.

We are still working to open a meal site in Happy Camp – We received a small grant to work on the flooring in the Community Room Kitchen, to buy a commercial mixer, food storage containers, and service ware. We are currently looking for more funding to hire a cook and buy food to provide this service.



Quality Management and Compliance

Lessie Aubrey,

Director of Quality Management and Compliance

The Department of Quality Management and Compliance has recently submitted credential files to the health board for reappointment to the Karuk Tribal Health Program medical staff. Appointment to the medical staff must be completed every two years. Last month, Steven L. Burns, MD, Medical Director; Todd J. Weaver, DDS, Dental Director; and John S. Carlson, DDS, received their reappointments.

New providers receiving initial appointments to the medical staff this year were, Barbara North, MD; Lillian Maresca, MD; Michael Hess, MD; Mike Dehart, Pharmacist; and Jesse D. Drake, LCSW.

The Accreditation Continuous Quality Improvement Committee has completed selecting this year's performance improvement activities. They are:

- Blood Pressure Control
- Colorectal Screening
- Rx Delivery
- Diuretics with Potassium
- Adult Hepatitis B Immunizations, and
- Dental Diabetic Exams

For the Failure Mode and Effects Analysis, we have chosen to do a study on the safety of using nitrous oxide in the dental department. In this study, we look for ways the process could fail on a proactive basis, and then set up a plan to correct any identified deficiencies or risk.

All of the above mentioned projects have been selected as priority number ones. Priority 2, 3, 4, and 5 are listed in order below.

2. Identification Verification
3. Cultural Sensitivity
4. Leadership Communication, and
5. Human Resources Communication

Many of our patients have been involved in our annual Patient Satisfaction Surveys, and similar to them, we also do an Employee Satisfaction Survey. The Employee Satisfaction Survey was just completed last month. Some of the problems noted were:

- Poor communication
- Small chance to receive a merit raise
- Low opportunity for advancement
- Other departments don't understand your job
- Clarity of organizational goals, and
- Low level of team work

The level of pride felt by employees in our organization, and our organization's ratings, were good compared to other places.

Surveys are performance improvement activities, and through them we identify problems or deficiencies to focus on for improving our organization.



Honoring Our Nursing Staff

We would like to take the time to honor our Nurses during **National Nurses Week**, which is celebrated the week of May 6-12, 2004.

Yreka Clinic

Amy Coapman, RN, MSN, FNP

Sharon Denny, RN

Nita Still, LVN

Sharon West, Medical Assistant

Amanda Slay, Medical Assistant

Happy Camp Health Services Karuk Clinic

Carrie McLaughlin, CDE, MSN, FNP

Linda White, RN

Doreen Mitchell, Medical Assistant

Beth Reidiger, Medical Assistant

Suzanna Greeno, Clinic Aide

Karuk Orleans Medical Clinic

Judy Blind, BSN, FNP

Alissa Johnson, RN

Bettesue Peugh, LVN

Administration

Wes Valentine, RN, EDHHS

David Eisenberg, RN, PHN, Director of Community Services

Lessie Aubrey, LVN, Director of Quality Management and Compliance



Patient Drug Assistance Program

Amy Coapman, FNP



*Mary Kelly,
Patient Drug
Assistance*

The Patient Drug Assistance Program is going strong at the Yreka Clinic! Mary Kelly has been in charge of the program since September, 2003 and she currently has 69 clients enrolled. Mary works with patients to help them obtain medications at no cost directly from the pharmaceutical companies. This involves filling out and mailing forms specific to each company and medication, obtaining prescriptions from the medical providers, tracking refills, and notifying patients that their medications have arrived. Since October 1, 2003, the value of medications that Mary has obtained is \$67,272.32. This represents money that would have been spent by the Tribe or by people themselves that has been saved by Mary's program.

Each pharmaceutical company has its own regulations and restrictions. If you think you may qualify for the program, please notify your primary care provider or call Mary at 842-9200 ext. 119.

The Nurse's Corner

Information for Health and Wellness

David Eisenberg, PHN

The Lowdown on High Blood Pressure

At the clinic or when a CHR comes to call, you are sure to have your blood pressure checked. A soft cuff is placed around the upper part of your arm. The person doing the checking has a stethoscope in their ears and pumps on a soft rubber bulb. You feel the cuff tighten and then it slowly releases. Frequently, you can feel a pulsation in your arm as the pressure goes down. You are told your blood pressure is something over something, say 130 over 70. So what does that mean? What is healthy? What things affect my blood pressure?

The heart is a pump. It contracts and relaxes 60-90 times a minute when we are at rest. When the heart beats, it sends blood out to all parts of the body. You can feel that wave of pressure when you take your pulse. In between beats, the pressure is lower. These two measurements, the heart at work and the heart at rest are what make up blood pressure.

The higher pressure, when the heart is working is called systolic, and the lower pressure when the heart is at rest is called the diastolic. Blood pressure is always written systolic (higher) over diastolic (lower).

Many people who come to our clinics have high blood pressure. Current guidelines describe "normal" blood pressure as having an upper number less than 130 and a lower number less than 85.

As we all get older, our bodies tend to work less efficiently. According to a National Institutes of Health estimate, half of all Americans over the age of 65 have high blood pressure, which makes it more common than you may realize.

The good news is that you can take some very simple steps to help control your blood pressure, including:

Get up and move. Walk, swim, dance. Any aerobic exercise is better than none. It doesn't have to be strenuous. The point is to get your heart going strong.

Go for better eating, less cheating. Reducing salt and cholesterol are the biggest culinary factors in lowering blood pressure. Talk to your healthcare provider before starting a new exercise or diet routine.

Blow off smoking. Still smoking? Well now's a good time to stop. Smoking increases your chances of having a stroke or heart attack. Talk to your healthcare provider about the best ways to quit.

If prescribed, take your medication. If your healthcare provider has prescribed medication for you, you need to take it as directed, whether you're having a good or bad day, taking your medication regularly can help keep your pressure at a healthy level.

Dental Department Activities

Vickie Walden, RDA, Karuk Dental Office Manager

Dental Department Clinic Closures in May

In May the dental department will be closed from May 24th through the 28th.

Dental staff will be attending the Annual Indian Health Service Dental Conference in Lake Tahoe. There will be no dental services available during that week.

Monday May 31 we will be closed for Memorial Day

The Clinic will re-open on Tuesday June 1st

- The Hygiene Program has nearly completed our local school children's dental screenings. We try to do these screenings for grades K – 3 every year. Screenings are being handled by Nikki Hokanson, Registered Dental Hygienist, and Debbie Whitman, Registered Dental Assistant.
- The Karuk Happy Camp Dental Clinic continues their search for a full time dentist. At this time, we do have some dental services available. You can call (530) 493-2201 to find out about emergency walk-in services and if there are any routine treatment and/or examination appointments available.
- The Yreka Karuk Tribal Health Services Dental Clinic has a very full schedule, and Native Americans can call (530) 842-9200 ext #5 or 1-800-371-8080 ext # 5 for information on scheduling dental appointments and inquiring about walk-in emergency hours.
- Staff changes. The Karuk Dental Department would like to thank Laura Ward for the time she has spent working in the Happy Camp Dental Clinic. She will be missed even though she is not leaving the Karuk

Tribal Health Program. She is starting her new job as the Medical Records Clerk for the Karuk Tribal Happy Camp Health Services Clinic. Congratulations Laura. All the staff in the dental department wishes you luck and we hope you enjoy your new job.



Happy Camp Dental Examination Room

Yootva: Karuk Employee

Joe Snapp



*Joe Snapp,
Substance Abuse
Counselor*

person and very much a gentleman.

Joe was hired by the Karuk Tribe on August 19, 1993, as a drug and alcohol counselor. At that time, Joe had a college AS degree. He has worked as a counselor for eleven years, and during that time he has also continued to further his education, even though school took up a lot of his personal time. During the last eleven years, he has earned an AA degree, and when he completes this year's college classes, he will have a BS degree in human services. Joe told me it seems like he has been in school forever and he is looking forward to June 19, 2004, which is graduation day.

Joe supervises the following programs: Substance Abuse; Domestic Violence and Relapse Prevention.

In an interview I had with him, Joe answered the following questions for me:

1. What part of your job do you enjoy the most?
Joe: Helping people
2. What kind of future do you see for your program?
Joe: I see us having a residential treatment facility; a transitional living facility; women's domestic violence shelter and several businesses operating under the substance umbrella to support them.
3. What do you feel are the unmet needs in your program?
Joe: Recognition about the seriousness of the problems of substance; domestic violence and economic stability.
4. Do you have any memorable moments you can share with the readers?
Joe: I have a memorable moment every time one of our people straightens their life out.
5. Is there anything else you would like to share with our Tribal people?
Joe: I can't begin to express the importance of getting our people clean, sober and educated.

Yootva: Karuk Employee

Dr. J. Stan Carlson P.H.D., D.D.S.

Vickie Walden, RDA, Karuk Dental Office Manager

The Dental Department would like to express their thanks to Dr. Carlson for his many years of service to the Karuk Tribal Health Program. He was hired to work at the Yreka Karuk Dental Clinic on January 04, 1993. He started out working part time because he still had a dental practice in Oakland, CA. He traveled back and forth from Oakland to Yreka for about a year. During this time he was selling his practice in Oakland and preparing to move his family to the Yreka area. He had a tough schedule that year.

He has been there for us for eleven years. He always made sure staff had his home phone number and a phone number we could call when he was on vacation, in case of a dental emergency. Thank goodness emergencies did not happen very often! When they did happen, he came into the office and took care of them. I personally had to place at least three after hours' calls to him because of dental emergencies. He has also been known to make home visits to patients that were unable to come into the clinic for treatment. He made emergency visits and provided treatment for a patient at the hospital: and during a time when Happy Camp did not have a dentist on staff, Dr Carlson traveled to Happy Camp one day a week to do emergency treatment for our patients.

He has been known to keep his patients and staff entertained with stories of his personal experiences.

He has been a school teacher, an oceanographer, and he decided to make dentistry his third career. He is one of the strongest advocates I know for higher education. He still talks about going back to college to further his own education.

He is a hunter, he loves ocean fishing, he has a great interest in studying bugs (he has staff & patients collecting bugs for him); he is a gardener (he loves to grow berries) and is one of the most knowledgeable people I know. When we travel anywhere with him it is like traveling with a walking audio encyclopedia. When we went to Lake Tahoe for a dental conference, he told us how much water there is in Lake Tahoe, what kind of algae grows in it, about the rock formations in and around it, about the quality of the water, how it was formed, and other items of interest.

Thank you, Dr Carlson and for your many years of services to the Karuk Tribal Program and its people.



*Dr J. Stan Carlson,
P.H.D., D.D.S.
Yreka Dental Clinic*

Ayukii, from the Education Department

Ayukii, my name is Jennifer Goodwin. I was hired on February 2nd as the new Education Coordinator at the administration office in Happy Camp. I am responsible for administering higher education grants, the Student Rent Voucher Program and also the Tutoring Program.

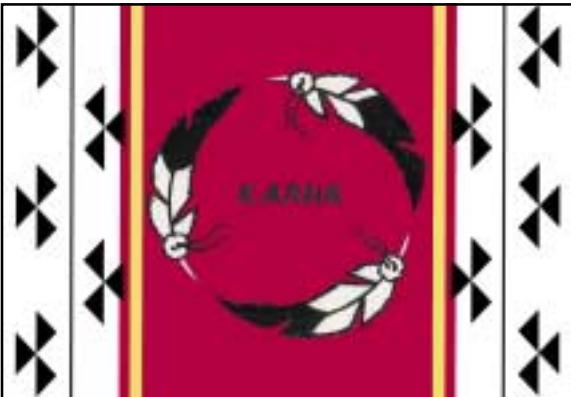
If you plan to attend college in the fall, now is the time to apply for a higher education grant and the Student Rent Voucher Program for the 2004-2005 school year. In collaboration with the Karuk Tribe Housing Authority, the Student Rent Voucher Program provides rental assistance for a limited number of low-income Native American resident students and non-resident Karuk Tribal member students, as determined on an annual basis. The deadline to submit your Student Rent Voucher Application is June 15, 2004.

The deadline to submit your higher education application is July 15, 2004. You can request applications by calling 1-800-50-KARUK, extension 2034, or e-mail me at jgoodwin@karuk.us and leave your name and mailing address. I am available Monday through Friday 8:00-5:00 to answer any questions you may have. If you need help with registering/applying for college, filling out financial aid applications or other education related activities, please just ask. I encourage our Tribal members to obtain their goals in education and am here to assist you to the best of my ability. In order to qualify for a grant with the Karuk Tribe you must:

- (1) Be an enrolled Karuk Tribal member
- (2) Be pursuing an AA, AS, BA, or BS degree, (no funding is available for graduate students as per BIA regulations)
- (3) Be enrolled full time, defined as 12 or more units
- (4) Maintain a 2.0 grade point average
- (5) Complete all required paperwork: Grant application, Financial Needs Analysis, Letter of Acceptance and submit a copy of your class schedule

Tutoring services are available during the school year for students in elementary and high school. In order for your child to qualify for the tutoring program they must be an enrolled member of a federally recognized Tribe and reside within the boundaries of the Aboriginal Territory. It is the parent/guardian's responsibility to choose a tutor for their child, but I can help you choose if necessary. (If you are a tutor who is available to offer services to students, please let me know.) Tutors must be 16 years of age or older. Requests for adult tutoring services are handled through the TERO office.

If you have any questions about the Tutoring Program, the Higher Education, or Student Rent Voucher Programs, please feel free to call me anytime.



Mission Statement

The mission of the Karuk Tribal Council is to promote the general welfare of all Karuk People, to establish equality and justice for our Tribe, to restore and preserve Tribal traditions, customs, language and ancestral rights, and to secure to ourselves and our descendants the power to exercise the inherent rights of self-governance.

Karuk Tribal Council

Spring, 2004

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Chairman

Leaf Hillman,
Vice-Chairman

Florrine Super,
Secretary

Leeon Hillman,
Treasurer

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If you are not sure whether your correct address and phone number are on file with the Tribe, please write us or call (800) 505-2785 ext. 2028 and let us know your current address and phone number for future reference.

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